Harper Park Weekly Newsflash

Tomorrow is an A day.

Eighth grade students take their Writing and Reading SOL’s this week. Please bring your chrome books to school fully charged and don’t forget your power cord. Get a good night’s sleep and eat breakfast so you can do your best on the test.

Please no glass containers at school.

If the temperature is above 40 F, we encourage students to go outside after they eat lunch for recess. This is optional and we encourage all students to dress appropriately when they go outside.

If you pick up or drop your children off at school, as you exit from the back road of the school on Saddleback, please come to a complete stop and look in all directions. This is not a 4-way stop. Please be aware of our students walking in that area.

The 6th grade class party is this Friday from 3:30 PM – 4:30 PM! Dancing, games, pizza and fun!

Hello Harper Park Families! I am reaching out to you in hopes of finding volunteers who will be willing to spend a day chatting with our 6th grade students about your working experiences! Whether you are a nurse, mechanic, astronaut, custodian, business owner, or anything in between - we need YOU!

We are looking for a variety of people interested in spending the day talking to our students about their career. Many of our students are unaware of the career opportunities available to them and this is a fantastic way to provide them with first hand knowledge of potential career paths. This is also a great way for YOU to get involved with HPMS and make an impact on students’ futures! If you are not interested, but know someone who is, please send them this information and google form (below). The 2019 Career day will be held on Friday March 22nd during school hours.

Please fill out the google form below to indicate your interest:
https://docs.google.com/forms/d/e/1FAIpQLSd9uwd486FOJExikM7HyMHOh_GWNP2oD7TUv4kkwP7d6IQ4w/viewform?usp=pp_url

Please register with Giant and Harris Teeter so the PTA can earn money that they use for projects at Harper Park.


Collect and send in your BOX TOPS – to the main office.
Harper Park PTA
Spirit Night
Monday, March 11, 2019 • 3:00 - 9:00 PM

WE SAY: EAT MOR
YOU SAY: CHIKIN!

Help us raise money for HARPER PARK MIDDLE SCHOOL. Don't forget to say "Spirit Night" when you order in drive-thru, at the register or use your CFAOne App.

Chick-fil-A
Leesburg
1002 Edwards Ferry Rd NE
www.chick-fil-a.com/leesburg
www.facebook.com/Chick-fil-A of Leesburg
Join us!

**Parenting and Navigating the Tween & Teen Years**

All parents need a little support now and then.

This 7-week workshop focuses on creating an environment to support positive behavior changes with families of children ages 11+

**Topics**
- Build Positive Relationships
- Develop Effective Communication
- Set Boundaries & Discipline
- Find Effective Solutions:
  - How do I get them to school on time?
  - Challenges in school (grades & homework)
  - How to avoid poor peer relationships
  - Disrespect and poor attitudes
  - Drug and alcohol risks
  - Refusing to do chores
  - Breaking curfew

**Thursdays**
February 7 to March 21, 2019

(Feb. 7, 14, 21, 28 • March 7, 14, 21)

6:00 – 8:00 pm

Department of Family Services
Shepherd Center Building
102 Heritage Way NE
Leesburg, VA 20177

To register contact:
Delane Belfait-Dorman at 703.830.9001 x109
DBelfair@scanva.org

All parents & guardians are welcome.

Light Refreshments/snacks served

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Program may go beyond March 21 if LCPS has Winter closings.

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This program is supported by:

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties

Loudoun County

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WINTER 2019

www.scanva.org
Join us!

PARENTING AND NAVIGATING THE TWEEN & TEEN YEARS
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ENGLISH LANGUAGE SERIES
Loudoun Department of Family Services Leesburg
102 Heritage Way, Leesburg, VA 20177
Thursdays February 7 – March 21, 2019
6:00pm – 8:00pm

SPANISH LANGUAGE SERIES
Park View High School, Sterling
400 W. Laurel Avenue, Sterling, VA 20164
Tuesdays January 29 – March 12, 2019
6:00pm – 8:00pm
HealthWorks in Leesburg
103 Park Evans Rd, Leesburg VA 20176
Wednesdays, March 20 – May 8, 2019
1:00pm – 3:00pm

Please send referrals or to register contact: Galina Saffo-Gorman at 703.820.2001 x109

Program may go beyond dates posted if LCPS has Winter closings.

PARENTING PROGRAMS
WINTER & SPRING 2019
LOUDOUN COUNTY

FAMILY REUNIFICATION WORKSHOP
This 4-week workshop focuses on creating an environment to support positive behavior changes for Spanish-speaking parents, guardians, and their youth.

Park View High School
400 W. Laurel Avenue, Sterling, VA 20164
Wednesdays March 20 – April 10, 2019
5:30 pm – Dinner
6:00 pm – 8:00 pm – Workshop

Workshop, dinner, and childcare are free.
Spanish Language Series

This program is supported by

100 WOMEN STRONG
Giving as One.

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties
Loudoun County

WINTER & SPRING 2019
www.scanva.org
¡Acompáñenos!

**Cómo Navegar la Crianza en Los Años de la Adolescencia**

Todos los padres necesitan un poco de apoyo de vez en cuando. Este taller de 7 semanas se centra en crear un ambiente para apoyar cambios de comportamiento positivos con familias de niños mayores de 11 años.

**Temas**

- Crear relaciones positivas.
- Desarrollar comunicaciones efectivas.
- Establecer límites y disciplina.
- Encontrar soluciones efectivas:
  - ¿Cómo hago para que lleguen a tiempo a la escuela?
  - Ritos en la escuela.
  - Cómo evitar la presión de los amigos.
  - Falta de respeto y la actitud negativa.
  - Los riesgos del alcohol y drogas.
  - Rehusando hacer tareas.
  - Hora de llegada impuesta por los padres.

**Los miércoles**

20 de marzo – 8 de mayo, 2019
(marzo 20, 27 • abril 3, 10, 24 • mayo 1, 8)
1:00 pm – 3:00 pm

HealthWorks Leesburg
163 Fort Evans Rd NE,
Leesburg, VA 20176
Presentado en español

Para registrarse, por favor llame a:
Dalma Bañales-Dormán al 703.820.9001 x109
ddalman@scanva.org

Todos los padres y tutores son bienvenidos
• se proveen refrescos/bocadillos

**Primavera 2019**

www.scanva.org/esp
¡Acompáñenos!

**TALLER: REUNIFICACIÓN DE FAMILIAS**

Este taller de 4 semanas se enfoca en crear un ambiente para apoyar cambios positivos de comportamiento para los padres, tutores y jóvenes.

¿Te has visto a ti mismo buscando ayuda para mejorar tu vida, pero has tenido que separar a tu hijo o hijos por un año o más?

¿Se ha reunido con su hijo o hija, pero encuentra la situación difícil y abrumadora?

Únete a otros padres para aprender maneras de hacer frente a esta situación, y mejorar la relación con sus hijos.

**Los miércoles**
**20 de marzo al 10 de abril**
(20, 27 de marzo • 3, 10 de abril)

5:30 pm – Cena
6:00 pm - 8:00 pm – Taller

Park View High School
400 W. Laurel Avenue
Sterling, VA 20164

Para registrarse por favor llame a:
Diana Ballesteros-Dorman al 703.820.9001 x109
DBallam@SCANva.org

• Cenas, cuidado de niños y cena son gratuitos

*El programa puede ir más allá del 10 de abril si LCPS tiene cierrres de invierno.*

Este programa es apoyado por

100 WomenStrong of the Community Foundation for Loudoun and Northern Fauquier Counties

Loudoun County

Primavera 2019

www.scanva.org/esp
Want your child to learn how to be a great leader?
Want your child to be physically and mentally fit?

The answer is WRESTLING

Wrestling teaches self-discipline and the value of hard work. It builds confidence, mental toughness, and teaches self-reliance. Give your child the edge to succeed in life.

HARPER PARK HURRICANES

WRESTLING CLUB

Harper Park Middle School Gymnasium

Wednesdays & Thursdays
3:20-4:25pm

Starts: Wednesday January 23, 2019

Registration: Pick up an After School program sheet in the Main Office

Questions?

Joe Smith: HHS Wrestling Head Coach   Tele: 703-459-8567 Email: jsmith@infritech.org

Kent Snare: Coach