Eat the foods you love, lose weight and lower stress with Wondr

No points, plans, or counting calories. Forget eating kale salads 24/7; Wondr (formerly Naturally Slim) is a skills-based digital weight loss program that teaches you how to enjoy the foods you love to improve your overall health. Our behavioral science-based program was created by a team of doctors and clinicians and is clinically-proven for lasting results.

**In as little as 10 weeks:**

- **84%** LOST WEIGHT
- **62%** FEEL MORE CONFIDENT
- **61%** HAVE MORE ENERGY
- **85%** FEEL MORE IN CONTROL OF THEIR WEIGHT
- **68%** ARE MORE PHYSICALLY ACTIVE
- **57%** FEEL THEIR MOOD HAS IMPROVED

*Based on Wondr Health Book of Business

**Limited to 300 Participants**

Apply Between **October 15, 2021 – December 5, 2021**

Program Runs January 17, 2022 – April 12, 2022

Program Information and Registration at wondrhealth.com/LCPS

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