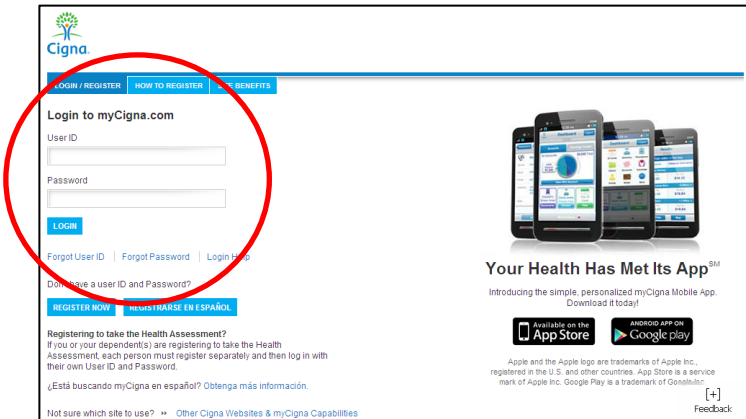
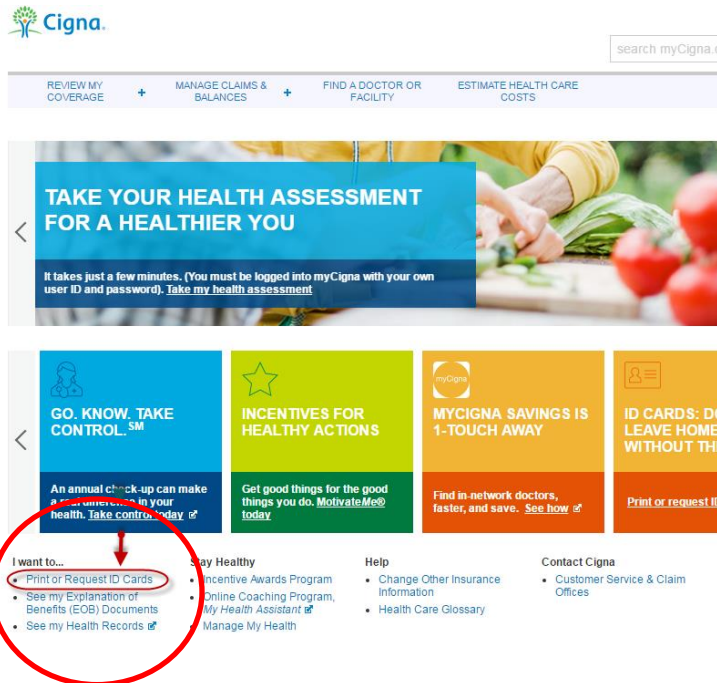


If you are the policy holder of the plan, when you log in, you can print cards for all members of the family. If you are a dependent (spouse) on the plan, when you log in, you can only print cards for yourself.

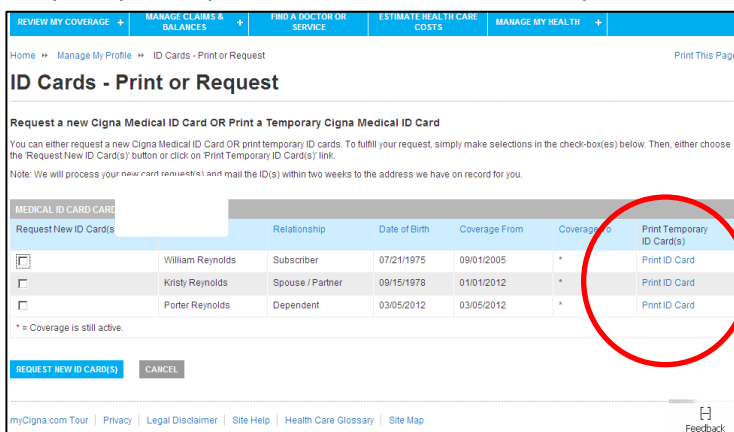
1. Go to www.mycigna.com
2. Enter your UserID and Password. If you are not registered, click on “Register Now” and follow the directions to create a UserID and Password.



3. On the bottom left hand side of the page, under “I want to...”, click on “Print or Request ID Cards”.



4. To print a temporary card click on “Print ID Card” on the right hand side of the screen, next to the name(s) you’d like temporary cards printed for, one at a time. Use your back button to go from one name to the next.



5. You can also request new cards, when necessary, by clicking on the “Request new ID cards” box next to an individual’s name.