

HOW TO HELP YOUR CHILD BE SUCCESSFUL IN MIDDLE SCHOOL



What are middle schoolers most concerned with?



School --- Activities --- Self Image --- Friends



Middle School Basics

- Things to be familiar with:
 - School Calendar
 - Attendance Policies
 - Code of Conduct/School Rules
 - Stance on Bullying Behavior
- People to be familiar with:
 - Deans
 - School Counselors
 - Secretaries
- Courses and Extracurricular Activities



Date	Name of School	Gr	Homeroom	Counselor	Sex	CC	
13-AUG-12	J. MICHAEL LUNSFORD MIDDLE SCHOOL	06	0604	Kenworthy	F	6A	
			COZENS				
Locker Number: 70014 Locker Combo: xx-xx-xx							
Period	Se m	Class	Sec	Subject	Room	Days	Teacher
01	FY	100200	001	6H LANG ARTS	604	A	BUDD
02	FY	710000	001	6 US HIST/GEO	602	A	LIPPS
03	FY	610200	001	6H SCIENCE	606	A	KOOP
04	FY	410000	008	6 PHYSICAL ED	MAIN	A	PRUDEN
05	FY	235000	001	CHORUS	CHOR 1	B	HARRIS
06	FY	510000	004	6 MATH	713	B	PATERSON
07	S1	200700	005	6 ART	ART1	B	MEYDING
07	S2	809701	010	KEYBOARDING	LAB2	B	CHUDY
08	FY	100200	001	6H LANG ARTS	604	B	BUDD

Clubs

J. Michael Lunsford Middle School 2012 – 2013 Clubs / Activities

Club Name	Club Sponsor(s)	Club Days / Room	Starting Date
20XX's Club	Ms. Harper/ Mr. Bolton (Parent Sponsor)	Thursday- Room 802	20-Sep
Art Club	Mr. Sniffen / Ms. Earp / Ms. Curtis	Thursday (A days only) in Art 2	27-Sep
Basketball Intramurals	Ms. Chudy / Mr. Pickering	Wednesdays – Main Gym	19-Sep
Creative Writers Club	Ms. Cadigan	Wednesday - Room 802	26-Sep
Debate Club	Ms. Hoover/ Ms. Stanley	2nd/4th Wed - Room 805	17-Oct
Drama Club	Ms. Zanti / Mr. Pickering/ Mr. Sniffen	Thursdays - Auditorium	27-Sep
Ecology Club	Ms. Nichols/ Ms. Passell	First Thursday of the Month - Room 714	4-Oct
Fantasy Football	Mr. Slevin	Wednesdays	19-Sep
First Friends Club	Ms. Simpson	Every other Thursday	4-Oct
Girls on Track	Ms. Olmes/ Ms. Kenworthy/ Ms. Hoag	Spring 2013	TBA
Guitar Club	Mr. Lutter	Every Thursday- Chor 2	20-Sep
Knitting Club	Ms. Couse/Ms. Archer / Ms. Kimberly	1st/3rd Mondays- Library	1-Oct
LEGO Club	Ms. Salgado	1st / 3rd Wednesday - Res 1/2	3-Oct
LEO Club	Ms. Chudy / Mr. Basile/ Ms. Nguyen	Every Other Thursday – Room 607	20-Sep
Lionettes Club	Ms. Jacobs/ Ms. R. Harmon/ Ms. Koop/ Ms. G. Schwartz/ Ms. N. Ibarra	1st/3rd Monday - Main Gym	17-Sep
Lions Run	Mr. Bennett	Every Monday and Thursday – Gym	9/17 – 11/ 15
Literary Magazine	Ms. Lai/ Ms. Brown	To be announced	January
Lunsford Book Club	Ms. Sullivan/ Mrs. Jacobs/ Ms. Lyons/Ms. Couse/ Ms. Panoff	2nd Wed of each month – Library	10-Oct
Lunsford Competes	Ms. Malam/ Ms. Hoover	2nd/4th Mondays - Room 818	24-Sep
Math Counts	Ms. Kagg/ Ms. Frye	Every Wednesday – Auditorium 7:45am	26-Sep
Movie and Book Club	Ms. Malam/ Ms. Couse	Every other Thursday - Room 818	20-Sep
Newspaper Club	Ms. Archer/ Ms. Brown/ Ms. Lai	Wednesdays - Room 622	19-Sep
Odyssey of the Mind	Ms. Lyons / Ms. Hoover	Please contact Ms. Hoover – Room 720	TBA
Operation Montserrat	Ms. Schwartz	Every other Wednesday - Room 706	3-Oct
Set Design Club	Mr. Sniffen	Mondays - Art 2	October
Spanish Club	Sra. Charin	2nd Wed of each month 6/7th graders -703	10-Oct
Student Activities Council	Ms. Rice/ Ms. Houck/ Ms. Kim/ Ms. Tan	1st Wed of the month - Room 807	26-Sep
Volleyball Club	Ms. Malam	Wednesdays- Aux Gym	28-Nov
Yearbook	Mr. Diamond / Ms. Brooks	Every Monday- Room 804	19-Sep
Zumba	Ms. Harmon/ Ms. Gaetano/ Ms. Chudy	Every Monday- Cafeteria	24-Sep

Updated: 09/17/12

What can parents do?

- Keep lines of communication open
- Get/stay involved in your children's lives
- Get to know the administration, counselors and especially teachers
- Encourage extra curricular activities
- Provide school supplies and a place to study
- Help set academic goals
- Insist on daily attendance
- See all midterm reports and report cards and **utilize Clarity**
- Use rewards and consequences to encourage change



What can parents do? (con't)

- Encourage a healthy lifestyle
- Help with time management
- Encourage independent problem solving
- Provide academic support



Work with Your School

- Support the school and the teachers
- Make the most of parent-teacher conferences****
- Communicate with your school
- Work with the school to resolve problems



Parent-Teacher Conference Discussion Topics & Questions

- Homework
- Class Participation
- Organization
- Academic Success
- Focus
- Attendance & Punctuality
- Social Adjustment
- Classroom Time Management
- Strengths & Weaknesses
- Additional Comments



Understand their Technology

In order to protect and guide your child, learn as much as you can about their technology (phones, computers, ipads/tablets, video games, etc.)



Common Technology Terms



Cyberbullying

using technology to threaten, insult, intimidate, harass, or taunt another person

Facebook

a popular social networking site. Students use this site to post personal profiles and blogs, and to communicate with friends

Formspring

an online 'slam book', where people can post anonymously to a student's page/profile

Instagram

using smart phones, you snap photos, embellish them and share them with friends. Comment and Chat capabilities.

Technology (con't)



Instant Messaging (IM)

a way to communicate online with one or more people in real time

kik

application for smart phone users for Instant Messaging. Users have "nick's" instead of their contact info.

Omegle

allows strangers to chat without any censorship. It's a worldwide platform that allows web cam communication as well as texting

Text Messaging

a way to send a message to another person using a cell phone.

Technology (con't)

I'D RATHER BE
TEXTING

Tumblr

online scrapbook or diary, where the pictures, songs and text that they post build a picture of who they are

Twitter

a PUBLIC communications platform. Small bursts of information called [Tweets](#) as well as get links, see photos and videos

You Tube

a video-sharing Web site with a variety of amateur videos, movie/TV clips, and music videos

Career & Educational Options

- ✓ Identify abilities and interests
- ✓ Explore career options
 1. High School Career & Technology Programs (Monroe)
 2. Four-Year Colleges
 3. Community & Technical Colleges
 4. Career & Trade Schools
 5. Military
 6. Apprenticeships



College Information



Preparation

- Develop/practice good study skills
- Encourage them to do as well as they can in their classes and give them the support to do so
- Attend a college sporting event or visit a college campus
- Students should take the most rigorous courses that they can be successful in, this will be different for each student

Career/College Exploration at JML

6th Graders will:

- Visit a college campus (March 20th and April 24th JMU)
- Take interest inventories to determine career cluster (on-going)
- Carefully plan courses to ensure their college/career goals can be met

7th Graders will:

- Current college student visit to work on preparing and applying to college and campus life
- Develop 6 year plans of studies which map their courses through high school

8th Graders will:

- Be exposed to real life careers throughout our community through "Day at Work"
- Complete a college research project and create a college fair to share with 6th and 7th graders
- Meet with high school counselors to make effective course selections for 9th grade


****CAREER DAY WILL BE FRIDAY, NOVEMBER 16, 2012, ALL OF OUR STUDENTS WILL LEARN ABOUT A VARIETY OF CAREERS****

College Information Web Sites



- ❖ www.collegeboard.com
- ❖ www.finaid.org
- ❖ www.petersons.com
- ❖ www.vaview.org

Lions ROAR!



		Setting					
		Hallways	Locker Areas	Cafeteria	Bathrooms	Stairwells	Buses
Expectations	Respect Lions treat each other kindly	Keep hands and feet to yourself Walk to the right	Keep hands and feet to yourself	Keep hands and feet to yourself Include everyone	Keep hands and feet to yourself	Keep hands and feet to yourself	Keep hands and feet to yourself
	Ownership Lions take care of our school	Leave it better than you found it	Leave it better than you found it Lock your locker	Leave it better than you found it	Leave it better than you found it	Leave it better than you found it	Leave it better than you found it
	Achievement Lions strive for excellence	Move promptly to class	Be organized	Eat healthy foods	Move promptly to class	Move promptly to class	Be on time
	Responsibility Lions make good choices	Walk Use appropriate language and volume	Get it and go	Eat in your seat Use appropriate language and volume	Wash your hands	One step at a time	Stay seated Use appropriate language and volume

6th Grade Roar Rewards

Switch Seats for One Block	5
Wear Hat for a Day	5
Outside Fun during Lunch on Monday	5
Two Pieces of Candy	10
Sit in Teacher's Chair for One Block	15
A Pack of Gum	25
Basketball/Kickball During Lunch with Friends	25
Free Manhattan Personal Pizza Certificate	35
Pizza Lunch with Principal	50
Pizza Party During Lunch with 3 Friends	60



Parent Quick Tips

Use agenda / Use white board at home – Keeping organized is key in middle school

Break down big chores into small parts / Set small goals– Feeling overwhelmed can cause a child to give up rather than get started

Be willing to listen — but don't poke or pry – Sometimes its just about being available to listen.. Not to fix or intervene

Thinking ahead - what areas you are willing to negotiate and what areas are absolutes

When reprimanding, deal only with the precise problem, don't bring in other issues

If the issue is minor, keep things light - "Either the cat's smarter than I thought or you left the milk carton open on the counter. One of you please put it back before it spoils."

Don't use power unless it's urgent - Parents have the ultimate power, and kids know it

JML COUNSELOR CONTACT INFO

- **6th Grade:** Kelly.Kenworthy@lcps.org
 - **7TH GRADE:** Sue.Simpson@lcps.org
 - **8th GRADE:** Ashley.Harper@lcps.org
 - **ELL/Programs:** Amani.Allen@lcps.org
- We all can be reached by calling the main school number: 703-722-2660



Grading and Assessment Presentation

10/16 – Neil Slevin