

Bullying Prevention: LCPS Middle School Counseling Program Components

In order to insure that all secondary students county-wide receive the same important information about bullying prevention, the following grade-level topics are covered at every school:

6th grade:

Classroom guidance for all 6th grade classes

- What is bullying? - identifying bullying behavior
- Why kids bully
- Refusal skills
- What to do when you witness bullying; how to report
- Consequences of bullying to the bully, the victim, and bystanders
- Consequences: discipline
- Signing a pledge
- Sexual harassment
- Identifying two trusted adults
- Safe School Ambassadors
- Parent education (on web-site / newsletter / presentations)

7th Grade

Sexual Harassment

- Definition
- Verbal / non-verbal / visual
- Written / physical
- Laws about
- How to report
- Plans for safety
- Sexting
- Pantsing
- Flirtation vs. harassment
- Respecting boundaries
- Girls harassing guys / guys harassing girls
- Effects of harassment
- False accusations

- Misusing terms
- Case studies and examples

8th Grade

Cyberbullying

- Gossip / rumors
- Peer pressure
- Targets: bystanders / victims
- Situational examples
- Pre/ Post assessment
- (Optional) Presentation from Loudoun Abused Women's Shelter: Teen Violence Prevention

Additional Programs

Bully box

Character Education

Get Real About Violence

Groups (anger management / social skills / victims / aggression)

PBIS

Peer Helper program

Presentation by Loudoun Abused Women's Shelter: Teen Violence Prevention program

Safe School Ambassadors

Staff survey / follow up