

## Practice Log

Students are expected to practice at least every other day. 6th graders may start with 15 minutes every other day (or 1 hour a week), however 7th and 8th graders are expected to practice at least 30 minutes every other day (or 2 hours a week). Research has shown that those who create objectives before they practice and then reflect on whether they did or did not do well are more likely to succeed in music compared to those who do not. Further, if you practice at home you will easily earn high marks on playing quizzes, thus will not need to worry about retakes!!

Please be honest with yourself in these logs- if you failed to practice so much during the week, write it down. There is no need to lie and say you practiced when you didn't. Practice logs are a completion grade and are not graded on how much you practiced. Practiced logs can be used for yourself as a reflection tool, and also tell me where students may need extra help in class.

<b>Days</b>	<b>Objectives</b>	<b>Reflection</b>	<b>Minutes Practiced</b>
<u>Monday</u>			
<u>Tuesday</u>			
<u>Wednesday</u>			
<u>Thursday</u>			
<u>Friday</u>			
<u>Saturday</u>			
<u>Sunday</u>			