Student Safety
Strategic Action Update

Loudoun County School Board
April 24, 2018
## LCPS Strategic Plan

**Goal 3: Deliver effective and efficient support for student success.**

### Topic: Student Safety

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<th>STRATEGIC ACTION</th>
<th>PERFORMANCE MEASURE</th>
<th>DESIRED OUTCOME</th>
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<td>All schools and staff will implement programs and services that promote a safe, positive, supportive and healthy learning environment to include: suicide prevention; bullying prevention; restorative practices; positive behavioral supports/behavior interventions; threat assessment; crisis intervention/response; and training in support of the Department of Educations’ recommendation for “Run, Hide, Fight” to accompany “Lockdown” for violent active intruder incidents.</td>
<td>Key indicators of a safe and supportive learning environment as reported by students on the Virginia School Climate Survey and PBIS School Climate Survey. Staff surveys reflecting participation, knowledge and application as a result of professional learning on student safety initiatives. Documentation indicating that principal and teachers have received training promoting solid action, awareness and decision making during active intruder incidents.</td>
<td>FY16 Baseline Percentage of positive responses on student surveys indicating a high level of behavioral and mental health wellness and safety. FY17 Improve or sustain the percentage of positive responses on student surveys indicating a high level of behavior and mental health wellness and safety. All Principals and Teachers will complete school safety protocol. FY18 Improve or sustain the percentage of positive responses on student surveys indicating a high level of behavior and mental health wellness and safety. All LCPS Employees will complete school safety protocol.</td>
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Programs and Services Supporting Student Safety

- MH & Wellness Parent Series
- MH & Wellness Symposium
- Sources of Strength
- PEER
- School Mental Health Teams
- Return to Learn
- Suicide Prevention
- Bullying Prevention
- Threat Assessment
- Substance Use
- PBIS
- Food Allergy Awareness
- Crisis Intervention
Performance Measures of Student Safety

• Students
  ✓ LCPS Annual Student Survey (Grades 3-12)
  ✓ Virginia School Climate Survey* (Grades 9-12)
  ✓ Virginia Youth Survey (Grades 9-12)

• Staff
  ✓ LCPS Annual Staff Survey
  ✓ Virginia School Climate Survey* (Grades 9-12)

• Parents
  ✓ LCPS Annual Parent Survey

* Data Not Yet Available
LCPS Annual Student Survey (Grades 3-12)

Students reported a high level of perceived safety and support.

• I feel safe in this school. (89%)
• I feel like I belong at this school. (83%)
• I like this school. (84%)
• Teachers at this school care about their students. (93%)
• Most teachers and other adults at this school treat students with respect. (89%)
• I have been bullied at school this year. (21%)
• Students care about each other. (70%)
Virginia Youth Survey (Grades 9-12)

High school students reported positive perceptions of safety and support on the Virginia Youth Survey.

• During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school? (95% for 0 days)
• During the past 12 months, have you ever been bullied on school property? (17.8%)
• During the past 12 months, have you ever been electronically bullied? (15.8%)
• During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property? (97.2% for 0 days)
LCPS Annual Staff Survey

Teachers and staff reported a high level of perceived support from teachers and students.

• Teachers care about all students in this school. (97%)

• Most students treat each other with respect. (93%)
LCPS Annual Parent Survey

Parents reported a high level of safety and support.

- A welcoming environment exists in my child’s school. (93%)
- This school respects diversity and welcomes all cultures. (97%)
- This school supports an inclusive environment. (95%)
- My child’s teachers care about my child. (93%)
- This school provides a safe and orderly place for students to learn. (95%)
- My child feels safe from bullying at school. (87%)
Mental Health & Wellness - Parent Outreach

- Nov. 16: **Anxiety and School Refusal**, Dr. Krystal Lewis, National Institute of Mental Health
- Jan. 3: **Substance Use Awareness**, Allyne Zappalla, Specialist, Student Assistance Services; Loudoun County Sheriff’s Office
- Feb. 15: **Bullying Behaviors and Cyberbullying**, Anaid Shaver, Specialist, School Counseling Services
- Mar. 7: **Substance Use Awareness**, Jennifer Wall, Supervisor, Student Assistance Services; Fiona Brown, Specialist, Student Assistance Services; Loudoun County Sheriff’s Office
- Mar. 15: **Managing Bumps in the Road: Building Resilient Relationships with Your Teen**, Dr. John Walker, Family Connections
- Apr. 4: **A Parents Guide to Evidence-Based Treatment**, Dr. Rebecca Hardin, Potomac Behavioral Solutions

- 356 attended parent sessions
- 90% indicated training provided them with new information
- 88% indicated they left ready to use a new skill or strategy
- 94% indicated they would recommend the workshop to other parents
Mental Health & Wellness - Parent Outreach

• April 19: The Role of Restorative Language in Enhancing Family Connection, Suzanne Petersen, Supervisor, Student Support Services

• May 3: Suicide Prevention, Dr. Christy Esposito-Smythers, Psychology Professor, GMU & Dr. Heather Applegate, Supervisor, Diagnostic and Prevention Services

• May 8: Substance Use Awareness, Jennifer Wall, Supervisor, Student Assistance Services; Megan Marshall, Specialist, Student Assistance Services; Loudoun County Sheriff’s Office

• May 15: Parenting in a Busy World: Mindfulness Strategies, Donilee Goldsmith, School Social Worker; Michelle Bogdan, MLB Therapy
Mental Health and Wellness Symposium

• Saturday, October 14, 2017, Riverside High School

• Keynote, 24 concurrent break out sessions by school, community, and regional experts, and a resource and vendor fair

• 200 parents and community members in attendance

• 92% surveyed recommended the symposium to others

• 86.4% reported they will implement a new strategy, skill, or idea shared at the symposium
Sources of Strength

• Implemented in 10 high schools and 2 middle schools, 2017-2018

• Complete training for the remaining secondary schools, 2018-2019

• Conduct Train-the-Trainer, June 25-29, 2018
PEER/Sources of Strength – School Safety
School Based Initiatives

Students Served
- 2016-2017: 7,447
- 2017-2018: 32,413
PEER School Safety Groups

• Facilitate Restorative Circles focused on School Safety through PEER Program

• Invited 5 high schools: LVH, FHS, SBH, RVH, and PVH to participate in PEER Groups

• Provide opportunities for student engagement and discussion

• April 23-May 1 timeframe
School Mental Health Teams

• Created a Division Mental Health Coordination Team to manage consistent implementation across the school division

• Implemented a Unified Mental Health Team Satisfaction Survey

• Developed the *School Mental Health Implementation Inventory*

• Provided ongoing professional learning for school mental health staff

• Conceptualized High School and Middle School Mental Health Team training for August, 2018
Return to Learn

• Developed guidelines, forms, and parent brochure & LCPS webpage

• Trained School Mental Health Teams and administrators in an evidence-based approach to transitioning students back to school after a long term absence

• Implemented RTL protocol January, 2018
Substance Use Prevention

• Provided 6th, 8th, & 10th grade Substance Use Prevention presentations during Health and PE to promote healthy alternatives and enhance decision making to 10,658 students:
  ✓ 81% reported that after learning about risk factors, they are not at all likely to use or abuse drugs and alcohol during middle and/or high school

• Facilitated 3-day Insight Class for 151 students:
  ✓ 86.5% of the students reported that the class was beneficial
  ✓ 81.3% of the students reported that as a result of the class they intended to decrease or stop using drugs and alcohol
Bullying Prevention

• Implemented a Bullying Prevention Core Curriculum Action Plan in all schools

• Presented Comprehensive Efforts to Address Bullying Behavior to principals in January, 2018
Threat Assessment

• Provided two team training sessions on procedures to new and returning staff (August, 2017 and March, 2018).
  ✓ 127 staff attended
  ✓ 100% of participants reported that training will "help them respond to student threats of violence" and they "understand the basic concepts and procedures of conducting threat assessments”.

• Implemented new online educational modules to help parents, students, teacher, and staff understand the threat assessment process

• Conducted 156 threat assessments
Suicide Prevention

- Conducted 213 *SOS Signs of Suicide* 9th Classroom Presentations:
  - ✓ 92% recommended the program to their peers
  - ✓ 98.2% learned ways to help a suicidal friend

- Conducted 604 *SOS Signs of Suicide* 10th-12th Booster Presentations

- Offered 31 *Training Trusted Adults* sessions for HS Staff/Parents

- Conducted 941 suicide screenings
Food Allergy Awareness

• Updated the Allergy Handbook, *Supporting Students with Food Allergies*

• Provided training in Seizure, Asthma and Anaphylaxis/Epi-Pen administration to athletic trainers and coaches

• Developed procedures to track the administration of procedures and protocols for the use of Epi-Pens

• Develop Allergy Awareness training module
Crisis Intervention

• Provided 2-day PREPaRE training for 36 new staff

• Responded to 8 critical incidents affecting 9 schools and provided support to 274 students (individual and group intervention) and 27 staff members
Positive Discipline: PBIS and Restorative Practices

- 380 staff are trained on **Effective Classroom Practices**.
- 34 Pupil Services staff are RP Licensed Trainers.
- All schools have at least one RP trained staff member.
- 100% of secondary schools have used Restorative Practices as a positive discipline alternative.
- 93% of students participating in an RP Conference had no further discipline issues related to the event.
- 87% of students felt safer at school following an RP Conference.
- 24,439 students have participated in RP Circles to foster school connection and positive relationships.
Looking Forward

• Middle School Mental Health Initiative
• Focus on Social-Emotional Learning
• Collaboration with County Agencies & Community Partners
• Ongoing Professional Learning for Staff
• Parent Education & Resources
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