The What, Who, When, and Where of Community Independence Instruction

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In 2014:

28% of individuals with disabilities ages 18-64 lived in poverty, as compared to the 13% of those without disabilities.

1 of 3 people with disabilities is employed.

For adults with cognitive disabilities the unemployment rate nationwide is 77.2%.

The National Longitudinal transition study 2 suggests that young adults with autism spectrum disorder are less likely to work than other disability category.
This presentation will answer:

- What is CII?
- Who participates in CII?
- When and how often should CII occur?
- Where can we go on CII?
What is Community Independence Instruction?

Community Independence Instruction (CII), formally known as Community based Instruction (CBI), is individualized, thoughtful instruction in 7 life strand areas:

1. **Work Based Learning** (must have an objective for every CII activity)
2. Personal Management/Independent Living
3. Academics
4. Communication/Social Competence
5. Community (School and Local Community)
6. Motor Skills
7. Self-determination/Self-advocacy
Community Independence Instruction

- **Is purposeful, meaningful instruction taught in the classroom and practiced in the school and/or local community for the purpose of generalization**
- Supports curriculum based learning and each students’ IEP Goals (i.e. IEP Goals, Unique Learning, ASOLs and SOLs, etc.)
- Requires inquiry, planning, action, reflection and data
- Teaches transferable independent living and work skills
What are basic transferable independent and work skills for our students?

Any skill that can be transferred across settings/environments to promote independence and employability and/or volunteering.

- Personal Care
- Self and Environmental Awareness
- Career / Work Awareness
- Initiative
- Social skills
- Problem solving
- Time management

- Follow directions
- Task completion
- Concept of Speed
- Asking for help
- Following a list/schedule
- Safety skills
- Mobility
Self and Environmental Awareness

- Know your strengths and challenges
- Know likes and dislikes
- Make informed decisions
- Advocate for needs
- Develop a healthy self esteem
- Problem solve
- Safety
- Own their learning
- Leadership: Lead their own IEP
- Full Inclusion in the community
The LCPS Community Independence Instruction (CII) mission is to:

Empower ALL students to make meaningful contributions to the world with the skills necessary to do so through Community Independence Instruction.
Who participates in CII?

• Typically students who are seeking an applied studies diploma and are participating or who have participated in the Virginia Alternate Assessment

• The number of students participating in CII at one location or business at a time is no more than eight.
Steven Covey says... we begin with the end in mind!
Students with IEPs who have graduated with an Applied Studies Diploma are eligible up to the age of 22 (refer to policy on birthdate)

- After receiving an Applied Studies Diploma, a graduate can return to high school, or attend one of two LCPS post high school programs:

  The National Conference Center Project SEARCH  
  LCPS CAST Program
When and how often do we go on CII?

The general guidelines are:

**Career Awareness**
- Students in the building more

**Career Exploration**
- Students out of the school more

**Non-paid Community-Based Internships**
- Elementary School
  - 2 times per month transportation supported
  - 1-3 times per week within the school for at least 15 minutes

- Middle School
  - 1-2 times per week transportation supported
  - 1-3 times per week within the school for at least 45 minutes

- High School
  - 3-5 times per week transportation supported (at least 2 hours)
  - 1-2 times per week if needed in the school.

*The length of time per outing should increase as the student gets older.*
Work-based Learning Experiences

• A continuum of supervised school-coordinated activities which provide opportunities for students to achieve employment related competencies in the classroom, school and finally in a real workplace environment.

• It includes career awareness, career/employment exploration, non paid school work experiences, school based businesses and non paid community work experiences

• It also includes:
  - guest speakers
  - researching careers/jobs
  - job shadowing
  - school and community job training and work experiences
  - student led businesses or enterprises
  - internships in a business setting
  - employer interviews
  - work place tours
  - volunteering
Where can we go for CII?

• At the elementary level students do not have to go into the local community. A student’s school is often their first community.

• Students can participate in classroom or school jobs and or school based businesses.

• Teachers may also elect to take students to a neighboring school to participate in skills training and practice. (i.e. high school students going to an elementary school to volunteer and transfer employment skills learned into the elementary school setting).
Where can we go for CII?

Activities being refocused include:

• Pure recreational activities
• Non-age appropriate activities
• Activities all students could go to on a field trip with a class for curriculum lesson (i.e. the life cycle of a pumpkin)
• Restaurants other than work opportunities
• Parties/picnics
Making Meaningful Contributions
Questions?
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