

Parent Handbook: Family Life Education

Grade 8 SOLs

- 8.1 The student will relate stages of human development to his or her own developmental level.**
Descriptive Statement: The student learns that people change as they age, according to their developmental level--physically, mentally, and emotionally. Physical development and human anatomy are reviewed. Stages of mental and emotional development are presented in relation to the student's present developmental level with the goal of increasing his or her self-understanding and self-acceptance--now and in the future. Commonly accepted theories of personal development are presented as they relate to the student's own development.
- 8.3 The student will become aware of the need to think through decisions and to take responsibility for them.**
Descriptive Statement: The impact of present decisions on future opportunities and personal development is stressed students will discuss the impact of personal information posted on current social media networking sites on future goals.
- 8.5 The student will recognize the nature of dating during adolescence.**
Descriptive Statement: Content includes the need for belonging, love, and affection, and the search for one's own identity. In addition, students examine the difference between love and infatuation and become aware that one learns about oneself from every relationship, and these experiences prepare one for the challenges and responsibilities of marriage. The student will also recognize warning signs and characteristics of potentially abusive dating relationships and emotional abuse.
- 8.6 The student will interpret the messages in society related to sexuality.**
Descriptive Statement: Students continue to discover and analyze messages about sexuality found in advertising media, music and videos, television, films, the internet, printed materials, and graffiti. Students also determine the impact of these messages on themselves and others and review how to counteract negative effects and report to authorities. Positive alternatives to media immersion are discussed as well as the importance of making responsible choices about the alternatives.
- 8.7 The student will describe strategies for saying "no" to premarital sexual relations.**
Descriptive Statements: : The physical, emotional, social, economic, and legal consequences of premarital sexual relations will be emphasized. Assertive skills and ways of saying "No" in terms that will enable the student to resist pressure from other teenagers and manage his or her own feelings and behavior will be reinforced. Abstinence from sexual relations until marriage will be emphasized as the most responsible way for controlling sexual behavior and postponing sexual relations.

8.10 The student will analyze the issues related to teenage pregnancy.

Descriptive Statement: The physical, social, emotional, legal, financial, educational, psychological and nutritional implications of teenage pregnancy are discussed. The roles of and impact on the teenage mother and father are identified.

8.11 The student will review facts about pregnancy prevention and disease control.

Descriptive Statement: Methods of contraception are analyzed in terms of their effectiveness in preventing pregnancy and the spread of disease. Abstinence is emphasized as the only method that is 100 percent effective in preventing pregnancy and sexually transmitted infections.

8.13 The student will identify the effects and prevention of sexual assault, rape (including date rape) and sexual abuse.

Descriptive Statement: Content includes developing assertive skills, resolving conflict, avoiding risk situations and saying “no.” Characteristics of dating violence, human trafficking, electronic harassment, and abusive relationships will be discussed. Information on referral services and legal implications are also provided.

8.14 The student will recall the ways in which the HIV virus is transmitted and prevented.

Descriptive Statement: This involves describing behaviors that put one at risk; dispelling myths regarding the transmission of the infection; and stressing abstinence from risky behavior. The use of condoms in preventing the spread of HIV is discussed.