

Aspiring Coaches Workshop



Attention all sports enthusiasts and aspiring coaches! LCPS is excited to announce our upcoming workshop, which is designed specifically for individuals like you. Are you eager to make a positive impact in your school community? Perhaps you have a passion for sports and want to channel that energy into guiding and mentoring high school youth. If so, this workshop is tailor-made for you. Over the course of six dynamic sessions, we will provide comprehensive training and preparation to equip you with the skills and knowledge necessary to excel as a coach. Whether you're a seasoned athlete looking for a new challenge or someone simply seeking to serve in a different capacity, this workshop will empower you to make a difference in the lives of our students. Join us and embark on this rewarding journey of coaching and mentorship!

Session Dates: May 15 - June 17, 2024

Loudoun County Public Schools Administration Building

REGISTER TO PARTICIPATE

Becoming a Transformational Coach

This session explains transformational coaching in sports; it's about shaping lives. The Loudoun County Public Schools (LCPS) program is dedicated to cultivating transformational coaches committed to serving others with purpose and passion. We encourage coaches to craft their transformational statement, a personal mission that reflects their dedication to making a lasting impact on today's high school youth. With intentional actions and dedication, LCPS coaches align themselves to positively influence the lives of our students, both on and off the field.

Date: May 15, 2024 Time: 6:30-8pm
Location: LCPS Administration Building

LCPS/ VHSL Rules

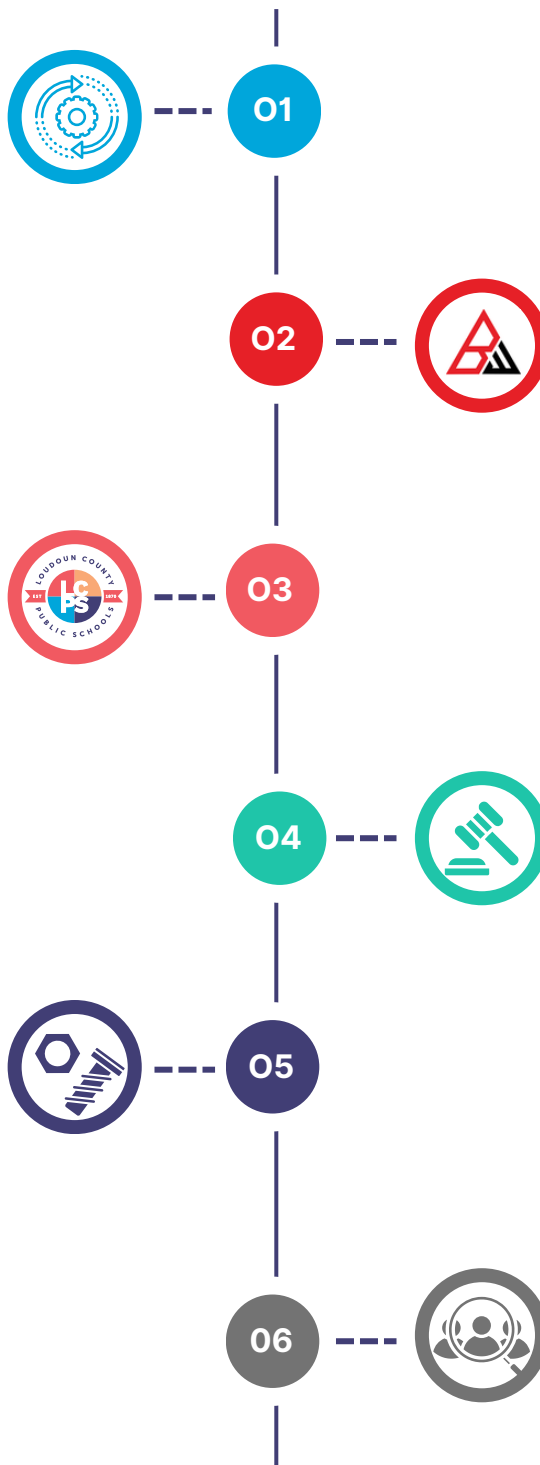
In this session, we'll explore the intricacies of both LCPS policies and Virginia High School League (VHSL) guidelines to ensure compliance and fairness in athletic participation.

Date: May 29, 2024 Time: 6:30-8pm
Location: LCPS Administration Building

Nuts and Bolts

This session discusses the essential tools and knowledge that can lead teams to success. Learn the fundamentals of coaching, from planning effective practices and developing game strategies to managing player dynamics and fostering team cohesion. Practical tips, expert guidance and interactive discussions will foster confidence and appropriate preparation to tackle challenges that may arise in the season head-on.

Date: June 12, 2024 Time: 6:30-8pm
Location: LCPS Administration Building



A Better Way Athletics

This session will focus on innovative strategies, evidence-based methodologies, and ethical frameworks that prioritize athlete well-being, character development, and long-term success. Whether you're coaching at the grassroots level or leading competitive teams, 'A Better Way Athletics' offers invaluable insights to enhance your coaching journey.

Date: May 22, 2024 Time: 6:30-8pm
Location: LCPS Administration Building

14 Legal Duties

This session will delve into the essential legal responsibilities that coaches must uphold, covering topics ranging from athlete safety and supervision to compliance with regulations. By understanding and fulfilling these duties, we can create a supportive and legally sound environment that promotes the growth and development of athletes while minimizing risks.

Date: June 5, 2024 Time: 6:30-8pm
Location: LCPS Administration Building

Officials and Human Resources Hiring Process

The last session will involve building relationships with officials and a mutual understanding of each other's role in interscholastic athletics. Human Resources will review the hiring process and procedures.

Date: June 17, 2024 Time: 6:30-8pm
Location: LCPS Administration Building

To Register: <https://bit.ly/coachlcps>