

Suicide Prevention: A Message to Parents

How Do I Access Help Now?

There are resources available 24 hours, 7 days a week for youth experiencing depression, suicidal thoughts or other behavioral crises. Through Loudoun County Mental Health, Substance Abuse, and Developmental Services, help is available at **703-777-0320** for youth experiencing an immediate and severe emotional crisis. The Crisis Intervention Team Assessment Center, located at 102 Heritage Way, Leesburg, Virginia, is open from 7:00 a.m. to 11:00 p.m. daily, and mental health professionals are available for anyone in crisis. Non-emergency appointments can be made at **703-771-5100**.

Additionally, all Loudoun County emergency rooms can assess for suicide risk and make recommendations for appropriate follow-up care:

StoneSprings Pediatric ER

24440 Stone Springs Blvd.
Dulles, VA 20166
571-349-4000

Inova Virts Miller Family Emergency and Trauma Center

Inova Loudoun Hospital
44045 Riverside Parkway
Leesburg, VA 20176
703-858-6040

Inova Children's Emergency Room at Loudoun Hospital

44045 Riverside Parkway
Leesburg, VA 20176
703-858-6048

Wheeler Family Emergency Department

224 Cornwall St.
Leesburg, VA 20176
703-737-7520

Inova HealthPlex – Ashburn

22505 Landmark Court
Ashburn, VA 20148
571-612-6400

Also, there are free, confidential 24/7 supports available:

- PRS CrisisLink: **703-527-4077** or text "**CONNECT**" to **855-11**
- National Suicide Prevention Lifeline: **800-273-TALK** (8255)
- SAMHSA National Helpline: **800-662-HELP** (4357)
- Children's Regional Crisis Response (CR2): **844-NCrisis** (627-4747) in English and Espanol
- Hopeline: Chat at <http://www.hopeline.com> or call **800-784-2433**

In an emergency, call 911 and ask for a Crisis Intervention Team (CIT) deputy or officer.