Tomorrow is a B day.

Please no glass containers at school.

If the temperature is above 40 F, we encourage students to go outside after they eat lunch for recess. This is optional and we encourage all students to dress appropriately when they go outside.

If you pick up or drop your children off at school, as you exit from the back road of the school on Saddleback, please come to a complete stop and look in all directions. This is not a 4-way stop. Please be aware of our students walking in that area.

Wednesday is the mid quarter point in Quarter 3. Please have your children log into Student Vue with you and check grades.

Thursday, Feb 28 at 6 PM – Chorus 6 Concert in the HPMS auditorium.

Thursday, Feb 28 at 6 PM at Stonebridge High School – annual LCPS Spelling Bee.

Hello Harper Park Families! I am reaching out to you in hopes of finding volunteers who will be willing to spend a day chatting with our 6th grade students about your working experiences! Whether you are a nurse, mechanic, astronaut, custodian, business owner, or anything in between - we need YOU!

We are looking for a variety of people interested in spending the day talking to our students about their career. Many of our students are unaware of the career opportunities available to them and this is a fantastic way to provide them with first hand knowledge of potential career paths. This is also a great way for YOU to get involved with HPMS and make an impact on students’ futures! If you are not interested, but know someone who is, please send them this information and google form (below). The 2019 Career day will be held on Friday March 22nd during school hours.

Please fill out the google form below to indicate your interest:
https://docs.google.com/forms/d/e/1FAIpQLSd9uwd486FOJExikM7HyMHOh_GWNPr2oD7Tu4kkwP7d6IiQ4w/viewform?usp=pp_url

Please register with Giant and Harris Teeter so the PTA can earn money that they use for projects at Harper Park.


Collect and send in your BOX TOPS – to the main office.
Harper Park
PTA
Spirit Night
Monday, March 11, 2019 • 3:00 - 9:00 PM

WE SAY: EAT MOR
YOU SAY: CHIKIN!

Help us raise money for HARPER PARK MIDDLE SCHOOL. Don’t forget to say "Spirit Night" when you order in drive-thru, at the register or use your CFAOne App.
Join us!

**Parenting and Navigating the Tween & Teen Years**

All parents need a little support now and then.

This 7-week workshop focuses on creating an environment to support positive behavior changes with families of children ages 11+

**Topics**

- Build Positive Relationships
- Develop Effective Communication
- Set Boundaries & Discipline
- Find Effective Solutions:
  - How do I get them to school on time?
  - Challenges in school (grades & homework)
  - How to avoid peer relationships
  - Discouragement and poor attitudes
  - Drug and alcohol risks
  - Refusing to do chores
  - Breaking curfew

**Thursdays**

February 7 to March 21, 2019

(Feb 7, 14, 21, 28 • March 7, 14, 21)

6:00 – 8:00 pm

Department of Family Services

Shenandoah Building

160 Heritage Way NE

Leesburg, VA 20177

To register contact:

Dianna Belflx-Dorman at 703.830.9001 x109

DBelflx@scanva.org

All parents & guardians are welcome.

Light Refreshments/snacks served

Program may go beyond March 21 if LCPS has Winter closings.

This program is supported by:

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties

Loudoun County

www.scanva.org
Join us!

PARENTING AND NAVIGATING THE TWEEN & TEEN YEARS
All parents need a little support now and then. This 7-week workshop focuses on creating an environment to support positive behavior changes with families of children ages 11+

ENGLISH LANGUAGE SERIES
Loudoun Department of Family Services Leesburg
102 Heritage Way, Leesburg, VA 20177
Thursdays February 7 – March 21, 2019
6:00pm – 8:00pm

SPANISH LANGUAGE SERIES
Park View High School, Sterling
400 W. Laurel Avenue, Sterling, VA 20184
Tuesdays January 29 – March 12, 2019
6:00pm – 8:00pm

HealthWorks in Leesburg
103 Park Evans Road N, Leesburg VA 20176
Wednesdays, March 20 – May 8, 2019
1:00pm – 3:00pm

Please send referrals or to register contact: Galina Safakova-Dorman at 703-836-3001 x102

Program may go beyond dates posted if LCPS has Winter closings.

This program is supported by

100 Women Strong of the Community Foundation for Loudoun and Northern Fauquier Counties
Loudoun County

PARENTING PROGRAMS
WINTER & SPRING 2019
LOUDOUN COUNTY

FAMILY REUNIFICATION WORKSHOP
This 4-week workshop focuses on creating an environment to support positive behavior changes for Spanish-speaking parents, guardians and their youth.

Park View High School
400 W. Laurel Avenue, Sterling, VA 20184
Wednesdays March 20 - April 10, 2019
5:30 pm – Dinner
6:00 pm - 8:00 pm – Workshop
Workshop, dinner and childcare are free.

SPANISH LANGUAGE SERIES

WINTER & SPRING 2019
www.scanva.org
¡Acompáñenos!

COMO NAVEGAR LA CRIANZA EN LOS AÑOS DE LA ADOLESCENCIA

Todas las madres necesitan un poco de apoyo de vez en cuando.
Este taller de 7 semanas se centra en crear un ambiente para apoyar cambios de comportamiento positivos con familias de niños mayores de 11 años.

Temas
- Crear relaciones positivas.
- Desarrollar comunicaciones efectivas.
- Establecer límites y disciplina.
- Encontrar soluciones efectivas:
  - ¿Cómo hago para que lleguen a tiempo a la escuela?
  - Robos en la escuela.
  - Cómo evitar la presión de los amigos.
  - Falta de respeto y la actitud negativa.
  - Los riesgos del alcohol y drogas.
  - Redujo hacer tareas.
  - Hora de llegada impuesta por los padres.

Los miércoles
20 de marzo – 8 de mayo, 2019
(marzo 20, 27 ● abril 3, 10, 24 ● mayo 1, 8)
1:00 pm – 3:00 pm

HealthWorks Leesburg
163 Fort Evans Rd NE,
Leesburg, VA 20176
Presentado en español

Para registrarse, por favor llame a:
Daisa Bafales-Dorman al 703.820.9001 x109
DBorman@scanva.org

Todos los padres y tutores son bienvenidos
- se proveen refrescos/bocadillos

El programa puede ir más allá del 8 de mayo si el LCPS tiene clases de invierno.

Este programa es apoyado por:

PRIMAVERA 2019
www.scanva.org/esp
TALLER: REUNIFICACIÓN DE FAMILIAS

Este taller de 4 semanas se enfoca en crear un ambiente para apoyar cambios positivos de comportamiento para los padres, tutores y jóvenes.

¿Te has sentido a los Estados Unidos en busca de un mejor vida, pero has tenido su separación de su hijo e hijas por un año o más?
¿Se ha reunido con su hijo e hijas, pero encuentre la situación difícil y estresante?
Únete a otros padres para aprender maneras de hacer frente a esta situación, y mejorar la relación con sus hijos.

Los miércoles
20 de marzo al 10 de abril
12, 27 de marzo • 3, 10 de abril
5:30 pm – Cena
6:00 pm - 8:00 pm – Taller
Park View High School
400 W. Laurel Avenue
Sterling, VA 20164

Para registrarse por favor llame a:
Diana Sefnik-Corman al 703.820.9001 x109
DSefnik@scanva.org

• Clase, cuidado de niños y cena son GRATUITOS

El programa puede ir más allá del 10 de abril si LCPS tiene cierres de invierno.

Primavera 2019
www.scanva.org/esp
Want your child to learn how to be a great leader?
Want your child to be physically and mentally fit?

The answer is WRESTLING

Wrestling teaches self-discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self-reliance.
Give your child the edge to succeed in life.

HARPER PARK HURRICANES
WRESTLING CLUB
Harper Park Middle School Gymnasium
Wednesdays & Thursdays
3:20-4:25pm
Starts: Wednesday January 23, 2019
Registration: Pick up an After School program sheet in the Main Office
Questions?
Joe Smith: HHS Wrestling Head Coach  Tele: 703-459-8567 Email: jsmith@infinitech.org
Kent Snare: Coach