



**PRE-PROFESSIONAL HEALTH HONOR SOCIETY**  
**CHAPTER LIST ALPHA EPSILON DELTA**



Our society welcomes all students pursuing careers in healthcare and other related fields. PHS provides a forum for students with common interests, and facilitates a program of service to benefit Rock Ridge High School and the Northern Virginia community. Membership is open to students interested in college degree tracks, including but not limited to medicine, pharmacy, dentistry, optometry, podiatry, veterinary sciences, and clinical psychiatry. PHS serves as an honor society and a service organization. Membership is based on scholastic achievement.

**REQUIREMENTS**

- Good GPA standing (3.8 or higher)
- Tutoring hours (10hrs or more per quarter)
- Internship (must keep a log which is to be signed weekly by the practitioner/employer)
- Active member (can only miss 2 meetings per quarter, see advisor for personal questions regarding missed meetings, and pay dues \$10 per semester or \$20 for the whole year)

**DOUBLE DIP**

Keep in mind your logged hours can be used for other classes, this looks great on your resume and is a wonderful precursor to help you get into the Alpha Epsilon Delta Chapter at your University. Being a part of PHS means building lifelong relationships that will help you along your path to becoming productive member of the professional health community as well as provide the following advantages:

- Social Networking:** *The easiest and best way to network with students who have similar interests is joining a student organization. It can help you with your career, hobby or anything that you are passionate about.*
- Social Skills:** *As a student you want to learn how to talk and relate with other people from different cultures and countries. Joining an organization provides an opportunity to build social skills.*
- Professional experience:** *If you join professional chapter student organizations, you will be exposed to real world activities and this will be of great advantage to personal development. For instance, if you are interesting in health care, joining the school's division of PHS will help you get a feel of your professional career.*
- Personality development:** *If you join a student organization, your communication skills will improve by interacting with different people. You may learn even more if you are on the executive board. You learn to balance education and organizational work, while focusing on your goals.*
- Leadership Skills:** *By serving in different roles of organizations, students take on responsibilities or challenges to lead and make a difference in the community.*
- Alumni Networking:** *Student organizations usually bring in alumni and ask them to share their experiences. It is a wonderful opportunity for you learn from seniors who*

have graduated and get connected to them. It helps you with job search and mentoring. Opportunities are limitless through alumni networking.

**-Organization and Management Skills:** Many of us are not familiar with how an organization works and how to manage everything. Being a student organization member allows opportunities to learn about fundraising, finances, event promotion and teamwork. The experience helps you in the long run in your future career.

**-Resume builder:** We all would like to spice up our resume. Remember when your counselor told you that participating in sports and after school events looks good on a school application? The same thing applies to job applications. Being an executive or proactive member of a student organization is a great way to get ahead of your competition.

**-Friendships and Fun:** Life is not just about career and making money. It is about building friendships and living the life you desire. Getting involved provides a chance to meet people and build lasting friendships.

(Adapted from SHSU)

### **EXECUTIVE BOARD POSITIONS**

Our current executive board consists of the president, vice president, secretary and treasurer. Below is our list of our officers and their names. If you have any questions, feel free to send them an email or ask in person.

***President: Simran Mundra***

***Vice President: Sean Le***

***Secretary: Pranav Sameneni***

***Treasurer: Sabrina Sharifi***

There are two open positions this year for the executive board. You must be a returning member to apply for a position. Below are the open positions and their respective duties.

<b>POSITION</b>	<b>DUTIES</b>
<p><b>Secretary</b>  <b>**NOTE**</b>                      This year, there is an open position for a second secretary to work along with our</p>	<ul style="list-style-type: none"> <li>-Obtains appropriate facilities for organization activities</li> <li>-Keeps a record of all members of the organization</li> <li>-Keeps a record of all activities of the organization</li> <li>-Prepares an agenda with the President for all meetings</li> <li>-Notifies all members of meetings</li> <li>-Prepares organization's calendar of events</li> <li>-Keeps the organization informed of both organizational and school businesses</li> <li>-Keeps and distributes minutes of each meeting of the organization</li> <li>-Creates and distributes agendas for each meeting of the organization</li> <li>-Maintains attendance at all meetings</li> <li>-Serve as the organization's recognition and appreciation coordinator</li> </ul>

current secretary.	<ul style="list-style-type: none"> <li>-Maintains organizational records, storage, and office</li> <li>-Prepares and files any report required</li> <li>-Handles all official correspondence of the organization</li> <li>-Collects organization mail from the adviser or wherever mail is received</li> <li>-Represents organization at official functions</li> <li>-Remains fair and impartial during organization decision making process</li> <li>-Performs other duties as directed by the President</li> </ul>
<b>Historian</b>	<ul style="list-style-type: none"> <li>-Keeps a record or history of the club's activities and achievements during the year (visual and written, including A brief caption/description of the event, the location at which the photograph was taken, the date, the names of everyone in the photograph)</li> <li>-Takes pictures at projects, socials, and special events for organizing a scrapbook or online site to tell the club's story for the year</li> <li>-Charge of preparing award nominations</li> <li>-Present at all meetings, including board meetings</li> <li>-Represents organization at official functions</li> <li>-Remains fair and impartial during organization decision making processes</li> <li>-Performs other duties as directed by the President</li> </ul>

**MEETINGS**

Most meetings will be held before school and last anywhere from 30 minutes to an hour. This is so you can utilize after school hours for tutoring and internships. Keep in mind you can also utilize Rock Block for tutoring time. Some meetings may be held after school or during Rock Block depending on the availability of presenters.

# *Pre-Professional Health Honor Society*



## *Membership Form, 2017-18*

PLEASE PRINT LEGIBLY

Full Name: \_\_\_\_\_

Student ID#: \_\_\_\_\_ Grade: \_\_\_\_\_

Phone number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Along with this form, please attach your membership dues no later than Thursday, Oct. 5<sup>th</sup> during our first meeting.**

If you have any questions contact Mrs. Mamatova or one of the officers. Thank you!

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