

FREEDOM GAZETTE

VOLUME 8, ISSUE 10 JUNE 2013 PAGE 1



PRINCIPAL'S PERSPECTIVE

June 10 will mark the end of Freedom's 8th year and its seventh graduation. As Freedom ends its first decade, it will see plenty of changes. Our enrollment is scheduled to drop below 1500 in 2013-2014. This is the lowest Freedom is projected to be. From 2014-2020, Freedom is expected to move back up to 2000 students. So we will feel a little like a yo-yo diet next year. We are smaller, our staffing decreased and we will probably be one of the smallest schools in Division 5 of the Virginia High School League.

Then, we will hit a small growth in 2014-2015, followed by a couple of big jumps the following years. To make room for the students, Freedom is expected to have an addition completed to add classrooms to the building.

We are preparing for the changes and adjustments we make with decreased and then with increased student population. Our continued goal is to provide quality instruction and improve student learning no matter what else is going on around us. We have a dedicated staff who are putting students first and realize the factors they control (instruction and student learning) and the ones they cannot.

This summer, my office will be open to talk about school size, instruction, learning or any other issue you may wish to chat about, vent or explain. Starting Tuesday July 2 and every Tuesday in July, the office will be open from 6 PM– 8:30 PM for parents to come by and visit. Please know, you can catch me other times, but Tuesdays in July are reserved for you.

FRESHMEN TRANSITION DAYS

Eagle Transition Day is a part of the transition year for rising freshmen at FHS. All rising freshmen are invited to attend a one day event during the summer to help acclimate themselves to Freedom H.S. Students can select from two possible dates (July 18th or August 2). The session will start at 10 am in the Auditorium and conclude at 1:30 PM.

FREEDOM HIGH SCHOOL ADMINISTRATION

Doug Fulton, Principal

Fred LeMaster, Assistant Principal
Grade 9

Michelle Luttrell, Assistant Principal
Grades 10-12, Last Name beginning with A-L

Dawn Dickerson, Assistant Principal,
Grades 10-12, Last Name beginning with M-Z

Kenneth Christopher, Director of School Counseling

Matt Oblas, Athletic Director

Monica Buchholz, Bookkeeper

Main Office 703-957-4300

Counseling Office 703-957-4307

Athletic Office 703-957-4308

Clinic 703-957-4304

Absentee Line 703-957-4309



@fhseaglesnest

UPCOMING EVENTS

06/03 — 1ST / 2ND
EXAMS

06/03 — SENIOR TRIP

06/04 — 5TH / 6TH
EXAMS

06/04 — SENIOR
OBLIGATIONS
DUE!

06/05 — 3RD / 4TH
EXAMS

06/05 — TRACK AND
FIELD BANQUET

06/06 — 7TH / 8TH
EXAMS

06/06 — LAST DAY OF
SCHOOL

06/06 — MANDATORY
GRADUATION
REHEARSAL

06/10 — GRADUATION

06/10 — ALL-NIGHT
GRADUATION
CELEBRATION

06/12 — REPORT
CARDS MAILED
HOME

Please check the [calendar](#) on the FHS web site for more information!

LIBRARY NEWS	2
--------------	---

PARENT LIASION	3
----------------	---

COUNSELOR CONNECTION	4
----------------------	---

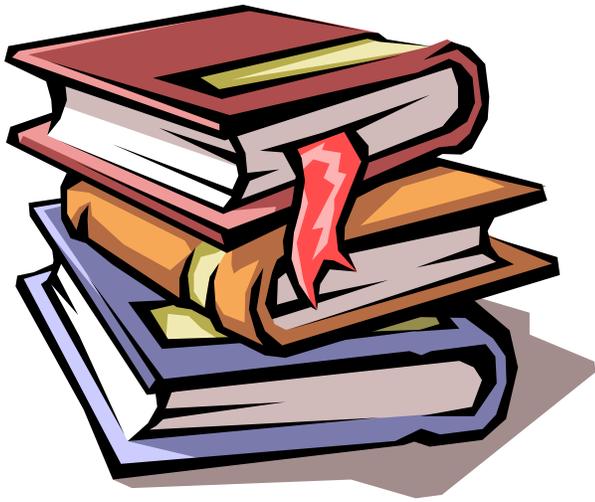
EXAM SCHEDULE	5
---------------	---

MESSAGE FROM OBLAS	6
--------------------	---

If, due to a disability, you need assistance to enable you to participate meaningfully in any school activity, please contact Michelle Luttrell at 703-957-4300 at least FIVE WORKING DAYS prior to the event.

LIBRARY NEWS

Summer is the perfect time to enjoy reading a great book! The library will begin summer check out to students on Thursday, May 30. Students can stop by the library and select books to take home and read over the summer. The summer check outs will be due at the beginning of the 2013-2014 school year. Have a great summer!



DRAMA NEWS

The Theatre Department was honored on May 21st with the EXCELLENCE IN SUPPORT OF SPECIAL EDUCATION award for their work on the original show MsituA (Journey into the world of Autism). Mr. Rogers was also recognized for his efforts for inclusion of special education students in his Drama Program.

Theatre Arts students Corinne Maclean, Meena Knowles, Morgan Taylor and Shelly Walsh all received CAPPIE AWARD NOMINATIONS for this year's Cappie Awards to be held at the Kennedy Center in Washington, D.C. on June 9th.

The Drama Department received over 20 awards this year throughout the state for their outstanding performances.

SCHOOL HEALTH CLINIC

If your student has **ANY medication** in the school clinic it will need to be **picked up** no later than **2 PM Friday, June 7, 2013**. If you need special arrangements made please call the clinic at 703-957-4304. Medication cannot be stored over the summer and **WILL** be discarded if it is not collected.

If your child will need medication or specialized care for the upcoming 2013-2014 school year, Loudoun County Public Schools requires a new physician's order/care plan every year. Thus, you and your child's physician must complete and sign the proper form(s). **Please note that parents may not amend the physician's order for managing the child's medical condition.** The forms may be found on the FHS web page under "Our School" and "Clinic" If you have any questions please contact the FHS Clinic, 703-957-4304.

ABSENTEE CALL-IN LINE

When a student will be absent from school, parents are asked to call the attendance line.

The number is (703) 957-4309. Please leave the following information when you call:

1. Date
2. Student name
3. Grade
4. Reason for the absence
5. Your identity

For your convenience, this is a 24 hour answering machine. If you forget to call on the day of the absence, you must send a note with your student on the day they return to school. Without a phone call or note, the absence will be considered unexcused and disciplinary action will be taken.

Parents as a reminder, it is imperative to report your students absence or tardy to school in a timely manner.

Please call **(703) 957-4309** no later than **9:30 AM** on the day of their absence. Thank you!



PARENT LIAISON

If your family requires food assistance for the summer break and we have not already made arrangements, you must contact me immediately. It has been my absolute pleasure to assist our wonderful Freedom families this school year. As always, please feel free to reach out if I can help in any way.

**Have a fantastic summer,
Stefani Cardone**



STUDENT OF THE MONTH!

On Friday, May 24th, students were recognized during the Student of the Month Award Ceremony in the Freedom library.

Each department nominates two students to receive awards, the "True Eagle" Award and the "Soaring Eagle" Award. These awards are available to all students.

"True Eagle"- This student demonstrates the highest level of academic success in the classroom. They also demonstrate elements of great character, such as maturity, leadership, and kindness.

"Soaring Eagle"- This student demonstrates marked improvement in their academics. They may also have made improvements in their character, leadership role in the classroom, and/or attitude.

Students Awarded in May 2013:

True Eagle

Jordan Breedlove

Stephanie Ha

Katie Zigadlo

Christina McGrath

Leilani Bartell

Kellie Hartless

Nicole Risinger

Tori Truesdale

Ashley Perkins

Soaring Eagle

Terrence Hogan

Hunter Hall

Justin Maile

Sterling Taylor

Brittany Spargo

Marshayla Dale

Eric Martin



Congratulations!

Counselor Connection



Director of School Counseling

Kenneth Christopher

School Counselors

Kirsten Heffernan – A - De

Cristi Goldberg – Dh - Je

Colleen Hurley – Ji - Mo

Ann Barrett – Mu - Sc

Caroline Fuhrman Se-Z

Career Center Assistant

Darlene Ong

Administrative Assistants

Suzanne Wyker

Kathy Studenick

LCPS SUMMER SCHOOL

The 2013 High School Summer School Program will offer multiple learning opportunities for high school students to remediate deficiencies and expand academic skills. Instruction in core content areas at each grade level and subject area will reflect the LCPS Curriculum and Virginia Standards of Learning.

Students may take one credit course for new credit. Students must attend the full 28 day session in order to meet the requirements for instructional hours as determined by the Virginia Department of Education. Students must have satisfactorily passed any prerequisite course. **Students who previously have taken a class but received a numerical grade of 50 or below must take the full session class.** Students should contact their school counselor to obtain their numerical grade to determine whether they must take the full session course or are permitted to take a repeat course. Middle School students may take only one math class for new credit. Refunds will not be given for students not meeting the attendance requirements

Virtual Summer School Courses

Enrollment in Edgenuity (formerly known as ED2020) virtual courses is based on availability of approved high school courses and must receive the approval of the

building principal and school counseling director. For more information on virtual courses, contact your school counselor. Registration is available but the application is not accepted until approval is obtained. Virtual registration is available for current LCPS students only.

Registration and Payment

Complete the on-line registration process and at the end print out the receipt page. It must be signed by the parent/guardian and taken to the School Counseling Office **by 3:00 PM on Friday, June 14, 2013**. Parents may pay for summer school by credit card, check, cash or money order. The school counseling staff will determine whether the course selection is appropriate and accept payment, if you do not select the option to pay by credit card, or if you are approved to pay a rate other than that assigned by the system. Checks should be made payable to the home school. If you have no computer/internet access, please complete the paper registration form available from your school counselor.

FINAL REPORT CARDS MAILED ON JUNE 12!!

RISING SENIORS!! DON'T FORGET SAT & ACT REGISTRATION!

When school starts, many students get caught up with the beginning of their senior year, and forget to sign up for the SAT. **The first SAT of the year will be October 5, and the registration deadline is September 6.** Freedom will host the October 5 SAT, so sign up early to take the test at your home school!

AND, don't forget about the ACT as a viable standardized testing option. **The first ACT of the year is September 21, and the registration deadline is August 23** – before school even starts!

Senior deadlines are important. Be sure that you don't miss the very first one!

EXAM SCHEDULE

2ND SEMESTER EXAM SCHEDULE

The table below shows the schedule when exams are administered.

Date	Period
June 3, 2013	1 and 2
June 4, 2013	5 and 6
June 5, 2013	3 and 4
June 6, 2013	7 and 8
*June 7 & 10, 2013	Records/Planning Days
June 10, 2013	Grades Due from Teachers
June 12, 2013	Report Cards Mailed Home

The table below shows the high school exam bell schedule.

Exam	9:00 a.m - 11:00 a.m.
Break	11:00 a.m. - 11:25 a.m.
Exam	11:30 a.m. - 1:30 p.m.
Dismissal	1:30 p.m.

Students will not be released before 1:30 p.m.

SENIOR ALL NIGHT GRADUATION CELEBRATION!



Seniors:

TIME IS RUNNING OUT... Register **NOW** for the All Night Graduation Celebration at Dave and Busters!!

Don't miss out on the greatest celebration of the year!

Send in your paid registration now to be eligible for some great monthly raffle prizes. The earlier you register the more chances to win.

We now accept online payment via PayPal which is accessed through the website.

All information regarding ANGK can be found at www.freedomangc.org.

MESSAGE FROM MR. OBLAS

Freedom Athletes and Parents,

Thank you for your commitment and hard work during this athletic school year. Believe it or not, next year is just around the corner. All current VHSL Physicals are invalid after June 15 per the VHSL. All LCPS students must have new paperwork, including the VHSL Physical Form, on file with the athletic office prior to participating in any in-season or off-season practice or conditioning session. Paperwork should be turned in to the athletic office immediately upon completion. Students are not permitted to practice or condition after June 15 without that paperwork completed and on file. Please schedule your doctor's physical ASAP so that you're ready for off-season practices. The paperwork is posted on freedomeagles.org under "Required Forms for Participation." While visiting freedomeagles.org, please also sign up to receive e-mail blasts from your specific team/s. Email messages and informational items are sent out throughout the school year through that system. It takes less than a minute to sign up.

Thank you again for this 2012-13 athletic school year,

Matt Oblas

Athletic Director



CAFETERIA NEWS



Hot Meal

Every day

Chicken Nuggets (Variety of Flavors)

Week 1

Monday - Masaroni & Cheese*
 Tuesday - Pork BBQ+ & Coleslaw
 Wednesday - Taco Plet#
 Thursday - Spaghetti with Meatballs# or
 Marinara Sauce and String Cheese*
 Friday - Chicken & Cheese Enchilada

Week 2

Monday - Lasagna Rollup*
 Tuesday - Turkey & Dressing
 Wednesday - Beef# or Bean* Soft Taco
 Thursday - Chicken Parmesan with Marinara
 Spaghetti Noodles
 Friday - Beef Nachos# or Bean Nachos* with
 Tortilla Chips

Week 3

Monday - Teriyaki or Orange Chicken
 Tuesday - Breaded Mozzarella Cheese Sticks*
 Wednesday - Chicken Fajita Rice Bowl
 Thursday - Cheese Ravioli*
 Friday - Hot Dog or Corn Dog



Pizzeria & Salads

Every day

Cheese Pizza*
 Pepperoni Pizza
 Vegetarian/Hummus Salad*
 Traditional Chef Salad

Monday

Chop Salad

Tuesday

Chicken or Turkey Caesar Salad

Wednesday

Fruit Salad with Yogurt*
 Taco Salad# on Taco Day Only
 Stuffed Crust Pizza - Cheese* and Pepperoni

Thursday

Asian Salad

Friday

Tuna Salad

Fruits & vegetables available on
 all serving lines.



Hot n' Cold Wrap n' Roll

Every day

Yogurt* & Bagel

Monday

Spicy Chicken Sandwich
 Cheeseburger#

Ham & Cheese Wrap+

Tuesday

Crispy Chicken Sandwich

Steak & Cheese Sub#

Pork BBQ Rib Sub+

Chicken Salad Sandwich

Wednesday

Grilled Chicken Sandwich

Cheeseburger#

Turkey Sandwich

Thursday

Crispy Chicken Sandwich

Steak & Cheese Sub#

Pork BBQ Rib Sub+

Tuna Salad Sandwich

Friday

Spicy Chicken Sandwich

Cheeseburger#

Fish Filet Sandwich

Chicken Caesar Wrap

Menu Key - Beef #, Pork +, Meatless *

Week of May 27th Week 2

Week of June 3rd Week Managers Choice

FREEDOM

F R E E D O M E A G L E S

FREEDOMHIGH SCHOOL

25450 Riding Center Drive
South Riding, VA 20152

Phone: 703-957-4300
Fax: 703-542-26

Phone: 703-957-4300
Fax: 703-542-26



[@fhseaglesnest](#)



[@fhseaglesnest](#)