



**REGISTRATION FOR ALL
WORKSHOPS IS REQUIRED
UNLESS OTHERWISE NOTED.**

Please call (540) 536-5210 for information and registration.

All sessions are professionally facilitated and open to the public at no charge.

Blue Ridge Hospice Bereavement Department
333 West Cork Street
Winchester, Virginia 22601

BLUE RIDGE
Hospice 
Bereavement Department
333 West Cork Street
Winchester, Virginia 22601

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Winchester, VA
22601



Blue Ridge Hospice invites you and your family on a journey of Healing and Hope.

We understand grief is unique and personal. The Bereavement Department at Blue Ridge Hospice offers an array of services designed to meet the needs of people who are experiencing grief. Grief counselors are available for support throughout your grief journey.

Please call (540) 536-5210 for information and registration.

OCTOBER/NOVEMBER/DECEMBER 2014 PROGRAM OFFERINGS

Circle of Support

This monthly drop-in education and support group is for those who are grieving the loss of a loved one.

Third Saturday of Each Month
10:45 AM – Noon

Caregiver Support Group (2 Locations)

This group is designed to provide encouragement and education for caregivers of elderly, chronically ill, or terminally ill loved ones.

Winchester

First Tuesday of Each Month
3:00 – 4:15 PM

Wellspring - 525 Amherst Street, Suite 106

Front Royal

Second Thursday of Each Month
3:00 – 4:15 PM

Blue Ridge Hospice - 13 West 2nd Street

Pre-Registration Required

Wished Upon A Star

This support group is for parents who have experienced a miscarriage, stillbirth, or loss of an infant up to 18 months old. Please call for details.

Broken Silence Support Group

This monthly support group is for family and friends who have survived the suicide of a loved one.

First Tuesday of Each Month
5:30 – 7:00 PM

**Pre-registration Required*

Holiday Support Series

This program is designed to provide extra support throughout the holidays to individuals who have lost a loved one and to facilitate creative ways to memorialize these loved ones through the use of art and music.

**Select Mondays – November 17 & 24,
December 1, 8, & 15**
3:00 – 4:30 PM

*Blue Ridge Hospice
333 W. Cork Street, Winchester, VA
Pre-Registration Required*

Holiday Grief Workshops

For those who are grieving the loss of a loved one, the holidays can be an especially difficult time. This workshop is designed to help you prepare for a holiday season without your loved one.

Pre-Registration Required

Leesburg

Thursday, November 6
6:30 – 8:00 PM

*Blue Ridge Hospice
224 Cornwall Pavilion, Suite 200A*

Winchester

Saturday, November 8
10:30 – 12:00 PM

*Blue Ridge Hospice Bereavement Department
333 W. Cork Street, Suite 405*

Purcellville

Thursday, November 13
6:30 – 8:00 PM

Location TBD

Woodstock

Monday, November 17
3:00 – 4:30 PM

*Blue Ridge Hospice
232 South Main Street*

Front Royal

Wednesday, November 19
3:00 – 4:30 PM

*Blue Ridge Hospice
13 West 2nd Street*

Berryville

Wednesday, November 19
3:00 – 4:30 PM

*Blue Ridge Hospice
1025 West Main Street*

Luray

Thursday, November 20
3:00 – 4:30 PM

*Blue Ridge Hospice
250 Memorial Drive, Suite B*

Children's Holiday Grief Workshop

This holiday workshop is for children ages 5–16. Through the use of crafts and music, children will learn creative ways to express grief and memorialize the loss of their loved one in a supportive environment. A concurrent parent/guardian workshop will focus on providing education on children's grief and bereavement needs.

Thursday, December 4
5:00 – 7:00 PM

*Blue Ridge Hospice
333 W. Cork Street, Suite 405
Dinner will be provided.
Pre-Registration Required by November 26*

Music for the Soul

This six-week music therapy-based grief support series is designed for adults who have experienced the loss of a loved one. Through the use of music and other activities, participants will have the opportunity to identify and work through feelings associated with their loss.

Tuesdays, October 14 – November 18
3:00 – 4:30 PM

Pre-Registration Required

Individual Grief Counseling

Free, confidential counseling is available at various locations throughout the Blue Ridge Hospice service area by calling (540) 536-5210.