The token board is a visual representation of what the expectations are, what the child needs to do to meet the expectation(s), and what it is they will receive once they have met the expectation(s).

### How?

1. **Choose the design of your token board**
   - **Written token board**: Write words or draw pictures of the tokens and reinforcer choices
     - Paper and writing utensil
     - Dry erase board and dry erase marker
     - Mirror or window and dry erase marker, bathtub crayons, or window markers
   - **Manipulative token board**: Use objects or a combination of writing and objects for tokens and reinforcer choices
     - Paper plate, paper cup, lid, or jar as the “token board” with clothespins, paperclips, marbles, or coins as the tokens. The tokens will be dropped into the cup, lid, jar, plate as they are earned. Clothespins serving as tokens can be clipped onto paper, lids, jars, etc. as they are earned.
     - Draw/write the token board on paper and use stickers as tokens
   - **Online template**: Find a template online or calendar from a word processor like Word.
     - Laminating the template will make it last longer. Use dry erase markers to draw checkmarks, tally’s, smiley faces, or stars on a laminated template. Clear packaging tape will have the same effect as laminating.
     - You can use stickers as tokens if you are not able to laminate the template. You will need to make several copies of the template.
   - If your child was using a token board in school, the child’s teacher can tell you what the child’s token board looked like. It is best to use something that they are already familiar with during this time.

2. **Identify what will be used as tokens**- marbles, coins, stickers, written/drawn stars, checkmarks, etc.

3. **Identify reinforcers that will be presented as choices of what the child will work for**. (See “How to choose reinforcers” and “How to use reinforcers”).
   - Decide if you want to have the actual reinforcer present, or if you want to use a photo, drawn picture, or written name of the reinforcer as a representation of the choices or icon.

4. **Write down the expectation(s)** on a separate sheet of paper or on the token board.

5. **Decide how many tokens your child will need to get** (most boards have 5-10 tokens).
   - Consider a reasonable amount of time for the child to work/meet expectation before getting reinforcer
   - Consider difficulty of task and effort required to complete the task
   - Your child’s teacher can assist with answering these questions.

6. **Once you have a token board created** it’s time to implement. (See “How to implement a token board”).

*If there are significant behavior concerns you will need to know the function of the behavior in order address the behavior successfully. Please contact your classroom teacher for guidance.*