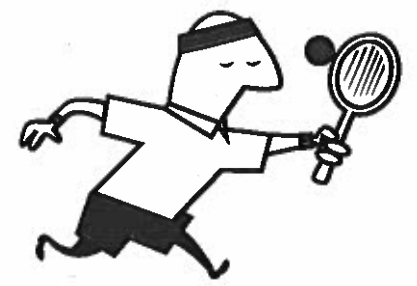
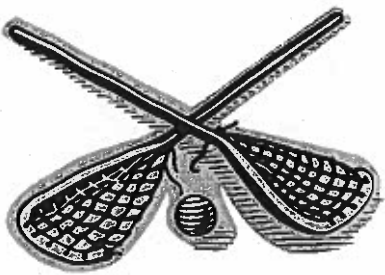




# Rising 9th grade Info Knight



## **Willard Frequently Asked Questions:**

1. Where do we go to find out information?
  - a. [www.champesports.org](http://www.champesports.org) or facebook  
[www.facebook.com/JohnChampeHighSchool](https://www.facebook.com/JohnChampeHighSchool) or Twitter @ChampeSports12 or Instagram @ChampeSports12
  
2. Where do I turn in paperwork?
  - a. All paperwork should be turned in to John Champe HS – either the main office or the athletic office. Keep in mind that the only paperwork turned in is the physical and it can be emailed to [joseph.e.breinig@lcps.org](mailto:joseph.e.breinig@lcps.org) or [Anthony.royse@lcps.org](mailto:Anthony.royse@lcps.org)
  
3. Is there a bus for the student athletes before and after school?
  - a. There is a bus that brings students to Willard from John Champe every morning at 8:30am to accommodate early morning practices. After school there is a bus every day that brings the Willard student athletes from Willard to Champe.
  
4. Are there any teams that practice at Willard?
  - a. This year we had 9<sup>th</sup> grade Volleyball and 9<sup>th</sup> grade Girls and Boys basketball practice at Willard. This decision will be made each year based on coaching staff.

# 2019-2020 Sport Tryout Dates:



## Fall Sports – August 5<sup>th</sup>

-Seasonal sports meeting – August 14<sup>th</sup>

-Fall sports pictures – August 10<sup>th</sup>

## Winter Sports – November 11<sup>th</sup>

-Seasonal sports meeting – November 20<sup>th</sup>

-Winter sports pictures – November 19<sup>th</sup> & 20<sup>th</sup>

## Spring Sports – February 24<sup>th</sup>

-Seasonal sports meeting – March 4<sup>th</sup>

-Spring sports pictures – March 3<sup>rd</sup> & 4<sup>th</sup>



## **Mission Statement for Athletics – John Champe HS**

The Mission of the Athletic Department at John Champe High School was founded on our belief that interscholastic athletics provides educational value for our students. Interscholastic athletics promotes character traits of high value, which will lead to success later in life. These include the commitment to take one's talents to the highest level of performance; embracing the discipline needed to reach high standards; learning to work with others in pursuit of a common goal; and adherence to codes of fair play, self-control and respect. Athletics will also play an important role in creating a sense of community in our school while creating a positive environment in which others wish to be a part of.

## **Core Values**

1. Develop student-athletes through teaching life lessons so that individuals and programs can reach the highest level of success.
2. Maintain our responsibility to the school, our teammates, and ourselves through individual accountability and commitment to effort, fair play and self-control.
3. Treat those around us with honor and represent the school in an exemplary manner at all times.
4. Conduct ourselves and cooperate with others in a way that displays integrity, loyalty and respect.
5. Maintain a commitment to success at all times.

## **Department Goals**

1. Achieve competitive success in every program.
2. Provide student-athletes with the highest quality academic, athletic and social experience.
3. Develop and maintain a strong bond with the community.
4. Provide high quality leadership and management of interscholastic athletics.
5. Develop and maintain a strong inclusive environment, which promotes equity, sportsmanship, compliance, and diversity.
6. Develop and execute a campaign that communicates the message of the Athletic Program.



# John Champe new athletic web page instructions

Attention Knight fans,

We moved to a new web page – [www.champesports.org](http://www.champesports.org)

Please make sure you hit the “**Notify Me**” tab at the top to sign up for the master email list and to get notifications for the sports you are interested in signing up. Please be patient with the new web page as we are learning as well. Feel free to give us feedback with any information that might assist us to provide a better web experience.

All athletic participation forms except for the physical form **MUST** be filled out online. We **WILL NOT** be accepting any hard copy forms except the physical form. Directions on how to fill out the new online forms is below:

- Once on the new web page, select the tab at the top that says “**Activity Registration**”
- Scroll down and select the icon “**Athletic Team Registration**”
- Since everyone is new to this process – you must select the “**New User Create An Account**”



-After you have created an account you can use your user name and password to login as a returning user and at that point, you can start filling out the required forms online:

- Emergency Card
- Parental Consent
- Concussion Information
- LCPS Training Rules

\*\*\*\*If you are a 9<sup>th</sup> grader or new to JCHS you will need to “Register a New Student”. DO NOT try to “Add” a family member.

-You only have to do this once each year. The only form that is required each season is the Emergency Card – all other forms carry forward for the entire year.

-Any questions or concerns, - please contact the Athletic office 703-722-2690.

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*John Champe High School*  
41535 Sacred Mountain St. Aldie, VA 20105  
Athletic Office: (703) 722-2690 Main Office: (703) 722-2680

All students who wish to participate in the sports program must meet the following requirements:

- **Bona Fide Student Rule:** You must be enrolled in and in good standing in the school you represent.
- **Grade Rule:** You must be enrolled in the last four years of high school. Eighth-grade students may participate in high school athletic activities for one year if a freshmen level program is available and if he/she is 14 years of age on or before September 1 of the current academic year.
- **Scholarship Rule:** For 1st semester eligibility you must **have passed at least five (5) subjects for credit**, or the equivalent, at the end of the previous semester and be enrolled in and **remain continuously enrolled in at least five (5) subjects for credit**, or the equivalent during the current semester. For 2<sup>nd</sup> semester eligibility you **must have passed at least five (5) subjects for credit**, or the equivalent at the end of the 1st semester and be enrolled in and remain continuously enrolled in at least five (5) subjects for credit, or the equivalent during the 2<sup>nd</sup> semester. **NOTE: A subject for which credit has previously been granted may not, it repeated, be used by any student to satisfy the requirement of this rule.**
- **Age Rule:** You must not have reached your 19<sup>th</sup> birthday on or before August 1 of the current school year.
- **Transfer Rule:** You must sit out of all VHSL activities for 365 days following a transfer to a school unless the transfer corresponds with a family move into the school attendance area. Eighth and ninth graders are automatically eligible wherever they enroll at the beginning of the year. (Please check with your principal or athletic/activities director for exceptions)
- **Semester Rule:** You may participate for not more than eight (8) consecutive semesters following your initial enrollment in the ninth grade, whether or not you have remained continuously enrolled.
- **Amateur Rule:** You must be an amateur who participates only for the education, physical, mental and social benefits derived from the activity.
- **Awards Rule:** You must not accept in recognition of athletic ability any award not approved by your school or the Virginia High School League.
- **All-Star Rule:** Only seniors who have completed their eligibility in a sport may participate in one all-star game in that sports season.
- **Parental Consent Form/Physical:** You must have submitted a complete copy of a current Athletic Participation/Parental Consent/Physical Examination Form, including the required physical by a doctor, prior to practice, tryouts or membership of any school athletic team, including cheer.
- **Enrollment Rule:** You must have been regularly enrolled in the school, which you represent not later than the fifteenth school day of the semester.
- **Independent Team Rule:** You may, while a member of a school squad or team engaged in interscholastic sports become a member of or participate with an organized team in the same sport which is independent of the school's control so long as such participation does not conflict with the scheduled activities of the school squad or team.

#### **Additional Forms Required**

**Along with the VHSL physical form, athletes and parents must read and sign the following forms: LCPS's Training Rules, LCPS's Warning and Assumption of Risk for Participation, Page 2- Sport Specific Training Rules, Insurance Notice Form, Concussion Education form and the Emergency Card.**

**COMPLETED PACKAGES MUST BE SUBMITTED TO THE ATHLETIC DEPARTMENT BEFORE THE ATHLETE WILL BE ALLOWED TO PARTICIPATE IN TRYOUTS OR PRACTICES.**

#### **QUESTIONS:**

If you have any questions about the athletic program – contact Mr. Breinig, Athletic Director, or Mr. Royse, Asst. Athletic Director

Phone #: (703)-722-2690

Email: [joseph.e.breinig@lcps.org](mailto:joseph.e.breinig@lcps.org) or [anthony.royse@lcps.org](mailto:anthony.royse@lcps.org)

**GET YOUR SPORTS PHYSICAL FOR NEXT YEAR**  
**AND SUPPORT YOUR ATHLETIC PROGRAM!**

**John Champe High School  
will hold its**

**Annual Sports Physical  
on**

**Tuesday, May 28, 2019**

**at John Champe HS**

**6-9pm**

**for the cost of**

**\$40.00**

**Appointments can be made  
by calling Ms. Samina Qureshi  
(JCHS athletic secretary)  
at (703) 722-2680**

**\*Physicals are open to a child of any age**

**ALL PROCEEDS ARE PUT BACK  
INTO THE  
ATHLETIC PROGRAM**

# **JOHN CHAMPE HIGH SCHOOL**

**Athletic Department  
41535 Sacred Mountain St.  
Aldie, Va 20105  
Joe Breinig Jr. (AD)**

We are committed to making sportsmanship the primary focus for JCHS Athletics. Because of this, we have defined sportsmanship and instituted the following guidelines regarding sportsmanship for our athletes. Unsportsmanlike conduct by coaches is handled administratively.

**Sportsmanship:** qualities and behavior befitting a sportsman

Unsportsmanlike behavior can occur before, during, or after events and are defined by:

- 1) An official's call of unsportsmanlike conduct.
- 2) A coach's determination that an athlete acted in an unsportsmanlike manner.
- 3) An administrator's determination that an athlete or coach acted in an unsportsmanlike manner.
- 4) Ejection from a contest that resulted in unsportsmanlike conduct.

**Consequences of unsportsmanlike behavior:**

**First Offense:**

- a) Meeting with AD and coach to discuss unsportsmanlike behavior.
- b) Discussion with team regarding unsportsmanlike behavior.
- c) Written or verbal apologies if needed.
- d) Completion of free Sportsmanship course on [www.nfhslearn.com](http://www.nfhslearn.com)
- e) Immediate dismissal is possible depending on the severity of the incident.

**Second Offense:**

- a) Meeting with AD and coach to discuss unsportsmanlike behavior.
- b) One full game suspension.
- c) Two hours of community service with the athletic department.
- d) Immediate dismissal is possible depending on the severity of the incident.

**Third Offense:** a) Dismissal from the team.

All consequences are appealable to the principal by the athlete in writing within two school days of the behavior.

These consequences are designed to educate everyone about proper sportsmanship and the appropriate actions we want our athletes and coaches to demonstrate. Consequences for first and second offenses are designed specifically to acknowledge that players have different levels of experience and understanding of sportsmanship – therefore we are giving everyone the opportunity to learn from a mistake. The third and final consequence is in place to ensure that everyone understands that repeated unsportsmanlike behavior cannot be tolerated and will ultimately result in your no longer participating on a team.