

# Loudoun County Public Schools Department of Pupil Services

## Mental Health & Wellness Parent Seminar Series

2018—2019

6:30—8:30 pm



9/27	Angst Screening and Panel Discussion for Parents and Teens
10/25	Bullying Behaviors and Cyberbullying Anaid Shaver, School Counseling Specialist and Loudoun County Sheriff's Office
11/15	Substance Use Awareness for Parents and Teens Jennifer Wall, Student Assistance Supervisor and Panel
1/17	An Emerging Threat in our Backyard, Safeguarding our Communities against Exploitation and Human Trafficking Bill Woolf, Executive Director, Just Ask Prevention Project and Panel
2/7	ASK FIRST: Teenagers, Dating, and Traumatic Experiences Kalyn Mace, Loudoun Abused Women Shelter
2/21	Stomp Out the Silence L. T. Pridgen, Founder, Stomp Out the Silence (S. O. S.)
3/21	Managing Bumps in the Road: Building Resilient Relationships with Your Teen Dr. John Walker, Family Connections
4/25	Family Power: Engaging and Collaborating with Your Teen for Parents and Teens Suzanne Petersen, Restorative Practices Licensed Trainer & Certified Facilitator
5/16	Suicide Prevention Dr. Heather Applegate, Diagnostic and Prevention Services Supervisor Dr. Christy Esposito-Smythers, Associate Professor of Psychology at GMU

All presentations will be offered at the LCPS Administrative Building  
21000 Education Court, Ashburn, VA 20148

**For more information or to register, go to**  
**<http://lcps.org/ParentResourceServices> or call 571-252-6540**

