

Senior Self-Assessment

Student's Name:	Student ID#:	Date:	
Student Email Address:	Student cell pl	hone number:	
Counselor:			
Any student needing a counselor recommendation must complete and submit this assessment to their counselor at least 3 weeks prior to the due date. Recommendation letters are confidential communication between high school counselors and the college admissions office and/or scholarship committee. Counselors are not obligated to share the content of their recommendation letter to either the parent and/or the student. Thank you for taking the time to complete this form. The information shared assists your counselor in providing colleges with a thoughtful and thorough student recommendation.			
What three words best describe you? Why?			
What are your personal strengths? Give exam	nples.		
Life's obstacles allow us to grow. Describe an	obstacle that impacted y	you and how.	
Does your academic record reflect you as a strongatively? Give examples of your strengths		e contributed to your performance, positively or	
Please list and describe any work experience	or leadership roles you've	e held. How did these experiences impact you?	
What school activity (athletics, academic, club	b, electives related) has b	peen most important to you and why?	
What activity, event, or situation outside of R	liverside, has had the gre	atest impact on you?	
Have you made the most of your experience i	in high school? What wo	uld you do differently?	
What do you hope to accomplish in college or	r after college, career wise	e and/or personally?	
Please share anything else that might be help	ful in preparing your reco	ommendation.	
Please list 2 teachers who know you well; who	om you feel could add po	ositive comments to enhance your letter.	