Wearing a Mask

A social narrative for children

Sometimes adults and kids need to wear masks to protect other people from getting sick. This might be something new for me!
Masks might feel kind of uncomfortable at first, but I will get used to it!

Even when I wear a mask, it is still important to stay 6 feet away from other people.
It is still OKAY to touch and hug my family.

I usually don’t need to wear a mask in my home or my yard.
If I go to a store or to an appointment, I need to wear a mask.

If I go somewhere with my family and there are other people around, I should wear a mask.
A mask can protect other people if I cough or sneeze. It will also protect me from others!

It is still important to wash my hands or use hand sanitizer.
Doctors are working hard to find ways to make COVID-19 go away. Once it is gone, I won’t need to wear a mask anymore.

Wearing a mask is different, but it will be okay!
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