



Student Insight Sheet

for college recommendations

1. What are your future goals? Discuss what you hope to study in college, your future career aspirations, and a personal goal.

2. If you had a motto to live by, what would it be? Why?

3. What is/are your proudest personal and /or academic accomplishment(s), and why?

4. List five adjectives that best describe you as a person and/or a student. Please share a story or example to show how you have exemplified the qualities you listed.

5. What do your grades, GPA, and SAT/ACT scores NOT say about you as a student?

6. What do you feel are your academic weaknesses? What have you done to try to overcome them?

Student: _____ Date: _____
Email: _____ Cell: _____

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7. What school-based extracurricular activities have been most meaningful to you and why?

8. What community activities have been most meaningful to you and why?

9. How have you changed since your first day of your freshman year?

10. Who do you really admire and consider to be your hero and why?

11. Is there anything unique or special about your family, such as your family's cultural background, traditions, or where you have lived or traveled?

12. *Optional* - Will you be the first generation college student in your family?