

# OCTOBER IS NATIONAL BULLYING PREVENTION MONTH



## BELMONT RIDGE MIDDLE SCHOOL

National Bullying Prevention Month and National Red Ribbon Week Events

Wednesday, October 2 – Wear Blue Day

We're Making Bullying...History!

Wednesday, October 9 – Wear Orange Day

National Unity Day - Let's Unite to Make Belmont Ridge Bully and Drug Free.

Wednesday, October 16 – Wear Green Day

Be the change you wish to see in the world!

Wednesday, October 23 – Wear Neon Day

My Future's Bright...Bully and Drug Free

Wednesday, October 30 – Wear Red Day

One School, One Goal: Bully and Drug Free

## BLUE RIDGE MIDDLE SCHOOL

- Classroom bullying prevention/harassment lessons
- Loudoun Valley High School Students to give presentation to sixth, seventh and eighth graders about BARRK (Behavior, Achievement, Responsibility, Respect, Kindness) and give Blue Ridge Middle School students magnets with BARRK message
- Safe School Ambassador refresher training

## EAGLE RIDGE MIDDLE SCHOOL

- During the morning announcements, statistics and a topic about bullying are presented via live announcements and are ended with a quote about bullying prevention.
- On October 7, the students and staff were encouraged to wear blue shirts for National Stomp Out Bullying Day
- Silent Strength presentations for all grade levels.
- Classroom guidance in sixth & seventh grade on bullying

## FARMWELL STATION MIDDLE SCHOOL



Please Join Us in Raising Awareness This Month to **BLACK OUT BULLYING AT FARMWELL!!!!**

We will kick off Bullying Awareness Month with help from Mrs. Stine's Art students! They have used their artistic creativity to transform the sidewalk in the front of the building to a **NO BULLYING** graffiti wall. Students are reminded as they enter and exit the building that the mistreatment of other students is wrong and will not be tolerated.

We will have "Weekly Wednesday Announcements" from the counseling department for the month of October. We will include current statistics on bullying, celebrity stories about their personal bullying experiences, and other interesting information for students and staff.

The counseling department asks that **ALL** staff and students participate in, "**BLACK OUT BULLYING**" every Wednesday for the month of October. Show your commitment to leading a bully-free climate in our school by dressing from head to toe in **BLACK**. No jeans will be permitted.

The Art Department will host a friendly competition for sixth, seventh, and eighth grade students. Those students that are interested in creating a poster about bullying can do so for a prize. Posters will be judged and the winning posters will be hung around the school. Details will be provided through the morning announcements.

The Choral Department will be creating something very special for our students that will broadcast on the announcements. Thank you to Mrs. McNulty for sharing your students' special signing talents with us!

Each grade level will receive a Bullying Presentation through the counseling department this month. Sixth grade will focus on the overall gist of bullying (what it is, what to do if you are being bullied, and the effects of bullying). Seventh and eighth graders will learn about the increasing issues surrounding Cyber Bullying in a "Don't Be Mean behind the Screen" themed presentation.

## **HARPER PARK MIDDLE SCHOOL**

### **Sixth grade**

Lesson on bullying and how to cope with being a target taught by HPM administrators and sixth grade counselor

### **Seventh grade**

Refresher lesson on how to deal with a bully featuring film "Gum in My Hair" lead by the counselor

### **Eighth grade**

Refresher lesson on staying safe led by the counselor

**\*\*Mix It up Day on October 29 for ALL Grades\*\***

## **J. MICHAEL LUNSFORD MIDDLE SCHOOL**

- Weekly lessons in the classrooms conducted by teachers (lessons/materials provided by counseling dept.)
- Grade level lessons by each counselor
- Parent Workshop "Silent Strength"
- Student assemblies "Silent Strength"
- Safe School Ambassador kicks off and family group meetings begin
- 10/9 Unity Day-all staff and students wear orange in support of kids who have been bullied everywhere
- Freedom HS Senior Day of Service spent with our eighth graders and a bullying workshop is a portion of that day

## **MERCER MIDDLE SCHOOL**

- Daily morning announcements by students on bullying prevention statistics and thoughts
  - Counselors Guidance lessons (grades Sixth, Seventh, and Eighth) \* Monday-Friday
- 10/7 - Wear a t-shirt with a "?" to ask the question, "Where is the Love?"
- 10/8 - Students will make and carry bullying prevention signs in hallways between class changes
- 10/9 - Mix-it-up Day at Lunch - get to know someone new (kids sit by birthday)  
After school- sidewalk chalk in front of school with anti-bullying messages
- 10/10 Interview with Jeff Morse, LCPS School Board Rep for Dulles District on the morning announcements
- 10/11 Compliment Day - Fill the Compliment Well with the good things the students of Mercer do  
9:00 am- Parent Speaker on How To Help Your Child Deal With Bullying
- 10/25 Assembly Speaker – Josh Dreaan, Grades Sixth, Seventh and Eighth

## **SENECA RIDGE MIDDLE SCHOOL**

At SRMS we are giving a school-wide bullying lesson through our STORM group advisory time. Every student is assigned to a STORM group that meets once a week with a SMRS staff member. In the sixth grade, a more detailed bullying presentation will be given to the entire grade level.

## **SIMPSON MIDDLE SCHOOL**

Classroom Guidance - Grade 6 - Bullying prevention

Classroom Guidance - Grade 7 - Prevention of Sexual harassment

Classroom Guidance - Grade 8 - Cyber bullying, Texting bullying, and Sexting prevention

- Students created bullying prevention power posters around the school for the year
- A week of morning announcements of student or star quotes to prevent bullying
- October 24<sup>th</sup> we are encouraging students to wear blue for a bully free environment
- Behind the scene we are also getting our SSA program off the ground on October 24, 2013

## **SMARTS MILL MIDDLE SCHOOL**

### **Stomp out Bullying Day Oct 1**

Students decorated paper shoes with pledge to "Stomp out Bullying"

### **Bully Free Classroom rules**

Students created and posted rules in classroom

Doug Rivas - Speaker on Respect, Camfel Productions

Every Tuesday—bullying prevention activities in Focus

# **STONE HILL MIDDLE SCHOOL**

## **Bullying Awareness Month**

**October 1-31 - Classroom Door Decorating Contest - Theme: "Boo Out Bullying"**

**First Block teachers and student helpers can decorate their classroom doors Preventing Bullying / Bullying Awareness themes.**

**Counselors in each grade level will choose a winner on October 31 and that class will receive a special prize.**

**October 8 - Silent Strength Assemblies with presenter, Chris Reavis.**

**October 9-22- Social Cruelty Faculty Presentation VIDEO**

**New this year (from the counseling department) posted on the staff drive for teachers to view prior to October 22 Faculty Meeting**

**October 18 - Spirit Day! "BLACK OUT BULLYING" - All Staff and students are encouraged to wear black**

**October 22**

**Faculty presentation/interactive group activity to apply information learned from the social cruelty staff video**

**Seventh grade Sexual Harassment/Bullying Presentations by Counselors during all Resource Blocks.**

**Eighth grade Cyber-Bullying Presentations will take place in early November.**

**Safe School Ambassador meetings include a focus on bullying prevention and will continue in October.**