

Memo

To: All Coaches
From: Derek Farrey, Athletic Director
Date: 1/19/2010
Re: Coaching Requirement

Coaching Requirements Needing Your Attention

COACHES EDUCATION: This is a three part item.

1. ASEP COACHING PRINCIPLES and VHSL COURSES ONLINE (\$30, coaches expense): All coaches must show proof of satisfactory completion of the online course within one year of contract in order to be considered for hire the following year. To access go to http://www.asep.com/asep_content/org/VHSL.cfm (If you did the advanced course which is the classroom portion with coaching principles, let me know where you did it).

DEADLINE: Fall Coaches: 6/1/10
Winter Coaches: 9/1/10
Spring Coaches: 11/1/10

2. CPR/FIRST AID CERTIFICATION: provided by LCPS or the athletic trainers at the high schools.

DEADLINE: All Spring Coaches must hold a current CPR and First Aid Card
CPR is valid for 2 years and First Aid is valid for 3 years. We are currently working on setting up dates for not only the spring coaches to get certified, but all coaches who need to be certified to do so.

3. LOCAL LOUDOUN COUNTY RULES AND REGULATIONS SEMINAR (Formerly known as New Coaches Seminar): conducted by LCPS Athletic Department

*** Spring Meeting: **Monday, Feb. 8th at 6:30 pm at Loudoun County High School.**