

Briar Woods Athletics Covid-19 Protocols and Procedures

LCPS has put into place specific COVID-19 protocols and procedures that all LCPS athletics are required to follow to help keep coaches and athletes safe. The county has a COVID-19 Specialist who has been trained in these protocols and procedures and who is in charge of answering questions and making decisions surrounding COVID-19 as it relates to Briar Woods Athletics and the rest of the county schools. If a particular situation is in question, the Athletic Department is required to turn to the LCPS COVID-19 mitigation team for direction.

Attending Practices/Games

- Before attending practice/games, Briar Woods athletes are required to fill out an on-line Covid-19 form.
- If the athlete answers “YES” to any of the health screening questions (please see page 3 for the form) or the athlete has a temperature, he/she SHOULD NOT report to school or practice. Immediately notify your Athletic Trainer, Coach, and your medical provider for further instructions.
 - Athletes are required to follow up with a medical provider to rule out that the symptoms are COVID related. A note will need to be provided from your medical provider before they may return.
- Athletes must have clearance from a medical provider if they test positive or are asked to quarantine by their provider before they can return to play.
- Return to Play protocols will only apply to positive cases. This will be determined by the LCPS Covid-19 specialist.
- Close contacts **will not** need medical clearance as long as they do not develop symptoms during their quarantining period
 - If athletes develop symptoms during their quarantine it is recommended that they get tested and follow the directions of their healthcare provider after test results are reviewed.

COVID-19 Positive Test

The following are the series of steps taken by the Athletic Department if an athlete/coach/staff member test positive and they attended a practice/game during the infectious period:

1. A person that tested positive of COVID-19 must isolate for 10 days and clearance from a medical provider is required before their return.
2. A COVID report form will be completed, alerting the LCPS Covid-19 Specialist.
3. A letter/communication will be sent to the team and their parents who is affected by the positive case.
4. No practice or games until the contact investigation is completed (up to 7 days) and guidance is provided to the school. All in-season practices may be considered to be close contacts. Any student deemed a close contact will have to quarantine for 14 days. Even with a negative Rapid or PCR test they are required to complete the full quarantine time. If at any time they develop symptoms, it is recommended that they get tested and follow the directions of their healthcare provider after test results are reviewed.

Contact Tracing

If your athlete is contact traced, below are the questions that will be asked:

- Were they within 6 feet for 15 cumulative minutes in 24-hour period?
- Did they give a ride or walk with someone to or from practice?
- Do they have siblings at the school?
- Do they have a friend on the team they are around often?
- Are there others playing positions that you would have been near frequently or for long intervals? (football linemen, basketball man to man defense, wrestling weight partner)
- Were you paired up with someone frequently or for long intervals during drills?
- Was there a particular coach you were near frequently or for long intervals?
- Did they have out of school contact with anyone else on the team?
- Did they participate in a club sport?

Examples of Situations/Outcomes

Situation	Date last attended practice	Outcome
Athlete test positive today (symptomatic or not)	Attend practice 2 days ago	Athlete was at practice during their infectious period. +Athlete will have to isolate. Practices are paused and contact tracing begins.
Athlete test positive today	Attended practice 3+ days ago	Athlete will have isolate. No other athlete is impacted unless the +athlete was involved socially with a team member outside of practice during infectious period. Tracing begins
Family member tests positive today. Student athlete was an asymptomatic close contact during their infectious period	Attend practice 2 days ago	Athlete will need to quarantine for 14 days after family member is asymptomatic (no symptoms). Team is okay to continue.
Two people are found to have attended an event during their infectious period	Attended event within last 2 days.	Risk for transmission has doubled, all involved with event need to quarantine 14 days.
Athlete reports symptoms with no known or concern of close contact	Attend practice yesterday	Athlete cannot return to practice until they receive a note of clearance or negative test. Team can continue.
Athlete reports symptoms and is already deemed a close contact or has concern of close contact. ie. Family/party reported positive recently	Attended practice yesterday.	Athlete will be treated as a positive and be instructed to receive a test. Athlete will have to isolate. Practices are paused and contact tracing begins.



Loudoun County Public Schools COVID-19 Prevention Daily Questionnaire for Students, Staff, or Visitors

Please answer these questions prior to entering any LCPS school. If you have already completed the daily symptom questionnaire today, please provide evidence that you are certified to access the school or LCPS facility.

Name _____ Date _____ Student Staff Visitor

Answer "YES" or "NO".

Have you or your child experienced one or more of these symptoms over the past 24 hours that cannot be attributed to any other illness, known health condition, or seasonal allergies?

1. A fever (100.4°F or higher) in the past 24 hours? Answer: YES_____ NO_____
2. A new cough that you cannot attribute to another health condition?
Answer: YES_____ NO_____
3. New shortness of breath that you cannot attribute to another health condition?
Answer: YES_____ NO_____
4. A new sore throat that you cannot attribute to another health condition? Answer: YES_____ NO_____
5. New muscle aches that you cannot attribute to another health condition or that may have been caused by recent activity, such as physical exercise?
Answer: YES_____ NO_____
6. A new loss of your sense of taste or smell?
Answer: YES_____ NO_____
7. New nausea or Vomiting that you cannot attribute to another health condition?
Answer: YES_____ NO_____
8. New Diarrhea that you cannot attribute to another health condition? Answer: YES_____ NO_____
9. A new onset of congestion or runny nose that you cannot attribute to another health condition?
Answer: YES_____ NO_____

Have you or your child:

10. been informed by a health care provider or public health authority to self-isolate or self-quarantine for a period of time that has not yet expired.
Answer: YES_____ NO_____
11. taken fever reducing medication in the last 24 hours to reduce a temperature? Answer :YES____ NO____
12. been exposed to someone who is sick or diagnosed with COVID-19 within the last 14 Days?
Answer: YES_____ NO_____

If you answered "YES" to any of the questions above:

- You or your child are not certified to enter the school or LCPS facility
- You should contact your health care provider.