Stefanie LaPolla, LCPS Multi-Tiered System of Supports Supervisor, and Lindsay Orme, Ed.D., LCPS Social Emotional Learning Specialist, will introduce the five core competencies of social-emotional learning. The competencies include self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Research will be shared supporting how instruction of these SEL competencies enhance students’ capacity to apply skills, attitudes, and behaviors to effectively manage daily tasks and challenges. This session will address the need for social-emotional learning instruction and provide an overview of the evidence-based curriculum chosen to support this learning in our elementary schools.