OCTOBER IS NATIONAL BULLYING PREVENTION MONTH

ALDIE/BANNEKER/MIDDLEBURG ELEMENTARY SCHOOLS

- Classroom guidance lessons will focus on teaching the LCPS, “Stop, Walk, Talk” language
- Classroom guidance will include lessons on the character traits of respect and responsibility
- “Stop, Walk, Talk” posters are placed throughout the school
- Second grade Friendship Groups that promote appropriate friendship skills begin in October

ASHBURN ELEMENTARY

2. Students and staff signed an anti-bullying pledge displayed in the school’s front hallway.
3. Presented LCPS bullying prevention presentation to staff.
4. Students are making their own bullying prevention posters that are being displayed throughout the school.
5. Information regarding bullying prevention was added to the school’s website.
6. Sent home an informational brochure regarding LCPS bullying prevention protocol to all families.

COUNTRYSIDE ELEMENTARY

We will be sharing classroom presentations at each level for bullying prevention.
Activities for October....Bully Prevention Month

- School-wide “bully free pledge” poster for all students to sign in the hallway
- Student made bullying prevention posters and will decorate hallways
- Messages on our morning announcements including an original Rap by fourth and fifth grade students
- Staff presentation on LCPS/PBIS Expect Respect and bullying prevention information at October faculty meeting
- Wear orange on UNITY DAY to show Dominion Trail takes a stand against all forms of bullying
- October guidance lessons in each class on how to handle bullying situations (as a victim or bystander)

Bullying Presentation to Staff
- K-5 classroom bullying lessons by the school counselors
- Banner created and hung in the lobby of the school “Take a Stand, Lend a Hand. Stop Bullying!”
- Bullying pledge posters created and hung outside of each classroom
- Class pictures will be taken and displayed with their pledge posters.
- October 7-11 designated Bullying Prevention and Awareness Week at Forest Grove. Teachers incorporate the topic of bullying into their daily lessons plans (resources available from the school counselor).
- October 9- Unity Day- Everyone encouraged to wear ORANGE to support those who have been bullied and to unite together to stop bullying (Pacer.org)- Flyers posted around school the first week of October for event and reminders on morning show. A staff picture will be taken.
- October 9-Unity Day- Morning show announcement from School Counselor promoting Kindness and Helping others promote the idea to be an Up stander!
- Counselor Corner (Parent Newsletter) included information on Bullying Prevention and Awareness Month, STOP-WALK-TALK program, and important dates for bullying activities. Also, provides resources for parents to get more information about bullying.
September 2013
“Dealing with Bullying” handout about how school counselors consult and collaborate with faculty and staff
Target Audience: Entire Faculty and Staff (Staff drive & copies in all boxes)

September 2013, on-going

“Stop, Walk, Talk...3 Steps to Stop a Bully” posters
Target Audience: School-Wide to include students, faculty, staff, guest teachers, and parent volunteers (Visible posters throughout LES)

Positive Behavioral Interventions & Supports (PBIS)
Leesburg Elementary is a first year PBIS school; Motto “Score With Four”—Responsible, Respect, Safe, and Kind.
A school-wide plan to address student behavior with positive expectations using consistent and common language with incentives.
Target Audience: School-Wide, including parents and community and PBIS folder on staff drive, PBIS Team training/meetings, introduce to staff meetings, kickoff assembly, posters, bulletin boards, incentives, and media

October and November 2013, and other lessons beyond two per grade level will be taught during 2013-2014
Use of Bullying Prevention Curriculum
Classroom guidance, K-5 and use “Stop, Walk, Talk” as the core system.
Counselors will use a variety of resources and literature
Students will learn to identify and label inappropriate behavior, learn to use the Stop-Walk-Talk strategies and identify a “trusted adult” at school.
Target Audience: Students in grades K-5

October 2013-June 2014, Leesburg Elementary Fifth Grade Peer Mediators
Peer mediators are trained students who, with adult supervision, mediate disputes between fellow students. Mediation is a conflict resolution approach where each side of the dispute is heard uninterrupted.
Target Audience: Students in grades 2-5

Leesburg Elementary School Student Ambassador Program (SAP)
SAP will provide an opportunity for new students to be assigned a buddy who will assist in our efforts to make students feel welcome during their early days at Leesburg Elementary School.
Target Audience: Students in grades 1-5
LEGACY ELEMENTARY SCHOOL

- Guidance Lessons (Grades K-5) on Bullying Prevention and teaching the Stop-Walk-Talk strategy
- Shared article with staff called There Are No Bullies, Just Children Who Bully—And You Can Help Them (http://www.tolerance.org)
- Shared LCPS Bullying Prevention PowerPoint with all staff members at our school
- Displayed banner in hallway titled “Be A Buddy, Not A Bully” (will remain up the entire year)
- Updated our webpage with current parent resources and strategies to help children deal with bullying behaviors
- Continuing to implement our PBIS program at Legacy
- (10/28/13) Assembly: When I Was Bullied: Amazing Stories of Personal Triumph (Grades Pre-K – 5)

LIBERTY ELEMENTARY SCHOOL

We facilitate the following Bullying Prevention activities during the month of October:

- Bullying Prevention Classroom Guidance Lessons focused on Stop-Walk-Talk, the Role of the Bystander, & role-playing how to use I Messages
- Students in grades first, second and third sign a “Bully Free” pledge
- Students in grades four and five sign a “School Rules Against Bullying” Poster that is hung in their classroom year round
- Staff Bullying Prevention Presentation
- Bullying Prevention article included in Counseling Newsletter

Additionally, we find it is helpful to have a Bullying Prevention Week in the Spring to refocus students back on the importance of taking a stand against bullying behavior and facilitate the following activities during that time:

- Announcements on the Morning Show
- Bullying Prevention article included in Counseling Newsletter
- No Name Calling Day
- Bucket Filling Day
- Mix It Up at Lunch Day
- Random Acts of Kindness Day
- Bullying Prevention Assembly
- Students in all grades are invited to sign a Bullying Prevention banner during lunch to show their support against bullying behavior
ROUND HILL ELEMENTARY SCHOOL

Bully-prevention activities the month of October include:

- Bully-prevention lessons
- “Bucket-Filling” lessons and
- Building-wide “Character Word of the Month”: Caring

SELDENS LANDING ELEMENTARY SCHOOL

At Seldens Landing, we are beginning Bullying prevention month by teaching all students the working definition about what bullying is.....and what bullying isn’t. Our PBIS committee is looking into sidewalk chalk to display to our community our commitment to a bully-free school.

WATERFORD ELEMENTARY SCHOOL

Below is a list of books and activities that will take place this month at Waterford:

**Books:**

- My Secret Bully
- Confessions of a Former Bully
- Let's be Enemies
- Just Kidding
- One of Us
- How I learned Not to be Bullied (video)

**Activities:**

- Odd Dot Out
- Sociograms - class dynamics
- "Tools for Handling a Bully" role playing
- Words Hurt
- STOP, WALK, TALK protocol instruction and review