



# WOODGROVE HIGH SCHOOL

SEPTEMBER 2013

## Principal's Message

### Woodgrove High School

36811 Alder School Road  
Purcellville, VA 20132

- Main Office-  
**540-751-2600**
- Attendance Office-  
**540-751-2602**
- Guidance Office-  
**540-751-2607**
- Athletic Office-  
**540-751-2610**
- Clinic-  
**540-751-2606**

**William S. Shipp**  
Principal

**Daryl Cummings**  
Assistant Principal

**Renee Dawson**  
Assistant Principal

**Tim Panagos**  
Assistant Principal

**Geri Fiore**  
Director of School  
Counseling

**Rusty Lowery**  
Athletic Director

### *Dear Woodgrove families,*

Welcome to Woodgrove High School - what an exciting year this will be as we're celebrating our fourth year serving this outstanding western Loudoun community! I certainly hope everyone had a wonderful summer break and took time to refresh themselves for what is sure to be another tremendous year at Woodgrove. I am looking forward to seeing the students and all the other members of the Woodgrove family back together again on September 3, the first day of school. Our enrollment for the first day is projected to be nearly 1500 students, and our mission will be to continue to provide a challenging curriculum and innovative instruction to our students in an environment which is safe and nurturing. We are determined to provide a rigorous curriculum to all our students.

This year we will again be sending out an on-line monthly newsletter from the school which will be accessible on our school website. The purpose of this newsletter is to share information about Woodgrove which will include the activities at the school, upcoming events and important dates. We also will be highlighting our students' successes as we move through the year. In addition, organizations supporting the school, such as the Parent, Teacher, Student Organization (PTSO), the Woodgrove Music and Arts Association (WMAA) and the Woodgrove Wolverine Athletic Booster Club (WWABC) may also have information included in this newsletter. If you would like a hard copy of the newsletter mailed to you, please contact Ms. Charlotte Lemley at 540 751 2600. Below is a direct link to our Parent organizations - the PTSO, WMAA and WWABC on our website:

<http://www.lcps.org/domain/5115>

Inside this newsletter you will find school information which will assist you and your son or daughter in preparing for school. The 2013-2014 school calendar, bus schedules, bell schedule, dress code, lunch menu and other school information articles can be found within. Please review the bus routes which have been included. Also, please be sure to discuss with your son/daughter the safest route to the bus and proper behavior. Students must conduct themselves appropriately to and from school and at the bus stops. If you have any questions please call the school. Likewise, for students who are driving to school, parents should discuss the safest route to school. Students who are driving to school must also purchase a parking permit - these may be purchased in the main office.

As we prepare for the opening of school, student schedules were mailed on August 19. We have scheduled a fix day with our counselors on August 28, 9 AM -12 PM. Students may come to Woodgrove on that day to work with their counselor to ensure their schedule is correct. Please note that the purpose of this day is to take care of any errors that may be noticed - this day is not for changing course selections.

*Continued page 2*

*Continued from page 1*

Once we have all the schedules ready to go, we'll be ready for our Orientation and Kick-off Celebration. We are inviting all students and parents/guardians to Woodgrove on Thursday, August 29, for our Orientation. Orientation for rising freshman will be from 1:00 PM – 2:00 PM, and 2:00 PM – 3:00 PM for sophomores, juniors and seniors. Students can pick up their schedules and their locker assignments. Then on Friday, August 30, our Kickoff Celebration will begin in the staff parking lot behind the school at 4:30 PM and will culminate with our Woodgrove Wolverine Band leading us to the stadium for our opening football game against Freedom at 7 PM.

The first day of school, September 3, will be an "A" day, with blocks 1-4 meeting. All students must report to their assigned homeroom. The second day of school will be a "B" day, with blocks 5-8 meeting. School will begin at 8:55 AM and end at 3:43 PM. Students will be allowed in the building at 8:00 AM. We will continue to follow the alternating day A/B schedule. Since each block is eighty-six minutes, attendance is critical. If your son or daughter must miss school, please call the school.

Also this year, parents and guardians will again have access to their son or daughter's grade through Clarity. Through the Clarity Parent Portal parents will be able to view components of a teacher's grade book related to their child and sign up for automated reports that can be sent to them via email. Parents/guardians will have to complete the Parent Access Request Form for each child. These forms will be sent home in the first day packets and we will have the forms available on our website.

We have had a few staffing changes for the upcoming year, and we have welcomed new staff to our team. We have included a listing of all new staff and their positions in this newsletter.

I certainly hope you find this information useful. If you have any questions or concerns, please call the school at 540 751 2600. You also may visit our website. Please continue to be involved with our school - the next PTSO meeting for this year will be Tuesday, September 10, at 7:00 PM. Please mark that date on your calendar and we hope you will be able to attend.

Once again, welcome to Woodgrove - we are looking forward to an outstanding 2013-2014 school year! Please rest, relax and enjoy your remaining days of summer vacation – we look forward to seeing you at our upcoming events.

Sincerely,



William S. Shipp  
Principal

### Woodgrove High School 2013-2014 New Staff

CTE	Stephen Schoenfeld
English	Meghan Waterbury
Math	Thomas Acquino
PE	Carmel Keilty
Science	Kathryn Gemmer
	Janel Pidgeon
Social Studies	Heidi McPhillips
Special Education	Jean Whitacre – Dean
	Denise Hawthorne
World Languages	Martin Fameni - French
	Cheri Martinez – ASL
	Kerstin Vogelbach - German



## **Woodgrove High School 2013 Student Orientation**

Please join us on **August 29th** for our 4th annual student orientation.

9th graders and new students are invited to pick up their schedules, walk the building, and stop in to meet their teachers from **1:00—2:00 PM**.

Upperclassmen are invited to pick up their schedules and stop in to say hello to their teachers from **2:00—3:00 PM**.

We will hold 2 “Fix Days” for schedule errors. Please stop in to meet with your counselor. This time is allotted for scheduling corrections only.

Friday, August 23rd from 9:00 AM—3:30 PM

Wednesday, August 28th from 9:00 AM—12:00 PM

## **Tailgate in the Grass Parking Lot**

*On the Grounds of Woodgrove High School*

*Friday, August 30, 2013*

*4:30 – 6:30 p.m.*

*Rain or Shine*

- oo A Pot-Luck Evening Tailgate – bring your lawn chairs and blankets
- oo Grilled hamburgers/hotdogs will be provided by our Sports Boosters- WWABC
- oo Meet/greet the Woodgrove Teachers, staff, friends and family

We are asking for your generous support with the Pot-Luck Evening Picnic in the following manner (each dish should serve approximately 10 adults—please drop off dishes in the grass parking lot on Winning Way Drive):

1. Families with rising Freshmen – please bring a Side Dish-beans, mac & cheese, etc.
2. Families with Sophomores – please bring Salads-macaroni, pasta, greens, etc.
3. Families with Juniors – please bring a Dessert or Hors d’oeuvres/Chips/Dip
4. Families with Seniors- please bring Paper Products- plastic ware, plates, napkins

*The 2013 Fall Kickoff Tailgate* plans to be a wonderful evening to visit with our community prior to the Varsity football game vs. Freedom High School at 7pm.. We thank you for your continued support and look forward to seeing everyone on August 30, 2013.



# **News from the WHS Counseling Department**



## [2013-2014 Counselor Assignments](#)

### *Counselor*

Ms. Astrid Willemsma  
Mr. Steven Cohen  
Mrs. Donna Kelly  
Mrs. Barbara Bell  
Mrs. Katharine Warehime

Ms. Teresa Holland  
Mrs. Rachel Sutphin

### *Serving Students last names:*

12th grade A-C / 9th-11th A-DAY  
12th grade D-Hart / 9th-11th Dean-Harr  
12th grade Has-Mc / 9th-11th Has-McVey  
12th grade Me-Scott / 9th-11th Me-Sav  
12th grade Se-Z / 9th-11th Sc-Z

Administrative Guidance Secretary  
Career Center Assistant



***Don't wait, get connected!***

Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6 digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password.

For more information, go to the [WHS Counseling](#)

---

## **Scheduling News**

Students' schedules were mailed on  
August 19, 2013

We will hold 2 "Fix Days" for schedule errors.  
Please stop in to meet with your counselor. This  
time is allotted for scheduling errors only.

Friday, August 23rd from 9:00—3:30  
Wednesday, August 28th from 9:00—12:00

# Woodgrove High School

## 2013 – 2014 Bell Schedules

### REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

<u>A Day</u> Green Day		<u>B Day</u> Blue Day	
8:55-9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1 <sup>st</sup> Period	9:08-10:34	5 <sup>th</sup> Period
10:39-12:05	2 <sup>nd</sup> Period	10:39-12:05	6 <sup>th</sup> Period/Flex* (10:39 – 11:20) (11:24 – 12:05)
12:10-2:12	3 <sup>rd</sup> Period	12:10-2:12	7 <sup>th</sup> Period
Lunch 12:10-12:40 12:40-1:10 1:12-1:42 1:42-2:12	Shift I Shift II Shift III Shift IV	Lunch 12:10-12:40 12:40-1:10 1:12-1:42 1:42-2:12	Shift I Shift II Shift III Shift IV
2:17-3:43	4 <sup>th</sup> Period	2:17-3:43	8 <sup>th</sup> Period

### REGULAR A/B DAY SCHEDULE – Open Lunch

<u>A Day</u> Green Day		<u>B Day</u> Blue Day	
8:55 – 9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:33	1 <sup>st</sup> Period	9:08-10:33	5 <sup>th</sup> Period
10:38-12:05	2 <sup>nd</sup> Period	10:38-12:05	6 <sup>th</sup> Period/Flex* (10:38 – 11:19) – (11:23 – 12:05)
12:05-12:43	Open Lunch 10,11,12 – release 12:03	12:05-12:43 10,11,12 – release 12:03	Open Lunch
12:48-2:13	3 <sup>rd</sup> Period	12:48-2:13	7 <sup>th</sup> Period
2:18-3:43	4 <sup>th</sup> Period	2:18-3:43	8 <sup>th</sup> Period

# Dress and Grooming

Students are expected to dress appropriately. Clothing which distracts others from learning or which endangers safety is unacceptable. **Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable.** These include, but are not limited to, sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage. Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted. **Hats and headgear are not allowed unless approved by the administration for special occasions.** It must be removed upon entering the building and placed in backpacks or lockers. No towels, shirts, or other like items may be draped over the neck. Chains and studded jewelry are not permitted as accessories.



## 2013-14 SCHOOL CALENDAR for Students

September 3	FIRST DAY OF SCHOOL FOR STUDENTS
October 14	Holiday (Columbus Day)
November 1	End of First Grading Period
November 4-5	Student Holiday (Planning/Records/Conference Days)
November 27-29	Holiday (Thanksgiving)
December 23-31	WINTER BREAK
January 1	Holiday (New Year's) (Classes Resume January 2)
January 20	Holiday (Martin Luther King Jr. Day)
January 24	End of Second Grading Period
January 27	<b>MOVEABLE STUDENT HOLIDAY**</b> (Planning/Records/Conference Day)
February 17	Holiday (Presidents' Day)
March 28	End of Third Grading Period
March 31	Student Holiday (Planning/Records/Conference Day)
April 14-18	SPRING BREAK
May 26	Holiday (Memorial Day)
June 13	Last Day of School for Students/End of Fourth Grading Period

**\*\*Parents with child-care or other weekday scheduling concerns** – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

### 9 Week Grading Period Ending Dates

November 1, 2013  
January 24, 2014  
March 28, 2014  
June 13, 2014

Schedule subject to change based on possible school closing due to inclement weather.

## **PIMS**

### **Request Updates to Phone/Email Contact Info**



The Parent Information Management System (**PIMS**) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child's record. When using **PIMS** you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

#### **It's as Easy as:**



1. Access the PIMS link from the LCPS Public Internet site. [www.lcps.org](http://www.lcps.org). From the LCPS home screen, click on the PIMS link on the right-side under "Quick Links".
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child's school will review the request before accepting.

**Note:** At this time only the parent/guardian listed as their child's First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child's record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience *in addition* to the emergency card.

# **ABSENTEE PROCESS**

When a student is absent, parents need to call the Absentee Call Line at

**540-751-2602**

For ***EACH*** day the child will be absent. ***Students may not call themselves in absent, including students 18 years of age and older.*** For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

**540-751-2602**

- Student's name-spelling the last name**
- Your relationship to the student**
- Student's grade**
- Reason for absence**

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under-Administration--Attendance

**Please direct your attendance questions to  
Michelle Clark, Attendance Secretary  
540-751-2600 or  
[michelle.clark@lcps.org](mailto:michelle.clark@lcps.org)**

***The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.***



**Beliefs:**

- ***We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.***
- ***We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.***
- ***In order to be successful, we all must work, honor, and strive.***

# Woodgrove High School Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student's life.

Woodgrove High School Honor Code is ***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.***\*

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student's academic file for reference purposes.

## **Cheating**

Cheating includes the actual unauthorized use of any information other than one's own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual's mastery. Examples include, but are not limited to, the following:

- Copying from another person's (s') work or allowing another person to copy his/her work or assessment.

- Talking/signing/texting during an assessment.

- Relaying assessment content to students taking the assessment at another time.

- Using study aids/notes/books/data/phones/electronic devices, etc., without the teacher's express permission to do so.

## **Plagiarism**

Examples of plagiarism include, but are not limited to, the following:

- Presenting as your own someone else's work in all or in part.

- Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.

- Copying word for word without using quotation marks or giving credit to the source of the material.

- Failing to give the original source credit through documentation and bibliography.

- Having somebody else complete assignments, either partially or completely, which are then submitted as one's own work.

\*Adapted from the University of Virginia Honor Code.

# Woodgrove High School Honor Code... Page 2

## **Falsifying/Lying**

Examples of falsifying/lying include, but are not limited to the following:

- Making an untrue statement verbally or in writing.
- Forging the signature of another.
- Adding/deleting/manipulating information on academic work or assessments.
- Tampering with official records, passes, or any other administrative document.
- Lying or failing to give complete information to school personnel.

## **Stealing/Theft/Vandalism**

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner's consent. This shall also include any damage to personal or school property.

## **Responsibilities**

Students will...

- Exercise academic honesty in all aspects of their work.
- Prepare sufficiently for all types of assessments.
- Seek extra help from teachers.
- Use sources in the proper manner.
- Follow the Honor Code and report any violations to school personnel.

Teachers will...

- Develop, model, and sustain ethical practices within the classroom setting.
- Report violations to counselor and administrator.
- Discuss violations and consequences with the student or students.
- Contact student's parent or guardian regarding a violation.
- Record a failing grade for the assignment.

Parents will...

- Discuss the Honor Code with their child to ensure understanding.
- Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.
- Support faculty and administration in enforcing the Honor Code.

Administrators will...

- Ensure that all faculty, students, and parents receive the Honor Code.
- Help contribute to the school wide environment that encourages adherence to the Honor Code.
- Maintain accurate records of Honor Code violations.
- Ensure that the Honor Code is being applied consistently throughout the school.

## Woodgrove High School Honor Code... Page 3

### **Consequences:**

Violations of the Honor Code accumulate throughout the student's high school career and across all courses.

First Offense (and all subsequent offenses):

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

- Teacher or teacher and counselor will notify student's parents by phone of the violation and offer a conference with parents.

- Teacher will send a written letter to the parents of the student for school documentation and communication purposes.

- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

- Teacher will either make the student "redo" the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.

- Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)

- If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

Second Offense

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

- The teacher or teacher and counselor will notify student's parents by phone of the violation and arrange a conference. Attendees will be the student's administrator, the teacher, the counselor, the parent and the student.

- The teacher will send a written letter to the parents of the student for school documentation and communication purposes.

- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

- If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

- The student will be assigned one day of in-school restriction.

## Woodgrove High School Honor Code... Page 4

Third Offense and subsequent offenses:

The administrator will immediately notify the student's parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator's discretion.

The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.

The administrator will send a written letter to the parents of the student for school documentation and communication purposes.

Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

Adapted from South Lakes High School and Stone Bridge High School's Honor Codes.

### Woodgrove High School Honor Code Acknowledgement and Receipt

**I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.**

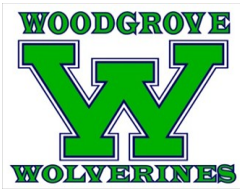
The Woodgrove High School Honor Code is ***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.\****

\_\_\_\_\_  
Student printed name

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent printed name

\_\_\_\_\_  
Parent signature



## *From the PTSO President:*

*"Aloha,"* to all our new and returning Woodgrove families, students and staff:

I moved to Round Hill from Hawaii over 13 years ago and boy, was it a culture shock! The humidity, the gnats, the commuting!! For the length of time you spent in your car here in an average commute, you could practically circle the entire island of Oahu!

But the schools... ah, the schools. I enrolled my son at Round Hill Elementary the very first year it opened and sent my daughter there too a few years later. My oldest did the Western Loudoun shuffle, from Blue Ridge, to Harmony, to Loudoun Valley and then he chose to switch to Woodgrove his junior year. What a beautiful new school, set in a surrounding where the dusk of the blue mountains rivals the blue of the ocean! Aw, that new school smell!!! The new computers, lockers, books and band rooms!

Well, that new school smell might be a little different now, especially with open lunch and the sweat of our championship sports teams (!! ) but the quality of the education, the caring of the Woodgrove community and the foundation that has been built has only grown stronger with time. I continue to be amazed at the progress and success we have achieved in the last 3 years.

We are fortunate to live in a county where education is such a strong priority but having terrific new facilities, and proximity to a variety of cultural and educational opportunities, all encased in Western Loudoun's natural beauty does not make a school. What makes a school succeed is the involvement and commitment of the students, parents, faculty and staff that makes up the community, identity, spirit and heart of the institution.

As a Parent/Teacher/Student Organization, we take to heart our mission to serve the school in whatever way we can. We provide funding when the budget runs short, we reach out to the community, businesses and parents in a myriad of ways. We provide scholarships to our seniors and a safe means of celebrating their success.

I am thankful to be surrounded by a PTSO Board and committee chairs that share the same goals and whose expertise is unparalleled. United we are a powerful force for success. Please join us and share the aloha spirit.

Sincerely,



Susanne Kahler  
Woodgrove High School PTSO President  
[WoodgrovePTSOPresident@gmail.com](mailto:WoodgrovePTSOPresident@gmail.com) or (540) 751-9025

Woodgrove High School  
Attn: Woodgrove PTSO  
36811 Alder School Road  
Purcellville, VA 20131

# HELP BUILD ON OUR SUCCESS...

## JOIN THE WOODGROVE HIGH SCHOOL

### 2013/2014 PTSO



**Woodgrove PTSO: How we contribute to our school and community.**

- Award academic scholarships to graduating seniors
- Established Grad NIGHT as popular event and work to sustain a yearly safe celebration alternative
- Fund teacher requests for curriculum and support materials
- Offer staunch support & sponsorship of various senior events
- Continuous contributors to staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

**With your support, we will continue to:**

- Work towards fulfilling the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize and celebrate our school's successes
- Publish the Woodgrove Weekley newsletter to keep you informed all WHS happenings
- Ask for your help and assistance in areas of need—our volunteers are very important to our school's success.

**Dues are only \$25 a family or \$10 for individuals and \$5 for students and faculty.**

MEMBERS NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NBR: \_\_\_\_\_ MEMBERSHIP AMT ENCLOSED: \_\_\_\_\_

EMAIL: \_\_\_\_\_ ADDTL donations are WELCOME and are  
TAX FREE

Please return to the PTSO box in the main office.

JOIN ONLINE  
TODAY!!  
[http://www.lcps.org/  
Page/69200](http://www.lcps.org/Page/69200)





# STAY IN THE LOOP... SUBSCRIBE TO THE WOODGROVE WEEKLY!!



My name is Renee Quinn and I am the new Editor of the Woodgrove Weekly Newsletter. The Woodgrove Weekly newsletter is a premier weekly email newsletter produced by your PTSO that will keep you informed on the latest school news, updates, announcements, events, and activities within all departments and areas of Woodgrove life. The Woodgrove Weekly is the best tool for students, families, and staff to stay informed about all that is taking place at WHS and within the Woodgrove community! The newsletter goes out via email on Mondays.

*You do not have to join the PTSO in order to get the newsletter—it is a PTSO service for our entire school community. We will never share your contact information, and you can easily unsubscribe at any time.*

You can sign up in a flash by putting this address into your web browser:

**<http://tinyurl.com/getwoodgroveweekly>**

***You will NOT need to sign up again even if you received the Woodgrove Weekly last year. You'll be sent an email and asked to update your profile and have the opportunity to sign up for the 2013-14 parent, student or faculty list—just choose whichever is appropriate.***

The newsletter will come to you from this e-mail address:

[WoodgroveWeekly@gmail.com](mailto:WoodgroveWeekly@gmail.com)

Remember to add this to your address book or trusted contacts so it does not end up in your spam or junk folder!

# CLINIC

Our school's health clinic assistant/registered nurse is Stephanie Lovasz. She works in the clinic each day from 8:30 until 4:30. A health clinic assistant (HCA) works under the direction and supervision of a registered nurse (resource nurse). School staff can contact the school resource nurse at any time for advice or emergencies. HCAs are trained in first aid, cardiopulmonary resuscitation (CPR), use of an external automatic defibrillator (AED), and medication administration. The resource nurse visits the school regularly. Please check the website for the resource nurse for your school. Clinic personnel (HCAs and nurses) are not allowed to make a medical diagnosis. If you have an urgent medical concern, please take your child to their personal physician or a medical facility.

If your child has any significant medical needs, please notify the HCA/RN even if the school has been notified in previous school years. If your child has asthma, diabetes, seizures, life-threatening allergies, or other medical conditions, you and the physician will need to complete a form so the school can understand and address your child's needs. These forms are available on the Loudoun County Public School (LCPS) website. These forms must be updated each school year.

## School-Sponsored After-School Activities and Sports

If your child has diabetes, an epinephrine auto-injector, an inhaler, or other emergency medication at school, please notify the teacher/sponsor that your child has the health concern. Also notify the health clinic assistant/nurse 1-2 weeks prior to the event. The clinic is closed after dismissal and the HCA/RN is not in the building. Arrangements need to be made to have medication available and to train staff. It is strongly suggested that middle and high school students carry their own inhaler and/or epinephrine auto-injector for quick access to medication. For students to carry an inhaler, the physician must complete and sign the "Asthma Action Plan" giving his/her permission for the student to carry the inhaler, and the parent and student must sign page 3, the "Parent/Student Agreement for Permission to Carry an Inhaler". For students with an epinephrine auto-injector, the physician will need to sign the bottom of "Allergy Action Plan" and the parent and student will need to sign page 2 under "Agreement for Permission to Self-Administer and/or Carry Epinephrine." For students with diabetes to carry any of their medical supplies, the diabetes form, Part 4: "Permission to Self-Carry and Self-Administer Diabetes Care," needs to be signed by the physician, parent, and student.

**If your child is ill because of a contagious disease such as the flu, strep throat, chickenpox, etc., it would be helpful to note the reason for the absence when you call the absentee call-line. This will help the school take measures to know the extent of the disease and reduce its spread.**

Students who have fevers should be kept at home until free of fever for 24 hours. Students who do not feel well should stay home. When students come to school ill, they not only are unable to participate fully in class, but they may also infect other students with their illness.

A parent or guardian must deliver any medication (prescription or non-prescription) to the school office or clinic. **Students may not transport any medication to or from school.** Parents are responsible for picking up any unused medication. Medication remaining in the clinic at the end of the year will be destroyed according to state and LCPS guidelines.

If your child takes a prescription medication and missing a dose would have serious health consequences (seizure medication, insulin, etc.), it is strongly suggested that a 24-hour supply of the medication be left in the school clinic in case of a prolonged school day. The medication must be in an original pharmacy-labeled bottle and have a physician's order on file in the clinic. The order must give the times during the 24-hour period that the medication is to be administered.

# CLINIC

The HCA/RN must have written instructions from the physician in order to administer **prescription medications**. The instructions should include:

- student's name;
- name and purpose of the medication;
- dosage and time of administration;
- possible side effects and measures to take if those occur; end date for administering the medication;
- parent/guardian signature giving permission to administer medication and to contact physician, and physician's signature.
- LCPS will not accept parent/guardian amendments to a physician's order, including any restriction of the principal's designee (HCA/RN) from contacting the physician to clarify the medical order.
- The "Authorization for Medication Administration" form should be used for physician's orders. Copies of this form as well as other medical forms are available in the school office or at the LCPS website under Student Health Services.

All prescription medication must be in the original pharmacy bottle with the proper label containing the student's name, medication, dosage, and instructions for administration. Upon request, most pharmacies will provide an extra labeled bottle with the proper amount of medication for school. **Please do not send more than a 60-day supply of medication.**

If the HCA/RN needs to administer **non-prescription medication**:

- it must be provided by the parent/guardian in an original package with the name of the medication and instructions;
- she must have a note from the parent regarding when and how much medication to administer;
- she will only give the amount listed on the package for your child's age and weight and for the recommended length of time the student should receive the medication unless she has doctor's orders on the "Authorization for Medication Administration" form to dispense differently; and
- she cannot administer medication that is not in its original container.

For the HCA/RN to give acetaminophen (generic Tylenol) to your child, you must have completed the section on the emergency card that gives permission and sign it. Parents/guardians of elementary students will be contacted before any acetaminophen is given in order to assure that it has not been given at home. Because acetaminophen taken in large amounts over a period of time can cause liver damage, middle and high school students may only receive four doses of acetaminophen in a four-week period. Before a fifth dose is given, the parent/guardian will be contacted.

Be sure to keep the "Emergency Information" updated so we can reach you if your child is ill or injured. This can easily be done on-line through the Parent Information Management System (PIMS) on the LCPS website.

All 3<sup>rd</sup>, 7<sup>th</sup>, and 10<sup>th</sup> grade students and students new to LCPS will be screened for vision and hearing during the first 60 days of school. Kindergarten students who did not have distance vision screening or hearing tests within two months of the beginning of school will also be screened.

Virginia requires that school divisions provide information on scoliosis to parents of students in Grades 5-10. The scoliosis flyer on the next page is provided by the school at the beginning of each school year.

# CLINIC

## Scoliosis

### Curvature of the Spine

Scoliosis is an abnormal curving of the spine from side to side often described as an "S" curve. It affects 2% of Americans, mostly adolescents.

#### Cause

- The cause is unknown in most cases.
- Girls are affected more often than boys.

Untreated, severe scoliosis can lead to lung and heart damage, back problems, and distressing cosmetic changes.

#### Normal Spine

Has a slight outward curve in the upper back and an inward curve at the waist.

If scoliosis is detected early, then treatment can be started before it becomes a physical or emotional disability.

#### Signs

- One shoulder higher than the other
- Scapula (shoulder blade) on one side of the body is higher or more prominent
- One-sided fullness at the waist

### Normal View from Back

Shoulder blades and spine appear straight



### Abnormal View from Back



### Abnormal View Bending Forward

Shoulders and/or hips appear uneven



## Symptoms

- Backache or low back pain
  - Fatigue
- Maybe none

### How to Check Your Child's Spine

- Stand behind the child.
  - Ask child to stand with feet together and bend forward to touch the toes.
  - Check that the shoulders and the top of the hips are at the same height, the head is centered, and the rib cage is symmetrical. Note that the waist is even and that the body does not lean to one side.
  - It may be helpful to run your hands along the spine to detect any abnormalities.
  - Ask the child to stand up, turn around to face you, and to bend down again.
  - Repeat the assessment.
- If any lateral curvature is noted, your child needs further evaluation.

What should be done if any of the signs and symptoms are present?

# LA CLÍNICA

## **Escoliosis Curvatura Vertebral**

**Escoliosis** es una curvatura anormal de la espina dorsal que parece la forma “S” y se extiende de lado a lado. Afecta 2% de Americanos, mayormente adolescentes.

### **Causa**

- La causa no es conocida en la gran mayoría de casos.
- Niñas más que niños son afectadas.

Si no se trata, escoliosis severa puede provocar daño a los pulmones y el corazón, puede causar problemas de la espalda, y cambios drásticos a la postura.

### **Espinal dorsal normal**

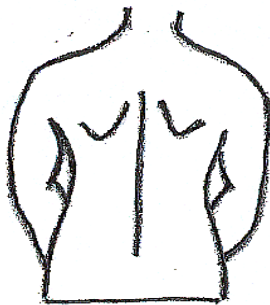
Tiene una leve curvatura hacia afuera en la parte de arriba de la espalda y otra hacia adentro en la cintura.

Si la escoliosis es detectada lo antes posible, se puede comenzar tratamiento así evitando que se convierta en una discapacidad física o emocional.

### **Señal**

- Un hombro más alto que el otro
- Escápula(omóplato) en un lado del cuerpo es más alto o más prominente
- El área de la cintura se ve más redondo/lleño
- Una cadera más alta que la otra.
- Desproporción de costilla (sobresalida)

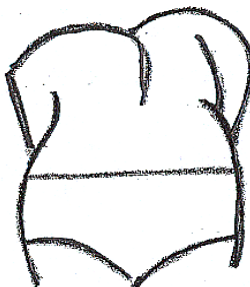
## **Ilustración Normal de la Espalda**



## **Ilustración Anormal de la Espina**



## **Ilustración Anormal Doblado hacia delan-**



### **Síntomas**

- Dolor de espalda/baja
  - Fatiga
- Quizás ninguno

### **Como chequear la Espalda de su hijo/a**

- Parece detrás de su hijo/a.
- Pídale que se pare con pies juntos y se doble hacia adelante tocando sus pies.
- Verifique que ambos hombros y caderas estén al mismo nivel/altura, la cabeza en el centro, y las costillas se vean simétricas. Verifique que la cintura parezca simétrica y el cuerpo no se incline hacia un lado.

- El palpar la espina de arriba hacia abajo quizás puede detectar anormalidades.
- Pídale que se pare recto frente a usted y nuevamente se doble.

- Repita los pasos arriba.

Si nota curvatura lateral su hijo/a necesita una evaluación médica.

### **¿Que debo hacer si encuentro algún síntoma o señal?**

Comuníquese con su pediatra o médico para acertar una cita para la evaluación de la espalda de su hijo/a.

## PREVENTING TICK-BORNE DISEASES IN VIRGINIA



Spring and summer bring warm temperatures, just right for walking in the woods and other outdoor activities. Warm weather also means that ticks become more active and this can increase the risk of a tick-borne disease. The tick-borne diseases that occur most often in Virginia are Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis.

### Lyme Disease

Lyme disease is caused by infection with a bacterium called *Borrelia burgdorferi*. The number of Lyme disease cases reported in Virginia has increased substantially in recent years.

### The Tick

The blacklegged tick (*Ixodes scapularis*), formerly known as the deer tick, is the only carrier of Lyme disease in the Eastern U.S. The blacklegged tick's name comes from it being the only tick in the Eastern U.S. that bites humans and has legs that are black (or dark chocolate brown) in color.

Lyme disease transmission to humans usually occurs during the late spring and early summer when young (nymph stage) ticks are active and feeding. Tick nymphs normally feed on

small and medium sized animals, but will also feed on people. These ticks typically become infected with the Lyme disease agent by feeding as larvae on certain rodent species.

In the fall, the nymphs become adults and infected nymphs become infected adults. Adult blacklegged ticks prefer to feed on deer. However, adult ticks will occasionally bite people on warm days of the fall and winter and can transmit Lyme disease at that time.

Transmission of Lyme disease by the nymph or adult ticks does not occur until the tick has been attached and feeding on a human or animal host for at least 36 hours.

### The Symptoms

Between three days to several weeks after being bitten by an infected tick, 70-90% of people develop a circular or oval rash, called erythema migrans (or EM), at the site of the bite. To qualify as an EM, the rash must be at least two inches in diameter. That is because bites by some tick species can cause local inflammation and redness around the bite that could be mistaken for an EM. Unlike localized inflammation, an EM rash will increase in size and may become more than 12 inches across. As it enlarges, the area around the center of the rash clears, giving it a "bull's eye" appearance. The EM rash does not itch or hurt so if it is not seen, it may not be noticed. In addition to an EM rash, Lyme disease may cause headache, fever, muscle and joint aches, and a feeling of tiredness. If left untreated, Lyme disease may progress to affect the joints, nervous system, or heart several weeks to months after the tick bite. In a small percentage of infected people, late symptoms may occur months to years later and cause long-term nervous system problems or arthritis.



EM Rash

# PREVENTING TICK-BORNE DISEASES IN VIRGINIA

Unfortunately, blacklegged tick nymphs are small (about the size of a pinhead), difficult to see, and cause no itch or irritation at the site of the bite, so many people are not aware they have been bitten. If you have been in an area that might contain ticks and you experience any symptoms of Lyme disease, contact your doctor.

## The Treatment

When Lyme disease is detected early, its effects can be mild and easily treated with antibiotics. In the late stages, Lyme disease can be treated successfully with antibiotics, but recovery may take considerably longer.

## Rocky Mountain Spotted Fever

Rocky Mountain spotted fever (RMSF) is caused by infection with a bacterium called *Rickettsia rickettsii*. The disease is characterized by a sudden onset of symptoms and can be fatal if not treated. Nearly all cases occur in the spring and summer months.

## The Tick

In Virginia, the American dog tick (*Dermacentor variabilis*) is the species known to carry the agent of Rocky Mountain spotted fever. The tick needs to feed on a host/person for only about four hours to transmit the bacteria. Fortunately, less than 1% of American dog ticks carry the agent of RMSF.

## The Symptoms

Symptoms of Rocky Mountain spotted fever begin 2-14 days after the tick bite, and may include fever, deep muscle pain, severe headache, chills, and upset stomach or vomiting. From the third to fifth day of illness a red, spotted rash may appear, beginning on the wrists and ankles. The rash spreads quickly to the palms of the hands and soles of the feet and then to the rest of the body. However, only about half of RMSF patients develop a rash.

## The Treatment

Antibiotic treatment for RMSF is effective, and suspected RMSF should be treated as soon as possible based on symptoms and a history of tick exposure. The risk of death from RMSF increases by the fifth day of illness - but the rash often does not occur until that time. Therefore, do not wait for RMSF blood test results, or the appearance of a rash, before starting treatment. Treatment is important; almost one-third of those who do not get treated die from this disease.

## Ehrlichiosis and Anaplasmosis

Although several diseases can be caused by bacteria in the *Ehrlichia* and *Anaplasma* genera, the most common in Virginia are human monocytic ehrlichiosis (HME) and human granulocytic anaplasmosis (HGA). HME is transmitted only by the lone star tick (*Amblyomma americanum*) and most commonly by bites from adult ticks. Lone star ticks are very common and are responsible for the most tick bites to people in Virginia. HGA is transmitted only by the blacklegged tick (most commonly by bites from nymphal stage ticks). The bacteria causing HME or HGA will not be transmitted unless the infected tick has been attached and feeding for at least 24 hours.

## The Symptoms

Symptoms for both HME and HGA can include fever, headache, muscle pain, vomiting, and general discomfort. Illness can be severe - up to 3% of patients may die if not treated.

## The Treatment

HME and HGA respond rapidly to treatment with antibiotics. Treatment should be based on symptoms (including platelet and liver enzyme tests) and history of tick exposure. Treatment should not be delayed while waiting for ehrlichiosis- or anaplasmosis-specific serology results.

## Other Diseases

Ticks can transmit other diseases, such as tularemia (rabbit fever) and babesiosis. Neither of these illnesses is common in Virginia. Tularemia is a bacterial disease that has a sudden onset of fever and chills. Typically, an ulcer develops at the site of the tick bite and surrounding lymph nodes become enlarged. Tularemia is a serious illness and untreated cases may be fatal. Tularemia is most commonly associated with the American dog tick, but may also be transmitted by the lone star tick. Babesiosis is caused by a parasite that infects red blood cells. The babesiosis agent is transmitted only by infected black legged ticks. Symptoms include fever, chills, muscle aches, fatigue, and jaundice. Fatalities may occur in immunocompromised or splenectomized patients.

## Spotted rash on arm and hand of RMSF patient.



# PREVENTING TICK-BORNE DISEASES IN VIRGINIA

## Prevention

Ticks do not jump or fly; they wait on the forest floor, leaf litter, or low vegetation and attach to the feet or shoes of people or legs of animals as they pass by. The ticks then crawl upward.

The following steps can reduce your risk of tick-borne diseases:

- Avoid potential tick habitats such as tall grass and vegetation in shaded areas, forests, and along forest edges.
- Walk in the center of mowed trails to avoid brushing against vegetation.
- Keep grass cut and underbrush thinned in yards. If pesticides are used for tick control, follow directions carefully or hire a professional to apply the pesticide.
- Eliminate wood piles and objects that provide cover and nesting sites for small rodents around your property.
- Wear light-colored clothing so that ticks are easier to see and remove.
- Tuck pant legs into socks and boots, tuck shirts into pants, and wear long-sleeved shirts buttoned at the wrist.
- Conduct tick checks on yourself and your children every four to six hours while in tick habitat.
- Apply tick repellent to areas of the body and clothing that may come in contact with grass and brush. Repellents include those containing up to 50% DEET for adults or less than 30% for children. An aerosol repellent/insecticide containing 0.5% permethrin may be applied to shoes, socks, and other clothing, but should not be used on skin. Follow directions carefully and do not overuse. Some tick repellents can cause toxic or allergic reactions.
- Ask your veterinarian to recommend tick control methods for your pets. Animals can get Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis, but they do not transmit these diseases to humans.

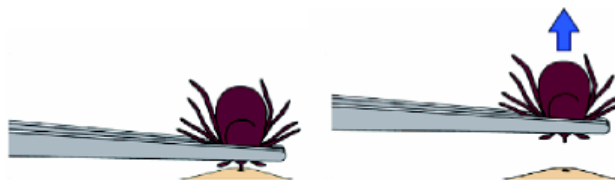
## Tick Removal

Because ticks do not transmit disease until they have been attached to the host for several hours or several days, it is very important to remove ticks as soon as they are found. The following is the best way to remove a tick:

- Grasp the tick with tweezers as close to the skin as possible and gently, but firmly, pull it straight out. Avoid any twisting or jerking motion that may break off the mouth parts in the skin. Mouth parts left in the wound may cause irritation or infection similar to a reaction from a splinter.
- If tweezers are not available, protect your fingers with gloves, tissue, or a paper towel; do not touch the tick with bare fingers. Do not squeeze or rupture the tick's swollen abdomen. This may cause an infectious agent to contaminate the bite site and cause disease.
- After the tick has been removed, wash hands with soap and water. Apply a topical antiseptic to the bite site.
- You can dispose of the tick by drowning it in alcohol or flushing it down a drain or toilet. However, it may be useful to save the tick in alcohol for several weeks and have it identified by an expert in case you become ill. Knowing what kind of tick bit you might help your doctor diagnose the illness..
- Tick removal using nail polish, petroleum jelly, alcohol or a hot match is not safe. These methods could cause the tick to regurgitate an infectious agent into the site of the bite.

[www.vdh.virginia.gov](http://www.vdh.virginia.gov)

April 2010



## Sport Injuries

### Danger of Lightning

Lightning may be the most frequently encountered severe storm hazard endangering physically active people each year. Millions of lightning flashes strike the ground annually in the United States, causing nearly 100 deaths and 400 injuries. Three-quarters of all lightning casualties occur between 10am and 7pm, which coincides with the hours for most athletic or recreational activities. The following are tips for lightning safety:

1. Designate a safe shelter. A safe shelter is any substantial, frequently inhabited building with 4 solid wall, electrical and telephone wiring and plumbing. A secondary choice is a fully enclosed vehicle with a metal roof and windows closed. It is not safe to shower, or talk on land-line phones while inside a safe-shelter during thunderstorms. Cell phones are safe to use.
2. Use a Flash-to-Bang count to determine when to seek shelter. By the time the Flash-to-Bang count approaches 30 sec. everyone should already be inside a safe structure. Use this axiom as a rule of thumb: "If you hear it, clear it; If you see it, flee it"
3. Once activities have been suspended, wait at least 30 minutes following the last sound of thunder or the last flash of lightning before resuming an activity.
4. Avoid being the highest point in an open field. Do not be in contact with or in the proximity to the highest point. Do not be on the open water. Do not take shelter under or near trees, flagpoles or light poles.
5. If you feel your hair stand on end, your skin tingle or you hear crackling noises, assume the lightning safety position (crouched on the ground, weight on the balls of the feet, feet together, head lowered, ears covered). Do not lie flat on the ground.
6. Have a means of monitoring local weather forecasts and warnings.

## Nutrition

### Coconuts

Coconut water has drawn a lot of attention in the last few years and is continuing to grow in popularity. Now, a study published in the Journal of the International Society of Sports Nutrition offers some research indicating that coconut water may work as well as sport drinks containing carbohydrates and electrolytes when it comes to rehydrating athletes.

In the study, 12 exercise-trained men underwent hour long periods of dehydrating exercise. The participants lost approximately two percent of their body mass over the course of an hour. After the exercise period, participants drank 125 percent of their lost body mass via one of four different beverages: pure coconut water, coconut water from concentrate, bottled water, and a carbohydrate-electrolyte sport drink. Each participant repeated this protocol four times, in order to be tested with each of the beverages.

Researcher found that both pure coconut water and coconut water from concentrate were equally effective as the sport drink in rehydrating the participants. All four drinks were also to have similar impacts on performance during a treadmill time-to-exhaustion test.

However, there were more reports of mild stomach upset and bloating resulting from either coconut water options compared to the sport drink or water. Researchers believe these reactions resulted from consuming a large volume of liquid in a short amount of time, and recommended determining individual tolerance to coconut water before use.

# What makes a school succeed?

Involvement and commitment of the students, parents, faculty and staff that make up the community, identity, and spirit of the school.

We have three organizations that support students, parents, faculty and staff:

## Woodgrove High School Support Organizations



**WM&AA**  
WOODGROVE MUSIC & ARTS ASSOCIATION  
Supports all Woodgrove music and fine arts students



**PTSO**  
Parent Teacher Student Organization  
Supports ALL students, families, faculty, and staff.



**WWABC**  
WOODGROVE WOLVERINES ATHLETIC BOOSTER CLUB  
Supports all Woodgrove athletes and the athletic department

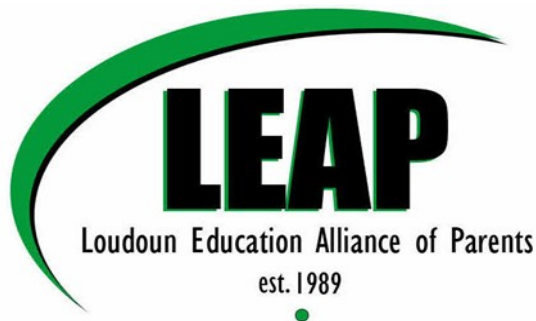
***How do I decide which are right for my students and family?***

***Are your students:***

<b><i>Musically or Fine Arts/Theater inclined?</i></b>	⇒ Become a <a href="#">member of WM&amp;AA</a> , and check out the <a href="#">WM&amp;AA's website</a> !
<b><i>Athletically inclined or enjoy watching high school sports?</i></b>	⇒ Get a <a href="#">Season Pass and membership</a> to the WWABC. Check out the <a href="#">WWABC website</a> for more information!
<b><i>Interested in supporting Woodgrove HS overall, and keeping up to date with all the school news (including important School Counseling updates)?</i></b>	⇒ Become a <a href="#">member of the PTSO</a> , check out the <a href="#">PTSO website</a> AND ⇒ Sign up to get <a href="#">The Woodgrove Weekly e-newsletter</a> !

***Should I only be a member of one organization?***

**NO!** If you're interested in supporting the Woodgrove High School community overall — ***Consider joining all three!***



***Parents and members of the community are always welcome  
to attend LEAP meetings.***

## ***2013 - 2014 Topics***

**September 11, 2013**

School Security & Bullying

**October 9, 2013**

LCPS Board Member Update and Q&A Forum

**November 13, 2013**

Tools for Success (CLARITY, Vision, Homework Strategies)

**December 11, 2013**

Science, Technology, Engineering, and Math: STEM I (One-to-one computing, Monroe Technology Center)

**January 15, 2014**

Loudoun County Public Schools - The proposed 2014-2015 LCPS Budget

**February 12, 2014**

Cyber Safety

**March 12, 2014**

Science, Technology, Engineering, and Math: STEM II (Enrichment opportunities)

**April 9, 2014**

Parents' Choice (A program parents plan)

**May 14, 2014**

Meet the new LCPS Superintendent/Town Hall Meeting

## ***WHAT IS LEAP?***

The **Loudoun Education Alliance of Parents (LEAP)** is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. LEAP holds monthly meetings on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III. Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings.

The Minority Student Achievement Advisory Committee (MSAAC) is dedicated to work in partnership with the Loudoun County Public Schools (LCPS), parents and community to further the academic, social and cultural development of every student and to ensure that the needs of all minority students are met.

MSAAC supports School Board and staff initiatives, and parent efforts to ensure that our school community becomes culturally competent, providing the corner stone to ensure fair and equitable instruction to all LCPS students.

We encourage the development of school cultures where every minority student is afforded the opportunity to achieve his or her full potential, feels welcome and is recognized as an integral member of the student body. All meetings are held at the Loudoun County Public School Administration Building in the School Board Meeting Room.

For questions, please contact the Outreach office directly at (571) 252-1460.

<b>Day and Date</b>	<b>Location</b>	<b>Time</b>
Wednesday, September 18, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, October 16, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, November 20, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, January 15, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, February 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, March 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, April 23, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm

Please visit **MSAAC's** website at:

<http://www.lcps.org/Page/1494>

for more information.



## ATHLETIC NEWS / UPDATES

If you would like to be in the loop  
and receive the latest athletic news  
and

updates, please email

Mr. Lowery, Athletic Director,

**Theodore.Lowery@lcps.org**

Mr. Lowery will be happy to add  
you to the email distribution list.

## **2013-2014 BUS ROUTE SCHEDULE**

THE BUS ROUTE SCHEDULE (PDF LINK) IS AVAILABLE ON THE MAIN PAGE OF OUR SCHOOL WEBSITE (left side under Announcements) OR CLICK ON THE FOLLOWING LINK:





## Harris Teeter

School code: 1613

[https://www.harristeeter.com/other/my\\_harris\\_teeter/login\\_page.aspx](https://www.harristeeter.com/other/my_harris_teeter/login_page.aspx)



## Target Reward Program

School ID 152094

### Target's Take Charge of Education Program

Woodgrove High School is still participating in Target's Take Charge of Education Program. Join now and help us raise money for our school.

Here's how it works: visit <https://www-secure.target.com/redcard/tcoe/home> or call 1-800-316-6142 to designate our school. Woodgrove's school ID is 152094.

Use your REDcard (Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to [Target.com/redcard](https://www-secure.target.com/redcard/tcoe/home). Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school's progress anytime at [Target.com/tcoe](https://www-secure.target.com/redcard/tcoe/home).

Any questions please email [woodgroveptsofundraising@gmail.com](mailto:woodgroveptsofundraising@gmail.com).

Thanks for your support!

## **Giant, Food Lion, Harris Teeter & Target Reward Programs**

Help Woodgrove earn money to supplement the school's educational needs. The school is now registered with Giant's A+ School Rewards Program, and Food Lion's Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter's Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.



### **Giant**

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each year!

[https://www.giantfood.com/our\\_stores/bonus\\_bucks/designate\\_school.htm?execution=e1s1](https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=e1s1)



### **Food Lion**

School ID 219558

For this program to work we need to have at least 25 people register!

[https://www.foodlionmvpwards.com/mvp\\_registration/cardno.php](https://www.foodlionmvpwards.com/mvp_registration/cardno.php)



LCPS MENUS ARE ONLINE  
AND CAN BE ACCESSED BY  
CLICKING HERE

# INSURANCE NOTICE:

**Loudoun County Public Schools**  
**Business & Financial Services**  
**Risk Management Office**  
21000 Education Court, Suite 322  
Ashburn, VA 20148  
(571) 252-1280\*\* (571) 252-1439 fax



## **IMPORTANT INSURANCE NOTICE—READ CAREFULLY**

**Loudoun County Public Schools does not provide medical or accident insurance for students injured while participating in school activities.**

### **Dear Parents and Legal Guardians:**

Students are accidentally injured while participating in school activities daily and have, unfortunately, required costly medical attention. Some parents either have no insurance coverage, have bills over-and-above what their insurance will pay, or are requesting that the school system pay the medical bills. **LCPS does not carry medical or accident insurance for students injured at school.**

The Voluntary Student Accident Insurance provided by **K&K Insurance** offers optional benefit plans of coverage from which you may choose to purchase.

If you already have insurance coverage through another policy, these accident plans pay benefits for those eligible expenses **in excess of** and not paid by your primary insurance. If there is no other available insurance to you, the purchase of the Voluntary Student Accident Insurance coverage **will provide primary insurance protection** for the student.

Enrollment forms outlining available benefit options and rates may be obtained from your school or you may go online to [www.studentinsurance-kk.com](http://www.studentinsurance-kk.com) for further details and to purchase coverage. Enrollment in one of these applicable plans should be carefully considered.

**Please call the LCPS Risk Management Office if you have any questions or concerns at (571) 252-1280. Thank you.**

**Loudoun County Public Schools**  
**Business & Financial Services**  
**Risk Management Office**  
21000 Education Court, Suite 322  
Ashburn, VA 20148  
(571) 252-1280\*\* (571) 252-1439 fax



**ATTENTION: STUDENTS, PARENTS, FACULTY & STAFF**

**Loudoun County Public Schools' Insurance Does Not Provide Coverage for Students' and Employees' Personal Property Brought to School.**

Each year the LCPS Risk Management Office receives claims where school students and employees have lost hundreds to thousands of dollars worth of personal property brought to school. Unfortunately, every type of personal property is subject to loss by accident, theft, or vandalism.

Examples of personal property include:

**I-pods, I-pads, cell phones, cameras, lap top computers, etc.**

*SIP (Student Insurance Partners)* has been providing insurance programs to thousands of students and staff across the country since 1971. This personal property insurance plan has been utilized at over 1000 colleges and universities and has been made available to public school students, faculty, and staff nationwide.

**Losses Covered:** The Student Personal Property Plan covers loss or damage, occurring during the policy period, to personal property, which you own or have leased, including items entrusted to you, "worldwide," except as excluded in the "Property Not Covered" and "Special Provisions" sections of the policy. Coverage may be purchased on a "cash value or replacement cost" basis with a deductible as low as \$50 per occurrence.

**What about Coverage Under Your Homeowners Policy?** If you have questions about your homeowner's policy, ask your agent to go to the *SIP* website for more information and then to give you advice. *SIP* is **always primary** to the homeowner's coverage and can be used to cover high insurance deductibles.

For further information on this important coverage please visit [www.studentinsurancepartners.com](http://www.studentinsurancepartners.com) and read about the **Student Personal Property Plan®**. Please call the Risk Management Office at 571-252-1280 if you have any questions or concerns. Thank you.