Positive Mealtime Strategies

Wednesday, March 18, 2020
9:00 AM—11:00 AM
LCPS Administrative Building
21000 Education Court
Ashburn, VA 20148

Feeding, eating and swallowing can be complex and involve a broad range of physiological and behavioral factors. Attend this workshop to:

- Understand the various food groups and the importance of nutritional balance.
- Learn specific behavioral strategies that you may apply to increase your child’s interest in and tolerance for food.

*This workshop is not intended to serve as a clinical feeding/eating model.

Register by calling Parent Resource Services at 571-252-6540, go to lcps.org/parentresourceservices, or CLICK to register online.

If, due to a disability, you need assistance to enable you to participate in a workshop or need an interpreter, call Parent Resource Services at 571-252-6540 at least five working days prior to the event.