Health, Safety, and Wellness Committee Presentation

Loudoun County Public Schools
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Feedback from student surveys and parent focus groups indicated...

- A desire to promote empathy and empower students.
  - When strategies for “bystanders” are taught, the likelihood that students will take action increases.
- The need to establish protocol for reporting and responding to bullying behavior.
  - Students are more likely to report if the adults respond in a consistent manner.
LCPS Elementary Bullying Prevention Curriculum

- A committee of School Counselors developed a series of lessons...
  
  - Based upon the “Stop, Walk, Talk” construct from PBIS’ Bully Prevention Program (BP-PBS)
  
  - Providing two lessons for each grade, K-5
    - Began implementation in 2010-11 school year.
Goals for lessons...

- Teach students to identify and label inappropriate behavior.

- Teach students strategies to employ when faced with bullying (*Stop, Walk, Talk*).

- Have students identify a “trusted adult” at school.
Our “3 Steps...” Lesson Worksheet

- Name_______________________
- 3 STEPS TO STOP A BULLY!
  - STOP
  - WALK
  - TALK
- STOP= tell the bully to stop.
- (if that doesn’t work...)
- WALK= quietly walk away.
- (if that doesn’t work...)
- TALK= tell an adult you can trust.

If I need to talk, I can talk to_______________. 
A Comprehensive Program

- Defining, teaching and recognizing school-wide behavior expectations
  - Students are taught the definition of bullying.
  - Students are taught strategies to employ when faced with bullying behavior.
  - Students identify an adult at school they can talk to.
  - Staff implement a consistent response sequence when bullying behavior is observed or reported.
  - Implementation of the program is consistent throughout the school.
2011 EOY School Counselor Survey

• The majority of counselors indicated....
  • The lessons were effective in promoting bullying prevention.
  • Students were better prepared to respond to bullying.
  • Students used the strategies throughout the year.
  • There was a positive change in the school climate.
  • Faculty supported the initiative and reinforced the concepts.
  • Parents were aware of the lessons and the Stop/Walk/Talk strategies.
Tell the Bully to "Stop" "Walk" Away From the Bully "Talk" to an Adult Identify a "Trusted Adult" at School

2010-2011 Pre-Test

2010-2011 Post-Test

2012 Year-to-date Results
WHAT IS BULLYING?

- Bullying Happens Over and Over: 81%
- Bullying is Negative Behavior: 92%
- Bullying is Behavior that Happens One Time: 1%
- Bullying Can Happen Between Friends: 83%
- Bullying is Intended to Frighten/Cause Harm: 92%

Bullying is Intended to Frighten/Cause Harm.
Anecdotal feedback indicates...

- Students are implementing the strategies
- Faculty and staff feel better equipped to address bullying behavior
- Parents are pleased it’s being addressed in a systematic way
Resources for our School Community

Bullying Prevention Intranet Site

Bullying Prevention Internet Site

• New Resource Announced by IDEA Partnership on BULLYING
  • www.ideapartnership.org

• http://www.stopbullying.gov/
Middle and High School Bullying Prevention Strategies

Maril Jackson
Supervisor of Guidance Services
Major Topics for Middle School Classroom Lessons

- Verbal / non-verbal
- Written / physical
- Identifying two trusted adults
- LAWS
- How to report
- Plans for safety
- Sexting
- Flirtation vs. harassment
- Respecting boundaries
- False accusations
- Role Playing Strategies
- Cyberbullying
  - Gossip / rumors
  - Peer pressure
- Parent education
Major Topics for High School Students

- Classroom Guidance
- Courageous Conversations (Respect for Differences)
- Love is Not Abuse
- Presentations to middle schools
- School-wide assemblies
- Diversity and Tolerance seminars
- Week or month-long activities on bullying prevention
Additional K-12 Approaches

- PBIS
- Character Education
- *Get Real About Violence*
- Groups (anger management / social skills / victims / aggression)
- Peer Helper program
- Teen Violence Prevention program
- Safe School Ambassadors
- Student survey and follow up

- **Presentations**
  - Principals
  - LCPS Bus Drivers
  - School Staff and Parents
  - Staff Surveys and follow up
“An eye for an eye makes the world blind.”