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## About Me

My name is Sandy Salguero. I am a bicultural and bilingual (English/Spanish) school psychologist in LCPS. Although I was born and raised in Northern Virginia, my family is originally from Guatemala. I earned my bachelor's, master's, and specialist degrees at George Mason University. I have been working in Loudoun since 2014 and at Sterling Middle School since 2019. I previously worked at Meadowland Elementary School, Sugarland Elementary School, and Dominion High School.

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# Psychological Services





## What Do School Psychologists Do?

School psychologists are uniquely qualified members of school teams that support students' ability to learn and teachers' ability to teach. They apply expertise in mental health, learning, and behavior, to help children and youth succeed academically, socially, behaviorally, and emotionally. School psychologists partner with families, teachers, school administrators, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community. (from [National Association of School Psychologists](#) website)

## What Services Do School Psychologists Provide?

**Counseling:** Psychologists provide counseling interventions to special education students as a related service and general education students to improve the social, emotional, and behavioral skills and functioning of children and adolescents.

**Prevention Education:** Psychologists provide classroom-based universal mental health education to students and serve as trainers for Sources of Strength to promote positive mental health, strengths, resiliency and protective factors.

**Crisis Intervention:** Psychologists respond to critical incidents that impact the emotional functioning of students and school staff providing psychoeducational interventions and supports.

**PBIS Coaching:** Psychologists coach school Positive Behavioral Interventions & Support (PBIS) teams in planning for, analysis of, and documentation of efforts related to implementation of PBIS.

**Behavioral Consultation/Intervention:** Psychologists conduct behavioral assessments and develop function-based interventions for students whose behavior is interfering with their educational functioning.

**Psychological Evaluations:** Psychologists assess the cognitive, behavioral, and social-emotional functioning of preschool and school-age children, write comprehensive psychological reports, and hold conferences with parents to explain results and identify the educational and mental health needs of the child for students referred for special education or Section 504 services.

**Progress Monitoring:** Psychologists screen and progress monitor students receiving intervention.

**Threat Assessment:** Psychologists provide mental health input to school threat assessment teams in assessing and resolving threats of violence against school staff and students.

**Suicide Risk Screening:** Psychologists screen suicidal risk of referred students to identify the severity of suicidal thoughts and behavior to identify needed mental health supports.

**Eligibility Team:** Psychologists present psychological evaluation findings and assist the eligibility team in determining whether students qualify for special education and Section 504 services.

**Problem Solving Team:** Psychologists serve on school intervention teams (Unified Mental Health Team, Tier 3 Intervention Team) to promote individual behavioral and social-emotional interventions to support children.

**Referral Review Team:** Psychologists serve on the Referral Review Team to review records and other performance evidence to assist in determining whether a student is suspected of having an educational disability and in need of an evaluation.