

## Learning Style Inventory

To better understand how you prefer to learn and process information, place a check in the appropriate space after each statement below, then use the scoring directions at the bottom of the page to evaluate your responses. Use what you learn from your scores to better develop learning strategies that are best suited to your particular learning style. This 24-item survey is not timed. Respond to each statement as honestly as you can.

	Often	Sometimes	Seldom
1. I can remember best about a subject by listening to a lecture that includes information, explanations and discussions.			
2. I prefer to see information written on a chalkboard and supplemented by visual aids and assigned readings.			
3. I like to write things down or to take notes for visual review.			
4. I prefer to use posters, models, or actual practice and other activities in class.			
5. I require explanations of diagrams, graphs, or visual directions.			
6. I enjoy working with my hands or making things.			
7. I am skillful with and enjoy developing and making graphs and charts.			
8. I can tell if sounds match when presented with pairs of sounds.			
9. I can remember best by writing things down.			
10. I can easily understand and follow directions on a map.			
11. I do best in academic subjects by listening to lectures and tapes.			
12. I play with coins or keys in my pocket.			
13. I learn to spell better by repeating words out loud than by writing the words on paper.			
14. I can understand a news article better by reading about it in a newspaper than by listening to a report about it on the radio.			
15. I chew gum, smoke or snack while studying.			
16. I think the best way to remember something is to picture it in your head.			

17. I learn the spelling of words by “finger spelling” them.			
18. I would rather listen to a good lecture or speech than read about the same material in a textbook.			
19. I am good at working and solving jigsaw puzzles and mazes.			
20. I grip objects in my hands during learning periods.			
21. I prefer listening to the news on the radio rather than reading the paper.			
22. I prefer obtaining information about an interesting subject by reading about it.			
23. I feel very comfortable touching others, hugging, handshaking, etc.			
24. I follow oral directions better than written ones.			

## Scoring Procedures

Directions: Place the point value on the line next to the corresponding item below. Add the points in each column to obtain the preference score under each heading.

**OFTEN = 5 points    SOMETIMES = 3 points    SELDOM = 1 points**

VISUAL		AUDITORY		TACTILE	
NO.	PTS.	NO.	PTS.	NO.	PTS.
2		1		4	
3		5		6	
7		8		9	
10		11		12	
14		13		15	
16		18		17	
19		21		20	
22		24		23	
VPS =		APS =		TPS =	
VPS = Visual Preference		APS = Audio Preference		TPS = Tactile Preference	

# Learning Styles Assessment

Read each statement and select the appropriate number response as it applies to you.

Often (3)

Sometimes (2)

Seldom/Never (1)

## Visual Modality

- \_\_\_\_\_ I remember information better if I write it down.
- \_\_\_\_\_ Looking at the person helps keep me focused.
- \_\_\_\_\_ I need a quiet place to get my work done.
- \_\_\_\_\_ When I take a test, I can see the textbook page in my head.
- \_\_\_\_\_ I need to write down directions, not just take them verbally.
- \_\_\_\_\_ Music or background noise distracts my attention from the task at hand.
- \_\_\_\_\_ I don't always get the meaning of a joke.
- \_\_\_\_\_ I doodle and draw pictures on the margins of my notebook pages.
- \_\_\_\_\_ I have trouble following lectures.
- \_\_\_\_\_ I react very strongly to colors.
- \_\_\_\_\_ Total

## Auditory Modality

- \_\_\_\_\_ My papers and notebooks always seem messy.
- \_\_\_\_\_ When I read, I need to use my index finger to track my place on the line.
- \_\_\_\_\_ I do not follow written directions well.
- \_\_\_\_\_ If I hear something, I will remember it.
- \_\_\_\_\_ Writing has always been difficult for me.
- \_\_\_\_\_ I often misread words from the text-(i.e., "them" for "then").
- \_\_\_\_\_ I would rather listen and learn than read and learn.
- \_\_\_\_\_ I'm not very good at interpreting an individual's body language.
- \_\_\_\_\_ Pages with small print or poor quality copies are difficult for me to read.
- \_\_\_\_\_ My eyes tire quickly, even though my vision check-up is always fine.
- \_\_\_\_\_ Total

## Kinesthetic/Tactile Modality

- \_\_\_\_\_ I start a project before reading the directions.
- \_\_\_\_\_ I hate to sit at a desk for long periods of time.
- \_\_\_\_\_ I prefer first to see something done and then to do it myself.
- \_\_\_\_\_ I use the trial and error approach to problem-solving.
- \_\_\_\_\_ I like to read my textbook while riding an exercise bike.
- \_\_\_\_\_ I take frequent study breaks.
- \_\_\_\_\_ I have a difficult time giving step-by-step instructions.
- \_\_\_\_\_ I enjoy sports and do well at several different types of sports.
- \_\_\_\_\_ I use my hands when describing things.
- \_\_\_\_\_ I have to rewrite or type my class notes to reinforce the material.
- \_\_\_\_\_ Total

Total the score for each section. A score of 21 points or more in a modality indicates a strength in that area. The highest of the 3 scores indicates the most efficient method of information intake. The second highest score indicates the modality which boosts the primary strength. For example, a score of 23 in visual modality indicates a strong visual learner. Such a learner benefits from the text, from filmstrips, charts, graphs, etc. If the second highest score is auditory, then the individual would benefit from audio tapes, lectures, etc. If you are strong kinesthetically, then taking notes and rewriting class notes will reinforce information.