

Riverhawk Runners Permission Form & Expectations

While participating as a member of the Riverhawk Runners, I will:

- Always do my best
- Be nice to others
- Have fun
- Listen to my coaches at all times
- Be respectful of my fellow runners
- Have fun
- Ask questions when in doubt
- Set a goal for myself to achieve by the end of the program
- Have fun

I have received, read, and understand the expectations outlined on the permission form and information form.

Student Signature: _____

Parent/Guardian Signature: _____