**Reading Activity: The Organization of the Human Body**

**DIRECTIONS:** Read the paragraphs below. The cloud to the right of each paragraph should contain the MAIN IDEA of each paragraph.

Imagine you’re at lunch. Your nose smells pizza. Your legs move over to where hot lunch is being served. You have to balance the food and your milk in your hands, look around for a free seat, and then sit down. This may seem simple, many different parts of your body have to work together to make all of that happen. To make sure your body can work correctly, even when it does many things at once, your body must be carefully organized.

The smallest unit of our organization, our smallest part, is the **cell**. The cell is the building block of all living things, but you probably remembered that! Each human body is made up of over 100 trillion cells that have different structures and different functions. We have blood cells that carry oxygen to our muscles, and nerve cells that carry electrical impulses from our brains to the rest of our bodies. If the whole body is like a city, a cell is just one simple brick.

The next largest unit of organization in your body is a **tissue**. No, that’s not the same thing as what you blow your nose with. A tissue is a group of similar cells working together. If the whole body is a city, and a cell is just one brick, a tissue is one step bigger – a house.

![Nervous Tissue](image)

Nervous tissue, one of the four types of tissue in the human body.
There are four main types of tissues. Muscle tissue (which makes up muscles) can shorten to make your body move. Nervous tissue carries electrical signals between the brain and the body to control the body. Connective tissue, such as bone, blood and fat, connects the various parts of the body. And epithelial tissue, such as skin, covers the surfaces of your body.

The next largest unit of organization in your body is an organ. You’ve probably heard of organs before. Your heart, stomach, brain and lungs are all organs. Organs form when different types of tissue come together to perform a specific job for the body. If a cell is a brick, and a tissue is a house, an organ is like a city block.

An organ’s job is more complicated than a tissue’s job, which is why it takes more than one kind of tissue. For example, the heart is the organ responsible for pumping oxygen-rich blood to the rest of your body. To do this, it needs all four kinds of tissue. Muscle tissue helps the heart pump blood through your body, and the nervous tissue receives signals from the brain about when to pump.

The largest level of organization smaller than your whole body is an organ system. Organ systems are groups of organs that work together to perform BIG jobs for your body. If an organ is like a city block, an organ system is like an entire neighborhood, like Leesburg.

The circulatory system is a good example. Your circulatory system performs a BIG job for the body – it transports materials we need, like food and oxygen, throughout our bodies. To do this, the system uses the heart to pump blood, and your blood vessels (for example, your veins) to carry the blood all over.
DIRECTIONS: Fill out the graphic organizer below, based on the reading. I recommend you start with the middle oval of each level, then the shapes to the sides.

**Smallest Level of the Body**

If the body is a city, what would this be?

The smallest level of organization within the human body is a

Two examples of this are:

__________cells

__________cells

If the body is a city, what would this be?

The next-largest level of organization within the human body is a

Four types of this are:

__________tissue

__________tissue

__________tissue

__________tissue

If the body is a city, what would this be?

The next-largest level of organization within the human body is an

Four examples of this are:

__________

__________

__________

__________

If the body is a city, what would this be?

The largest level of organization within the human body is an

An example of this is the:

__________

__________

__________

__________
Level 2: Which Level?

DIRECTIONS: Answer the questions below. The answer to each question is one of the four levels of organization: cell, tissue, organ, organ system.

1. What are the four levels of organization in our bodies, from smallest to largest?
   (smallest)_________→___________→_________→____________________(largest)

2. Which level of organization is made of different types of tissue working together to perform a specific job for your body? _____________

3. Which level of organization is made of many different organs working together to perform a BIG job for your body, like digesting your food? _________________

4. Which level of organization is made of similar cells working together?
   For example, many muscle cells working together. ________________________

5. Your heart, liver and lungs are made of many types of tissues working together. That makes your heart, liver and lungs examples of what? _________________

6. The picture to the right shows you several organs working together, including your lungs, bronchi and trachea (windpipe). This means this picture shows you an______________________.

7. Fill in the Blank: The picture to the right shows you many skin cells working together to form epithelial ________.

8. Which part of the human body is more complex, your heart or your circulatory system? _________________________
   Explain Your Answer: _________________________________________________________________

9. Final Question: Why is the body so carefully organized, from small levels up to large levels? What does this careful organization help the body accomplish? (HINT: Look back toward the beginning of the reading).
**Level 3: Analogies**

**DIRECTIONS:** Remember how an *analogy* compares two things? For example, a cell is like a brick because they are both building blocks for big things.

Practice your understanding of the human body’s organization by completing the following analogies. Do this by matching the levels of organization of the human body – *cell, tissue, organ, organ system, whole body* – to the appropriate part of the analogy.

**EXAMPLE:** City

House: Tissue  Brick: Cell  
Neighborhood: Organ System  City  
Block: Organ  Whole City: Body

1. Schools  
   a. Whole Grade: ________________  
   b. Section (Block): ________________  
   c. One Student: ________________  
   d. Smart’s Mill Middle School: ___________________  
   e. All Leesburg Schools Combined: ________________

2. A National’s Baseball Game  
   a. All National’s Hitters ________________  
   b. The Whole National Team (Pitchers and Hitters) ________________  
   c. Everyone at National Stadium (Players and Fans) ________________  
   d. Everyone Watching the Game (everywhere) ________________  
   e. Bryce Harper (one player) ________________

3. The World  
   a. State: ________________  
   b. Continent: ________________  
   c. Whole Earth: ________________  
   d. City: ________________  
   e. Country: ________________
**DIRECTIONS:** Time to make your own analogy! I’ve given you several examples: a city, the Nationals, the world. Can you think of another one?

My analogy: ____________________________________________________________.

• A cell is like: ________________________________________________________

• A tissue is like: _____________________________________________________

• An organ is like: ____________________________________________________

• An organ system is like: _____________________________________________

• The whole body is like: ______________________________________________

Diagram (draw) your analogy below: