Sometimes my mouth is like a volcano.

Sometimes my mouth erupts.

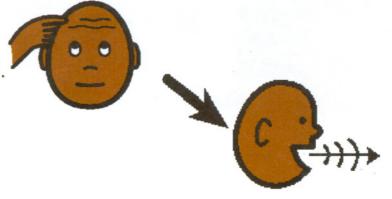
My mouth is like a volcano when I interupt others.



Instead of interupting I can....

- Take a deep breath and keep my important words inside my mouth.
- 2. Write down my thoughts.
- 3. Wait my turn to talk.

I can talk when the other person is done talking.





I will wait my turn.