**Meadowland Physical Education**

**2017-2018 Yearly Schedule**

 **K/1st/2nd Grade 3rd/4th/5th Grade**

 Intro to P.E. Intro to P.E.

 Playground safety Playground safety

 Locomotor Skills Locomotor Skills

 Football Skills Football Skills

 Swedish Gym Flag Football

 Soccer Soccer

 Bean Bags FitnessGram/Wellness

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 Tumbling Skills Tumbling Skills

 Bowling Bowling

 Volleyball Lead-up Games Volleyball

 Low-Organizational Games Low-Organizational Games

 w/(Focus on Nutrition) w/(Focus on Nutrition)

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 Basketball Skills Basketball

Floor Hockey Floor Hockey

Rhythm & Dance Rhythm & Dance

 Throwing Skills Throwing Skills

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Jump Ropes Jump Ropes

Hula Hoops Hula Hoops

 Parachutes Fitness/Wellness Testing

 (3rd) Intro to FitnessGram Kick Ball

 Kick Ball Hitting &Fielding Practice

 Hitting & Fielding Practice Softball/Baseball