Course Syllabi

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10. Gourmet Foods SEM
11. Human Development SEM
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13. Introduction to Housing & Interior Design SEM
14. Leadership Development (18-weeks) SEM
15. Leadership Development (36-weeks)
16. Marriage and Family Dynamics SEM
17. Personal Finance SEM
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## Course Syllabus

**COURSE TITLE:** Choices SEM  
**PROGRAM:** Family and Consumer Sciences (FACS)  
**PREREQUISITE(S):** None  
**DESCRIPTION:** Teenagers are often faced with making tough decisions that can have lifetime effects. Through the application of critical thinking skills, reasoning skills, and problem solving abilities, students develop the skills to make decisions and accept and handle the responsibilities of those decisions. Choices investigates timely issues such as group and family dynamics, establishing friendships, positive peer pressures, conflict resolution, dating relationships, human reproduction, stress and time management as well as dealing with the pressures of grades, working and going to school, drugs and alcohol, body perceptions and eating disorders, and negative peer pressure.

**COURSE COMPETENCIES:** [http://www.cteresource.org/verso/courses/8209/individual-development-tasklist](http://www.cteresource.org/verso/courses/8209/individual-development-tasklist)

**STUDENT ORGANIZATION:** Family, Career and Community Leaders of America (FCCLA)

**CERTIFICATION(S):**  
- 9303 / Workplace Readiness Skills

**CAREER CLUSTER(S):** Business Management

**CREDIT(S):** This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** This course does not have a lab fee.
Course Syllabus

COURSE TITLE: Culinary Arts I

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): Competitive Application Process

DESCRIPTION: This course is the first course in the Culinary Arts sequence. This program is designed to prepare students for employment in the fast-growing culinary industry or to continue with post-secondary training in such areas as culinary arts, baking and pastry, or restaurant management. Students complete units in the history of hospitality, safety, sanitation, equipment use, recipe production, management, serving the guest, and professionalism. Commercial methods of food storage, preparation, and handling are practiced. Skills are developed in the preparation of appetizers, soups, salads, meats, fruits, vegetables, breads, garnishes, and desserts. Students participate in both on-site and off-site catering events and meal service, and have many opportunities to use their creativity as they design and prepare food for service and display. Participation in culinary and hospitality competitions on the local, state, and national level is encouraged.

COURSE COMPETENCIES: http://www.cteresource.org/verso/courses/8275/culinary-arts-i-tasklist

STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): • 9303 / Workplace Readiness Skills

CAREER CLUSTER(S): Hospitality and Tourism

CREDIT(S): This course provides 3 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
COURSE TITLE: Culinary Arts II

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): Culinary Arts I

DESCRIPTION: This course is the second course in the Culinary Arts sequence. Students learn production and service skills used in the culinary industry. Nutrition, management skills, marketing, sustainability, and exploration of ethnic cuisines are emphasized. Students develop menus, food orders, and production schedules to be used while preparing and serving luncheons and special catered events. Technology is utilized to conduct nutritional analysis, menu planning, costing, and inventory control. Visits to local food service establishments are arranged, giving students the opportunity to observe first-hand the talents, responsibilities, and expectations of chefs, cooks, bakers, hospitality employees, caterers, and entrepreneurs. Those who successfully complete Culinary Arts I and II, a 400-hour mentorship program, and pass both the Level 1 and Level 2 ProStart exams will receive a ProStart certificate from the National Restaurant Association. Students complete in the ServSafe Food The certification counts as a “student choice” verified credit towards graduation. Students can also earn advanced standing at NOVA, Johnson and Wales, The Art Institute, and many other culinary schools.

COURSE COMPETENCIES: http://www.cteresource.org/verso/courses/8276/culinary-arts-ii-tasklist

STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): • 9251 / NRA: ServSafe Certification

CAREER CLUSTER(S): Hospitality and Tourism

CREDIT(S): This course provides 3 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
**Course Syllabus**

<table>
<thead>
<tr>
<th>COURSE TITLE:</th>
<th>Early Childhood Education I</th>
</tr>
</thead>
<tbody>
<tr>
<td>PROGRAM:</td>
<td>Family and Consumer Sciences (FACS)</td>
</tr>
<tr>
<td>PREREQUISITE(S):</td>
<td>None, Human Development SEM recommended, TB Test</td>
</tr>
<tr>
<td>DESCRIPTION:</td>
<td>This program focuses on the integration of knowledge, skills, and practices required for careers in early childhood education. Content covers career paths within early childhood, education, and services; developmentally-appropriate practices; integration of the curriculum and instruction to meet children's developmental needs and interests; healthy and safe learning environments; principles of guiding children; teaching methods and strategies; and arranging learning centers that provide for exploration, discovery, and development. Students gain practical experience in the early childhood facility at their high school, an elementary school, or a community childcare facility. Proof of tuberculosis (TB) testing is required. Students are responsible for getting TB testing prior to the start of the school year.</td>
</tr>
<tr>
<td>STUDENT ORGANIZATION:</td>
<td>Family, Career and Community Leaders of America (FCCLA)</td>
</tr>
<tr>
<td>CERTIFICATION(S):</td>
<td>• 9303 / Workplace Readiness Skills</td>
</tr>
<tr>
<td>CAREER CLUSTER(S):</td>
<td>Education and Training</td>
</tr>
<tr>
<td>CREDIT(S):</td>
<td>This course provides 1 elective credit(s) for the Standard or Advanced Diploma.</td>
</tr>
<tr>
<td>LAB FEE(S):</td>
<td>This course does not have a lab fee.</td>
</tr>
</tbody>
</table>
# Course Syllabus

**COURSE TITLE:** Early Childhood Education II  

**PROGRAM:** Family and Consumer Sciences (FACS)  

**PREREQUISITE(S):** Early Childhood Education I, TB Test  

**DESCRIPTION:** This course delves into program operations in early childhood and care. Students explore various jobs within the industry and gain work experience at various childcare facilities. Upon completion of the program, students may obtain the Child Development Association National Credential through the Council for Professional Recognition, Child Development Association by taking a written exam at the age of 18 or above, meeting the hour requirements for work experience, and being observed at the work site. Proof of tuberculosis (TB) testing is required. Students are responsible for getting TB testing prior to the start of the school year.

**COURSE COMPETENCIES:**  

**STUDENT ORGANIZATION:** Family, Career and Community Leaders of America (FCCLA)

**CERTIFICATION(S):**  
- 9230 / AAFCS Early Childhood Education  
- 9303 / Workplace Readiness Skills

**CAREER CLUSTER(S):** Education and Training

**CREDIT(S):** This course provides 1 elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** This course does not have a lab fee.
Course Syllabus

COURSE TITLE: Economics and Personal Finance

PROGRAM: Business and Information Technology (BIT); Family and Consumer Sciences (FACS); Marketing Education (M)

PREREQUISITE(S):

DESCRIPTION: In this course, students identify how economies and markets operate and how the United States economy is interconnected with the global economy. Additional, students navigate financial decisions to make informed decisions relating to career exploration, budgeting, banking, credit, insurance, spending, financing postsecondary education, taxes, saving and investing, buying/leasing a vehicle, and living independently. They also learn the importance of investing in themselves in order to gain the knowledge and skills valued in the marketplace. Development of financial literacy skills and an understanding of economic principles will provide the basis for responsible citizenship, more effective participation in the workforce, and career success. The course incorporates all economics and financial literacy objectives included in the Code of Virginia §22.1-200-03B.


STUDENT ORGANIZATION: Future Business Leaders of America (FBLA), Family, Career and Community Leaders of America (FCCLA), or Distributive Education Clubs of America (DECA)

CERTIFICATION(S): • 9186 / W!SE Financial Literacy Certification
• 9303 / Workplace Readiness Skills

CAREER CLUSTER(S): Business Management

CREDIT(S): This course provides 1 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
Course Syllabus

COURSE TITLE:  Family and Consumer Science 7 SEM

PROGRAM:  Family and Consumer Sciences (FACS)

PREREQUISITE(S):  7th Grade Student

DESCRIPTION:  Family and Consumer Science is a semester exploratory program, which provides a “hands-on” approach to the development of skills that are critical to everyday life. Activities prepare students for taking on responsibilities at home and in their lives. Students explore, through a multi-media module approach, concepts and practice skills related to nutrition, laundry techniques, consumerism, personal grooming, money management, food preparation, career interests, environmental issues, and many more.


STUDENT ORGANIZATION:  Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S):  •  Not Applicable

CAREER CLUSTER(S):  Human Services

CREDIT(S):  This course provides 0 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S):  This course does not have a lab fee.
Course Syllabus

COURSE TITLE: Family and Consumer Science 8

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): 8th Grade Student

DESCRIPTION: Family and Consumer Science 8 is an elective course that can be taken for one semester or for a year. The focus is on improving self-identity, sharpening communication and social skills, increasing academic achievement, managing resources, and becoming oriented to the world of work. Through a practical problem-solving approach, students learn to critically examine concerns, seek solutions, and solve problems in caring ways. Various concepts explored in 6th and 7th grade will be expanded for in-depth study. Leadership skills are integrated in the curriculum through FCCLA (Family, Career, and Community Leaders of America). There is a consumable fee associated with this course.


STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): • Not Applicable

CAREER CLUSTER(S): Human Services

CREDIT(S): This course provides 0 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): $15.00
# Course Syllabus

<table>
<thead>
<tr>
<th>COURSE TITLE:</th>
<th>Fashion Design &amp; Merchandising SEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>PROGRAM:</td>
<td>Family and Consumer Sciences (FACS)</td>
</tr>
<tr>
<td>PREREQUISITE(S):</td>
<td>None</td>
</tr>
<tr>
<td>DESCRIPTION:</td>
<td>Wardrobe planning, selection, color analysis, accessorizing, fashion design, and clothing maintenance are emphasized in the management of personal and family clothing. Fashion trends are analyzed. Based on their abilities and interests, students construct various fashion projects for which students must provide materials.</td>
</tr>
<tr>
<td>COURSE COMPETENCIES:</td>
<td><a href="http://www.cteresource.org/verso/courses/8247/introduction-to-fashion-careers-tasklist">Link</a></td>
</tr>
<tr>
<td>STUDENT ORGANIZATION:</td>
<td>Family, Career and Community Leaders of America (FCCLA)</td>
</tr>
<tr>
<td>CERTIFICATION(S):</td>
<td></td>
</tr>
<tr>
<td>CAREER CLUSTER(S):</td>
<td>Arts, Audio/Video Technology and Communications; Marketing</td>
</tr>
<tr>
<td>CREDIT(S):</td>
<td>This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.</td>
</tr>
<tr>
<td>LAB FEE(S):</td>
<td>$20.00</td>
</tr>
</tbody>
</table>
COURSE TITLE: Gourmet Foods SEM

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): None

DESCRIPTION: The application of science concepts in biology, chemistry, and physics are important to the study of foods. Students learn the relationship of science to foods, use of technology, nutrition, wellness, sports nutrition, food safety, and sanitation, time and resource management, foods and cultural diversity, contemporary trends and issues, and the use of the My Plate guide. Hands-on activities in food preparation skills and techniques and in the actual planning, preparation, preservation, and serving of nutritious meals encourage the development of positive interdependence, individual accountability, social skills, and effective group functioning. Students use computers to analyze nutritional content of foods and to plan for special dietary needs.

COURSE COMPETENCIES: [Link]

STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): 9303 / Workplace Readiness Skills

CAREER CLUSTER(S): Human Services

CREDIT(S): This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): $20.00
Course Syllabus

COURSE TITLE: Human Development SEM

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): None

DESCRIPTION: Students enrolled in Human Development focus on analyzing parenting roles and responsibilities, ensuring a healthy start for mother and child, evaluating support systems that provide services for parents, and evaluating parenting practices that maximize human growth and development. Critical thinking, practical problem solving using case studies, and entrepreneurship opportunities within the area of parenting responsibilities and child development are emphasized. Teachers highlight the basic skills of mathematics, science, and technology when appropriate.


STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): • 9303 / Workplace Readiness

CAREER CLUSTER(S): Human Services

CREDIT(S): This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
COURSE TITLE: Independent Living SEM

PROGRAM: Family and Consumer Sciences (FACS)

PREREQUISITE(S): None

DESCRIPTION: Whether students choose to enter the work force or to continue their education after high school, they must acquire the life skills necessary to make the transition to independent living. Students become empowered to make responsible consumer choices by applying decision making, problem solving, and management processes; to see themselves in the roles of making and managing money; to calculate value for food, clothing, and housing dollars; and to apply the resources of time, materials, and technology for successful living.

COURSE COMPETENCIES: http://www.cteresource.org/verso/courses/8214/independent-living-tasklist

STUDENT ORGANIZATION: Family, Career and Community Leaders of America (FCCLA)

CERTIFICATION(S): • 9303 / Workplace Readiness

CAREER CLUSTER(S): Human Services

CREDIT(S): This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
# Course Syllabus

**COURSE TITLE:** Introduction to Housing & Interior Design SEM  
**PROGRAM:** Family and Consumer Sciences (FACs)  
**PREREQUISITE(S):** None  
**DESCRIPTION:** Students learn to evaluate and create plans for a pleasant living environment using their creativity, talent, and self-expression. Housing selection; development of floor plans; design of various living areas; the selection and construction of home furnishings, equipment, and accessories; and interior decorating fundamentals are covered. Students learn to use the computer to design the exterior and interior of a house as well as landscape design. Individual design projects may be required for which the students must provide materials.

**COURSE COMPETENCIES:** [http://www.cteresource.org/verso/courses/8254/introduction-to-interior-design-tasklist](http://www.cteresource.org/verso/courses/8254/introduction-to-interior-design-tasklist)

**STUDENT ORGANIZATION:** Family, Career and Community Leaders of America (FCCLA)

**CERTIFICATION(S):**  
- 9303 / Workplace Readiness

**CAREER CLUSTER(S):** Arts, Audio/Video Technology and Communications

**CREDIT(S):** This course provides **0.5** elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** $5.00
# Course Syllabus

**COURSE TITLE:** Leadership Development (18-weeks) SEM

**PROGRAM:** Business and Information Technology (BIT), Family and Consumer Sciences (FACS), Marketing Education (M)

**PREREQUISITE(S):** None

**DESCRIPTION:** This course is designed to equip students with personal and group leadership skills. Course content includes units in principles of leadership, parliamentary law, speaking in public, developing effective communications and human relations skills, and developing positive public relations. School and community leadership opportunities are used to provide practical application of the course content.

**COURSE COMPETENCIES:**

http://www.cteresource.org/verso/courses/9091/introduction-to-leadership-tasklist

**STUDENT ORGANIZATION:** Future Business Leaders of America (FBLA), Family, Career and Community Leaders of America (FCCLA), or Distributive Education Clubs of America (DECA)

**CERTIFICATION(S):**

- 9303 / Workplace Readiness Skills

**CAREER CLUSTER(S):** Agriculture, Food and Natural Resources; Business Management and Administration; Education and Training; Health Science; Human Services; Information Technology; Science, Technology, Engineering and Mathematics

**CREDIT(S):** This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** This course does not have a lab fee.
Course Syllabus

COURSE TITLE: Leadership Development (36-weeks)

PROGRAM: Business and Information Technology (BIT), Family and Consumer Sciences (FACS), Marketing Education (M)

PREREQUISITE(S): None

DESCRIPTION: This course is designed to equip students with personal and group leadership skills. Course content includes units in principles of leadership, parliamentary law, speaking in public, developing effective communications and human relations skills, and developing positive public relations. School and community leadership opportunities are used to provide practical application of the course content.

COURSE COMPETENCIES: http://www.cteresource.org/verso/courses/9097/leadership-development-tasklist

STUDENT ORGANIZATION: Future Business Leaders of America (FBLA), Family, Career and Community Leaders of America (FCCLA), or Distributive Education Clubs of America (DECA)

CERTIFICATION(S): • 9303 / Workplace Readiness Skills

CAREER CLUSTER(S): Agriculture, Food and Natural Resources; Architecture and Construction; Arts, Audio/Video Technology and Communications; Business Management and Administration; Education and Training; Finance; Government and Public Administration; Health Science; Hospita

CREDIT(S): This course provides 1 elective credit(s) for the Standard or Advanced Diploma.

LAB FEE(S): This course does not have a lab fee.
**Course Syllabus**

**COURSE TITLE:** Marriage and Family Dynamics SEM

**PROGRAM:** Family and Consumer Sciences (FACS)

**PREREQUISITE(S):** None

**DESCRIPTION:** Creating and sustaining a lasting marriage begins with the study of self and relationships with others. The institution of marriage is examined and includes topics such as mate selection, commitment, communication, role expectations, financial stability, careers, and parenthood. The curriculum also addresses family dynamics, balancing work and family life, building strong family units, and solving personal and family problems.

**COURSE COMPETENCIES:**
http://www.cteresource.org/verso/courses/8226/life-planning-tasklist

**STUDENT ORGANIZATION:** Family, Career and Community Leaders of America (FCCLA)

**CERTIFICATION(S):**
- 9303 / Workplace Readiness Skills

**CAREER CLUSTER(S):** Human Services

**CREDIT(S):** This course provides **0.5** elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** This course does not have a lab fee.
# Course Syllabus

**COURSE TITLE:** Personal Finance SEM  
**PROGRAM:** Business and Information Technology (BIT); Family and Consumer Sciences (FACS); Marketing Education (M)  
**PREREQUISITE(S):** None  
**DESCRIPTION:** Students learn how to navigate the financial decisions they must face and to make informed decisions related to career exploration, budgeting, banking, credit, insurance, spending, taxes, saving, investing, buying/leasing a vehicle, living independently, and inheritance. Development of financial literacy skills and an understanding of economic principles provide the basis for responsible citizenship and career success. In addition to developing personal finance skills, students also study basic occupational skills and concepts in preparation for entry-level employment in the field of finance. The course incorporates all economic and financial literacy objectives included in the Code of Virginia §22.1-200-03B. This semester course is a graduation requirement beginning with the class of 2015.

**COURSE COMPETENCIES:**  

**STUDENT ORGANIZATION:** Future Business Leaders of America (FBLA) or Distributive Education Clubs of America (DECA)

**CERTIFICATION(S):**  
- 9186 / W!se Financial Literacy Certification  
- 9303 / Workplace Readiness Skills

**CAREER CLUSTER(S):** Business Management and Administration; Finance; Government and Public Administration

**CREDIT(S):** This course provides 0.5 elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):** This course does not have a lab fee.
### Course Syllabus

<table>
<thead>
<tr>
<th>COURSE TITLE:</th>
<th>Teacher Cadet</th>
</tr>
</thead>
<tbody>
<tr>
<td>PROGRAM:</td>
<td>Family and Consumer Sciences (FACS)</td>
</tr>
<tr>
<td>PREREQUISITE(S):</td>
<td>3.0 GPA, application process, essay, teacher recommendation, TB test</td>
</tr>
<tr>
<td>DESCRIPTION:</td>
<td>The Teacher Cadet Program is designed to attract talented high school students into the teaching profession through a challenging introduction to teaching. The student who completes</td>
</tr>
</tbody>
</table>

**COURSE COMPETENCIES:**

http://www.cteresource.org/verso/courses/9062/virginia-teachers-for-tomorrow-i-tasklist

**STUDENT ORGANIZATION:**

Family, Career and Community Leaders of America (FCCLA)

**CERTIFICATION(S):**

- 9232 / AAFCS Educational Fundamentals

**CAREER CLUSTER(S):**

- Agriculture, Food and Natural Resources;
- Architecture and Construction;
- Arts, Audio/Video Technology and Communications;
- Business Management and Administration;
- Finance;
- Government and Public Administration;
- Health Science;
- Manufacturing;
- Science, Technol

**CREDIT(S):**

This course provides 1 elective credit(s) for the Standard or Advanced Diploma.

**LAB FEE(S):**

This course does not have a lab fee.