Learning Styles & Study Skills
based on Learning Style

**Basics of learning styles:** Knowing and understanding the basics of learning styles can be useful in identifying your preferred learning style.

**Visual learning style:** You learn best, when the information is presented in written form or in some other visual formats like diagrams, pictures and illustrations. You may enjoy taking visually organized notes from your textbooks and creating pictures in your mind.

**Study Skills - Visual Learner:**

If your preferred style of learning is visual, then you enjoy using pictures, diagrams, charts and other visual images. Incorporate your imagination and visualization, because this comes effortlessly to you. You have a strong sense for colors, and can use several colors to highlight the key points to increase the visual stimulation of text. You can use mind maps and pictures instead of just reading the text. Memorize large amounts of content by putting it into a story. You can use systems diagrams to visualize the links between the components of the system. You can boost your concentration skills by using layouts and charts.

**Auditory learning style:** This learning style is all about listening. You enjoy reading lessons aloud, saving information in audio tapes, or discussing information with your classmates to gain better understanding.

**Study Skills - Auditory Learner:**

Try using music, sounds and rhymes in your learning process. Use audio tapes to memorize contents easily. Read content aloud to yourself, and have someone quiz you.

**Verbal learning style:** Verbal learning style is the combination of auditory and visual learning styles. Using this style to learn can help you to express yourself in both writing and speaking. You can try to find out some writing and speaking techniques. For instance, you can use audio tapes of your lessons for...
repetition. You can also make use of some word based techniques like scripting or assertions. It is worth to read the key points in the lessons aloud. You can connect the words and form a memorable sequence, so that you can remember the lessons for a longer period. While reading aloud, you can change your voice modulations to keep the content interesting.

**Physical/Kinesthetic learning style:** In this style, you use your body and touching sense to learn more information. If you want to physically manipulate something to learn about it, you are probably a physical learner. If you prefer this learning style, use hands-on work and movement in your learning process. Flash cards are beneficial to enhance your study skills, as you can touch and move them around. Writing and drawing pictures also involve physical activities, so you can use those techniques as well to learn.

**Study Skills - Physical/Kinesthetic Learner:**

If your learning style is physical, you can try using hands-on work, movement, action and touch in your learning process. For instance, if you are learning about an aircraft, you focus your attention on physical sensations. Feel the pressure of the wind and feel the aircraft speedup. You can use physical objects whenever possible. You can use flashcards to memorize things quickly, as you can touch and move them.

**Logical style of learning:** If you can recognize patterns and use your brain for logical reasoning, then your preferred learning style is logical. It is easy for you to solve complex mathematical problems. You learn best when understanding the reason behind content, and love asking why questions.

**Study Skills - Logical Learner:**

If your preferred learning style is logical, you can focus your attention on understanding the logic behind content. While studying, prepare a list of key points in your lessons answering those why questions.

**Solitary learning style:** If you prefer to focus your attention on studying current topics with a consistent awareness of your own thinking, then you are a solitary learner. Though you prefer learning alone, it is advisable to clarify any
questions with your teacher. Having a personal interest in your lessons is important to a solitary learner.

**Social style:** If you prefer learning in groups, then you belong to the category of social learners. You can improve your information retention by participating in study groups and sharing with others in your group and listening to their comments.

You can enhance your study skills by writing and drawing diagrams. Remember writing and drawings are also physical activities. You can use large sheets of paper and color pens to draw pictures. This can help engage you more in physical activities.

**Study Skills - Social Learner:**

If you are a social learner it is easy for you to understand the lessons better in a group setting. You can use role playing technique to boost your learning skills, and work on some of your visualizations with a study group. Be sure to share your reviews and get further ideas from the group.