Vaping
Megan Marshall
Student Assistance Specialist
LCPS
True or False

The electronic cigarette was invented in the United States

FALSE

The E-Cig was created in China in 2003
True or False

E-cigarettes are reusable

True

Unlike real cigarettes which are one time use, E-cigs are reusable. More E-Juice is added and the Juul/E-Cig/Mod can be reused
True or False

E-Cigs do not look like a regular cigarette

False

Some were designed to look just like a cigarette, but others look very different.
True or False

E-Cigarette smokers refer to themselves as Vapers

True

Since vapor is inhaled, not smoke, those who use E-cigs refer to themselves as vapers
True or False

E-Cigs contain less nicotine then regular cigarettes

False

It depends on the juice, but some E-Cigs like a juul contains the same amount of nicotine as a pack of cigarettes in just one pod.
True or False

E-cigarettes are toxic

True

Vape juice contains more than 7,000 chemicals, and 69 of those are cancer causing
True or False

E-Cigs do not cause lung damage

False

Causes a decrease in lung function, airway resistance, cellular changes
True or False

Vape does not contain second hand smoke

False

Those around vapers are inhaling the same chemicals from the juice
True or False

Vaping is allowed in some smoke free places

True

It depends on the place, but you cannot vape in school/on school property, and you must be 18 or older to purchase/use it
True or False

E-cigarette manufacturers make to young smokers and claim their product is safe for people under 18

False

E-Cigarette manufacturers claim that vaping is just for adults, but make flavors like cotton candy, captain crunch, that appeals to younger adolescents.
True or False

If you light an E-Cig with a match it may explode

True

Vapes contain lithium batteries that if over heated can and will explode.
...remember.

but we can resist being manipulated.
Why do teens vape

Curiosity

The flavors (are fun, and interesting)

Belief that it is safer than regular smoking
Nicotine and the brain

- Highly addictive drug
- Use in teens increases risk of other drug addiction
- Effects attention and learning
- Can cause mood issues
- Decreased impulse control
Vaping and Teens

Can lead to the use of cigarettes

Can be considered a gateway drug?

All of the long term effects are not known yet
Questions?