Welcome Back! We hope you enjoyed the snow days!

We are rescheduling the 5th grade visits. Stay tuned for the new dates because we are coordinating with all elementary and middle schools in Leesburg to make this happen.

Thank you to our great team of school counselors for all you do for our students, families and staff!

Parent Coffee this Friday at 9 AM features 7th and 8th grade course selection information. Current 6th grade and 7th grade parents are welcome!

Tuesday, Feb 5 – Tolbert 5th grade students are welcome to try out band instruments at Harper Park beginning at 6 PM. Cool Spring 5th graders are welcome on Wednesday, Feb 6 at 6 PM as well.

Thursday, Feb 7 at 6 PM – Guitar 7 and 8 concerts. The chorus 6 concert has been rescheduled to Feb 21 at 6 PM.

If the temperature is above 40 F, we encourage students to go outside after they eat lunch for recess. This is optional and we encourage all students to dress appropriately when they go outside.

If you pick up or drop your children off at school, as you exit from the back road of the school on Saddleback, please come to a complete stop and look in all directions. This is not a 4-way stop. Please be aware of our students walking in that area.

PTA NEWS and Family Events:

https://www.signupgenius.com/go/10c0949aeae23ab9-harper1

Be a DASH (Dads at School Helping) Dad – use the link above to sign up. Spend a half day or full day with your student and attend classes with them!

Please register with Giant and Harris Teeter so the PTA can earn money that they use for projects at Harper Park.


Collect and send in your BOX TOPS – to the main office.
Join us!

Parenting and Navigating
The Tween & Teen Years
All parents need a little support now and then.

This 7-week workshop focuses on creating an environment to support positive behavior changes with families of children ages 11+

Topics
- Build Positive Relationships
- Develop Effective Communication
- Set Boundaries & Discipline
- Find Effective Solutions:
  - How do I get them to school on time?
  - Challenges in school (grades & homework)
  - How to avoid poor peer relationships
  - Discouraged and poor attitudes
  - Drug and alcohol risks
  - Refusing to do chores
  - Breaking curfew

Thursdays
February 7 to March 21, 2019
(February 7, 14, 21, 28 • March 7, 14, 21)
6:00 – 8:00 pm

Department of Family Services
Shenandoah Building
162 Heritage Way NE
Leesburg, VA 20177

To register contact:
Diane Belkiss-Dorman at 703.830.9001 x109
dorman@scanva.org

All parents & guardians are welcome.
• Light refreshments/snacks served •

Program may go beyond March 21
if LCPS has Winter closings.

This program is supported by
100 Women Strong of the
Community Foundation for
Loudoun and Northern
Fairfax Counties
Loudoun County

WINTER 2019
www.scanva.org
Join us!

PARENTING AND NAVIGATING THE TWEEN & TEEN YEARS
All parents need a little support now and then. This 7-week workshop focuses on creating an environment to support positive behavior changes with families of children ages 11+

ENGLISH LANGUAGE SERIES
Loudoun Department of Family Services Leesburg
102 Hermitage Way Nt., Leesburg, VA 20177
Thursdays February 7 – March 21, 2019
6:00pm – 8:00pm

SPANISH LANGUAGE SERIES
Park View High School, Sterling
400 W. Laurel Avenue, Sterling, VA 20164
Tuesdays January 29 – March 12, 2019
6:00pm – 8:00pm

HealthWorks in Leesburg
103 Port Evans Road Nt, Leesburg VA 20176
Wednesdays, March 20 – May 8, 2019
1:00pm – 3:00pm

Please send referrals or to register contact: Galena Saffel-Corman at 703.820.0001 x103

This program is supported by

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties
Loudoun County

PARENTING PROGRAMS
WINTER & SPRING 2019
LOUDOUN COUNTY

FAMILY REUNIFICATION WORKSHOP
This 4-week workshop focuses on creating an environment to support positive behavior changes for Spanish-speaking parents, guardians and their youth.

Park View High School
400 W. Laurel Avenue, Sterling, VA 20164
Wednesdays March 20 - April 10, 2019
5:30 pm – Dinner
6:00 pm - 8:00 pm – Workshop

Workshop, dinner and childcare are free. Spanish language series

Program may go beyond dates posted if LCPS has Winter closings.

www.scanva.org
¡Acompáñenos!

**COMO NAVEGAR LA CHIRANZA EN LOS AÑOS DE LA ADOLESCENCIA**

Todos los padres necesitan un poco de apoyo de vez en cuando.

Este taller de 7 semanas se centra en crear un ambiente para apoyar cambios de comportamiento positivos con familias de niños mayores de 11 años.

**Temas**

- Crear relaciones positivas.
- Desarrollar comunicaciones efectivas.
- Establecer límites y disciplina.
- Encontrar soluciones efectivas:
  - ¿Cómo hago para que lleguen a tiempo a la escuela?
  - Robos en la escuela.
  - Cómo evitar la presión de los amigos.
  - Falta de respeto y la actitud negativa.
  - Los riesgos del alcohol y drogas.
  - Refusando hacer tareas.
  - Hora de llegada impuesta por los padres.

**Los miércoles**

20 de marzo – 8 de mayo, 2019

(marzo 20, 27 ● abril 3, 10, 24 ● mayo 1, 8)

1:00 pm – 3:00 pm

HealthWorks Leesburg
163 Fort Evans Rd NE.
Leesburg, VA 20176

Presentado en español

Para registrarse, por favor llame a:
Daiana Bañales-Domínguez al 703.820.9001 x109
Ddominguez@scanva.org

Todas las edades y tutores son bienvenidos

- se proveen refrescos/bocadillos

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Este programa es apoyado por:

100 WomenStrong
Giving as One.

300 WomenStrong of the
Community Foundation for
Loudoun and Northern
Noquer Counties
Loudoun County

PRIMAVERA 2019

www.scanva.org/esp
¡Acompáñenos!

**TALLER: REUNIFICACIÓN DE FAMILIAS**

Este taller de 4 semanas se enfoca en crear un ambiente para apoyar cambios positivos de comportamiento para los padres, tutores y jóvenes.

¿Te has mudado a los Estados Unidos en busca de una mejor vida, pero ha tenido que separarse de tu hijo o hijos por un año o más?

¿Se han reunido con su hijo o hijos, pero encuentran la situación difícil y estresante?

Únete a otros padres para aprender maneras de hacer frente a esta situación, y mejorar la relación con sus hijos.

**Los miércoles**
20 de marzo al 10 de abril
10, 17 de marzo & 3, 10 de abril
5:30 pm – Cena
6:00 pm - 8:00 pm – Taller

Park View High School
400 W. Laurel Avenue
Sterling, VA 20164

Para registrarse por favor llame a:
Diana Sefaleas-Dorman al 703.820.9001 x109
DSorman@scanva.org

El programa puede ir más allá del 10 de abril si LCPS tiene cierres de invierno.

Clase, cuidado de niños y cena son GRATUITOS.

Este programa es apoyado por:

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties
Loudoun County

**Primavera 2019**
www.scanva.org/esp
Want your child to learn how to be a great leader?
Want your child to be physically and mentally fit?
The answer is WRESTLING

Wrestling teaches self-discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self-reliance.
Give your child the edge to succeed in life.

HARPER PARK HURRICANES
WRESTLING CLUB
Harper Park Middle School Gymnasium
Wednesdays & Thursdays
3:20-4:25pm
Starts: Wednesday January 23, 2019
Registration: Pick up an After School program sheet in the Main Office
Questions?

Joe Smith: HHS Wrestling Head Coach  Tele: 703-459-8567  Email: jsmith@infinitech.org
Kent Snare: Coach