

Phase 2 – Guidelines for LCPS Buildings and Grounds/Events and Activities

Buildings and Grounds – Status and Guidelines

1. Administrative Offices - Open to essential staff and voluntary reports

- a. Non-essential staff wishing to work within the building is purely voluntary and telework remains encouraged
- b. Stay home if exhibiting any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- c. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.
- d. Maintain 6' physical distancing
- e. No meetings with or group gatherings larger than 50 in one room/area of the building
- f. Face coverings required when in the building
- g. Daily disinfecting of high touch areas by LCPS custodial staff
- h. Administrative offices are not open to the public

2. School Buildings- Open per guidelines, open to essential staff

- a. Stay home if exhibiting any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.
- c. Maintain 6' physical distancing
- d. No meetings with or groups gathering larger than 50 in one room/area of the building
- e. Face coverings required when in the building
- f. Daily disinfecting of high touch areas by LCPS custodial staff
- g. Administrative offices are not open to the public

3. Outdoor Athletic Fields - Open per guidelines

- a. Stay home if exhibiting any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.
- c. Maintain 10' physical distancing
- d. Limited to individual or team-based practice, skill-building drills, or conditioning activities
- e. Attendance, including both participants and parents, guardians, or caretakers of children, is limited to 50% of field occupancy or 50 people, whichever is less

4. Individual Outdoor Access - Open per guidelines

- a. Stay home if exhibiting any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Walking path/tracks, fields, basketball courts, tennis courts, etc. are open to individual community use
- c. Maintain 10' physical distancing

- d. No groups larger than 50 people in one area/field
- 5. Playgrounds – June 19, 2020 Open per guidelines, no additional signage**
 - a. Stay home if exhibiting any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
 - b. Playgrounds are open to individual community use, there is no special cleaning of playground equipment; visitors use at their own risk
 - c. Maintain 6' physical distancing
 - d. No groups larger than 50 people on the playground

Events and Activities – Status and Guidelines

- 6. LCPS Athletics Sports Team Activities (VHSL) – Occurring per guidelines effective July 1, 2020, may reopen in phases**
 - a. [Guidelines for Reopening Sports/Activities](#)
- 7. Co-Curricular and Extracurricular Activities - Occurring per guidelines**
 - a. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
 - b. Maintain 6' physical distancing
 - c. No meetings with or groups gathering larger than 50 in one room/area of the building
 - d. Face coverings required when in the building
 - e. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
 - f. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.
- 8. Religious Services (indoor) - Occurring per guidelines**
 - a. Per [Forward Virginia Guidelines](#)
 - b. Occupancy shall be limited to no more than 50% of the lowest occupancy load on the certificate of occupancy of the room or facility in which the religious services are conducted.
 - c. Individuals attending religious services must be seated at least 6' apart at all times and must practice physical distancing at all times. Family members, as defined in Executive Order 61, Order of Public Health Emergency Three, may be seated together. Mark seating in 6' increments.
 - d. Individuals attending religious services are required to wear face coverings over their nose and mouth at all times (See CDC Use of Cloth Face Coverings guidance for more detailed information.).
 - e. No items must be passed to or between attendees who are not family members as defined in EO 61, Order of Public Health Emergency Three.
 - f. Any items used to distribute food or beverages must be disposable and used only once and discarded.
 - g. A thorough cleaning and disinfection of frequently contacted surfaces must be conducted prior to and following any religious services by LCPS custodial staff.
 - h. Post signage at the entrance that states that no one with a fever or symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days, is permitted in the establishment.
 - i. Post signage to provide public health reminders regarding social distancing, gatherings, options for high risk individuals, and staying home if sick (samples at the bottom of this document).
 - j. If any place of worship cannot adhere to the above requirements, it must not conduct in-person services.
- 9. LCPS Summer Camps (indoor and outdoor) - Occurring per guidelines**
 - a. Screening for any of the following symptoms –

- i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Maintain 6' physical distancing
- c. No groups gathering larger than 50 in one room/area of the building or grounds
- d. Face coverings required when in the building
- e. Frequent handwashing
- f. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
- g. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.

10. PRCs Summer Camps (indoor and outdoor) - Occurring per PRCs guidelines

- a. Screening for any of the following symptoms - Daily Health Checks
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Contactless drop off and pick up
- c. Activities and Supplies
 - i. Children will not be permitted to bring soft items from home, such as stuffed animals
 - ii. Each child will have their own cubby to store lunch and personal items
 - iii. Individual supplies used whenever possible, sharing is discouraged
 - iv. Toys and game pieces will be sanitized between uses
- d. Frequent handwashing
- e. Maintain 6' physical distancing
- f. No groups gathering larger than 50 in one room/area of the building or grounds
- g. Face coverings required when in the building
- h. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
- i. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.

11. YMCA Summer Camps (indoor and outdoor) - Occurring per guidelines

- a. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Maintain 6' physical distancing
- c. No groups gathering larger than 50 in one room/area of the building or grounds
- d. Face coverings required when in the building
- e. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
- f. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.

12. LCPS School Related Activities & Events (indoor and outdoor) - Occurring per guidelines

- a. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Maintain 6' physical distancing
- c. No groups gathering larger than 50 in one room/area of the building or grounds
- d. Face coverings required when in the building

- e. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
- f. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.

13. Community Organizations Facility Use (indoor and outdoor) - Occurring per guidelines

- a. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. Maintain 6' physical distancing
- c. No groups gathering larger than 50 in one room/area of the building or grounds
- d. Face coverings required when in the building
- e. Daily disinfecting of high touch areas and equipment by LCPS custodial staff
- f. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.

14. Outdoor Recreational Sports – Occurring per PRCS guidelines

- a. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- b. No games or scrimmages may be played except for baseball, softball, and cricket. All other sports are limited to drills and conditioning while maintaining social distancing of 10 feet.
- c. Coaches must disinfect player benches and bleachers before use.
- d. All players must physically distance 10' and wear a face covering when in the player bench area. It is recommended that coaches wear face coverings when social distancing cannot be maintained.
- e. Equipment must be socially distanced outside the player areas.
- f. Teams must provide hand sanitizer with at least 60% alcohol to players before and after each practice, scrimmage, and/or game.
- g. Players must not share water bottles, team coolers, or personal or team equipment.
- h. Diamond sports and cricket teams should play defense with their own set of balls to limit contact to one team per set of balls. Spectators should not touch or retrieve balls that go out of play. Umpires should not handle game balls.
- i. No youth players are permitted at the plate conference. There are to be no post-game handshakes between teams.
- j. The use of chewing gum and sunflower seeds is prohibited.
- k. The act of spitting is prohibited.
- l. Bleachers are for players only to allow social distancing in the bench areas.
- m. Parents are asked to bring their own chairs, social distance and sit down the foul lines outside the fence or beyond the fence in the outfield.

15. Indoor Recreational Sports – Occurring per PRCS guidelines

- a. Awaiting PRCS guidelines – In development
- b. 10' feet of physical distance
- c. All shared items must be disinfected between uses
- d. Daily disinfecting of high touch areas and equipment
- e. Total number of attendees (including participants, referees, coaches, etc.) cannot exceed the lesser of 30% of the occupancy load of the room where the sport is being held or 50 people
- f. Spectators may not be present, except parents or guardians who are supervising children
- g. Spectators must wear face coverings

- h. Due to behaviors which may bring greater risk (e.g. cheering), it is recommended that spectators be separated by 10' of distance

16. Summer School - Occurring per guidelines

- a. Schools may offer limited in-person instruction to preschool through third grade and English Learner students given the unique challenges of providing remote academic and social emotional support to young learners and English language learners.
- b. Screening for any of the following symptoms
 - i. fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- c. Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop. If a person does not have symptoms follow appropriate CDC guidance for home isolation.
- d. Maintain 6' physical distancing
- e. No groups gathering larger than 50 in one room/area of the building or grounds
- f. Face coverings required when in the building
- g. Restrict mixing classes/groups of students
- h. Daily disinfecting of high touch areas and equipment
- i. Limit outdoor activities/recess to 50 people, with a priority on physical distancing and restricting mixing of classrooms

REFERENCES

[Virginia Forward Guidelines](#)

[Phase Guidance for Virginia Schools](#)

[VDOE: Recover, Redesign, Restart](#)

[CDC – Suggestions for Youth and Summer Camps](#)

[CDC – Symptoms of Coronavirus](#)

[CDC – Close Contact](#)

[CDC – What to Do If You Are Sick](#)