



Loudoun Counseling & Coaching LLC
Service All Under One Roof

Child and Adolescent Fall 2017 Group Sessions

Social Skills (child)*

Cost: \$75

8 Weeks

5:00 pm - 6:00 pm

Wednesday, Sept 20, 2017 -

Wednesday, Nov 8, 2017

Social Skills (adolescent)*

Cost: \$75

8 Weeks

6:00 pm - 7:00 pm

Wednesday, Sept 20, 2017 -

Wednesday, Nov 8, 2017

**Keep Calm and Carry On
Anxiety Group (middle school)***

Cost: \$40

8 Weeks

5:00 pm - 6:00 pm

Tuesday, Oct 17, 2017 -

Tuesday, Dec 5, 2017

**Keep Calm and Carry On
Anxiety Group (high school)***

Cost: \$40

8 Weeks

7:00 pm - 8:00 pm

Tuesday, Oct 17, 2017 -

Tuesday, Dec 5, 2017

**Managing Anxious Thoughts and
Feelings (high school)***

Cost: \$75

8 Weeks

6:00 pm - 7:00 pm

Thursday, Sept 21, 2017 -

Thursday, Nov 9, 2017

Self-Esteem for Teen Girls*

Cost: \$50

8 Weeks

6:00 pm - 7:00 pm

Tuesday, Oct 3, 2017 -

Tuesday, Nov 21, 2017

* Limited availability. Interested participants please call 571.375.0668 to schedule a pre-screening appointment.