**Meadowland Physical Education**

**2017-2018 Yearly Schedule**

**K/1st/2nd Grade 3rd/4th/5th Grade**

Intro to P.E. Intro to P.E.

Playground safety Playground safety

Locomotor Skills Locomotor Skills

Football Skills Football Skills

Swedish Gym Flag Football

Soccer Soccer

Bean Bags FitnessGram/Wellness

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Tumbling Skills Tumbling Skills

Bowling Bowling

Volleyball Lead-up Games Volleyball

Low-Organizational Games Low-Organizational Games

w/(Focus on Nutrition) w/(Focus on Nutrition)

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Basketball Skills Basketball

Floor Hockey Floor Hockey

Rhythm & Dance Rhythm & Dance

Throwing Skills Throwing Skills

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Jump Ropes Jump Ropes

Hula Hoops Hula Hoops

Parachutes Fitness/Wellness Testing

(3rd) Intro to FitnessGram Kick Ball

Kick Ball Hitting &Fielding Practice

Hitting & Fielding Practice Softball/Baseball