

Substance Abuse and Mental Health Treatment Program Referral List

1. *Ashburn Psychological: (Ashburn, VA)*

Services provided: Dedicated to excellence in psychological and psychiatric practice. They offer a wide range of diagnostic, psychotherapy, medication, and consultation services to children, adolescents, adults, and families.

Contact: (703)-723-2999

2. *Atlantic Counseling Group: (Ashburn, Leesburg, and Sterling)*

Services provided: Psychotherapy services, psychological assessment, and medication management.

Contact: (703)621-7121

<http://www.atlcr.com/home>

3. *Center for Psychiatric and Addiction Treatment: (Manassas, VA)*

Services provided: primary focus in on mental health and substance abuse services for adolescents and adults. In addition, there are programs that provide services to individuals with co-occurring (substance abuse/mental health) issues. There is a self pay option. Private and military insurance are also accepted, in addition to Medicaid and Medicare

Contact: (703) 396-8464

4. *Deep Run Lodge: (Goldvein, VA)*

Services provided: primary focus on substance abuse services for adolescents and adults, including: assessment, short-term residential placement (30 days or less), and/or long-term residential placement (30 days or more). Insurance-accepts Medicaid and other providers (call provider directly for further assistance)

Contact: (540) 752-4619

5. *Dominion Hospital: (Falls Church, VA)*

Services provided: mental health assessments for children, adolescents and adults who suffer from debilitating disorders, such as: anxiety, depression, and bi-polar. Or disorders which include symptoms, such as: substance abuse and self-injurious behaviors. Insurance-accepts Medicaid and other providers (call provider directly for further assistance)

Contact: (703) 538-2872

www.dominionhospital.com

6. *Ethos Foundation of Alexandria: (Alexandria, VA)*

Services provided: primary focus in on mental health and substance abuse services for adolescents. The programs are outpatient and treatment includes individuals with co-occurring disorders and DUI/DWI offenders. There is a self pay option. Private and military insurance are also accepted, as well as Medicaid and Medicare. A sliding scale fee is also offered to clients based upon their income.

Contact: (703) 535-6800

7. *Finding Solutions Counseling Center: (Ashburn, VA)*

Services provided: services are provided to children, adolescents, young adults, adults and their families. Services offered include: mental health, group therapy, alcohol and drug, and psychological evaluations. The program also offers specialized services in substance/addiction therapy, couples therapy, and anxiety and mood disorders. Insurance-private provider contact insurance carrier directly

Contact: (703) 636-2888

www.findingyoursolution.com

8. *Integrated Health Network: (Leesburg, VA)*

Services provided: primary focus on children and adolescents with serious emotional problems. Services available: residential (boys and girls ages 10-17), intensive outpatient for boys and girls with psychiatric conditions, including dual diagnosis (ages 12-17), and outpatient services, including: individual, couples and families. Group therapy is also available. Day school is also available for students who have significant LD and/or ED issues (grades 6-12). Insurance-accepts Medicaid and other providers (call provider directly for further assistance)

Contact: Leesburg (703) 777-3485 Sterling (703) 430-0176

www.grafton.org

9. *Haefner and Associates: (Leesburg, VA)*

Services provided: primary focus is psychotherapy to children, teens, adults and families. Fees are based on a sliding scale (income)

Contact: main (703) 777-1122

10. *Insight Into Action Therapy*

Services provided: Outpatient mental health and substance use disorders treatment for adolescents, young adults, and adults. Phase specific treatment for any stage of recovery may include group, individual therapy, education and drug/alcohol testing.

Contact: Ashburn, VA (703) 646-7664

www.insightactiontherapy.com

11. *In Step PC: (Sterling, VA)*

Services provided: primary focus is on mental health. Services include: group therapy for social skills training, ADHD, Asperger's Disorders, depression, anxiety, anger issues, and parenting problems. Services are available for adults, teens, children, families and couples

Contact: Fairfax (703) 876-8480 Sterling (703) 433-5771

www.insteppc.com

12. *Kellar Center: (Fairfax, VA)*

Services provided: focuses on mental health, substance use disorders and special education services. Services include: outpatient-individual, family and group; medication management; psychiatric evaluation; and psychological testing. In addition, services available also include intensive outpatient, home based services and partial hospitalization. Insurance-private provider contact insurance carrier directly

Contact: (703) 218-8535

www.inova.org/healthcare-services/inova-kellar-center

13. *Life Line Counseling Center: (Fairfax, VA)*

Services provided: primary focus is on mental health and addictions for adolescents and adults. The areas of expertise involve addictions, marriage and family problems, and attention deficit and hyperactive disorders. Insurance-private provider contact insurance carrier directly

Contact: (703) 691-3029

www.lifelinerecovery.com

*14. Loudoun County Mental Health, Substance Abuse & Developmental Services:
(Leesburg, VA)*

Services provided: mental health and substance abuse outpatient, emergency services, mental retardation case management, job coaching, early intervention, residential and outreach in all three disability areas. Insurance-accepts Medicaid and other providers (call provider directly for further assistance)

Contact: Leesburg (703)771-5100 Ashburn (703) 729-1970 Emergency services (703) 777-0320
www.loudoun.gov

15. Northern Virginia Family Service: (McLean, VA)

Services provided: primary focus is on basic needs and skills for individuals and families who need to improve their quality of life and promote community cooperation and support in responding to family needs. Services include: case management, safe housing, counseling, medical and dental access, child care and development, affordable loans, foster and respite care and job training. In addition, incorporates the center for multicultural human resources, which offers the following services: mental health, social educational, and health and language services. Provides sliding scale fees and accepts Medicaid

Contact: main (703) 385-3267 Multicultural Human Services referral (703) 533-3302
www.nvfs.org

16. North Spring Behavioral Health: (Leesburg, VA)

Services provided: primary focus is on intensive behavioral health treatment. Services provided include: mental health, sexual offender's treatment program, working with victims of abuse and victimization, emotional, behavioral and psychiatric needs. Accepts Medicaid, CSA funding

Contact: direct (703) 777-0800 toll free (800) 777-8855
www.northspringleesburg.com

17. Pathways-Alcohol and Drug Treatment Center: (Annapolis, MD)

Services provided: primary focus is on substance abuse. Services offered include inpatient and outpatient treatment programs for adolescents and adults. In addition, the program also offers continuing care and relapse prevention. Insurance-private provider contact insurance carrier directly

Contact: (410) 573-5400 toll free (800) 322-5858
www.pathwaysprogram.org

18. Phoenix House: (Arlington, VA)

Services provided: adolescent boys and girls substance abuse residential recovery facility. It is a nationally accredited 8-bed facility for teenage girls and 20-bed facility for teenage boys. They address a wide range of substance abuse and mental health issues with strong family involvement. Most major insurance and all major credit cards accepted.

Contact: 703-841-0703
www.phoenixhouse.com

19. Pinnacle Behavioral Health: (Leesburg and Mclean, VA)

Services provided: Child, adolescent, adult, and family services, and psychological testing.

Contact: 703-436-8303
<http://pinnbh.com/>

20. Poplar Springs: (Petersburg, VA)

Services provided: primary focus is on behavioral health problems for adolescents and adults, including: depression, stress, anxiety, substance abuse, crisis stabilization, suicidal thoughts, and other emotional/behavioral thoughts. The program also offers residential and day treatment. Insurance-most private insurance is accepted, contact the insurance carrier directly. The program also accepts Medicaid.

Contact: (800) 994-6610

www.poplarsprings.com

21. Potomac Psychological Center: (Ashburn, VA)

Services provided: Individual, child, adolescent, adult, and family mental health and substance use related therapy services, psychological evaluations, psychiatric services, and medication management.

Contact: (800) 994-6610

<http://www.potomacpsychologicalcenter.com/>

22. Prosperity Eating Disorders and Wellness Center: (Herndon, VA)

Services provided: intensive outpatient treatment for eating disorders dedicated to providing evidence based individualized treatment and holistic therapies for those who suffer from eating disorders and for families.

Contact: 703-466-5000

www.ProspertyEdWell.com

23. Recovery Center of Northern Virginia: (Leesburg, VA)

Services provided: primary focus on outpatient substance abuse treatment. Services are provided to adolescents and adults. Focus includes individual counseling, DUI/DWI offenders, men's and women's groups, intervention training and dual diagnosis. Self pay.

Contact: Herndon (703) 464-5122 Leesburg (703) 669-3103

www.rconv.com

24. Riverside Counseling Center: (Leesburg, VA)

Services provided: primary focus is on mental health. Services include: individual, marital and family therapy; child and adolescent counseling; cognitive behavioral therapy; solution focused therapy; psychodynamic psychotherapy; faith-based counseling; emotionally focused therapy; psychological testing and reporting; and medication evaluation and management. Insurance-private provider contact insurance carrier directly

Contact: (703) 724-0200

www.riversidecounseling.net

25. Ross Addiction Counseling

Services provided: For individuals seeking a structured outpatient program to support their commitment to recovering from drug and alcohol addiction. Offer outpatient services for both adolescents and adults.

Contact: Leesburg, VA (703)-224-8929 or (571)-317-1924

www.rossaddictionscounseling.com

26. Sheppard Pratt Health System: (Baltimore, MD)

Services provided: private/non-profit health system with a wide-range of services to include outpatient, residential and inpatient for children and adolescents with mental health and substance abuse issues. Most insurance is accepted.

Contact: 410-938-4000

www.sheppardpratt.org

27. *Snowden at Fredericksburg: (Fredericksburg, VA)*

Services provided: primary focus on behavioral health issues. Services include: inpatient hospitalization for adults, adolescents and children as well as day treatment behavioral health programs for adults and children. Adult intensive outpatient services are also offered for chemical dependency issues. Insurance-private provider, contact insurance carrier directly

Contact: (540) 741-3900 direct (800) 362-5005 toll free

www.snowdenmentalhealth.com

28. *Sterling Behavioral Health Services, Ltd.: (Sterling, VA)*

Services provided: primary focus is a multidisciplinary mental health practice, to include: substance abuse and other addiction issues. Services offered include: counseling (individual, family, marriage, and group); testing (psychological, neuropsychological); and medication management. Insurance-private provider contact insurance carrier directly

Contact: (703) 858-9841

www.sbhsva.com

29. *Wellness Connection*

Services provided: The Compass Program offers proven group therapy techniques and random drug & alcohol testing along with parental involvement every other meeting. Three levels of care are offered — from Education to Pre-Recovery to Recovery. Each teen will undergo a diagnostic evaluation in order to determine group placement.

Contact: Ashburn, VA (703)-724-0335

<http://www.wellnessconnectionllc.com>

30. *White Deer Run: (Allenwood, PA)*

Services provided: inpatient non-hospital detoxification and inpatient residential rehabilitation for adolescents between the ages of 12 and 17 determined clinically appropriate for inpatient substance abuse treatment. Each adolescent will be treated as an individual, receiving treatment plans to be their specific needs. Most insurance is accepted.

Contact: 877-907-6237

www.whitedeerrun.com