7 HABITS OF HAPPY KIDS: HABIT 1
Be Proactive—You’re In Charge

This week we’re focusing on Habit 1. It teaches students to be in charge of their own lives, to take responsibility.

To the right you’ll find a checklist of characteristics of someone who practices Being Proactive. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- be responsible
- take initiative
- have a good attitude
- make good choices
- do the right thing without being asked
This week we're focusing on Habit 2. It teaches students to not only set goals in life, but to have a plan to reach those goals as well.

To the right you'll find a checklist of characteristics of someone who Begins with the End in Mind. While students are encouraged to use these characteristics at school, please reinforce them at home as well.
This week we're focusing on Habit 3. It teaches students to set priorities and spend time on their most important responsibilities.

To the right you'll find a checklist of characteristics of someone who Puts First Things First. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- set priorities
- be organized
- be disciplined
This week we’re focusing on Habit 4. It teaches students that everyone can be a winner.

To the right you’ll find a checklist of characteristics of someone who Thinks Win-Win. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- encourage others
- solve conflicts
- be considerate
- be a bucket filler
This week we’re focusing on Habit 5. It teaches students to listen to the speaker, think, and then respond.

To the right you’ll find a checklist of characteristics of someone who Seeks First to Understand. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- be a good listener
- look at the speaker
- be confident
This week we’re focusing on Habit 6. It teaches students the benefits of working together.

To the right you’ll find a checklist of characteristics of someone who Synergize. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- help others
- be humble
- work well in teams
- value others’ ideas and strengths
This week we’re focusing on Habit 7. It teaches students to balance responsibilities with recreation.

To the right you’ll find a checklist of characteristics of someone who Sharpens the Saw. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- eat right
- exercise
- get enough sleep
- help others
Note: This product was created to use with the 7 Habits of Happy Kids.

If you have any questions please email me at jessicaysanders@gmail.com. Check out my blog at http://jessicaywinston.blogspot.com for other ideas and activities.