



WOODGROVE HIGH SCHOOL

FEBRUARY 2013

Principal's Message

**Woodgrove
High School**
36811 Alder School Road
Purcellville, VA 20132

- Main Office-
540-751-2600
- Attendance Office-
540-751-2602
- Guidance Office-
540-751-2607
- Athletic Office-
540-751-2610
- Clinic-
540-751-2606

William S. Shipp
Principal

Daryl Cummings
Assistant Principal

Renee Dawson
Assistant Principal

Tim Panagos
Assistant Principal

Geri Fiore
Director of School
Counseling

Rusty Lowery
Athletic Director

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Dear Woodgrove families,

Believe it or not, February is already here! Our first semester is complete and now we are looking forward to an outstanding second semester and spring.

Before moving forward into February, I do want to take a moment and reflect on several notable milestones many of our students achieved this past month. Our ninth graders have completed their first semester of high school and have adapted very well to life at Woodgrove, while our seniors have but one more semester to go and the excitement for graduation grows daily as news of college acceptances and other post high school plans present themselves to our students daily. In addition, this first semester offered excellent athletic and academic competitions on our fields and in our classrooms, while on our stage, marvelous concerts and plays were performed by our students and they were, of course, fantastic. Overall, the first semester brought many exceptional and newsworthy events at Woodgrove. With the beginning of our second semester, we expect February to bring many more positive activities and opportunities - I do encourage you to attend these events and support our students in their endeavors.

With the beginning of our second semester, many students will have new classes. We also will begin the process for scheduling for next year. Counselors will meet with classes to discuss course selections and we will be hosting a course selection information night on Monday, February 4, for all students and their parents/guardians. The evening will begin at 6 PM for rising 9th graders and 7 PM for rising 10th, 11th and 12th graders. More specific information regarding the schedule for the evening is included in this newsletter.

Report cards were sent home on Wednesday, January 30. If you did not receive a report card from your son or daughter, please call the school.

The first semester has truly been fantastic at Woodgrove. With the extraordinary climate and many positive activities continuing at the school, we continue to see our attendance improve. Please continue to talk with your son or daughter daily and ask him/her about school and the decisions he/she must make each and every day. Best wishes to everyone and I thank you again for your support!

Sincerely,
William S. Shipp
Principal

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***The ROARING 20'S RISE AGAIN AT
WOODGROVE HIGH SCHOOL'S 2013
GRAD NITE CELEBRATION***

**Seniors: Please join us
Monday evening, June 10, 2013
From 9 P.M. UNTIL 2 A.M.
Tickets go on sale April 5th at the Senior
Breakfast**



2012-13 SCHOOL CALENDAR for Students

August 27	FIRST DAY OF SCHOOL FOR STUDENTS
September 3	Holiday (Labor Day)
October 8	Holiday (Columbus Day)
November 2	End of First Grading Period
November 5-6	Student Holiday (Planning/Records/Conference Days)
November 21-23	Holiday (Thanksgiving)
December 24-28/31	WINTER BREAK
January 1	Holiday (New Year's) (Classes Resume January 2)
January 17	End of Second Grading Period
January 18	MOVEABLE STUDENT HOLIDAY** (Planning/Records/Conference Day)
January 21	Holiday (Martin Luther King Jr. Day)
February 18	Holiday (Presidents' Day)
March 22	End of Third Grading Period
March 25-29	SPRING BREAK
April 1	Student Holiday (Planning/Records/Conference Day)
May 27	Holiday (Memorial Day)
June 6	Last Day of School for Students/End of Fourth Grading Period

****Parents with child-care or other weekday scheduling concerns** – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

9 Week Grading Period Ending Dates

November 2, 2012
January 17, 2013
March 22, 2013
June 6, 2013

Schedule subject to change based on possible school closing due to inclement weather.

2012-2013 BELL SCHEDULE

	A Day Green Day		B Day Blue Day	
REGULAR DAY SCHEDULE <u>OPEN LUNCH</u>	8:55 – 9:03	Homeroom	8:55-9:03	Homeroom
	9:08-10:33	1 st Period	9:08-10:33	5 th Period
	10:38-12:05	2 nd Period	10:38-12:05	6 th Period/Flex*
	12:05-12:43	Open Lunch 10,11,12 – release 12:03	12:05-12:43	Open Lunch 10,11,12 –release 12:03
	12:48-2:13	3 rd Period	12:48-2:13	7 th Period
	2:18-3:43	4 th Period	2:18-3:43	8 th Period

REGULAR DAY SCHEDULE Regular Lunch <u>4 SHIFTS</u>	8:55-9:03	Homeroom	8:55-9:03	Homeroom
	9:08-10:34	1 st Period	9:08-10:34	5 th Period
	10:39-12:05	2 nd Period	10:39-12:05	6 th Period/Flex*
	12:10-2:12	3 rd Period	12:10-2:12	7 th Period
	<u>Lunch</u> 12:05-12:35 12:37-1:07 1:09-1:39 1:42-2:12	Shift I Shift II Shift III Shift IV	<u>Lunch</u> 12:05-12:35 12:37-1:07 1:09-1:39 1:42-2:12	Shift I Shift II Shift III Shift IV
	2:17-3:43	4 th Period	2:17-3:43	8 th Period

Flex Schedule: 10:38 (/10:39)– 10:55 – Drop Everything and Read (DEAR)
 10:55 – 11:21 – Study
 11:21 – 12:03 (/12:05) – Flex Class

ONE HOUR DELAY <u>OPEN LUNCH</u>	9:55 – 10:03	Homeroom	9:55 – 10:03	Homeroom
	10:08-11:18	1 st Period	10:08-11:18	5 th Period
	11:23-12:35	2 nd Period	11:23-12:35	6 th Period/Flex*
	12:35-1:13	<u>Open Lunch</u> 10,11,12 – release 12:33	12:35-1:13	<u>Open Lunch</u> 10,11,12 – release 12:33
	1:18-2:28	3 rd Period	1:18-2:28	7 th Period
	2:33-3:43	4 th Period	2:33-3:43	8 th Period

TWO HOUR DELAY <u>OPEN LUNCH</u>	10:55 – 11:03	Homeroom	10:55 – 11:03	Homeroom
	11:08-12:03	1 st Period	11:08-12:03	5 th Period
	12:08-1:05	2 nd Period	12:08-1:05	6 th Period/Flex*
	1:05-1:43	<u>Open Lunch</u> 10,11,12 – release 1:03	1:05-1:43	<u>Open Lunch</u> 10,11,12 –release 1:03
	1:48-2:43	3 rd Period	1:48-2:43	7 th Period
	2:48-3:43	4 th Period	2:48-3:43	8 th Period



THE BUS ROUTE SCHEDULE
(PDF LINK) IS AVAILABLE ON
THE MAIN PAGE OF OUR
SCHOOL WEBSITE (left side under
Announcements) OR CLICK ON
THE FOLLOWING LINK:

[CLICK HERE](#)

ABSENTEE PROCESS

When a student is absent, parents need to call the Absentee Call Line at

540-751-2602

for ***EACH*** day the child will be absent. ***Students may not call themselves in absent, including students 18 years of age and older.*** For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

540-751-2602

- **Student's name-spelling the last name**
 - **Your relationship to the student**
 - **Student's grade**
 - **Reason for absence**

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under-Administration--Attendance

**Please direct your attendance questions to
Michelle Clark, Attendance Secretary
540-751-2600 or
michelle.clark@lcps.org**

WOODGROVE HIGH SCHOOL

SEMESTER TARDY TO SCHOOL POLICY

(By Semester)

- **First Offense**-Warning
- **Second Offense**-Call home to parent
- **Third Offense**-One day of administrative lunch detention
- **Fourth Offense**-One day of administrative lunch detention
- **Fifth Offense**-One day of administrative lunch detention
- **Sixth Offense**-Two (2) days of administrative lunch detention
- **Seventh Offense**-Two (2) days of administrative lunch detention and notice to parent and student that the student's parking permit will be revoked for one week on the eighth unexcused tardy to school.
- **Eighth Offense**-Student driver's parking permit revoked for one (1) week or disciplinary action at administrator's discretion.
- **Ninth Offense or more**-Administrator's discretion

Dress and Grooming

Students are expected to dress appropriately. Clothing which distracts others from learning or which endangers safety is unacceptable. **Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable.** These include, but are not limited to, sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see-through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage. Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted. **Hats and headgear are not allowed unless approved by the administration for special occasions.** It must be removed upon entering the building and placed in backpacks or lockers. No towels, shirts, or other like items may be draped over the neck. Chains and studded jewelry are not permitted as accessories.

Woodgrove High School Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student's life.

Woodgrove High School Honor Code is ***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.****

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student's academic file for reference purposes.

Cheating

Cheating includes the actual unauthorized use of any information other than one's own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual's mastery. Examples include, but are not limited to, the following:

- Copying from another person's (s') work or allowing another person to copy his/her work or assessment.

- Talking/signing/texting during an assessment.

- Relaying assessment content to students taking the assessment at another time.

- Using study aids/notes/books/data/phones/electronic devices, etc., without the teacher's express permission to do so.

Plagiarism

Examples of plagiarism include, but are not limited to, the following:

- Presenting as your own someone else's work in all or in part.

- Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.

- Copying word for word without using quotation marks or giving credit to the source of the material.

- Failing to give the original source credit through documentation and bibliography.

- Having somebody else complete assignments, either partially or completely, which are then submitted as one's own work.

*Adapted from the University of Virginia Honor Code.

Woodgrove High School Honor Code... Page 2

Falsifying/Lying

Examples of falsifying/lying include, but are not limited to the following:

- Making an untrue statement verbally or in writing.
- Forging the signature of another.
- Adding/deleting/manipulating information on academic work or assessments.
- Tampering with official records, passes, or any other administrative document.
- Lying or failing to give complete information to school personnel.

Stealing/Theft/Vandalism

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner's consent. This shall also include any damage to personal or school property.

Responsibilities

Students will...

- Exercise academic honesty in all aspects of their work.
- Prepare sufficiently for all types of assessments.
- Seek extra help from teachers.
- Use sources in the proper manner.
- Follow the Honor Code and report any violations to school personnel.

Teachers will...

- Develop, model, and sustain ethical practices within the classroom setting.
- Report violations to counselor and administrator.
- Discuss violations and consequences with the student or students.
- Contact student's parent or guardian regarding a violation.
- Record a failing grade for the assignment.

Parents will...

- Discuss the Honor Code with their child to ensure understanding.
- Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.
- Support faculty and administration in enforcing the Honor Code.

Administrators will...

- Ensure that all faculty, students, and parents receive the Honor Code.
- Help contribute to the school wide environment that encourages adherence to the Honor Code.
- Maintain accurate records of Honor Code violations.
- Ensure that the Honor Code is being applied consistently throughout the school.

Woodgrove High School Honor Code... Page 3

Consequences:

Violations of the Honor Code accumulate throughout the student's high school career and across all courses.

First Offense (and all subsequent offenses):

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

- Teacher or teacher and counselor will notify student's parents by phone of the violation and offer a conference with parents.

- Teacher will send a written letter to the parents of the student for school documentation and communication purposes.

- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

- Teacher will either make the student "redo" the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.

- Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)

- If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

Second Offense

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

- The teacher or teacher and counselor will notify student's parents by phone of the violation and arrange a conference. Attendees will be the student's administrator, the teacher, the counselor, the parent and the student.

- The teacher will send a written letter to the parents of the student for school documentation and communication purposes.

- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

- If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

- The student will be assigned one day of in-school restriction.

Woodgrove High School Honor Code... Page 4

Third Offense and subsequent offenses:

The administrator will immediately notify the student's parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator's discretion.

The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.

The administrator will send a written letter to the parents of the student for school documentation and communication purposes.

Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

Adapted from South Lakes High School and Stone Bridge High School's Honor Codes.

Woodgrove High School Honor Code Acknowledgement and Receipt

I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.

The Woodgrove High School Honor Code is ***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.****

Student printed name

Student signature

Parent printed name

Parent signature

PIMS

Request Updates to Phone/Email Contact Info



The Parent Information Management System (**PIMS**) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child's record. When using **PIMS** you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It's as Easy as:



1. Access the PIMS link from the LCPS Public Internet site. www.lcps.org. From the LCPS home screen, click on the PIMS link on the right-side under "Quick Links".
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child's school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child's First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child's record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience *in addition* to the emergency card.

News from the WHS Counseling Department

Counselor Café

The School Counseling Office will be open until 7pm on Monday nights to help seniors and their families with any college questions they may have. Please call for an appointment or just stop by. Counselors will be available to help answer any questions pertaining to the college application process.

An update on the College Application process for seniors:

The Counseling Dept. will be sending updated transcripts to all of the colleges to which students have applied as soon as the semester one grades have been finalized. This update will include all Semester One grades. Grade Point Averages and Class Ranks will also be recalculated based on grades for all courses, including any weighted courses.

February 4th Course Selection Night

We invite all families to attend our annual Course Selection Night on Monday, February 4. We will provide general information to families on academic and course planning followed by time to speak to department representatives from each subject area. This year will be filled with some exciting news and updates that you do not want to miss. We are combining this with the rising 9th grade night, so please join us at 7pm.



The schedule is as follows:

- | | |
|-----------|--|
| 6:00-6:45 | Rising 9th grade families will gather in the auditorium for a general information session |
| 6:45-7:45 | Rising 9th grade families will move to the cafeteria to meet with department Representatives |
| 7:00-7:45 | Upperclassmen families will gather in the auditorium for a general information session |
| 7:45-8:45 | Upperclassmen families will move to the cafeteria to meet with department representatives |



February 6th The Monroe Technology Center Open House 6:30-8pm

715 Childrens Center Rd, Leesburg, VA 20175, phone 571-252-2080

Talk one-on-one with MTC Faculty. Learn how MTC can prepare students for colleges and careers. Learn about leadership and skills competitions that can lead to college scholarships. Explore dual enrollment opportunities with NOVA. Check out their website for [program information](#).

March 11th Monroe Applications Are Due

MTC applications can be found on Monroe's website under the counseling drop down bar.

There are two versions:

- 1) You can print a copy of the application and fill it out by hand, or
- 2) You can fill out the application online and then print it out.

Hand in your application to your Guidance Counselor by **March 11, 2013**.

February 9th 2013 Super Saturday

Super Saturday is one of the Virginia Association of Student Financial Aid Administrators' (VASFAA) annual service projects at which individuals seeking funding for postsecondary education can receive FREE, one-on-one assistance in completing the federal financial aid form, the Free Application for Federal Student Aid (FAFSA). The FAFSA is the form used by colleges, universities, and career-technical schools across the country to determine eligibility for student federal financial aid. Tuscarora and Park View High School will be hosting this Super Saturday from 10am – 2pm.

Click here to find out more sites and what to bring. <http://vasfaa.org/Default.aspx?pagelid=1194040>

March 2nd Interested in the Military?

Take the ASVAB (Armed Services Vocational Aptitude Battery)

The ASVAB Career Exploration Program is a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work. The ASVAB is being offered at Loudoun Valley High on Saturday, **March 2, 2013** from 8:30am-12noon. Sophomores, Juniors and Seniors can sign up on the [website](#).

Seniors, Start your Financial Aid Process!

Here's a few tips regarding the financial aid process:

- ~ [FAFSA](#) is available on line
- ~ [Get a pin number](#) to submit your FAFSA online
- ~ This year's tax returns don't have to be completed before you fill out the FAFSA. Use estimates from W-2s, pay stubs, and last year's returns. You can update your FAFSA with actual tax figures later.
- ~ File your FAFSA as early as you can. When it comes to financial aid, time really is money.



Scholarships

Now is the time to start applying for scholarships. Go to the Career Center's webpage under the School Counseling Tab for links to Woodgrove-specific scholarship applications or visit the LCPS Guidance webpage for up-to-date county scholarship postings.

[SAT/ACT 2012-2013 Test Dates](#)

[SAT Test Dates](#)

March 9 (Registration deadline 02/08, late registration deadline 02/22)

May 4 (Registration deadline 04/05, late registration deadline 04/19)

June 1 (Registration deadline 05/02, late registration deadline 05/17)

[ACT Test Dates](#)

April 13 (Registration deadline 03/08, late registration deadline 03/22)

June 8 (Registration deadline 05/03, late registration deadline 05/17)

Naviance, Get Connected!

Don't wait, get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS Guidance page or contact Jaime Jacobson at

jaime.jacobson@lcps.org.



SOL News:

All students enrolled in English 11 will take the online SOL Writing test in March. The SOL Writing test has two components; multiple choice and short paper.

English 11 students will be administered the Multiple-Choice component of the SOL Writing test on Wednesday, March 13, 2013 and Thursday, March 14, 2013.

The short paper portion of the SOL Writing test will then be given on Tuesday, March 19, 2013, and Wednesday, March 20, 2013.

Students will test during their English 11 block. Attendance is highly important. Any questions please contact Justine Jarvis, School Test Coordinator.

IN ORDER TO ACCESS THE CLARITY
PARENT PORTAL, PARENTS/
GUARDIANS MUST COMPLETE AND
RETURN THIS FORM TO
MS. THERESA HOLLAND,
ADMINISTRATIVE SECRETARY, TO
RECEIVE A PASSCODE. IF YOU HAVE
ANY QUESTIONS, PLEASE CALL THE
GUIDANCE OFFICE.



Woodgrove High School

36811 Allder School Rd.
Purcellville, VA, 20132
Phone (540) 751-2601

School website: <http://www.lcps.org/Page/37533>
2012-2013 School Year

CLARITY Parent Portal Login Request

Please complete this form for **each** child enrolled, and return it to the student's corresponding school office, to request an account for the Loudoun County Public School's Parent Portal.

Student ID:	_____
Student Name:	_____
Student Address:	_____
Student DOB:	_____
Student ID:	_____
Student Name:	_____
Student Address:	_____
Student DOB:	_____

Account access information will be mailed home in early October.

Data contained within the CLARITY Parent Portal is confidential and user accounts and passwords should not be shared. Upon verification that a CLARITY Parent Portal user ID or password has been compromised access through that account will be immediately disabled by designated school personnel.

Parent/Guardian Signature: _____ Date: _____

Print Name: _____

By signing this form, I acknowledge that I have read and understand this information.

Please sign, date and return this page to the school at your earliest convenience.

For School use only

Legal Guardianship Verified: [☐] Student Information System [☐] CLARITY

Staff Person Verifying Parent/Guardian Authorization: _____ Date: _____



Woodgrove High School

36811 Allder School Road

Purcellville, VA, 20132

Phone (540) 751-2601

School website: <http://www.lcps.org/Page/37533>

2012-2013 School Year

Solicitud para Acceso al Portal de Padres en CLARITY

Por favor, rellene este formulario para **cada** niño matriculado y entréguelo a la oficina de la escuela correspondiente al estudiante para solicitar acceso al Portal de Padres de las Escuelas Públicas del Condado de Loudoun.

Número de identificación del estudiante: _____
Nombre del estudiante: _____
Dirección del estudiante: _____
Fecha de nacimiento: _____

Número de identificación del estudiante: _____
Nombre del estudiante: _____
Dirección del estudiante: _____
Fecha de nacimiento: _____

Información sobre el acceso a la cuenta se enviará a casa a principios de octubre.

Los datos contenidos en el Portal de Padres en CLARITY son confidenciales y las cuentas del usuario y contraseñas no deben ser compartidas. Tras la verificación que una cuenta de usuario o contraseña del Portal de Padres de CLARITY ha sido comprometida, acceso a través de esa cuenta será desactivada inmediatamente por el personal de la escuela designada.

Firma de padre/ guardián: _____ Fecha: _____

Escriba su nombre en letra imprenta: _____

Al firmar este formulario, verifico que he leído y comprendido esta información.

Por favor firma, indique la fecha y devuelva esta página a la escuela lo antes posible.

For School use only

Legal Guardianship Verified: [] Student Information System [] CLARITY

Staff Person Verifying Parent/Guardian Authorization: _____ Date: _____

CLINIC

At this time of the year, families are seeing an increase in gastroenteritis which is an inflammation of the stomach, small intestines, and large intestines. Although it may have many causes, the most frequent one appears to be “Norovirus”. The following information from the Virginia Department of Health may prove helpful in understanding it.

WHAT ARE NOROVIRUSES?

Norovirus is a virus that causes the “stomach flu”, or vomiting and diarrhea, in people. This can sometimes be confusing because influenza (flu) symptoms include: headache, muscle aches and pains, cough, fever > 100.0, but influenza does not involve the gastrointestinal tract. The term “stomach flu” presumes a viral infection, even though there may be other causes of the infection. Viral infections are the most common cause of gastroenteritis but bacteria, parasites, and food-borne illnesses (such as shellfish) can also be the offending agents.

WHAT ARE THE SYMPTOMS OF ILLNESS CAUSED BY NOROVIRUSES?

Norovirus illness usually begins 24-48 hours after exposure, but can appear as early as 10 hours after exposure. Symptoms usually include nausea, vomiting, diarrhea, and stomach cramping. Sometimes there may be a low-grade fever, chills, headache, muscle aches, and a general sense of tiredness. The illness is usually brief, with symptoms lasting only 1-2 days.

HOW SERIOUS IS THE NOROVIRUS?

Norovirus disease is usually not serious, but people may feel very sick. Most people get better within 1-2 days, and have no long-term health effects from the illness. Sometimes individuals are unable to drink enough liquids to replace what they have lost through vomiting and diarrhea, and they can become dehydrated and need to see a doctor. This problem usually occurs only among the very young, the elderly, and persons with weakened immune systems.

HOW IS IT SPREAD?

Noroviruses are very contagious and spread from person to person. The virus is found in the stool, and vomit of infected people. One can become infected in several ways, including eating food or drinking liquids that are contaminated by infected food handlers, touching surfaces or objects contaminated with norovirus and then touching their mouth before hand washing, or having direct contact with another person who is infected and then touching their mouth before hand washing. Outbreaks also have occurred from eating undercooked oysters (shellfish) harvested from contaminated waters- cooking kills the virus. Drinking water contaminated by sewage can also be a source of these viruses. Persons working in day-care facilities or nursing homes should pay special attention to children or residents who have norovirus illnesses. This virus can spread quickly in these places.

CLINIC.....continued

HOW LONG ARE PEOPLE CONTAGIOUS?

Individuals infected with norovirus are contagious from the moment they begin feeling ill to at least 3 days after recovery. Some people may be contagious for as long as 2 weeks after recovery. Therefore, good hand washing is important. Persons infected with norovirus should not prepare food while they have symptoms and for 3 days after they recover. Infected people do not become long-term carriers of norovirus.

WHO GETS NOROVIRUS INFECTION?

Anyone can become infected with these viruses. Because there are many different strains of norovirus, norovirus infection and illness can re-occur throughout a person's lifetime.

WHAT IS THE TREATMENT?

Currently, there is no specific medication or vaccine for norovirus. Norovirus infection cannot be treated with antibiotics. By drinking fluids, such as water or juice, individuals can reduce their chance of becoming dehydrated. Sports drinks do not replace the nutrients and minerals lost during this illness.

DO INFECTED INDIVIDUALS NEED TO BE EXCLUDED FROM SCHOOL, WORK OR DAYCARE?

Since the virus is passed in vomit and bowel movements, students should not go to school and children to day-care while they have diarrhea or vomiting. Once the illness ends, they can return, but hand washing is essential. Persons who work in nursing homes, take care of patients, or handle food should stay out of work until at least 3 days after symptoms end.

CAN NOROVIRUS INFECTIONS BE PREVENTED?

You can decrease your chance of coming in contact with noroviruses by:

- *frequent hand washing with warm water and soap
- *promptly disinfecting contaminated surfaces with household chlorine bleach-based cleaners
- *washing soiled clothing and linens
- *proper hand washing following a bowel movement or handling a soiled diaper
- *avoiding food or water from sources that may be contaminated
- * cooking oysters (shellfish) completely to kill the virus

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at:

540-571-2606 (clinic)
Stephanie Lovasz, RN

Sport Injuries

MCL Tears

Though the MCL (Medial Collateral Ligament) is not as famous as a tear to the neighboring ACL (Anterior Cruciate Ligament), it is just as much of a concern for student-athletes. Any sport where there's potential for direct contact on the outside of the knee is where you're going to see MCL injuries. The good news is that unlike the other knee injuries MCL tears usually respond very well to non-surgical treatment.

The MCL is the ligament on the inside of the knee that connects the femur, or thigh bone, with the tibia, or lower leg bone. Its main function is to stabilize the inside of the knee. It is usually injured by direct contact through a force directed to the outside of the knee. MCL tears can also occur in sports where there are a lot of quick stops and turns, such as soccer and basketball.

MCL sprains are diagnosed by first, taking a complete history to determine the mechanism of the injury and second, to see if there is soreness to touch over the MCL region. There are also special tests medical professionals use that basically stress the knee by reproducing the force that caused the injury. By diagnosing the degree of instability present, the medical professional can determine what grade of injury has occurred. And finally, if there are any questions regarding the extent of the injury, physicians can use MRI tests which are quite accurate and can make sure there are no other injuries that occurred to the knee.

The good news about MCL injuries is that unlike ACL tears, which are most often repaired through surgery, the MCL responds very well to non-surgical treatment. Depending on the grade, a period of rest, bracing, and physical therapy is usually sufficient for a complete healing process. For minor sprains the student-athlete may only be out for a few days to a week or two. For severe sprains the student-athlete should expect to be sidelined for 4-8 weeks but with minimum long-term effects.

Illness

Mononucleosis

Infectious mononucleosis (Mono) is an acute medical condition commonly encountered in the care of active adolescents and very young adults. Although mono is self-limiting and rarely requires more than symptomatic management, it poses a consistent challenge for the medical professional with regard to safe return of the student-athlete to competitive sports.

Mono results from an infection with the Epstein-Barr virus which typically enters the body through mouth and nose secretions and infects B lymphocytes. Initially patients experience a 3-5 day period of headache and tiredness that is then followed by 5-15 days of prominent fatigue, sore throat, tonsillar enlargement, fever and swollen lymph nodes. An enlarged spleen may develop in more than 50% of patients. Although it is variable, the total time to recover is 4-6 weeks.

Testing to confirm mono can be a challenge. The most widely employed test is the monospot test. However, as many as 10-15% of patients will have a false-negative or a false-positive result. For student-athletes in general and particularly those in contact/collision sports, the single most important complication to be considered is a splenic rupture.

The risk for splenic rupture is highest in the second and third weeks of the illness. For student-athletes it is this clinical feature that mandates a 21 day disqualification period from sport activities. The limitations of the physical exam are well demonstrated. Consequently, many student-athletes who appear to have normal spleens in clinical exams do indeed have enlarged spleens, which can be injured.

After the 3 week rest period, the student-athlete may begin a gradual return to low impact, non-contact training at 50% intensity for one week. At 4 weeks, if the student-athlete continues to improve and has no relapse of the symptoms they can return to full participation, even contact sports.



ATHLETIC NEWS / UPDATES

If you would like to be in the loop
and receive the latest athletic news
and

updates, please email

Mr. Lowery, Athletic Director,

Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add
you to the email distribution list.

WWABC

N * E * W * S

WWABC MULCH SALE IS COMING SOON! Help your athletes by buying your Spring Mulch from the WWABC! Bags will be sold for \$4.50/bag and \$4/bag if more than 40 bags are ordered. Also, delivery will be free for orders of 10 or more bags (within a 10 mile delivery radius of Woodgrove high School). The Deadline for orders will be March 2 and delivery is March 16. Look for more information coming soon and on the WWABC website (<http://www.lcps.org/Page/102729>).

DO YOU LOVE FOOD? DO YOU LIKE TO MAKE MONEY? Then you could be the **PERFECT** Concessions Chairman for the WWABC and manage a team of food lovers, like yourself, to bring yummy treats to our loyal athletic spectators! The WWABC is looking for a new Concessions Manager for the 2013-2014 school year. Training could begin immediately so if you are interested, please contact Joe Koester or Tony Ellis (<http://www.lcps.org/Page/37846>) for additional information.

AVID GOLFERS WANTED!!!! The WWABC is also looking for a new "Fore the Wolverines" Golf Tournament Chairman for 2013. The Golf Tournament proceeds fund the WWABC's senior scholarships. This year the tournament made almost \$12,000. That's a lot of scholarship money for our athletes! Please volunteer so this great event may continue to benefit the Wolverines!

THE WOODGROVE FAMILY GRILL IS COMING SOON! Ground is breaking on the construction of the Woodgrove Family Grill! There still may be time to buy a brick so your student's name will forever be a part of Woodgrove's history. Bricks are only \$35. Check out the history and construction of the Grill at <http://www.lcps.org/Page/99917>.

ADD THESE FUN WWABC EVENTS TO YOUR SPRING CALENDARS:

May 4 - WWABC SPRING PARENT SOCIAL

June 2 - SENIOR ATHLETE BARBECUE

Exciting details coming soon!!!

Woodgrove Wolverines Athletic Booster Club Spring Mulch Sale

Double Shredded Hardwood Mulch, 3 cubic feet bags

1-39 bags \$4.50/bag 40+ bags \$4/bag Preorder by March 2, 2013

Pick Up Mulch at Woodgrove HS

Saturday, March 16, 2012, 8:00AM to 4:00PM

Delivery by WHS Athletic Teams and Volunteers

FREE DELIVERY on orders of 10 bags or more within 10 mile radius of Woodgrove HS
Monies raised will go towards WHS Athletics Program End of Year Celebration,
scholarships and supporting the mission of the WWABC.

NEW

order your mulch online visit <http://www.lcps.org/domain/5104>



Number of Bags Ordered _____

total \$ _____ my check # _____

Circle one: Delivered OR Pickup on Sat., March 16

Woodgrove Wolverines Athletic Booster Club Spring Mulch Sale

Name _____

Delivery Address _____

Neighborhood, delivery notes _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

email _____

Number of bags _____ X circle one: \$4.50 per bag or \$4.00 (40 bags or more) = \$ _____ total

Circle one: Pickup Sat., March 16 at WHS OR Deliver to address above.

I don't need mulch, but here is a tax-deductible donation of _____ !

Total funds enclosed: \$ _____ check number _____

Please mail this order form and your check payable to WWABC to: WWABC
PO Box 953
Purcellville, VA 20134

OR return this form and your payment to Woodgrove High School Athletic Department. No email orders, please.

Program Changes in the English Department!

We will have several changes in the English Program of Studies at Woodgrove next year:

- Juniors will now be allowed to take **A.P English Language and Composition** *in lieu of* English 11 Honors (in the past, juniors taking AP Lang had to take it as an elective *in addition to* English 11 Honors).
- We will be offering **21st Century Literacy Strategies** for seniors who still need to pass the Reading or Writing SOLs in order to graduate. This course will also be useful for students who need to re-take history or science SOLs in December.
- Woodgrove will be one of the first schools in the county to offer the new **English 12 Dual Enrollment** course (see course description below). This gives students four options for English senior year: English 12 Academic, English 12 Dual Enrollment, A.P. English Literature and Composition, and A.P. English Language and Composition.

Feel free contact Chris Cuzzo, English Department Chair, with any questions about these programs
(Christopher.Cuzzo@lcps.org).

English 12 Dual Enrollment Course Description

English 12 Dual Enrollment is a new course offering in LCPS and at Woodgrove. This course is a partnership with Northern Virginia Community College, and students passing the course will earn **6 college credits** which are automatically transferable to any state college or university. The course represents two separate NVCC courses:

- The fall semester of the course is **English 111: College Composition**. This section of the course will focus on developing college-level academic writing skills; there is an emphasis on developing critical thinking skills, responding to college-level texts, and engaging in all phases of the writing process. It will include fiction, non-fiction, research, and rhetoric study.
- The spring semester of the course is **English 252: Survey of World Literature II**. In this section of the course, students will read a variety of genres of literature from around the world, from 1650 through the present. Students will also be expected to write extensively, and will build on the critical thinking skills they have developed in the fall to focus exclusively on literary analysis papers

Students will be expected to write four, multi-draft, 4-5 page papers each semester in this course, including research papers, non-fiction analysis papers and literary analysis papers. This course will prepare students for the types of academic writing they will be expected to apply in all disciplines from this point on in their college classes.

This course is open to any seniors who have completed either English 11 Honors or English 11 Academic; however, students must first pass the NVCC Compass placement test in the spring of their junior year in order to enroll. Unlike AP English classes, students do not need to pass a rigorous, external test at the end of the course in order to earn college credits.

News from the Reading Resource Room

Reading and Study Strategies Website

Useful strategies for reading textbooks and studying are posted on the Woodgrove High School website.

Go to the Woodgrove High School Website

Click on the Academics tab

Click on Reading and Study Strategies

Click on any of the study strategies or textbook reading tips.

Parent Volunteers are needed to laminate and prepare instructional materials

Parent volunteers are needed to laminate, cut, and prepare instructional materials that will be used for cooperative learning activities. Please contact Jane.Haugh@lcps.org if you are interested in preparing instructional materials in your home or at school.

BATTLE OF THE BOOKS TEAM NEEDS PARENT VOLUNTEERS

Create trivia questions for the Battle of the Books competition

If you like to read and enjoy competition, we need you! Parent volunteers are needed to read the books selected for the Battle of the Books competition and prepare trivia questions that our team will use to prepare for the spring LCPS high school competition. Our Battle of the Books team is striving to answer the most trivia questions and win the Golden Book Award. Please contact Jane.Haugh@lcps.org if you are interested in reading the selected books and preparing trivia questions for our team. THANKS

Help plan, prepare, and manage the Battle of the Books luncheon

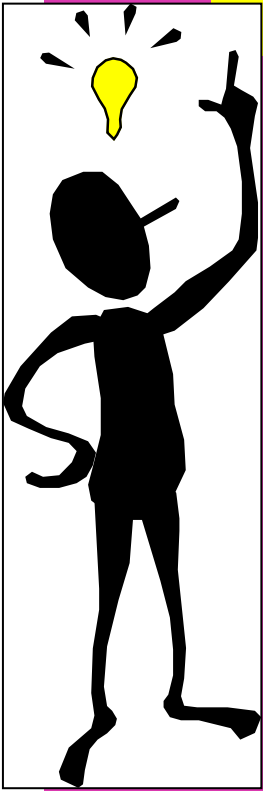
Volunteer parents are needed to help our team plan, prepare, and manage a luncheon for the students participating in the **Semi-Final Battle of the Books Competition** to be held at Woodgrove High School on **Wednesday, March 20th**. Please contact Jane.Haugh@lcps.org if you are interested in helping our team plan, prepare, and coordinate this luncheon. THANKS

Woodgrove Academic Team



Captured Regular Season District Championship as well as the District Tournament Title. They will host The Region II Championships on Feb. 2nd. They are led by seniors: Chris Miller, Keegan Ottoson, Carolyn Saunders, Evan Smith and Marissa Gillwald.

PEER TUTORING PROGRAM



The Peer Tutoring program at Woodgrove HS is in its FIRST year. It is the intent of Woodgrove HS Tutors to provide students with a safe, comfortable, and successful learning environment; to assist students in identifying their learning styles and developing appropriate study strategies; and, to collaborate with students on learning course material. Students are encouraged to apply for a tutor should they need one, and forms can be found in the guidance office. For additional information on the tutoring program, go to Woodgrove's web page on the right hand side. There is a link to the "Tutor Request" form. Students who request a peer tutor *must* attend tutoring sessions, or they are dropped from the program.

YEARBOOK ORDERS:

A limited number of yearbooks remain for sale. The cost is now \$85. To make sure you get this

year's book, go to

www.jostensyearbooks.com

and order it today! Our school number is 771. Once the books are gone, there is no opportunity to get one. Make sure you order your copy today.

STUDENT SCOOP...DID YOU KNOW?

Club participation is an important and integral part of your education at Woodgrove High School. Most of our clubs meet during activity period which has been embedded into the FLEX Rotation; however, there are a few that will meet during open lunch. A complete listing can be found on our ACTIVITIES PAGE located on the Woodgrove High School website. Should you have any additional questions, please contact, Kelley Hines, Student Activities Coordinator.



CLASS SPONSORS:

SCA (Student Council Association)

MELANIE NEUBAUM
and JEFF SCHUTTE

SENIORS MARGARET CUCINELL,
EMILY STEVENS
and KELLEY HINES

JUNIORS RUSS THOMPSON
and SAMANTHA ZOLLER

SOPHOMORES KAREN CASTELLI,
PAM DARDEN
and CAROLINA WELLS

FRESHMEN SHANNON RAINSBERGER,
and RICH ROVANG

SENIORS

Dear Seniors (Psst, share this info with your parents):

We are excited about the possibilities that the future holds for you, and we want to make sure that you are able to enjoy all of the opportunities your senior year has to offer.

In order to simplify the process of planning various senior class events, we ask that students pay a [one-time dues fee of \\$175](#). Paying these dues at the start of the year will allow the class council to budget for events more accurately, and will eliminate the need for students or parents to make multiple payments to the school over the course of the year for various items and activities.

Payment of your senior dues covers some of these expenses, but we need your help with fundraisers, etc. to make it all happen:

Senior class spirit t-shirt (Homecoming week)
Ah! It is Good To Be Senior! Day (October 2012)-
(Cap/Gown Fitting, Activities, BBQ)
Home Stretch Celebration (April 2013)
Graduation t-shirt (May 2013)
Senior trip to amusement park (May 2013)
Transportation for Senior Trip (May 2013)
Senior Assembly Day Lunch- Catered by Moe's (June 2013)
Graduation Apparel - Cap, Gown, Tassel and Stole
Various Graduation Expenses- speaker, decorations, tickets,
equipment rental
Senior class gift

Payment turned into: Kelley Hines, Margaret Cucinell or Emily Stevens, Senior Class Sponsors

Student Name _____
Student Birthdate: _____
Parent Name _____
(As a parent, I am available to volunteer at events) Yes _____ NO _____
Student Email: _____
Parent Email: _____

_____ Paying Senior Dues in Full? Checks can be made out to:
Woodgrove High School
MEMO: Senior Class Dues

_____ Paying Senior Dues on Payment Plan? (due dates: 9/1, 10/1, 11,)

_____ Only purchasing cap, gown, stole, tassel (COST: \$55.00)
This must still be purchased through Senior Class and NOT directly from Herff-Jones.

The Woodgrove Weekly, a premier weekly email newsletter produced by your PTSO, will keep you informed on the latest school news, updates, announcements, events, and activities within all departments and areas of Woodgrove life. The Woodgrove Weekly is the best tool for students, families and staff to stay informed about all that's taking place at WHS and within the Woodgrove community! The newsletter goes out via email on Mondays.

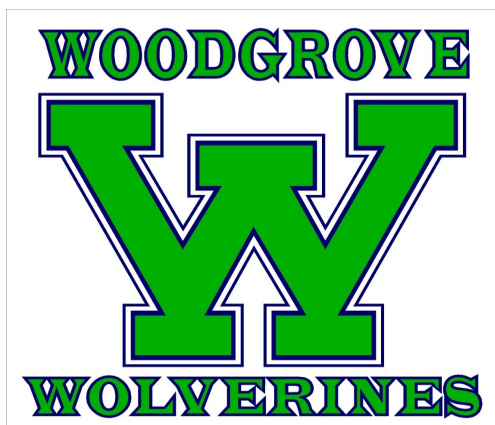
You do not have to join the PTSO in order to get the newsletter—it is a PTSO service for our entire school community. We will never share your contact information, and you can easily unsubscribe at any time. Just click on the image to sign up in a flash:



HELP BUILD ON OUR SUCCESS...

JOIN THE

WOODGROVE HIGH SCHOOL 2012/2013 PTSO



What we will continue to do:

Work towards fulfilling the needs of our students, families and faculty in critical areas or special projects not funded by the school budget

Recognize and celebrate our successes

Keep you informed weekly of all the WHS happenings

Ask for your help and assistance in areas of need—our volunteers are very important to our success.

Dues are only \$25 a family or \$10 for individuals and \$5 for students and faculty.

MEMBERS NAME(S): _____

ADDRESS: _____

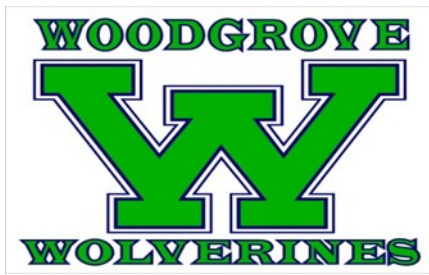
CITY: _____

STATE: _____ ZIP CODE: _____

PHONE NUMBER: _____ MEMBERSHIP AMT ENCLOSED: _____

EMAIL(for Woodgrove Weekly): _____ ADDTL TAX FREE DONATION: _____

Please return to the PTSO box in the main office.



Dear Seniors and Parents of Seniors:

2013 GRAD NIGHT CELEBRATION INFORMATION

Woodgrove High School looks ahead a short six months to the graduation of our second senior class on June 10, 2013. That time is fast approaching. The end of the school year promises freedom, independence, and the onset of adulthood. It is, however, also statistically a season of the highest teen auto fatalities and alcohol-related car crashes. The Woodgrove PTSO is dedicated to providing a safe and sane outlet for our seniors to spend one last exciting and memorable evening as “Wolverines,” before they embark on greater adventures. The Woodgrove PTSO is working with Ultimate Amusements to plan this year’s after-grad night celebration, and with your help, we hope to make this event much bigger and better. We have changed our venue, and plan on having *all events on-site at the school, Monday evening, June 10th from 9 p.m. until 2 a.m.*

Parents: We truly appreciate the generosity the Woodgrove community showed our inaugural graduating class of seniors last year and we ask for your help once again in our fundraising efforts. Please consider making a tax-deductible contribution to our cause. If you feel you cannot afford to do so at this time, we also welcome contributions in the form of services or gift cards to give to our seniors as prizes for participating in this safe, substance-free end of the year celebration.

Please make your check payable to the “Woodgrove High School PTSO” and notate in the memo that funds should be earmarked for after-grad night. Our tax ID number is 27-2800768. Thank you so much for your continued support. We also welcome your support in planning, decorating and chaperoning the event.

Please contact our volunteer coordinator at:

Woodgroveptsovolunteer@gmail.com

We know how busy this year can be but this will be their last evening ever as “Wolverines!”

SENIORS: Since this is YOUR event, we welcome any ideas and suggestions you and your friends may have so please contact either myself or your Senior Class Representatives Gaby Santiago or Emily Beisler! We want you to be safe but we also want you to have a tremendous amount of fun one last night with your friends. While this is not a “lock-in” event, please realize that once you have exited the premises for the evening, you will not be allowed to re-enter.

Tickets will be on sale starting at the Senior breakfast April 5th, so spread the word!

Get event updates here:

<http://www.facebook.com/#!/events/258500547609794/?fref=ts>

Sincerely,

Susanne Kahler

Woodgrove High School PTSO President

WoodgrovePTSOPresident@gmail.com or (540) 751-9025



Woodgrove High School
Attn: Woodgrove PTSO
36811 Alder School Road
Purcellville, VA 20131

It is never too late to join your PTSO or to sign up to receive the Woodgrove Weekly.
We welcome your involvement.

Here are our meeting dates for the remainder of the year:

February 12th 2013 General Membership Meeting 7 pm

March 12, 2013 General Membership Meeting 7 pm

April 9, 2013 General Membership Meeting 7 pm

May 14, 2013 General Membership Meeting 7 pm

The F.A.C.S. of Life

A Newsletter about Woodgrove High School's
FAMILY AND CONSUMER SCIENCE DEPARTMENT

Volume 1, Issue 4

February 2013

Get the F.A.C.S.

Housing and Interior Design—Does your son or daughter have a knack for design? Is he or she always rearranging rooms? If so, this course will prove beneficial to him or her. Students enrolled in Housing and Interior Design are responsible for creating colorful rooms and landscape designs as well as designing their “dream home” using computer aided design. At the end of this 18-week course, students leave with a portfolio of their design work. This course is for students in 9th-12th grades. Earn 1/2 credit

Quotes about Housing and Interior Design:

“I loved the hands-on projects.”

~ Savannah Gregg



The opportunity to be creative is endless in Housing and Interior Design. Students gain practical experience by working on design projects.

Each student designs the exterior and interior of a doll house. Parents love this project because some parts are completed at home and they get to help!



Human Development—This course explores the physical, emotional, and social development of humans from birth through adulthood. Human Development also explains the brain's development throughout life and how different stimuli affect its development. This is an 18-week course. Earn 1/2 credit.

Quotes about Human Development:

“I wish this class was a year long.”

~ Sarah Dofflemyer

“Human Development is a lot of fun and we learn a lot of interesting stuff.”

~ Dina Gusinac



Students in Human Development play with the parachute to learn

Independent Living—This course focuses on developing the skills necessary to live independently after high school. Topics such as interviewing skills, resume development, apartment shopping and money management are all discussed in this 18 week course. Because of the topics discussed in this course, it is best suited for students in 11th and 12th grades.

Quotes about Independent Living:

“We learn a lot of interesting information about money and jobs. We learn about how to save money, how to be an informed consumer. A lot of stuff I’ll use after I graduate.”

~ Brittany Parsons



Students decorate their own piggy bank to encourage saving during the savings unit.

Leadership Development—Your child can learn how to be an effective leader by learning from such greats as Oprah Winfrey and Gandhi. Other leader exemplars include teachers, religious leaders, and family members. This 18-week course is designed for 11th & 12th graders, but has developed the leadership abilities in younger students who have a responsible, mature attitude. Earn 1/2 credit. NOTE: This course is sometimes taught by the Business Department and/or Marketing Department.



Students enrolled in Leadership Development have several opportunities to learn about leadership and assuming leadership roles through projects and field trip experiences.

The F.A.C.S. of Life

*A Newsletter about Woodgrove High School's
FAMILY AND CONSUMER SCIENCE DEPARTMENT*

Volume 1, Issue 4

February 2013

Get the F.A.C.S.

Selecting classes for the upcoming year can sometimes be a challenge; with the main question being “What classes should I take next year?”—Mrs. Bohnsack and Dr. Curtis encourage you to consider some of the following courses as you begin the scheduling process. Keep in mind, all of the courses listed below offer 1/2 credit (semester) or 1 credit (year long) and are built into your schedule. Many offer industry certifications and for rising seniors, Teacher Cadet, an honors course, offers dual enrollment with Shenandoah University. The classes in the F.A.C.S. department are hands-on, student focused, and easily connected to every day life.

Early Childhood Education I & II—Want to find out what it’s like to be a preschool teacher? Or maybe your son or daughter likes working with small children, or just wants to try and figure out why their younger siblings act the way they do! Whatever the reason, these courses are excellent opportunities to gain hands on experience in Woodgrove’s Head Start Preschool working with children ages 4 to 6 years—that’s right—preschool in high school! Each of these courses are 36 weeks long and are for students in 10th, 11th or 12th grades. Earn 1 credit for each level.



Jessica Murter plays with a child in the sandbox at the playground.

Quotes about ECE:

“This class is like a family, everyone supports each other and makes sure we all know what’s going on. It teaches you how to not only teach, but be a role model for the kids.”
~ Kelsey DeBerry

“Dr. Curtis is C-R-A-Z-Y fun!”
~ Corrie Wernle

“It’s so much fun. The children are so sweet, different, amazing, and just great!”
~ Kirstin Smith

Fashion Design—Tap into the creative side of fashion!

This course is designed for any student interested in clothing. Students begin designing clothes on the first day and continue throughout the 18-week course (no drawing skills necessary—only a passion for fashion!). Students in 9th–12 grades enjoy this course. Earn 1/2 credit.

Quotes about Fashion Design:

“The funnest class EVER!”
~ Rachel Ivey

“I loved the field trips, especially the one to the mall where we had to evaluate visual displays.”
~ Emily May



Students learn about the fashion industry and have an opportunity to design.

Gourmet Foods—Does your son or daughter like to eat? Explore different types of foods? Like to cook? If the answer to any of these questions is yes, then this is the course for your child! The focus of Gourmet Foods is to enhance culinary skills as well as teach nutrition and wellness. This 18-week course is for students in 9th–12th grades. Earn 1/2 credit.



Students in Gourmet Foods show off their meringue pies.

Quotes about Gourmet Foods:

“We learn about how to make food and what’s healthy for us.”
~ Stephan Schnabel

“It’s fun to cook with your friends. You get to learn different recipes and try foods you don’t normally eat.”
~ Caitlin Whitaker

The F.A.C.S. of Life

A Newsletter about Woodgrove High School's
FAMILY AND CONSUMER SCIENCE DEPARTMENT

Volume 1, Issue 4

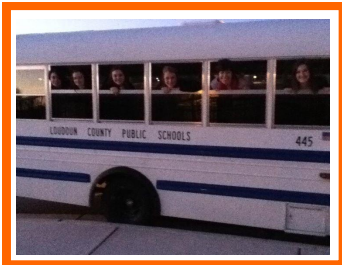
February 2013

Get the F.A.C.S.

Marriage & Family Dynamics—A more appropriate course title would be “Relationship Dynamics”. This course explores the complex relationships found within families and intimate relationships. Topics discussed range from sibling rivalry to behavior expectations of children set by parents. This 18-week course also examines how adolescent girls and boys view similar topics differently; but in the end, have very similar needs—to be accepted and respected. Marriage & Family Dynamics is for 11th and 12th grade students. Earn 1/2 credit.

Personal Finance—A state mandated course needed for graduation of students graduating 2015 and beyond. The focus of this 18-week course is for students to learn the fundamentals of money management through practical applications. Students learn about investing through an online Stock Market simulation that spans 10 weeks. Budgeting, savings and how to become informed consumers are also taught in this course. This is an 18 week course; 1/2 credit earned.

Teacher Cadet—This is an honors level course that allows students to explore the public school system through personal experience as an elementary, middle, or high school teacher. Recognized by Shenandoah University as a college level course, Teacher Cadet is part of the Teachers for Tomorrow initiative of the Virginia Department of Education. This 36-week course (1 credit) is only offered to 12th graders. There is an application process and a grade point average requirement. Students who are accepted are encouraged to become members of the Future Education Association (FEA). FEA is a national organization whose mission is to foster the recruitment and development of prospective educators worldwide through the dissemination of innovative programming and relevant research.



Students in Teacher Cadet are always on the move. They spend a lot of time observing teachers at other schools and then complete field experience during the second semester. Cadets are paired with a teacher of his/her choice in a grade or subject that is of interest.

Quotes about Teacher Cadet:

“My favorite part is working in the classrooms.”
~ Katie Pierce

“I like to learn how people learn.”
~ Johnny Demarco

“Teaching and learning about teaching is a lot of fun.”

In addition to the courses listed above, Woodgrove's F.A.C.S. Department is also an active F.C.C.L.A. chapter. Family, Careers, and Community Leaders of America is a nationally recognized organization whose purpose is to provide leadership opportunities to students enrolled in F.A.C.S. courses.

Right: Dina Gusinac and Jordan Rumke pose with their caricatures from the FCCLA Day at the VA State Fair in October 2012. Below: Jessica enters an FCCLA drawing for a free Kindle and wins! Bottom Right: An FCCLA meeting



Woodgrove High School

Family and Consumer Science Department

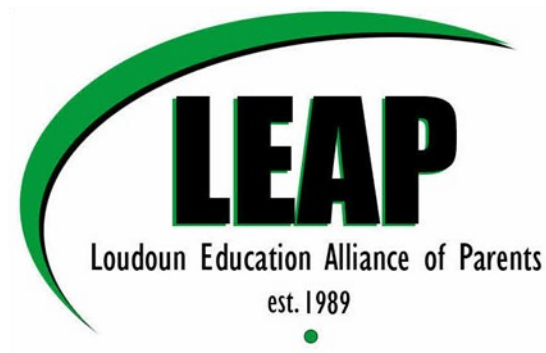
Mrs. Kathleen Bohnsack, NBCT

Kathleen.Bohnsack@lcps.org

Dr. Karen C. Curtis, NBCT

Karen.Curtis@lcps.org
540.751.2600





WHAT IS LEAP?

The Loudoun Education Alliance of Parents (LEAP) is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. The mission and objectives of LEAP are promoted via monthly meetings held during the school year on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III.

Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings. Parents and members of the community are also always welcome to attend LEAP meetings.

2012 - 2013 Topics

December 12, 2012 – Internship Possibilities

January 9, 2013 – The proposed 2013-2014 LCPS Budget

February 13, 2013 – Technology in the Classroom

March 13, 2013 – Testing: SOL's and SAT's

April 10, 2013 – Cyber Safety

May 8, 2013 – Town Hall Meeting and Delegate's Choice –
a subject that delegates identify during the year



“The 21st Century Classroom” — Teaching and Learning in the Digital World

The Loudoun Education Alliance of Parents (LEAP) took a look at the technological advances available in the classroom during its January 9th meeting.

Lynn McNally, Technology and Library Resource Supervisor for LCPS, provided an overview of “Technology in the Classroom”, Teaching and Learning in a Digital World. Ms. McNally says that “Technology has changed our lives; it’s reconnected us with old college roommates, helped us learn a foreign language and encouraged us to exercise. Technology has changed the way we communicate, shop, vacation, recreate and, learn. And so it should be expected that at Loudoun County Public Schools technology has also changed some of the strategies we use to facilitate instruction. The change from print to digital media is inevitable and happening at a faster pace than originally anticipated. Students, who have grown up in a multi-media world, are hard-wired to these changes.

Patricia Smith, Technology Resource Teacher at Mill Run Elementary School, provided an overview of how the program “ActivInspire” works in the classroom through a demonstration of an Interactive Whiteboards.

Nick Grzeda, AP English Literature, English 11 Honors, and Etymology teacher at Loudoun County High School, provided an overview of how he uses Virtual Instruction Student Innovative Organizational Network (VISION) to allow his students to easily access his classroom, agendas, homework, daily assignments, and an interactive chat room.

Mike Wagner, Earth Science and Geospatial Technology teacher at Heritage High School, provided an overview of “Geospatial Technology” — the use of computers and software to organize, develop, and communicate geographic knowledge. The Geospatial Technology Course offered is a full-year, dual-enrollment course through James Madison University; uses ESRI ArcGIS Suite and ArcGIS Online; is currently taught in 5 of 13 high schools by highly trained teachers; and students taking this course can develop enough skills to be employed directly out of high school.

The next step in LCPS’ technological evolution will be the introduction of mobile devices for every student and teacher. McNally said the type of device LCPS will use has not yet been determined, but that such a move is inevitable. She asked the LEAP delegates to consider the following facts during the past year, the percentage of Americans ages 16-plus who read an eBook jumped from 16 to 23 percent, between 2008 and 2009 there was a 40 percent increase in digital textbook sales, publishers predict that by 2016, 80 percent of textbooks will be digital as print media is phased out, and the Virginia Department of Education has begun allowing textbook funds to be used for digital content.

McNally added the adoption of one-to-one devices also would be cost-effective. The cost to supply a typical high school student with printed textbooks is \$880. A bonus with a hand-held electronic device is that it would do away with the 47.6 pounds of weight these books carry with them. Another advantage of electronic textbooks is that they can be constantly updated; while printed textbooks are often outdated well before their use cycle is up.

For more details from this meeting and copies of presentations, please go to <http://www.lcps.org/Page/95902>

LCPS Superintendent Dr. Edgar B. Hatrick III spoke briefly regarding the proposed budget for LCPS 2013-2014 school year, that currently has a gap of \$56M. Additionally the School Board is working on Policy 8-20 which deals with special permissions to attend another school that is not the student’s home school. Items such as school space availability and first come – first serve are being considered.

Next Meeting: Wednesday, February 13, 2013 at 7:00 pm @ the LCPS Administration Building in Ashburn

Topic: The Proposed 2013-2014 LCPS Budget

Members of the community are encouraged to attend LEAP meetings.

The Loudoun County Public Schools Special Education Advisory Committee (SEAC) works with the school board, administrators, parents and teachers who are responsible for students receiving special education services.

All children can learn if appropriate support is available, there are no acceptable losses.

Loudoun County
Public Schools



What are the functions of SEAC?

- Advise LCPS of the needs in the education of students with disabilities.
- Participate in the development of priorities and strategies for meeting the identified needs of students with disabilities.
- Submit periodic reports and recommendations to the superintendent for communication to the school board.
- Assist LCPS in interpreting plans to the community for meeting the special needs of students with disabilities for educational services.
- Review the policies and procedures for the provision of special education and related services prior to submission to the school board and the Virginia Department of Education.
- Participate in the review of the school division's annual plan.

Who serves on the SEAC, and may I join?

The position is a voluntary, two-year term, and the SEAC is limited to 21 members. The majority of the committee is comprised of parents of children with disabilities and of community members. Membership must also include one teacher. Membership inquiries may be directed to the SEAC Vice Chair of Membership – go to www.lcps.org, click on PARENTS, select SEAC, then click Vice Chair Membership.

How can SEAC help you?

SEAC helps you understand how to work with the school division and how special education can meet the needs of your child. The monthly meetings include presentations about special education topics for parents. By attending meetings, you:

- Receive information to assist you to become an educational partner in your child's educational process;
- Can network with other parents of students with disabilities and educational professionals to gain information and support; and
- Offer input to help inform the policy and program decisions in the continuous improvement of exceptional education services in Loudoun County.



The SEAC usually meets the third Tuesday of the month during the school year from 7:00-9:00 p.m. at the LCPS Administration Building (Ashburn, VA). Check the meetings and presentation schedule at www.lcps.org, click on PARENTS, then select SEAC, to confirm meeting dates and presentation topics.

LIKE us on Facebook to receive timely announcements regarding activities, news, and information of interest to the special education community -- search for "LCPS Special Education Advisory Committee."



Meetings and Presentations

Meetings are held at the LCPS Administration Building, 21000 Education Court, Ashburn, VA
from 7 to 9 PM.

DATE	TOPIC
September 18, 2012	Superintendent's View On Special Education
October 16, 2012	Inclusive Schools: How To Support, Develop, And Maintain Peer Mentor Programs
November 13, 2012 (2 nd Tuesday)	Autism Spectrum Disorders In Our School District: Prevalence, Projected Growth, And The Role Of The Autism Coordinator
December 18, 2012	Determination Of Least Restrictive Environment And ESY Participation With Non Disabled Peers In Extracurricular Activities And Non Academic Activities
January 15, 2013	Diploma Options/Paths: Including New Provisions For Students With Disabilities Due To The Elimination Of The Modified Standard Diploma
February 19, 2013	Family Life Education (FLE) And The Special Education Student
March 19, 2013	The Hidden Curriculum And Other Social Skills Programs
April 16, 2013	Student Led IEPs: I'm Determined
May 21, 2013	Behavior Support And Modifications In The General Education Environment

ADDITIONAL SEAC EVENTS

SEAC Representative Orientation

Tuesday, October 16, 2012

6 to 7 PM, Room 101, LCPS Administration Building, Ashburn, VA

Town Hall *Date Tentative April 18, 2013 - Check Back*

SEAC hosts a Town Hall Meeting every other year for all stakeholders who would like the opportunity to speak with our district administration about special education resources and how they affect educational opportunities.

Recognition for Excellence In Supporting Special Education

For individuals who teach, care for, and inspire our children

Nomination Deadline and Ceremony Dates To Be Determined - Check Back

MSAAC AT WOODGROVE

The **Minority Student Achievement Advisory Committee (MSAAC)** works in partnership with Loudoun County Public Schools staff, parents, and community to further the academic, social, and cultural development of every student and to ensure that the needs of all minority students are met.

General Body Meetings are held the 3rd Wednesday of every month, 7 PM at the LCPS Administration Building in Ashburn. The first meeting of the school year included the following topics:

- Acting on a communication strategy to ensure timely communication is disseminated to parents and schools about programs available to increase minority participation and involvement;
- Discussing targeted goals and objectives for the 2012-2013 school year;
- Identifying ways to increase parent participation and advocacy for minority children in Loudoun County.

All parents, students, staff and interested community members are encouraged to attend.

Please visit MSAAC's website at:

<http://www.lcps.org/Page/1494>

for more information.

***The parent delegate for Woodgrove High School is
Nichelle Watts-Rivera. Please contact Nichelle at
nwattsrivera@yahoo.com
with questions or for more information about MSAAC.***

News from the Minority Student Achievement Advisory Committee (MSAAC)

January Meeting Summary– College in Six

College in Six is a program implemented at all Loudoun County Public Schools (LCPS) Middle Schools and is based on research from the American Youth Policy Forum, the National Office for School Counselor Advocacy, and the Everyone Graduates Center at John Hopkins University. This research collectively emphasizes the importance of preparing students for postsecondary education, careers, and long-term success beginning as early as sixth grade. By implementing the College in Six plan, LCPS middle schools have increase the percentage of students who enroll in hours level courses, complete high school credit bearing courses, and Algebra 1 or higher at the middle school level.

Objectives

- Every LCPS middle school will develop a partnership with a Virginia or metropolitan area college or university.

- Throughout the middle school years students will improve their college knowledge and access through experiences at each grade level such as:

 - Every Six grader will visit a college campus

 - Every Seventh grader and their families will have access to college financial information

 - Every Eighth grader will complete a “personal statement” writing project

- This program works in conjunction with the Virginia Academic Career Plan. Every seventh grade student develops a personal Academic and Career Plan.

- As a result of increased college knowledge and access, along with the development of an Academic Career Plan, and in crease percentage of students will enroll in honors level courses, complete high school credit courses, and/or complete Algebra 1 or higher by the end of middle school.

Please visit MSAACs website <http://www.lcps.org/Page/1494> for more information about the meeting.

Next MSAAC Meeting – Wednesday February 20, 2013 7 PM

**Join us to learn about resources available within the County to assist you in being
the best advocate for your child!**

Town Hall and Open Conversations with LCPS Administration and Board Members
Important information about 5th to 6th and 8th to 9th transitions.

Private, County, and School Resources

Programs and Guidance

Interpreters available

SAC EVENT: Academic Achievement Advisory Fair

Sponsored by: LCPS MSAAC- Subcommittee

February 9, 2013 – 12:00 PM - 4:00 PM

Tuscaror High School

801 North King Street

Leesburg, Virginia, 20176



MSAAC EVENT: Academic Achievement Advisory Fair

Sponsored by: LCPS MSAAC- Subcommittee

February 9, 2013 – 12:00 PM - 4:00 PM





Tuscarora High School

801 North King Street

Leesburg, Virginia, 20176

Welcome Remarks- MSAAC Board - 12:00 PM

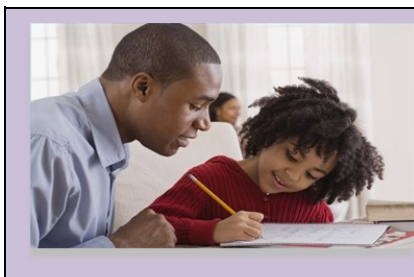
Overall Goals

-  To increase participant awareness of academic opportunities and resources for minority students
-  To provide a forum to discuss issues directly related to minority performance
-  To provide a framework /roadmap for parents to actively participate in their student's path to success.
-  We will be targeting grades 5 and 8 when students and parents can begin to select course work.

Educate- Tables will be set up to provide detailed information about academic programs and opportunities offered in Loudoun County Public Schools. The tables will be staffed with representatives from the areas listed below to help answer questions. (12:15-1:15 PM)

Special Needs	Monroe Technology Center
ESL/ELL Translators	Gifted and Talented Programs (Futura, Spectrum, EDGE)
Douglass School	Governor's School
Tutoring Services	SAT/ACT/PSAT
Honors Classes	Minority Student Achievement Advisory Committee (MSAAC)
Advanced Placement Classes	Academy of Science
Thomas Jefferson HS	American Sign Language

Empower – A “mini” workshop for parents will be conducted to stimulate and centered on common topics and issues will be assigned to each table. Issues to the table. Questions will be carefully ics and concerns expressed by each of age and moderate the discussion. tions made by parents, student and will be provided.



parents, students, teachers and princi- encourage conversation at each table faced in the academic area. A facilitator will be pre-selected and pre- assigned designed to capture and focus on top- these groups. The facilitator will en- Notes will be kept of all recommenda- teachers. (1:15 PM -2:45 PM) Lunch



Harris Teeter

School code: 1613

https://www.harristeeter.com/other/my_harris_teeter/login_page.aspx



Target Reward Program

School ID 152094

Target's Take Charge of Education Program

Woodgrove High School is still participating in Target's Take Charge of Education Program. Join now and help us raise money for our school.

Here's how it works: visit <https://www-secure.target.com/redcard/tcoe/home> or call 1-800-316-6142 to designate our school. Woodgrove's school ID is 152094. Use your REDcard (Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to [Target.com/redcard](https://www-secure.target.com/redcard/tcoe/home). Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raised for our school. Check our school's progress anytime at [Target.com/tcoe](https://www-secure.target.com/redcard/tcoe/home).

Any questions please email woodgroveptsofundraising@gmail.com.
Thanks for your support!

Giant, Food Lion, Harris Teeter & Target Reward Programs

Help Woodgrove earn money to supplement the school's educational needs. The school is now registered with Giant's A+ School Rewards Program, and Food Lion's Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter's Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.



Giant

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each year!

https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=e1s1



Food Lion

School ID 219558



LCPS MENUS ARE ONLINE AND
CAN BE ACCESSED BY
CLICKING HERE