



WHS School  
Counseling presents

# Building your Child's Resiliency

Is your child struggling with the return to school? Having trouble adjusting to the academic demands of their classes? Struggling with anxiety or making social adjustments with peers? Experiencing COVID fatigue?

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**Join us for a conversation  
with Dr. Andrea Israel,  
Child Psychologist**

**OCT. 4TH 6PM WHS LIBRARY**

UNABLE TO JOIN IN PERSON?  
JOIN US VIRTUALLY THRU THE  
LINK ON THE WHS WEBSITE

