



Breakfast after the Bell

One of the most prominent obstacles to hindering a child's academic progress is hunger. Food is the fuel necessary to: get through the normal day; remain focused on instruction; and improve concentration.

The office of School Nutrition Services and Smart's Mill partnered to create a program that is called, "Breakfast after the Bell." This program is IN ADDITION TO our current breakfast program that is available to all students between 8:35 and 8:50. Below are some important aspects regarding this program.

Start Date: Monday, August 26, 2019

Time: Block 3/4

Cost: \$2.10

Menu: (switches between 2 menus - every other week)

Monday: Strawberry Yogurt; Cinnamon Granola; Fruit; Orange Juice; Low/Fat-Free Milk
 Strawberry Yogurt; Cinnamon Granola; Fruit; Orange Juice; Low/Fat-Free Milk

Tuesday: Team Cheerios Cereal Bar; Cheese Cubes, Fruit; Grape Juice, Low/Fat-Free Milk
 Zee Zees Cocoa Cherry Bar; String Cheese, Fruit; Orange Juice, Low/Fat-Free Milk

Wednesday: Cranberry Orange Scone; String Cheese; Fruit; Fruit Juice; Low/Fat-Free Milk
 Raspberry Bar; Grape Juice, Fruit; Low/Fat-Free Milk

Thursday: Cinnamon Roll; Fruit; Orange Juice; Low/Fat-Free Milk
 Cranberry Orange Scone; Cheese Scones; Apple Juice; Fruit; Low/Fat-Free Milk

Friday: Raspberry Bar; Fruit; Apple Juice; Low/Fat-Free Milk
 Cinnabar; Fruit; Fruit Juice; Low/Fat-Free Milk

all meals are planned to meet USDA guidelines and also be quick and easy for students.

Other Information:

- Students will use student ID badge or ID number to purchase items using their current account balances.
- Parents may view current balances by accessing "My School Bucks"

USDA is an equal opportunity employer and provider.

DAILY SCHEDULE AND PROTOCOL FOR BREAKFAST AFTER THE BELL

Each day, cafeteria staff will come to each area of the school with a cart. A member of the cafeteria staff will come to your door to invite students to purchase breakfast. Students are dismissed by classroom teacher. Please allow any student that wishes to purchase one of the "Grab-N-Go" items to exit the room at the designated time. When possible, teachers and students should continue with instruction and routines.

Students will be expected to line up quietly and be respectful to the cafeteria staff, other students in line, and the classes in session. Students should only exit the classroom if they plan to purchase breakfast. The menu is the same each week. While purchasing breakfast, students will **not** be allowed to use the restroom, visit lockers, or leave the hallway where their class is located. Students will move through the line, pick up their items and return to class immediately. Students are expected to finish eating within about 10 minutes. Any staff member can and should intervene if students do not follow expectations, including writing a referral.

If a child has brought a snack of their own, they may eat their snack at this time only (about 10 minutes). The snack must be from the approved list which is located below and on the school's website.

APPROVED SNACK LIST

1. Dried fruit (raisins, dried fruit, apricots, etc.) – no trail mix
2. Plain popcorn – no caramel corn
3. Regular pretzels
4. Plain potato chips
5. Individually packaged cheese
6. Crackers (plain, graham, gold fish)
7. Carrot sticks, broccoli, cauliflower (raw vegetables)
8. Marshmallow rice treats
9. Beef Jerky
10. Banana
11. Apple Slices