

## Tenth Grade Objectives

**10.1 The student will describe the value of the home and family as primary sources of enrichment and personal renewal.**

Descriptive Statement: Content focuses on the importance of home and family as a support system, as a nurturing influence in developing values and attitudes, and as an example of a role model for the student's future home and life-style.

**10.2 The student will analyze the effects of cultural and family patterns on individual and family development.**

Descriptive Statement: Topics such as kinship, family cultural background and customs, family religious traditions, and the changing family in today's society are analyzed.

**10.3 The student will classify the problems, issues and decisions related to each stage of the family life cycle.**

Descriptive Statement: Content includes how the life cycle applies to the needs of individual family members. Gerontology will be discussed including myths and realities of aging.

**10.4 The student will explain how parental responsibilities change throughout the family life cycle.**

Descriptive Statement: Parental responsibilities constantly change throughout the life cycle as the relationship between parents and children change. The importance of maintaining a balance between giving children freedom and setting limits for their safety will be covered.

**10.5 The student will interpret state laws that affect family life.**

Descriptive Statement: Current Virginia laws and any pending legislation affecting individuals and families regarding marriage, divorce, adoption, child abuse, and legal responsibilities of parents are reviewed.

**10.6 The student will describe types of adjustment and sources of conflict in interpersonal relationships.**

Descriptive Statement: Students learn that adjustments in relationships are to be expected and are not all bad. Instruction includes common problems, commitment to the relationship, communication skills, decision-making strategies, compromise, and other methods of conflict resolution.

**10.7 The student will analyze the common underlying causes of parent/teen conflict and identify skills that would improve communication.**

Descriptive Statement: Topics include the student's developmental stage, lack of communication skills on the part of the parent and/or child, wrong time priorities, and lack of acceptance of the other person. Specific communication skills such as listening and avoiding verbal personal attacks when having a difference of opinion are discussed.

**10.8 The student will express his or her own attitude toward parenting.**

Descriptive Statement: Students will analyze their own opinions about parenthood and explore reasons for becoming a parent, realistic role expectations, and parental responsibilities.

**10.9 The student will discuss skills and character traits necessary for positive parenting decisions.**

Descriptive Statement: Students will explore the relationship between personal and family development and planning for parenthood. Factors to be considered in family planning, such as education, career development, finances, and maturity.

**10.10 The student will review choices regarding family planning, conception, and pregnancy.**

Descriptive Statement: Discussion includes readiness to be a parent; family planning issues; spacing of children; choices resulting from infertility, genetic factors, and birth defects.

**10.11 The student will identify common fears and concerns regarding the care of newborn infants.**

Descriptive Statement: The emphasis is on parent-child relationships; such as bonding, special care requirements, feeding schedules, stress, Sudden Infant Death Syndrome, sleep patterns, colic, smothering, apnea, medications, illness and breast and bottle feeding.

**10.12 The student will describe adjustments to be made after the birth of a child.**

Descriptive Statement: The newborn child as a source of joy and love is emphasized; however, the impact on the family of caring for a newborn infant is examined, including the effects on income, educational plans, leisure time, time available for sleep and interpersonal relationships. It will be emphasized that the decision to have a child entails a lifelong commitment to that child's welfare.

**10.13 The student will identify criteria for selecting adequate childcare services.**

Descriptive Statement: Students will be guided in identifying various childcare options. The need for quality childcare will be presented.

**10.14 The student will explore the financial costs of pregnancy and childrearing.**

Descriptive Statement: Students will consider the costs associated with pregnancy and childrearing.

**10.15 The student will analyze the factors and outcomes associated with prenatal care.**

Descriptive Statement: Students will examine the problems and causes of low birth weight; the need for adequate nutrition and health habits; and the importance of quality prenatal care.

**10.16 The student will explain the importance of supportive roles of the mother and father through pregnancy.**

Descriptive Statement: Topics for discussion include the responsibilities of each parent in relation to proper prenatal care; the effects of heredity; possible abnormal outcomes such as miscarriage, birth defects, still birth, and premature birth.

**10.17 The student will explore available birthing options.**

Descriptive Statement: Birthing alternatives, such as prepared or educated childbirth, are examined.

**10.18 The student will identify the stages of fetal development and stages of the birthing process.**

Descriptive Statement: The stages of the birthing process include the onset of the process and the three stages of labor and delivery.

**10.19 The student will recognize the advantages of abstinence from pre-marital sexual relations and review appropriate refusal skills.**

Descriptive Statement: The physical, emotional, social and economic consequences of pre-marital sexual relations are stressed. Students will develop assertive skills, including methods of saying “no” in ways that enable them to resist pressure from other teenagers and manage their own feelings and behavior.

**10.20 The student will identify ways of preventing and/or coping with various types of violence.**

Descriptive Statement: Content includes issues associated with dating violence, spouse abuse, sexual assault, physical and verbal child abuse, family violence, electronic harassment, and abuse of the elderly and

disabled; violence prevention strategies; and identification of local support groups and agencies. Emphasis is placed on abuse as an unacceptable form of behavior that should not be tolerated. The need to report violence to appropriate authorities and agencies are presented as well as methods of reporting.

**10.21 The student will analyze community resources to meet the needs of the individual and families.**

Descriptive Statement: Students learn how to locate community resources and how to evaluate them in selecting appropriate assistance with individual and family problems.

**10.22 The student will explain how media can have both positive and negative effects on the development of individuals at various ages.**

Descriptive Statement: Students learn the types of messages conveyed through various media; techniques for analyzing television programs and commercials; and strategies for evaluating program offerings according to their potential to entertain, to educate, to reinforce concepts, to guide or misguide behavior, and to promote violence.

**10.23 The student will explain the effects of substance abuse on the system of the body.**

Descriptive Statement: Topics included are the effects of alcohol on both the body and mind; reasons why drinking alcohol is dangerous for drivers; blood alcohol concentration and how it is measured; alternatives to driving drunk; and organizations which address drinking and driving.