Many thanks to everyone who assisted us with making the 2017-2018 beginning so outstanding! We currently have 1642 students attending Woodgrove High School. Ninth graders have made the transition to high school and have quickly become an integral part of our school. As we move through the fall, we will continue to place an emphasis on making meaningful connections with each student.

Please continue to stay involved in the school life of your son/daughter. Also, please note that the ParentVUE portal is open and you can stay up to date on student assignments and grades. If you have any questions regarding ParentVUE, please contact the school and/or specific teacher. In addition, ParentVUE will serve as our source for interims and report cards this year. If you would like a hard copy of your son’s or daughter’s interim and/or report card, please contact our Counseling Office and they will be sure to send a copy to you.

Once again, the year is off to a great start! We offer much gratitude to the PTSO, the WMAA, and the WWABC for their efforts to support the school. These groups have planned many exciting activities for this year and I do encourage you to participate.

Whether you are a father, mother, or guardian of a student at Woodgrove, I urge all of you to be involved with the school in some capacity. Best wishes to everyone, and thank you for your continued support.
The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.

Beliefs:

- We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.

- We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens.

- In order to be successful, we all must work, honor, and strive.
Student Dress Code

All students who attend Loudoun County Public Schools are expected to dress appropriately for a K-12 educational environment. A student’s attire should facilitate the participation in learning as well as the health and safety of students. This policy is intended to provide guidance for students, staff and parents.

A. Appropriate Student Attire. Students must wear clothing that is appropriate to a K-12 educational environment and that does not or is not likely to cause a substantial disruption that includes the following attire:

1. Clothing must cover the midriff.
2. Tops with straps greater than one inch wide.
3. Clothing that covers private areas should be opaque and appropriate undergarments must be worn.
4. Clothing that does not reveal undergarments and/or private areas.
5. Clothing should be suitable for all scheduled classroom activities where unique hazards exist.
6. Clothing that is required in specialized courses, such as sports uniforms or safety gear.
7. Clothing that includes head covering if worn for religious purposes, as a matter of safety, medical condition, or in connection with a school-sponsored program, activity, or event.
8. Faces should be clearly visible by other students and staff, as a reasonable measure of safety and security.
9. Clothing free from language that is profane or images that depict, advertise or advocate illegal, violent or lewd conduct, the unlawful possession or use of weapons, drugs, drug paraphernalia, alcohol, tobacco, marijuana or other controlled substances or are discriminatory.
10. Clothing and/or head coverings free from gang related or associated symbols, such as words or drawings that could pose a reasonable threat to the health or safety of any other student or staff.

POLICY: 8270

STUDENT DRESS CODE

B. Responsibilities

1. Student Responsibility. Students are responsible for complying with the division dress code during school hours and school sponsored activities.
2. Staff Responsibility. Staff are responsible for communicating and equitably enforcing the division dress code during school hours and school-sponsored activities.
3. Parent Responsibility. Parents or guardians are responsible for ensuring student compliance with the division dress code. Parents or guardians of students requiring accommodation for religious beliefs, disabilities, or other good causes should contact the principal or principal’s designee.

C. Enforcement

1. Enforcement of this policy is the responsibility of the school administration.
2. Enforcement must be reasonably discreet, equitable, and gender neutral in implementation.
3. Enforcement should include options for reasonable remediation of the infraction that demonstrates respect and where possible, minimizes loss of instructional time.
4. Enforcement may include disciplinary actions that are consistent with other discipline policies and sufficiently escalatory to encourage compliance.

D. Appeals. In accordance with policy §8-26 parents or guardians may appeal a disciplinary action by notifying the office of the appropriate person to whom the appeal is made.

[Former Policy 8-33]

Adopted: 8/11/71
Revised: 6/22/93, 12/13/11, 6/27/17
Current Revision: 8/8/17
WHS School Counselors

Mrs. Geri Fiore
Director of School Counseling

Ms. Astrid Willemsma
School Counselor A - C

Mr. Steven Cohen
School Counselor
D-Ha

Mrs. Donna Kelly
School Counselor
He-Mc

Mrs. Barbara Bell
School Counselor
Me-Sa

Mrs. Katherine Warehime
School Counselor
Sc-Z
New Early Dismissal and Front Office Policies

In order to minimize interruptions to classes and disruption to the school routine the following have been implemented:

- **EARLY DISMISSALS** – Early Dismissals are to be arranged in advance, in writing by note with a parent/guardian signature. The note must include the student’s name, time of dismissal and reason for dismissal. Notes are to be submitted to the Attendance Office no later than 9:15am. If a dismissal note is not provided, the student will not be dismissed from class until the parent/guardian arrives to sign out the student. Unless for an emergency, phone calls will not be permitted for Early Dismissals.

- When dropping off lunch or other items for your child, please leave them on the table in the main office. This drop off is intended to be for your child only. We do not accept food or other items intended for a group of students. Communicate with your child to pick up the item between classes only – students will not be allowed to leave a class to pick up items left at the table.

- The school does not permit restaurant food deliveries at any time.

- Visitors are not permitted unless arranged in advance, in writing with teachers and administration. All visitors are required to supply a government issued ID when entering the building and signing in the Main Office.
Welcome class of 2017-2018 to another exciting school year here at Woodgrove. We look forward to assisting you in your scheduling needs and post-secondary goals. Stop by the School Counseling office and get acquainted with our staff.

2017-2018 Counselor Assignments

Students
Ms. Astrid Willemsma  A-C
Mr. Steven Cohen  D-Ha
Mrs. Donna Kelly  He-Mc
Mrs. Barbara Bell  Me-Sa
Mrs. Katharine Warehime  Sc-Z

Administrative Guidance
Mrs. Geri Fiore  Director of School Counseling
Ms. Teresa Holland

Guidance Secretary
Mrs. Stephanie Butler  Guidance Secretary
Mrs. Rachel Sutphin  Career Center Assistant

Visit the Counseling webpage for more helpful resources.

Upcoming Events

Monroe Advanced Technology Academy Open House
Thursday, October 19th from 7:00pm - 8:00pm interested students and parents are invited to learn more about the program opportunities at MTC. For more information visit www.lcps.org/mtc.

Job-4-A-Day
The JOB-4-A-DAY program for high school Juniors and Seniors will be taking place in November. The portal to learn more about this great opportunity and find out how to submit your application will open in October. As soon as the specific dates are confirmed our website will be updated. Click here at that time.

Monroe Advanced Technology Academy Shadowing Day
Shadowing brings the classroom to life! On Friday, December 8, 2017, 9th and 10th graders will have the opportunity to visit two programs and attend an informational session on the benefit of Monroe and the application process. This is a half-day event and transportation is provided to and from your home school. This year all interested students must apply online by December 1st. Completed field trip forms must be turned into Mrs. Sutphin by December 1st. For links to the online application and field trip form click here.

Career Center Visits & Info
Visits this year will take place mainly during the first and last block of each day. Students must register for visits through Naviance / Family Connection. Those who are not on the list will not be permitted to attend. Attendees must print their registration from Naviance to serve as their pass. Please visit Mrs. Sutphin in the Career Center with any questions.

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<th>Date</th>
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<td>10/2</td>
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<td>United States Army</td>
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<td>10/30</td>
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<td>George Mason University</td>
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Summer Residential Virginia Governor’s School VPA (Visual and Performing Arts)
October 16, 2017 – Intent to Audition forms due to Director of School Counseling
November 6, 2017 - LCPS Auditions at Riverside High School
Woodgrove High School

School Counseling News

December 8, 2017 - Applications are due to Director of School Counseling for review

Academic Programs
December 8, 2017 - Applications are due to Director of School Counseling for review

For more information about the program click here. For application forms stop by the School Counseling Office.

Woodgrove High School will be offering the test on January 24th at 9:30 am.

If interested, you can register or get more information here.

Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students’ username should both be their 6-digit student ID number and their password is their birthdate in the mmddyy format. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, visit the Naviance FAQ page at http://www.lcps.org/Page/37870 located on the WHS website or contact Rachel Sutphin at rachel.sutphin@lcps.org

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It's Never Too Early to Start Thinking About Scholarships

Visit the LCPS School Counseling webpage for up-to-date county wide scholarship postings.

- Sigma Mu Mu Chapter of the Omega Psi Phi Fraternity, Inc. - Essay Contest – Due 10/20/17
- Virginia Mayflower Society - Mildred Ramos Scholarship Fund – Due 3/19/18
- Women in STEM Study.com Scholarship – Due 4/1/18

Interested in the Military?

Take the ASVAB (Armed Services Vocational Aptitude Battery) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work. Tests will take place throughout Loudoun County.

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2017-2018 SAT/ACT Test Dates

Visit www.collegeboard.com

**SAT**

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<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Registration</th>
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<tr>
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<td>9/8</td>
<td>9/22</td>
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<td>November 4</td>
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<td>December 2</td>
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<td>March 10</td>
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<td>May 5</td>
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<td>June 2</td>
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* Class of 2018, be sure to check your college/university’s website regarding SAT scores for the new test format. To learn more about the new, redesigned SAT test, visit https://collegereadiness.collegeboard.org/sat.

**ACT**

Visit www.actstudent.org

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<tr>
<th>Test Date</th>
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Looking for SAT/ACT Prep Options?
School Counseling News

Ready for the PSAT? Boost your score for the October test with free, interactive lessons, quizzes, and a practice test. Join Kaplan for Free PSAT Prep Live starting September 23.

The Hunt Course is offering small group and quick review classes in the Purcellville Baptist Church located at 601 Yaxley Drive. Seating will be limited. Early registration suggested. Visit www.huntprograms.com for more information today!

Leadership, Volunteer & Job Opportunities
For all job, internship and volunteer opportunities check out the board in the Career Center.

Volunteer Opportunities at Ken Culbert Elementary
Are you in need of volunteer hours? Then check out the opportunities at Kenneth Culbert Elementary School:


http://www.signupgenius.com/go/10c0f4aa4aa2ea2f85-jogging2

http://www.signupgenius.com/go/10c0949aeae2ca31-kenny

Zukowski Fleet Service
We are expanding our family owned business of 33 years. Looking for good techs to join the team. We pay hourly wage not commission so everyone works as a team. We work Monday - Friday, 40 hours a week. Pay rate based on experience. We provide uniforms. After a grace period, we offer paid vacation and paid holidays.

Description for employment:
- Techs will be performing preventive and general maintenance
- Hydraulic and air brake
- Computer diagnostics
- Steering and suspension
- Engine and transmission diagnostic and repair
- Electrical and basic repairs of all types
- A/C repair

MUST HAVE:
- Minimum of 2 years experience
- Own basic hand tools
- Virginia state inspector a BIG PLUS!!
- Valid driver's license (CDL is a plus)
- Basic wiring skills

Shop has the most up to date test equipment and specialty equipment to make the job easier and more efficient. We use MODIS and Mitchell pro and Truck repair system.

Please email your resume to zeeman201@gmail.com or call 703-444-8900. Ask for Mike or Larry.

i9 Sports
We are a youth sports league here in Loudoun County focusing on recreational development. We have such sports as flag football, basketball, t-ball, volleyball, soccer, and others to come. We are looking for more Referees and Site Support team members. Stop by the Career Center or the “Now Hiring” job posting board for Job Descriptions and more information on the positions. The main traits we are looking for are being over the age of 16, being able to work with children, being comfortable with refereeing or answering parent questions, and available Saturdays.

Gruto’s Soft Serve Hiring Seasonal Jobs
Must be available March – October, at least 16 years old, and have reliable transportation. Apply in person or email us @ grutos@hotmail.com. We are located at 141 W. Main Street, Purcellville, VA 20132. Open Monday – Saturday 12 p.m. – 9ish and Sundays 2p.m. – 9ish.
What's the Issue?
We may think of our kids’ online, mobile, and technological activities as “digital life,” but to them, it’s just part of life. Their world is as much about creating media as it is about consuming it. Media devices have converged and become extremely powerful and portable. Phones aren’t simply for phone calls anymore but for listening to music, sending texts, filming videos, snapping and sharing photos, and accessing the Internet. Our kids use their computers to do their homework, but they also use them to socialize, stream video, and create movies and songs. And they can connect and communicate 24/7 from just about any location.

Why Does It Matter?
We want our kids to make good decisions so they can take advantage of the powerful technology that fills their lives. In order to make good choices, kids must know how the digital world works. The very nature of the constantly connected culture means kids must understand the concept of privacy, so that what they post and create won’t hurt or embarrass them at some point in the future. The fact that much of digital communication is anonymous means that consequences that might seem obvious in face to face interactions may not be as clear online. Much of the task of childhood and adolescence involves figuring out who you are. But in digital life, anything said or posted can live on indefinitely and create undesired consequences.

The stakes are high because our kids’ technological abilities can be greater than their maturity and judgment. Having unrestricted access to information and people can result in gaining a wealth of information and experiences. But it can also mean accessing inappropriate contact and content. The difference between a great experience and an iffy one lies in the decisions kids make. Just as kids learn to eat properly, swim safely, or drive a car carefully, they need to know how to live in the digital world responsibly and respectfully. Their ultimate success depends on their abilities to use digital media to create, collaborate, and communicate well with others. Those who master these skills in using digital tools will be able to harness the digital world’s awesome power.

Teach kids the skills they need to use technology wisely and well. It’s hard to be a gatekeeper in a world with no fences. Parents have little control over the flow of information to their kids, who see too much, too soon. We no longer hear conversations or see what our kids create and share with others. Since we cannot cover their eyes, or shadow them everywhere they go, we need to teach them how to behave responsibly in the digital world.

Keep an open mind. We don’t see the world the way our kids do. And we don’t help our kids when we judge their lives through the lens of a non-digital world. It’s important for us to understand that our kids will spend much of their lives in a connected world, where everyone creates and communicates.

Don’t be afraid. Parents can’t afford to be technophobic. Our kids adopt technologies faster than we do. That means they’re often way out in front of us. This fact can upset the parent-child relationship. So get in the game. Have your kids show you how to do something online if you don’t already know.

Share wisdom. Kids often don’t understand the implications of their actions. But we do. So we have to remember to extend our basic parenting wisdom to the digital world. We teach kids to choose their words
carefully, play nicely with others, and respect their teachers. Now we have to extend those lessons to a vast, invisible world.

**Pass along your values.** One of the most important jobs of parenting is instilling in your kids the values you cherish. But in a digital world where actions are often divorced from consequences, where kids can be anonymous, and where they aren’t face to face with the people they communicate with, they can lose their way. As parents, we have to be able to translate our values into the digital world and help kids understand the implications of their actions.

**Seek balance.** It’s hard to know how much freedom to give kids. We want them to explore, enjoy, communicate, and create. We also want to be sure they are protected, or know how to protect themselves. If our kids are going to thrive with digital media, we must balance the negative with the positive, privacy with protection. As our children grow, they need more independence and privacy. But parents have to be sure their kids know how to be safe and responsible before letting them loose. Kids need to see both the possibilities and the perils of digital life, so they can act responsibly and seize all that is wondrous about digital media to enrich their lives.
**Chess Donations**

WHS Library is hosting the Chess Club this year. We are seeking donations of chess boards and/or chess pieces to accommodate the growing number of students who will be participating. Donations may be dropped off in the library.

Thank you, in advance, for your generosity.

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**FREE LITTLE LIBRARY**

The WHS library has a “Free Little Library” available to students and staff. The motto is, “Need a Book? Take a Book. Read a Book? Leave a Book.” While books are being taken, not many are being put on the shelf. We are looking for book donations (used books) appropriate for young adults and adults to replenish our free library.

Thank you in advance for your donation.

Library Staff:

*Sherry O’Connor*
*Bob Kane*
*Carolynn Hawthorne*

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**FRENCH EXCHANGE STUDENTS VISITING WOODGROVE!**

The French Club and the French Honors Society will be welcoming 19 students from La Rochelle, France, who will visit our region as part of a short exchange program.

They will be staying with local families, visiting important sites and monuments around our region, and discovering what the life of an American student looks like!

La Rochelle is a seaport town located on the Bay of Biscay in France. It is an important maritime and fishing town. It also was an important meeting point for the Knights Templar in the 13th Century, the site of several religious wars in the Renaissance and Reformation periods, and the last town to be liberated from the German army in World War II. Today, it houses the famous Calypso ship once used by marine explorer Jacques Cousteau and has a lively harbor front which attracts many tourists to the area.

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**Fall Share and Shop**

The date has been set for our Fall Annual Share & Shop for Saturday, October 28th!! Help out, clean out!

How you can help:

- Donate clean, gently used clothes, shoes and formal wear
- Please sort and label the clothing by size and gender
- Donate household items, sports equipment, books and toys.

Items can be brought to my desk at Woodgrove.

Thank you so much for your help and support on this event that many in your community look forward to.
Parents: Got Community Connections?  
We Need Your Help!

This year, all seniors in English 12 Academic and Academic Government classes will be involved in a year-long Wolverines Tackle Community Problems Project that will, ideally, be connected to their Senior Capstone Project at the end of the year.

Students will be identifying problems in their local community and working with adults from town and county government, as well as local non-profits, to research the issues, develop proposals for addressing them, and get involved in solving them. We are looking for people in the community that work on these issues. Students would send them formal email introductions, get guidance from them in learning more about the issues, and get feedback from them on their proposals. Potentially, they could spend their last two weeks before graduation helping them work on these issues.

For example, if a student were interested in food insecurity in his community, he might work with staff from Loudoun Hunger Relief, and do their “internship” at their facility in Leesburg. If another student wants to improve recreational options for teens in Lovettsville, she might work with the mayor, LCPS, and/or LC Parks and Recreation. Along the way, students will learn a great deal about how democratic citizens work together through local government and non-profit organizations to solve problems, and hone important reading, research, public speaking, and writing skills at the same.

If you or someone you know is interested in being a Community Sponsor for this project, please contact Chris Cuozzo at Christopher.Cuozzo@lcps.org.

For more information about the project, click here: https://www.lcps.org/Page/198322
Sudan “Lost Boy” Guest Speaker
Woodgrove High School
October 17, 2017

Presentation for Students-1:00 p.m.
Community Presentation 6:00 p.m.

Manyang Reath Kher
will speak of his inspiring journey
and many humanitarian projects

About Manyang Reath Kher and
Humanity Helping Sudan Project
Manyang Reath Kher is a respected authority on
the South Sudanese refugee crisis. He spent nearly
15 years of his childhood as a Lost Boy of Sudan
before coming to live at the Virginia Home for Boys
and Girls in Henrico. Manyang graduated from J.R.
Tucker High School and earned a Bachelor of Arts
in Political Science from the University of
Richmond. For the past ten years, Manyang has not
only pursued his education but also dedicated his
life to raising awareness and money for the refugee
crisis through his non-profit Humanity Helping
Sudan.

We will sell his coffee to send a student to
school in the lobby at the 6:00 p.m.
presentation.

Sponsored by Woodgrove High School
African Studies
In celebration of our 6th Homecoming, we will be hosting a multitude of great events during the first week of October. Woodgrove welcomes members of the community to join the festivities.

On Wednesday, October 4th at 6PM: Senior vs. Junior Powder Puff Game (tickets $5 – this is a fundraiser for the Junior Class) – Following the game will be a bonfire, at the gravel parking lot, hosted by the Senior Class.

On Friday, October 6th at 6PM: Homecoming Parade hosted by the Sophomore Class. The parade will consist of the Woodgrove Homecoming court, floats from clubs and sports, and local politicians.

Following the Parade is a Block Party with food, fun, and games, hosted by the Freshman Class. The block party will be at the gravel parking lot and continues up until game time.

Gametime is at 7PM. Woodgrove will host the Riverside Rams. Tickets are $6 each. Seniors over 62 and kids under 5 get in free. There will be a great halftime show including a performance by the Marching Wolverines and the announcement of Homecoming King and Queen. During the game, the 2017 State Championship Softball Team will be presented with their State Championship Rings.

Woodgrove invites you to join in on any, or all, of these festivities, as they are all community events.
2017 Powder Puff Game
Juniors VS Seniors

Wednesday, October 4th
Starts at 6 pm
At the Football Stadium
Tickets are $5
Come for the fun and cheer for our fearless athletes!!!
A Message from Woodgrove Music and Arts Association (WMAA) President:

Thank you so much Woodgrove families for your generous donations to the Patron of the Arts fund. We appreciate your early support of the arts programs and activities at Woodgrove. Patron of the Arts funds go to support the general budget of WMAA.

Fine Arts Students (Sophomore and Juniors Only): **Virginia Summer Residential Governors School applications are due on November 6, 2017.** Seek guidance from instructors and obtain the application for Visual and Performing Arts Summer Program from Mrs. Sutphin in the Career Counseling office.

Actions of Interest at General Meeting on Thursday, September 14:

- WMAA will purchase a test kiln for the visual arts ceramics program allowing for faster turnaround of ceramic projects, greater energy efficiency for small loads, and inspiring students to keep practicing their ceramics skills.
- WMAA passed a balanced budget supporting clinicians, accompanists and equipment needed for the fine arts department with conservative estimates for all traditional fundraisers.
- WMAA will purchase a frame to hold the list of Patron of the Arts supporters in the foyer to the Auditorium. Thanks again for all the support.
- Lots of new fundraising ideas are coming forth!
- Next General Meeting is Thursday, 10/12 @ 7 pm in Room 802 (Black Box drama classroom).

Orchestra Program with the help of WMAA and LCPS hosted a regional orchestra audition preparation day on Saturday, September 9, which was attended by both senior (grades 9-12) and junior (grades 7-9) candidates. Students were great helpers to get visitors to their clinicians and we anticipate this event will build a significant following. Thanks Mrs. Oakley!

What’s Up in the Arts:

EXPRESS YOURSELF -- Visual Arts Program has a student t-shirt design competition taking place with entries due to Mr. Grove by October 31. Three winning entries will be chosen and t-shirts will be offered for sale to raise funds for arts programs. Winners will receive a $50 gift card to Dick Blick Art Supply Company. Details or questions? Speak with Mr. Grove

VOICES OF FALL – Chorus Fall Kick-Off Concert on Wednesday, October 11 @ 7 p.m. in the Auditorium. Invite friends and neighbors to celebrate fall with the wonderful Woodgrove voices.

DRINK IT UP -- Guitar Coffee Concert on Tuesday, October 24 @ 7 p.m. in the Woodgrove Cafeteria. Invite friends and neighbors to enjoy the soothing rhythms of our guitar students over a warm beverage.

WELCOME TO THE SHOW -- “Mother Courage and Her Children” by Bertolt Brecht will be performed by Woodgrove Drama students starting Thursday, October 26, through Saturday, October 28. “Mother Courage” is a thought-provoking play set in Sweden during the Thirty Years War.

MARCH ON -- Marching Wolverines: Compete on Sunday, 10/1, @ Arundel HS; Saturday, 10/7 @ Loudoun Valley HS, Saturday, 10/14 @ Washington HS, Charles Town, WV; Saturday, 10/21 @ Oakton HS; and assessment 10/28, Patriot HS.
Drivers Ed Available

Attention Sophomores, Juniors and Seniors who have not taken behind-the-wheel . . . . Why take it privately and pay more? We have immediate openings in the morning and afternoon.

See Mrs. Holland in Guidance to sign up

Drivers Ed is also available during the summer.
Hello from your School Nurse.

Please be reminded that LCPS requires new physician’s order/care plans each school year for the medication or specialized care which your child receives at school. Health conditions which require specific forms are: Severe allergy and Epinephrine auto-injector, Seizures, Asthma with Inhaler and /or nebulizer, Diabetes, Current Medical procedures, i.e. tube feedings, cauterizations, New health concerns or Medical Procedures. You and your child’s physician must complete and sign the proper form(s). The required forms are available in the clinic or online www.lcpc.org. Click on the “Parents: tab and the forms will be found under Medication at School-for Parents. I will be happy to send a form home with your child if you need one.

All Over-the-Counter and Prescription Medications requires the Medication Authorization form to be completed. Parents must transport all medication to and from school. I cannot accept any prescription medication without current physician’s orders.

Seasonal Allergies and Cold and Flu season has arrived! Please remind your child that the Health Clinic does not stock any type of cold medicine, throat lozenges, or cough drops. If your child is taking allergy medication remind them to take their medication and or eye drops at home as prescribed or over the counter medications as directed by you the parent or guardian. I don’t want them to miss valuable class time coming to the clinic for medication I do not have to give them.

While good attendance is important to the learning process, illness compromises a sick child’s learning and jeopardizes other students. A child who is experiencing symptoms of illness should not be sent to school. In deciding when to send a child back to school after having the flu, the Health Department recommends that your child be out of school for at least 3 to 5 days after fever and respiratory symptoms begin and a full 24 hours after fever (100.0 F or greater) subsides. Symptoms of seasonal “Flu-like Symptoms” are fever >100.0, cough, and body aches, fatigue., runny nose, mild to moderate chills, sneezing. Check with your health care provider for this year’s flu vaccine.

Prevention Tips:

- Cough and sneeze into your elbow
- Wash hands with soap and warm water for a minimum of 15-20 seconds.
- Use hand sanitizer when soap and water are not available.
- Avoid touching eyes, nose or mouth without washing or using hand sanitizer first.
- Stay home if you are sick to avoid contaminating others

All of us have heard that breakfast is the most important meal of the day, yet a surprising number of students come to the clinic with stomachaches and headaches caused by not eating breakfast. The most common reason given for skipping breakfast is “there wasn’t enough time to eat”. If breakfast is skipped by mid-morning the student may have little energy available until their scheduled lunch block. I discuss with students that breakfast doesn’t have to mean homemade waffles and pancakes. There are many quick and easy breakfasts that provide proper nutrition. They can also buy breakfast at the school cafeteria. Please remind your child to eat a healthy breakfast so they are ready to learn in the classroom.

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at 540-571-2606 (clinic)

Stephanie Lovasz, RN
Sports Injuries

Female Athlete Triad

Over the past thirty years, participation by young women in organized athletics has increased dramatically. While the benefits of participation in sports and exercise vastly outweigh the risks of injury, an evolving concern has been the number of stress fractures in active young women. The female athlete triad is a term used to describe three distinct but interrelated conditions including low energy availability, menstrual dysfunction and low bone mineral density.

Any athlete who participates in intense exercise and consumes a diet low in calories can create a negative energy balance. Low energy availability more often results from an intentional dietary restriction in the setting of disordered eating or an eating disorder such as anorexia nervosa or bulimia nervosa.

A number of health problems can occur as a result of low energy availability leading to disrupted menstrual function. Infrequent or absent menstrual periods can result in low estrogen levels in the blood which in turn leads to lower than expected bone mineral density. Athletes, especially those that perform weight bearing or impact sports like long distance running or basketball or in aesthetic sports like gymnastics, cheerleading and dance, the combination of these activities and low bone mineral density increase the likelihood of getting bone stress fractures. Stress fractures are serious injuries and can be a season ending and in some, a career ending injury.

The female athlete triad is not an inevitable consequence of participation in sports at any level. The triad is a complex disorder which requires intervention by a multidisciplinary team (parents, physicians, athletic trainers, physical therapists, psychologists and nutritionists). Prevention, early assessment and intervention are the key objectives when dealing with the female athlete triad.
**Nutrition**

**Calcium Connection**

Want strong bones? Got milk? Despite increased public awareness that a lack of calcium contributes to osteoporosis, the bone-thinning disease remains a threat. The Surgeon General predicts that unless people begin to take steps now to improve their bone health, half of all Americans over 50 will be at risk of osteoporosis by 2020. While it’s true that your risk increases with age, calcium deficiency, one of the main risk factors for osteoporosis, often starts at a young age, setting the stage for brittle bones later in life. And according to the American Dietetic Association, three out of four women don’t get their recommended daily dose of calcium.

The body needs a constant level of calcium in the bloodstream to facilitate blood clotting, muscular contraction and other functions. If calcium isn’t coming from your diet, your body will leach it from your bones. You should think of your bones as a bank, and make frequent calcium “deposits” while you’re young. High peak bone mass will protect you against osteoporosis because you will have more money in the bank to draw from later.

While milk and other dairy products are great sources of calcium, not everyone likes or can digest dairy products. Several options are calcium-fortified foods such as orange juice, breakfast cereals, tofu, soy milks and cheeses and a variety of vegetables and nuts (broccoli, collards, chick peas, okra, navy beans, rhubarb, and almonds).

One of the other ways to build bone mass is through weight-bearing exercise. Walking, jogging, stair climbing and dancing are effective in building bone mass. Resistive exercises, such as weightlifting, also can help build bone strength.

If you think you might need more calcium, talk with your physician about taking a calcium supplement. For most adults, one 500mg tablet with breakfast and dinner is sufficient. The good news about calcium deficiency is that it’s never too late to do something to improve the situation.
Dues are only $25 a family or $10 for individuals and $5 for students and faculty.

**Woodgrove PTSO: How we contribute to our school and Community:**
- Award academic scholarships to seniors and CAMPUS program graduates
- Fund teacher requests for equipment, curriculum, online instructional programs and support materials
- Fund extra-curricular club participation in regional competitions
- Sponsor staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

**With your support, we will continue to:**
- Help fulfill the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize, publicize and celebrate our school’s successes in all avenues.
- Publish the Woodgrove Weekley newsletter to keep you informed all WHS happenings (please “like” us on Facebook too!)
- Ask for your help and assistance in areas of need—our volunteers are very important to our school’s success.

JOIN ONLINE TODAY!! [www.lcps.org/Page/69200](http://www.lcps.org/Page/69200)

<table>
<thead>
<tr>
<th>MEMBERS NAME(S):</th>
<th>ADDRESS:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CITY: ______________________ STATE: ______________________ ZIP: ______________________

EMAIL: ______________________ (REQUIRED FOR WOODGROVE WEEKLY SUBSCRIPTION, ALL ADDRESSES WILL REMAIN STRICTLY CONFIDENTIAL)

PHONE NBR: ______________________ AMT ENCLOSED: ______________________

(Please return to WHS front office)

(ADDITIONAL DONATIONS are WELCOME and are TAX FREE)
The Woodgrove Weekly is your best tool for staying informed about everything that takes place within the Woodgrove Community.

The Woodgrove PTSO's weekly newsletter, the Woodgrove Weekly, will keep you up to date about school news and events as well as PTSO activities. The newsletter goes out by email every Monday, and you can sign up in only a minute by putting this address into your web browser:

http://tinyurl.com/woodgroveweekly

You do not have to join the PTSO in order to get the newsletter. This is a PTSO service for our whole school community. We will never share your contact information, and you can easily unsubscribe at any time.

The newsletter will come to you from this e-mail address:

WoodgroveHighSchoolPTSO@gmail.com

Remember to add this to your address book or trusted contacts so it doesn't end up in your spam or junk folder.
Grocery & Shopping Reward Programs

Help Woodgrove earn money to supplement the school’s educational needs.

Woodgrove High School is registered with Giant’s A+ School Rewards Program, Harris Teeter’s Together in Education Program, and AmazonSmile. Woodgrove has earned thousands of dollars through these free programs, so please enroll or confirm this year's participation today!

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up online.

Giant A+ School Rewards (School ID 09152)

https://giantfood.com/savings-and-rewards/rewards-program/aplus/

Select Register Your Card to sign up or Confirm Your Schools to check which schools you support.

Harris Teeter Together In Education (School Code 1613)


Click Link Your School Today to register or re-link your VIC card.

AmazonSmile

https://smile.amazon.com

Choose Woodgrove High School PTSO as your charitable organization. Every eligible purchase you make through smile.amazon.com will result in a donation to the PTSO.

Please contact WoodgrovePTSOFundraising@gmail.com with any questions.
### Woodgrove High School Bell Schedules 2017-2018 School Year

<table>
<thead>
<tr>
<th>Period</th>
<th>Normal Day</th>
<th>FACETIME/Clubs Schedule</th>
<th>One-Hour Delay Day</th>
<th>Two-Hour Delay Day</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Regular Schedule</td>
<td>FACETIME/Clubs Schedule</td>
<td>Time</td>
<td>Min.</td>
</tr>
<tr>
<td>1 or 5</td>
<td>9:10 - 10:44 94</td>
<td>9:10 - 10:35 85</td>
<td>10:10 - 11:31 81</td>
<td>11:10 - 12:14 64</td>
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<tr>
<td></td>
<td><strong>FACEtime or Clubs</strong> 10:40 - 11:10 30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Open Lunch 11:10 - 11:43 33</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 or 6</td>
<td>10:49 - 12:48 89</td>
<td>11:48 - 1:08 80</td>
<td>12:09 - 1:22 73</td>
<td>12:52 - 1:50 58</td>
</tr>
<tr>
<td>Lunch Shift 1</td>
<td>10:44 - 11:14 30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lunch Shift 2</td>
<td>11:15 - 11:45 30</td>
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<tr>
<td>Lunch Shift 3</td>
<td>11:47 - 12:17 30</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Lunch Shift 4</td>
<td>12:18 - 12:48 30</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Notes concerning a Delay Day:**
1. If a Delay occurs (or if school is cancelled) on a day that is planned as FACETIME or Clubs, the FACETIME/Clubs will be postponed one day, unless that rescheduled day already has an event planned. In this case, the FACETIME/Clubs meeting will be cancelled for the week.
2. If the rescheduled day also has a Delay (or if school is cancelled), the FACETIME/Clubs meeting will be cancelled for the week.

**Notes concerning a Fundraiser Day:**
1. These will be scheduled on B days, during Period 8.
2. Tickets will be sold at the start of DENtime, and then students released to the appropriate location.
3. Silent Reading and quiet study are expected for those not attending.

**Notes concerning a Pep Rally Day:**
1. These will be scheduled on B days, during Period 8, when possible.
2. Silent Reading (2:28 - 2:48) and quiet study (2:48 - 3:08) are expected until students are released to the gym.
UPSTAIRS lockers have a 3-digit # and a letter (A, B, C, E).

ex: 368A

DOWNSTAIRS lockers have an “L,” a 3-digit #, and a letter (A, B, C, E).

ex: L368A
ATTENTION: STUDENTS, PARENTS, FACULTY & STAFF

Loudoun County Public Schools’ Insurance Does Not Provide Coverage for Students’ and Employees’ Personal Property Brought to School.

Each year the LCPS Procurement/Risk Management Office receives claims where school students and employees have lost valuable personal property brought to school. Every type of personal property is subject to loss by accident, theft, or vandalism.

Examples of personal property include:

- iPods, iPads, cell phones, smart phones, cameras, tablets, lap top computers, etc.

The *Worth Avenue Group* has been providing insurance programs to thousands of students and staff across the country since 1971. Their personal property insurance plans have been utilized by many colleges and universities and have been made available to public school students, faculty, and staff nationwide.

**Losses Covered:** The plans cover loss or damage, occurring during the policy period, to personal property, which you own or have leased. See policy for items excluded from coverage. Coverage may be purchased on a “cash value or replacement cost” basis with a deductible as low as **$50 per occurrence**.

**What about Coverage Under Your Homeowners Policy?** If you have questions about your homeowner's policy, ask your agent to go to the *Worth Avenue Group* website for more information and then to give you advice. These plans are typically **primary** to the homeowner's coverage and can be used to cover high insurance deductibles.

For further information on this coverage please **call 1-800-620-2885** or visit **http://www.worthavegroup.com/** and read about the **various available coverages**.
Worth Ave. Group is offering a special discount to students and faculty of Loudoun County Public Schools (Ashburn, VA) to insure the devices purchased for use as part of the school's BYOD technology program. Insurance with Worth Ave. Group will protect the device against: Accidental Damage, Theft, Fire, Flood, Natural Disasters, Power Surge and Vandalism. This insurance policy will provide full replacement cost coverage and will protect the item worldwide (on and off school grounds). The policy is also transferable to a replacement unit.

<table>
<thead>
<tr>
<th>Model</th>
<th>Coverage *</th>
<th>Term</th>
<th>Deductible</th>
<th>Premium</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acer Chromebook</td>
<td>$250</td>
<td>1 Year</td>
<td>$0</td>
<td>$40.70</td>
</tr>
<tr>
<td>32GB Apple iPad</td>
<td>$329</td>
<td></td>
<td></td>
<td>$44.10</td>
</tr>
<tr>
<td>Lenovo Yoga Thinkpad 11e</td>
<td>$500</td>
<td></td>
<td></td>
<td>$57.80</td>
</tr>
<tr>
<td>13&quot; MacBook Pro</td>
<td>$1,300</td>
<td></td>
<td></td>
<td>$111.80</td>
</tr>
</tbody>
</table>

Additional coverage options available online

* Coverage is based on the replacement cost which can vary depending on device and features. When selecting coverage, please select the actual cost of the device you purchased.

About Us
Worth Ave. Group is affiliated with National Student Services, Inc. Since 1971, WAG has been the leader in providing personal property insurance designed specifically for students, faculty and staff of colleges and universities. Our expertise has now expanded to include K-12 education, businesses and individuals. Our corporate Headquarters is located in Stillwater, Oklahoma. We are licensed in all states, including Alaska and Hawaii. Our underwriter, Hanover Insurance Company in Worcester, Massachusetts, has an Excellent rating of A from A.M. Best Company, an organization rating insurance companies based on operating performance and financial strength.

To Purchase

Buy Online: [https://my.worthavegroup.com/lcps](https://my.worthavegroup.com/lcps)
Note: Initial quote online will not include processing fees.

Call: 1 (800) 620-2885 use promo code LCPS

1 (800) 620-2885, 8am-6pm M-F CST
P.O. Box 2077, Stillwater, OK 74076
www.worthavegroup.com
ATENCIÓN: PADRES Y ESTUDIANTES

El Seguro de las Escuelas Públicas del Condado de Loudoun No Cubre la Propiedad Personal de los Estudiantes Llevada a las Escuelas.

Cada año, las oficinas de adquisiciones y manejo de riesgos de LCPS reciben reclamos de estudiantes y empleados que han perdido propiedad personal de mucho valor en las escuelas. Ejemplos de propiedad personal incluye iPods, iPads, teléfonos, cámaras de fotos, ordenadores portátiles. Cada tipo de propiedad personal está sujeta a pérdidas por accidente, robo ó vandalismo.

Worth Avenue Group está proporcionando programas de seguros a miles de estudiantes en este país desde 1971. El plan de seguro de propiedad personal ha sido utilizado por muchas escuelas y universidades. Recientemente ha sido disponible para los estudiantes de las escuelas públicas a nivel nacional.

Cobertura de pérdidas: El Plan cubre pérdidas o daños a su propiedad personal, de la cual usted es dueño o alquilo, incluyendo materiales de valor en su poder, estas pérdidas deben ser durante el periodo vigente de la póliza. Verifique los artículos excluidos en su cobertura. El seguro podría ser comprado en base de "dinero en efectivo" o "a costo de reemplazo" de la propiedad personal y con un deducible tan bajo como $50 por caso.

Propiedad No Cubierta: Algunos ejemplos de propiedad no cubierta por el plan son:

- Coches (incluyendo los equipos estereofónicos de los coches), motocicletas, barcos, motores, aviones o partes; billetes de transportes u otros billetes; Dinero en efectivo o monedas, evidencias de deudas, cartas de crédito, documentos de pasaportes, notas o valores; lentes de contacto, dientes artificiales o miembros.

Y Qué Sobre la Cobertura Dentro de la Póliza de Seguros del Hogar? Si usted tiene preguntas acerca de lo que cubre su seguro del hogar, enséñele el folleto a su agente de seguros y pídale su consejo. Worth Avenue Group, esta cobertura es siempre primaria a lo que cubre su póliza de hogar y puede ser usada para cubrir altos deducibles de los seguros.

Para más información sobre esta cobertura, por favor visite la página web: http://www.worthavegroup.com/ 1-800-620-2885, y lea sobre el Plan de Propiedad Personal del Estudiante.
Worth Ave. Group está ofreciendo un descuento especial para estudiantes y profesores de Loudoun County Public Schools (Ashburn, VA) para asegurar los dispositivos comprados para su uso como parte del programa de tecnología BYOD de la escuela. Este seguro protegerá el dispositivo contra: daños accidentales, robo, incendio, inundación, desastres naturales, sobrecarga de energía (causada por relámpago) y vandalismo. Esta póliza de seguro proporcionará cobertura total de los costos de reemplazo y protegerá su dispositivo en todo el mundo (dentro y fuera de la escuela). La póliza también puede ser transferida a una unidad de reemplazo.

Opciones de cobertura adicionales disponibles en línea
* La cobertura se basa en el costo de reemplazo que puede variar dependiendo del dispositivo y las características. Al seleccionar la cobertura, seleccione el costo real del dispositivo que compró.

Notas: Cotización inicial en línea no incluye tarifas de procesamiento.

**Nota:** Para más detalles, visite [https://my.worthavegroup.com/lcps](https://my.worthavegroup.com/lcps)
IMPORTANT INSURANCE NOTICE—READ CAREFULLY

Loudoun County Public Schools does not provide medical or accident insurance for students injured while participating in school activities.

Dear Parents and Students:

LCPS receives reports of students who are accidentally injured while participating in school activities, including some serious injuries that require costly medical attention. The Procurement/Risk Management Office routinely receives calls from parents whose children are accidentally injured while participating in school activities and have no insurance coverage or have bills over-and-above what their insurance will pay.

LCPS does not provide medical or accident insurance for students injured while participating in school activities. But we do provide voluntary purchase of student accident insurance through K&K Insurance.

The insurance provided by K&K Insurance offers optional plans of coverage provided on an “excess basis” for accidental injuries that may occur during school activities or even around the clock, depending on the benefit option you choose.

If you already have insurance coverage through another policy, the K&K Student Accident Plans pay benefits for those eligible expenses not paid by your primary insurance. If there is no other insurance available to you, the plans will provide coverage on a primary basis.

Your voluntary enrollment in one of these plans should be carefully considered. For further details and to enroll in the K&K Student Accident Insurance coverage please go online to this link: www.studentinsurance-kk.com or call 1-855-742-3135.

8/11/17
Protect your child with student accident insurance. If you don’t have other insurance, this student accident insurance is vital. If you have other insurance, student accident insurance can help with deductibles and copays.

K-12 Accident Plans available through your school:
- At-School Accident Only
- 24-Hour Accident Only
- Extended Dental
- Football

How to Enroll Online
Enrolling online is easy and should take only a few minutes. Go to www.studentinsurance-kk.com and click the “Enroll Now” button.

1. Start by telling us the name of the school district and state where your child attends school.
2. We’ll request each student’s name and grade level.
3. You’ll see the available plans and their rates. Select your coverage and continue to the next step.
4. We’ll request information about you, like your name and email address.
5. Next, you’ll enter information about the child or children to be covered.
6. Enter your credit card or eCheck payment information.
7. Finally, print out a copy of the confirmation for your records.

For further details of the coverage including costs, benefits, exclusions, any reductions or limitations and the terms under which the policy may be continued in force, please refer to www.studentinsurance-kk.com. Student is able to purchase the coverage only if his/her school district is a policyholder with the insurance company.

Proteja a su hijo con el seguro de accidentes para estudiantes. Si usted no tiene otro seguro, este seguro de accidentes para estudiantes es fundamental. Si tiene otro seguro, el seguro de accidentes para estudiantes puede ayudarle a pagar los deducibles y copagos.

Planes de accidentes para K-12 disponibles a través de su escuela:
- Sólo accidentes en la escuela
- Solo accidentes, 24 horas
- Dental extendido
- Fútbol

Cómo inscribirse en línea

1. Comience por decírnos el nombre del distrito escolar y el estado en el que su hijo(a) va a la escuela.
2. Solicitaremos el nombre y el grado de cada uno de los estudiantes.
3. Verá los planes disponibles y sus tarifas. Seleccione su cobertura y continúe con el siguiente paso.
4. Le solicitaremos información sobre usted, como su nombre y dirección de correo electrónico.
5. Después, ingresará la información acerca del niño o niños que recibirá(n) cobertura.
6. Ingrese la información de pago de su tarjeta de crédito o eCheck.
7. Finalmente, imprima una copia de la confirmación para sus registros.

Para obtener más detalles, incluso costos, beneficios, exclusiones, y reducciones o limitaciones y los términos en virtud de los cuales esta póliza podría continuar en vigencia, consulte www.studentinsurance-kk.com. Los estudiantes pueden comprar la cobertura únicamente si su distrito escolar es titular de una póliza con la compañía de seguros.
**2017-2018 Student Accident Coverage**  
Serviced by: K&K Insurance Group, Inc.  Phone: 855-742-3135

Remember to visit our website for faster enrollment: www.studentinsurance-kk.com

Online Enrollment—Secured Accident Coverage can be purchased any time throughout the year.

**ACCIDENT ONLY COVERAGE:** The Policy provides benefits for loss due to a covered Injury up to the Maximum Benefit of $25,000 for each Injury. Provided that treatment by a qualified, licensed Physician begins within 60 days from the date of Injury, benefits will be paid for Covered Medical Expenses incurred within 52 weeks from the date of Injury up to the Maximum Benefit per service as shown below.

**SCHEDULE OF BENEFITS:** Maximum Benefits Paid As Specified Below. Medically Necessary and Reasonable Charges are based on the 75th percentile.

<table>
<thead>
<tr>
<th>Compare and Choose</th>
<th>Low Option Accident Only</th>
<th>High Option Accident Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum Benefit:</td>
<td>$25,000 (For Each Injury)</td>
<td>$25,000 (For Each Injury)</td>
</tr>
<tr>
<td>Deductible:</td>
<td>$0</td>
<td>$0</td>
</tr>
</tbody>
</table>

**Inpatient**

- **Room & Board:**
  - Low Option: Up to $150 per day/Semi-private room rate
  - High Option: 80% of Reasonable Charges/Semi-private room rate

- **Hospital Miscellaneous:**
  - Low Option: $600 maximum per day
  - High Option: $1,200 maximum per day

- **Registered Nurse:**
  - Low Option: 75% of Reasonable Charges
  - High Option: 100% of Reasonable Charges

- **Physician’s Visits:**
  - Low Option: $40 first day/$25 each subsequent day
  - High Option: $60 first day/$40 each subsequent day
  (Benefits are limited to one visit per day and do not apply when related to surgery)

**Outpatient**

- **Day Surgery Miscellaneous:**
  - Low Option: $1,000 maximum
  - High Option: $1,200 maximum

- **Physician’s Visits:**
  - Low Option: $40 first day/$25 each subsequent day
  - High Option: $60 first day/$40 each subsequent day
  (Benefits are limited to one visit per day and do not apply when related to surgery or physiotherapy)

- **Outpatient Physical Therapy:**
  - Low Option: $30 first day/$20 each subsequent day/5 days maximum
  - High Option: $60 first day/$40 each subsequent day/5 days maximum
  (Benefits are limited to one visit per day)

- **Emergency Room Services:**
  - Treatment must be rendered within 72 hours from the time of the injury
  - Low Option: $150 maximum
  - High Option: $300 maximum

- **X-Rays:**
  - Low Option: $200 maximum
  - High Option: $600 maximum

- **Diagnostic Imaging Services:**
  - Low Option: $300 maximum
  - High Option: $600 maximum

- **Laboratory:**
  - Low Option: $50 maximum
  - High Option: $300 maximum

- **Prescription Drugs:**
  - Low Option: $75 maximum
  - High Option: $200 maximum

- **Injections:**
  - Low Option: No Benefits
  - High Option: No Benefits

- **Orthopedic Braces & Appliances:**
  - Low Option: $75 maximum
  - High Option: $140 maximum

- **Inpatient and/or Outpatient**
  - **Surgeon’s Fees:**
    - Low Option: $1,000 maximum
    - High Option: $1,200 maximum
    (Limited to primary procedure per injury)

- **Anesthetist:**
  - Low Option: 20% of Surgery Allowance
  - High Option: 25% of Surgery Allowance

- **Assistant Surgeon:**
  - Low Option: 20% of Surgery Allowance
  - High Option: 25% of Surgery Allowance

- **Ambulance:**
  - Low Option: $300 maximum
  - High Option: $800 maximum

- **Consultant:**
  - Low Option: $200 maximum
  - High Option: $400 maximum

- **Dental Treatment due to Injury to Teeth:**
  - Low Option: $10,000 maximum per policy term if extended dental option is purchased. $200 per tooth if extended dental option is not purchased.
  - High Option: $10,000 maximum per policy term if extended dental option is purchased. $500 per tooth if extended dental option is not purchased.
  (For Injury to sound, natural teeth only)

- **Replacement of Eye Glasses, Contact Lenses or Hearing Aids that are broken as a result of a Covered Injury:**
  - Low Option: 100% of Reasonable Charges
  - High Option: 100% of Reasonable Charges

- **Durable Medical Equipment:**
  - Low Option: No Benefits
  - High Option: No Benefits

- **Maternity:**
  - Low Option: No Benefits
  - High Option: No Benefits

- **Complication of Pregnancy:**
  - Low Option: No Benefits
  - High Option: No Benefits

**Expenses for the following are not covered:** Prosthetic Devices, Mental and Nervous Disorders, Home Health Care, Injections.

This policy contains an excess provision. Benefits will not be paid under the Basic Accident Medical Expense for Covered Expenses to the extent that they are collectible under another Health Care Plan.

Details of these benefits may be found in the Master Policy on file at the School District. **NOTE:** This is a brief summary of the benefits and not a contract. A Master Policy has been provided to your school district that contains all of the provisions, limitations and exclusions and qualifications of the insurance benefits. The Master policy is the contract and will govern and control the payment of benefits.
Choose Your Coverage Plan:  One-Time Payment For Accident Coverage

Please note - for coverage plans listed below

Coverage Effective Date: A person’s coverage takes effect at the later of the date his or her completed application and premium is received by the company or the effective date of the policy issued to his or her school or school district.

Coverage Termination Date: Coverage ends on the earlier of the date his or her coverage has been in force for twelve months or the first day of the next school year. All coverage ceases if the policyholder cancels the policy or when the person ceases to be eligible. Termination of coverage for any reason will not affect a claim which occurs before coverage ends.

<table>
<thead>
<tr>
<th>Coverage Plan</th>
<th>With Extended Dental</th>
<th>Without Extended Dental</th>
</tr>
</thead>
<tbody>
<tr>
<td>24-Hour Accident (Students &amp; Employees)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Around-the-clock/anywhere in the world. Before, during and after school. Weekends, vacation and all summer including summer school. School sponsored and extracurricular sports excluding High School Football.</td>
<td>Low Option $86.00</td>
<td>Low Option $77.00</td>
</tr>
<tr>
<td></td>
<td>High Option $127.00</td>
<td>High Option $118.00</td>
</tr>
<tr>
<td>24-Hour Accident (Summer Only Coverage, Students Only)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Summer begins on the first day after the school year ends. Summer ends the first day of the next school year.</td>
<td>Low Option $29.00</td>
<td>Low Option $20.00</td>
</tr>
<tr>
<td></td>
<td>High Option $41.00</td>
<td>High Option $32.00</td>
</tr>
<tr>
<td>At-School Accident (Students &amp; Employees)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>During the regular school term, on school premises while school is in session. Direct and uninterrupted travel to and from home and scheduled classes. School Sponsored and supervised activities or sports excluding High School Football. Travel to and from school sponsored and supervised activities or sports while in a school furnished or approved vehicle.</td>
<td>Low Option $28.00</td>
<td>Low Option $19.00</td>
</tr>
<tr>
<td></td>
<td>High Option $36.00</td>
<td>High Option $27.00</td>
</tr>
<tr>
<td>Extended Dental (Accident Only)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supplemental coverage extended to students with At-School, 24-Hour or Football Coverage – Limited to Covered Person’s policy effective dates and accident only coverage option selected. Replaces standard dental coverage with coverage of 80% of Reasonable Charges to a maximum limit of $10,000 per injury.</td>
<td>Low Option $41.00</td>
<td>Low Option $32.00</td>
</tr>
<tr>
<td></td>
<td>High Option $53.00</td>
<td>High Option $44.00</td>
</tr>
<tr>
<td>High School Football</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Play or practice of regularly scheduled football. Consult your Athletic Department for enrollment instructions.</td>
<td>Low Option $141.00</td>
<td>Low Option $132.00</td>
</tr>
<tr>
<td></td>
<td>High Option $215.00</td>
<td>High Option $206.00</td>
</tr>
<tr>
<td>High School Football (Spring Only)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>For new players who participate in spring training and not already insured under Football Coverage. Sports seasons are defined by your state high school athletic association.</td>
<td>Low Option $62.00</td>
<td>Low Option $53.00</td>
</tr>
<tr>
<td></td>
<td>High Option $91.00</td>
<td>High Option $82.00</td>
</tr>
<tr>
<td>High School Football and At-School Accident (Covers all athletics)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Low Option $169.00</td>
<td>Low Option $151.00</td>
</tr>
<tr>
<td>High School Football and 24-Hour Accident (Covers all athletics)</td>
<td>High Option $251.00</td>
<td>High Option $233.00</td>
</tr>
<tr>
<td></td>
<td>Low Option $227.00</td>
<td>Low Option $209.00</td>
</tr>
<tr>
<td></td>
<td>High Option $342.00</td>
<td>High Option $324.00</td>
</tr>
</tbody>
</table>

Facts about the Policy

1. WHO IS ELIGIBLE: Students of the policyholder who make the required premium contribution for the covered selected are eligible. Student status continues after graduation and between school years unless the person enrolls at a different school district.
2. The Master Policy on file with the school district is a non-renewable policy.
3. This is a limited benefit policy.
4. COVERAGE EFFECTIVE DATE: A person’s coverage takes effect at the later of the date his or her completed application and premium is received by the company or the effective date of the policy issued to his or her school or school district.
5. COVERAGE TERMINATION DATE: Coverage ends on the earlier of the date his or her coverage has been in force for twelve months or the first day of the next school year.
   All coverage ceases if the policyholder cancels the policy or when person ceases to be eligible.
   Termination of coverage for any reason will not affect a claim which occurs before coverage ends.
6. LATE ENROLLMENT: Coverage may be purchased at any time during the school year. There is no premium reduction for any individual who enrolls late in the year.
7. CANCELLATION: Coverage under the Policy will not be cancelled, and accordingly, premiums may not be refunded after acceptance by the Company. However, a pro-rata refund of premium shall be made in the event a Covered Person enters the Military Service.
8. STUDENT TRANSFER: The policy continues to be in force anywhere in the world if the Covered Person should relocate prior to the expiration of coverage.

Enroll online at: www.Studentinsurance-kk.com or by mail using attached enrollment form.
1. Complete and detach the enrollment form.
2. Make check or money order payable to Nationwide Life Insurance Company. Do not send cash. The Company is not responsible for cash payments.
3. Write your child’s name on your check or money order.
4. Mail completed enrollment form with payment back to:
   K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338
5. Your cancelled check, credit card billing, or money order stub will be your receipt and confirmation of payment.
6. Keep this brochure for future reference. Individual policies will not be sent to you.

Privacy Policy

We know that your privacy is important to you and we strive to protect the confidentiality of your nonpublic personal information. We do not disclose any nonpublic personal information about our customers or former customers to anyone, except as permitted or required by law. We believe we maintain appropriate physical, electronic and procedural safeguards to ensure the security of your nonpublic personal information.

Administered by:
K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338
Policy Exclusions and Limitations for Accident Only Coverages

The following exclusions apply to any and all Benefits and any applicable Riders, unless otherwise specifically referenced. **We will not pay Benefits for:**

1. An Injury or Loss that is:
   a. caused by war or any act of war, declared or undeclared, whether civil or international, or any actual armed conflict between organized forces of military nature (which does not include acts of terrorism);
   b. caused while the Insured is serving full-time active duty (more than 31 days) in any Armed Forces;
   c. caused by participating in a riot or violent disorder;
   d. the result of an Insured’s taking part in committing or attempting to commit a felony, or engaging in any unlawful act or illegal occupation, or committing or provoking an unlawful act;
   e. the result of the Insured being under the influence of any drug, narcotic, intoxicant or chemical (unless prescribed by a Physician and taken according to the Physician’s instructions) as defined by the law of the jurisdiction in which the Accident occurred. Conviction is not necessary for determination of being “under the influence.”;
   f. intentionally self-inflicted, including suicide or attempt thereof, while sane or insane.

2. An Injury or Loss that is the result of travel or flight (including getting in or out, on or off) in any aircraft except solely as a fare-paying passenger in a commercial aircraft, or as a passenger in a Policyholder chartered aircraft, provided such aircraft has a valid and current airworthiness certificate and is operated by a duly licensed or certified pilot, and while such aircraft is being used for the sole purpose of transportation and such travel is listed as a Covered Activity in the Schedule of Benefits.

3. Any Accident where the Insured is the operator and does not possess a current and valid motor vehicle operator’s license (except in a Driver’s Education Program).

4. An Accident that occurs while:
   a. participating in any hazardous activities, including the sports of snowmobile, ATV (all terrain or similar type wheeled vehicle), personal watercraft, sky diving, scuba diving, skin diving, hang gliding, cave exploration, bungee jumping, parachute jumping or mountain climbing;
   b. riding, driving, or testing a motorized vehicle used in a race or speed contest, sport, exhibition work or test driving. Motorized Vehicle for purposes of this provision means any self-propelled vehicle or conveyance, including but not limited to automobiles, trucks, motorcycles, ATV’s, snow mobiles, tractors, golf carts, motorized scooters, lawn mowers, heavy equipment used for excavating, boats, and personal watercraft. Motorized Vehicle does not include a Medically Necessary motorized wheelchair, unless such activity is specifically listed as a Covered Activity in the Schedule of Benefits.

5. Medical or surgical treatment, diagnostic or preventative care of any Sickness, except for treatment of pyogenic infection that results from an Accidental Injury or a bacterial infection that results from the Accidental ingestion of contaminated substances.

6. Any Heart or Circulatory Malfunction, whether or not known or diagnosed, except as may be otherwise covered under the Policy or unless the immediate cause of such malfunction is external trauma.

**Additional exclusions for the Accident Medical Expense Benefit and any applicable Riders:** **We will not pay Benefits for:**

1. Expenses Incurred for services or treatment rendered by a Physician, Nurse or any other Provider who is:
   a. employed or retained by the Policyholder, or its subsidiaries or affiliates;
   b. the Insured, or the Insured’s Family Member.

2. Expenses Incurred for charges which the Insured would not have to pay if he/she did not have insurance or for which no charge is made.

3. Expenses Incurred for charges which are in excess of Reasonable Charges.

4. That part of medical expenses payable by any automobile insurance Policy without regard to fault.

5. Expenses Incurred for any treatment that is considered to be experimental by the American Medical Association (AMA) or the American Dental Association (ADA).

6. Expenses Incurred for the examination, prescription, purchase, or fitting of eyeglasses, contact lenses, or hearing aids, unless injury has caused impairment of sight or hearing or unless repair or replacement of existing eye glasses, contact lenses or hearing aids is necessary as a result of a covered Injury.

7. Expenses Incurred for new, or repair or replacement of, dentures, bridges, dental implants, dental bands or braces or other dental appliances, crowns, caps, inlays or onlays, fillings or any other treatment of the teeth or gums, except as a result of Injury up to the Dental Maximum shown in the Schedule of Benefits, if applicable.

8. Expenses Incurred for personal comfort or convenience items including, but not limited to, Hospital telephone charges, television rentals, or guest meals.

9. Expenses Incurred for or in connection with Custodial Care, unless otherwise specified in the Schedule of Benefits.

10. Expenses Incurred for supervision of an anesthetist.

11. Expenses Incurred for Durable Medical Equipment rental in excess of the purchase price.


13. Expenses Incurred for any condition covered by any Workers’ Compensation Act, Occupational Disease law or similar law.

**Accident Only Definitions:**

**Injury** A bodily injury which is:

1. directly and independently caused by specific Accidental contact with another body or object; and
2. a source of loss that is sustained while the Insured Person is covered under this Policy and while he or she is taking part in a Covered Activity.

For all Benefits, Injury includes Heart and Circulatory Malfunction, subject to the following conditions:

1. Malfunction must occur before age 65 while the Insured is taking part in a Covered Activity; and
2. The symptom(s) of such malfunction(s) is (are) first medically treated while the Policy is in force with respect to the Insured and within 48 hours of having taken part in a Covered Activity; and
3. Such Insured has not, within one year prior to the date of participation in the Covered Activity, been medically diagnosed with, or received any medication for, any myocardial infarction, angina pectoris, coronary thrombosis, hypertension, heart attack, or a cerebral vascular incident.

**Accidental Death & Specific Loss Benefits:**

<table>
<thead>
<tr>
<th>Loss</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life</td>
<td>$10,000</td>
</tr>
<tr>
<td>Both arms or both legs</td>
<td>$10,000</td>
</tr>
<tr>
<td>Both hands and both feet</td>
<td>$10,000</td>
</tr>
<tr>
<td>One arm and one leg</td>
<td>$10,000</td>
</tr>
<tr>
<td>One hand and one foot</td>
<td>$10,000</td>
</tr>
<tr>
<td>Either both hands or both feet</td>
<td>$10,000</td>
</tr>
<tr>
<td>Speech and hearing in both ears</td>
<td>$10,000</td>
</tr>
<tr>
<td>The sight of both eyes</td>
<td>$10,000</td>
</tr>
<tr>
<td>The sight of one eye and either one hand or one foot</td>
<td>$10,000</td>
</tr>
<tr>
<td>Either one arm or one leg</td>
<td>$7,500</td>
</tr>
<tr>
<td>Either one hand or one foot</td>
<td>$5,000</td>
</tr>
<tr>
<td>Speech or hearing in both ears</td>
<td>$5,000</td>
</tr>
<tr>
<td>Sight of one eye</td>
<td>$5,000</td>
</tr>
<tr>
<td>Hearing in one ear</td>
<td>$2,500</td>
</tr>
<tr>
<td>Both the thumb and index finger of one hand</td>
<td>$2,500</td>
</tr>
</tbody>
</table>

For the Accident Medical Expense Benefit, Injury also includes repetitive motion injuries resulting from participation in a Covered Activity. Repetitive motion injuries are injuries such as, but not limited to, strains, sprains, hernias, tennis elbow, tendonitis, bursitis, and muscle tears. The repetitive motion injury must be diagnosed by a Physician and occur within 30 days of participation in a Covered Activity.

All Injuries sustained in one Accident, including all related conditions and recurrent symptoms of these Injuries will be considered as one Injury.
Enroll online for quicker service at www.StudentInsurance-kk.com
or complete and mail this form

Enrollment Form (School Year 2017-2018)

Student’s Last Name: 
Student’s First Name: 
Student’s Middle Name: ___________________________ Date of Birth: ___________________________
Street Address: 
City: ___________________________ State: ___________________________ Zip: ___________________________
Name of School District (required): ___________________________
Name of School: ___________________________
Grade Level: Q Pre-K/Headstart Q Kindergarten/Elementary Q Middle School Q High School/Above
Signature of Parent or Guardian: ___________________________
Date: ___________________________ Email Address: ___________________________ Phone Number: ___________________________

Student Insurance Plan Options — Check Your Selection:

<table>
<thead>
<tr>
<th>Accident Only Coverage Plans</th>
<th>Low Option</th>
<th>High Option</th>
</tr>
</thead>
<tbody>
<tr>
<td>24-HOUR, with Extended Dental</td>
<td>Q $86.00</td>
<td>Q $127.00</td>
</tr>
<tr>
<td>24-HOUR, without Extended Dental</td>
<td>Q $77.00</td>
<td>Q $118.00</td>
</tr>
<tr>
<td>24-HOUR, Summer Only, with Extended Dental</td>
<td>Q $29.00</td>
<td>Q $41.00</td>
</tr>
<tr>
<td>24-HOUR, Summer Only, without Extended Dental</td>
<td>Q $20.00</td>
<td>Q $32.00</td>
</tr>
<tr>
<td>AT-SCHOOL, with Extended Dental</td>
<td>Q $28.00</td>
<td>Q $36.00</td>
</tr>
<tr>
<td>AT-SCHOOL, without Extended Dental</td>
<td>Q $19.00</td>
<td>Q $27.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Full Year, with Extended Dental</td>
<td>Q $141.00</td>
<td>Q $215.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Full Year, without Extended Dental</td>
<td>Q $132.00</td>
<td>Q $206.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Spring Only, with Extended Dental</td>
<td>Q $62.00</td>
<td>Q $91.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Spring Only, without Extended Dental</td>
<td>Q $53.00</td>
<td>Q $82.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and AT SCHOOL, with Extended Dental Covers all athletics</td>
<td>Q $169.00</td>
<td>Q $251.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and AT SCHOOL, without Extended Dental Covers all athletics</td>
<td>Q $151.00</td>
<td>Q $233.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and 24-HOUR, with Extended Dental Covers all athletics</td>
<td>Q $227.00</td>
<td>Q $342.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and 24-HOUR, without Extended Dental Covers all athletics</td>
<td>Q $209.00</td>
<td>Q $324.00</td>
</tr>
</tbody>
</table>

Enclose check for total payment payable to: Nationwide Life Insurance Company. Checks, money orders, or credit cards accepted.
DO NOT SEND CASH
TOTAL ENCLOSED: $ ___________________________

Mail this completed form with payment back to: K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

Complete this section only if you wish to pay with a Credit Card

Full name as it appears on card
First Name: ___________________________ Mi: _______ Last Name: ___________________________
Billing Address (if different than above)
Street # ___________________________ Address ___________________________ Apt # ___________________________
City: ___________________________ State: ___________________________ Zip: ___________________________
Card Number: _______ _______ _______ _______ _______ _______ _______ Expiration Date: Month: _______ Year: _______
Cardholder signature: ___________________________

Company does not issue refunds nor accept responsibility for cash payments. (Rejection of check or credit card by bank for any reason, will invalidate insurance.)
!!NOTICIA IMPORTANTE!!
Las Escuelas Públicas del Condado de Loudoun no disponen de seguro médico o de accidente para cubrir a los estudiantes cuando se accidentan en la escuela.

Estimados Padres/Guardianes Legales:

LCPS recibe reportes de estudiantes que accidentalmente se hieren cuando participan en actividades escolares, incluyendo algunas con heridas graves que requieren atención médica costosa. La oficina de adquisiciones y manejo de riesgos rutinariamente recibe llamadas de padres de quien sus hijos son accidentalmente heridos cuando participaban en actividades escolares y no tenían cobertura de seguro o tienen cobros por encima del valor de pago de su seguro.

LCPS no proporciona seguros de accidentes médicos para los estudiantes accidentados que han participado en actividades escolares. Pero, nosotros proveemos la opción de compra voluntaria de seguro para accidentes por medio de K&K seguros.

El seguro de accidentes por K&K ofrece planes opcionales de cobertura basado en “excesos” para heridas de accidente que puedan ocurrir durante actividades escolares o incluyendo a tiempo completo. Esto depende del plan elegido.

Si usted ya tiene seguro a través de otra poliza, estos planes de cobertura de accidente pagan beneficios no cubiertos por su otro seguro. Si no tiene ningún otro plan de seguro disponible, invertiendo una mínima cantidad de dinero ahora en uno de estos planes le podría ahorrar considerables gastos más tarde si tuviese un accidente que requiriese atención médica.

Su registro voluntario en uno de estos planes debe de ser cuidadosamente considerado. Gracias y por favor llame si tiene alguna pregunta o inquietud.

WEBSITE:  www.studentinsurance-kk.com or call 1-855-742-3135
Protect your child with student accident insurance. If you don’t have other insurance, this student accident insurance is vital. If you have other insurance, student accident insurance can help with deductibles and copays.

**K-12 Accident Plans available through your school:**
- At-School Accident Only
- 24-Hour Accident Only
- Extended Dental
- Football

**How to Enroll Online**
Enrolling online is easy and should take only a few minutes.

1. Start by telling us the name of the school district and state where your child attends school.
2. We’ll request each student’s name and grade level.
3. You’ll see the available plans and their rates. Select your coverage and continue to the next step.
4. We’ll request information about you, like your name and email address.
5. Next, you’ll enter information about the child or children to be covered.
6. Enter your credit card or eCheck payment information.
7. Finally, print out a copy of the confirmation for your records.

For further details of the coverage including costs, benefits, exclusions, any reductions or limitations and the terms under which the policy may be continued in force, please refer to www.studentinsurance-kk.com. Student is able to purchase the coverage only if his/her school district is a policyholder with the insurance company.

Proteja a su hijo con el seguro de accidentes para estudiantes. Si usted no tiene otro seguro, este seguro de accidentes para estudiantes es fundamental. Si tiene otro seguro, el seguro de accidentes para estudiantes puede ayudarle a pagar los deducibles y copagos.

**Cómo inscribirse en línea**
Inscribirse en línea es fácil y sólo le tomará unos pocos minutos.

1. Comience por decírnos el nombre del distrito escolar y el estado en el que su hijo(a) va a la escuela.
2. Solicitaremos el nombre y el grado de cada uno de los estudiantes.
3. Verá los planes disponibles y sus tarifas. Seleccione su cobertura y continúe con el siguiente paso.
4. Le solicitaremos información sobre usted, como su nombre y dirección de correo electrónico.
5. Después, ingresará la información acerca del niño o niños que recibirá(n) cobertura.
6. Ingrese la información de pago de su tarjeta de crédito o eCheck.
7. Finalmente, imprima una copia de la confirmación para sus registros.

Para obtener más detalles, incluso costos, beneficios, exclusiones, y reducciones o limitaciones y los términos en virtud de los cuales esta póliza podría continuar en vigencia, consulte www.studentinsurance-kk.com. Los estudiantes pueden comprar la cobertura únicamente si su distrito escolar es titular de una póliza con la compañía de seguros.
COBERTURA SOLO PARA ACCIDENTES: La Póliza ofrece beneficios por pérdida debido a una Lesión cubierta hasta un Beneficio máximo de $25,000 por cada Lesión. Siempre que el tratamiento a cargo de un Médico calificado y matriculado comience en el término de 60 días a partir de la fecha de la Lesión, se pagarán beneficios por los Gastos médicos cubiertos incurridos dentro de las 52 semanas a partir de la fecha de la Lesión, hasta el Beneficio máximo por servicio según se muestra a continuación.

PROGRAMA DE BENEFICIOS: Los Beneficios máximos se pagan según lo especificado a continuación. Los Cargos razonables y necesarios por razones médicas están basados en el percentil 75.

<table>
<thead>
<tr>
<th>Comparar y elija</th>
<th>Opción baja de Solo accidentes</th>
<th>Opción alta de Solo accidentes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beneficio máximo:</td>
<td>$25,000 (por cada lesión)</td>
<td>$25,000 (por cada lesión)</td>
</tr>
<tr>
<td>Deducible:</td>
<td>$0</td>
<td>$0</td>
</tr>
</tbody>
</table>

Paciente hospitalizado

| Habitación y comidas: | Hasta $150 por día/ tarifa de habitación semiprivada | 80% de los cargos razonables/ tarifa de habitación semiprivada |
| Varios del hospital: | $600 como máximo por día | $1,200 como máximo por día |
| Personal de enfermería registrado: | 75% de los cargos razonables | 100% de los cargos razonables |
| Consultas médicas: (Los beneficios se limitan a una consulta por día y no aplican cuando la consulta se relaciona con una cirugía) | $40 primer día/$25 cada día subsiguiente | $60 primer día/$40 cada día subsiguiente |

Paciente ambulatorio

| Procedimientos quirúrgicos ambulatorios varios: | $1,000 como máximo | $1,200 como máximo |
| Consultas médicas: (Los beneficios se limitan a una consulta por día y no aplican cuando la consulta se relaciona con una cirugía o fisioterapia) | $40 primer día/ $25 cada día subsiguiente | $60 primer día/ $40 cada día subsiguiente |
| Fisioterapia para pacientes ambulatorios: (Los beneficios se limitan a una consulta por día) | $30 primer día/$20 cada día subsiguiente/ máximo de 5 días | $60 primer día/$40 cada día subsiguiente/ máximo de 5 días |
| Servicios en la sala de emergencias: (El tratamiento se debe realizar en el término de 72 horas desde que se produce la lesión) | $150 como máximo | $300 como máximo |
| Radiografías: | $200 como máximo | $600 como máximo |
| Servicios de diagnóstico por imágenes: | $300 como máximo | $600 como máximo |
| Laboratorio: | $50 como máximo | $300 como máximo |
| Medicamentos recetados: | $75 como máximo | $200 como máximo |
| Inyecciones: | No hay beneficios | No hay beneficios |
| Aparatos y dispositivos ortopédicos: | $75 como máximo | $140 como máximo |
| Honorarios del cirujano: (Limitado al procedimiento primario por herida) | $1,000 como máximo | $1,200 como máximo |
| Anestesista: | 20% de la prestación por cirugía | 25% de la prestación por cirugía |
| Auxiliar quirúrgico: | 20% de la prestación por cirugía | 25% de la prestación por cirugía |
| Ambulancia: | $300 como máximo | $800 como máximo |
| Asesor: | $200 como máximo | $400 como máximo |
| Tratamientos dentales debido a Lesiones en los dientes: (Para Lesiones en dientes naturales y en buen estado) | Máximo de $10,000 por período de póliza si se adquiere la opción de ampliación de la cobertura odontológica. $200 por diente si no se adquiere la opción de ampliación de la cobertura odontológica. | Máximo de $10,000 por período de póliza si se adquiere la opción de ampliación de la cobertura odontológica. $500 por diente si no se adquiere la opción de ampliación de la cobertura odontológica. |
| Reemplazo de anteojos, lentes de contacto o audífonos que se rompen como consecuencia de una Lesión cubierta: | 100% de los cargos razonables | 100% de los cargos razonables |
| Equipos médicos duraderos: | No hay beneficios | No hay beneficios |
| Maternidad: | No hay beneficios | No hay beneficios |
| Complicación del embarazo: | No hay beneficios | No hay beneficios |

No se cubren los gastos de los siguientes rubros: Dispositivos protésicos, trastornos mentales y nerviosos, atención de la salud en el hogar, inyecciones.

Esta póliza contiene una disposición de exceso. No se pagarán beneficios en virtud de los Gastos médicos básicos por accidente por gastos cubiertos en la medida en que sean pagaderos en virtud de otro Plan de atención médica.

Los detalles de estos beneficios se pueden encontrar en la Póliza maestra archivada en el distrito escolar. NOTA: Este es un breve resumen de los beneficios y no es un contrato. Se le ha entregado al distrito escolar una Póliza maestra que contiene todas las disposiciones, limitaciones, exclusiones y calificaciones de los beneficios del seguro. La Póliza maestra es el contrato que regirá y controlará el pago de los beneficios.
Eligir su plan de cobertura:  

**Pago único para cobertura de accidente**

**Observación**: para los planes de cobertura enumerados a continuación.

**Fecha de entrada en vigencia de la cobertura:** La cobertura de una persona entra en vigencia cuando la compañía recibe la solicitud completada y la prima, o en la fecha de entrada en vigencia de la póliza emitida a su escuela o distrito escolar, la fecha que sea posterior.

<table>
<thead>
<tr>
<th>Accidente las 24 horas (alumnos y empleados)</th>
<th>Con ampliación de la cobertura odontológica</th>
<th>Sin ampliación de la cobertura odontológica</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opción baja $169.00</td>
<td>Opción baja $86.00</td>
<td>Opción baja $77.00</td>
</tr>
<tr>
<td>Opción alta $127.00</td>
<td>Opción alta $118.00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Accidente las 24 horas (cobertura solo durante el verano, solo estudiantes)</th>
<th>Con ampliación de la cobertura odontológica</th>
<th>Sin ampliación de la cobertura odontológica</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opción baja $29.00</td>
<td>Opción baja $20.00</td>
<td>Opción baja $32.00</td>
</tr>
<tr>
<td>Opción alta $41.00</td>
<td>Opción alta $20.00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Accidente en la escuela (alumnos y empleados)</th>
<th>Con ampliación de la cobertura odontológica</th>
<th>Sin ampliación de la cobertura odontológica</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opción baja $28.00</td>
<td>Opción baja $19.00</td>
<td>Opción baja $27.00</td>
</tr>
<tr>
<td>Opción alta $36.00</td>
<td>Opción alta $27.00</td>
<td></td>
</tr>
</tbody>
</table>

**Fecha de vencimiento de la cobertura:** La cobertura finaliza cuando se cumplen doce meses de vigencia de la cobertura o el primer día del año escolar siguiente, la fecha que sea anterior.

- **Cobertura complementaria ampliada para alumnos con Cobertura en la escuela, las 24 horas o de fútbol americano – Limitada a las fechas de vigencia de la póliza y la opción de cobertura de solo accidentes seleccionada de la Persona cubierta. Reemplaza la cobertura odontológica estándar con una cobertura del 80% de los Cargos razonables hasta un límite máximo de $10,000 por lesión.

- **Preparatoria Fútbol americano**
  - Juego, práctica o partidos de fútbol americano regulares programados. Consulte con el Departamento de Deportes a fin de obtener las instrucciones para la inscripción.

- **Preparatoria Fútbol americano (solo primavera)**
  - Para los jugadores nuevos que participan en el entrenamiento de primavera y todavía no están asegurados en virtud de la Cobertura de fútbol americano de preparatoria. La asociación de atletismo de las preparatorias de su estado define las temporadas de deportes.

- **Preparatoria Fútbol americano y Accidentes en la escuela (Cubre todas las disciplinas atléticas)**

- **Preparatoria Fútbol americano y Accidentes las 24 horas (Cubre todas las disciplinas atléticas)**

**Datos sobre la Póliza**

1. **¿QUIÉNES REÚNEN LOS REQUISITOS?** Son elegibles los alumnos del titular de la póliza que efecúen el aporte requerido en concepto de prima para la cobertura seleccionada. La condición de alumno se mantiene después de la graduación y entre los años escolares, a menos que la persona se inscriba en otro distrito escolar.

2. **La Póliza maestra archivada en el distrito escolar**

3. **Esta es una póliza de beneficios limitados.**

4. **FECHA DE ENTRADA EN VIGENCIA DE LA COBERTURA:** La cobertura de una persona entra en vigencia cuando la compañía recibe la solicitud completada y la prima, o en la fecha de entrada en vigencia de la póliza emitida a su escuela o distrito escolar, la fecha que sea posterior.

5. **FECHA DE VENCIMIENTO DE LA COBERTURA:** La cobertura finaliza cuando se cumplen doce meses de vigencia de la cobertura o el primer día del año escolar siguiente, la fecha que sea anterior.

   Se extinguirá toda la cobertura si el titular de la póliza cancela la póliza o cuando la persona deja de reunir los requisitos necesarios. La extinción de la cobertura por cualquier motivo no afectará a ninguna reclamación que tenga lugar antes de la finalización de la cobertura.

6. **INSCRIPCIÓN TARDÍA:** La cobertura se puede comprar en cualquier momento durante el año escolar. No habrá ninguna reducción de prima para ninguna persona que se inscriba más avanzado el año.

7. **CANCELACIÓN:** La Cobertura en virtud de la Póliza no se cancelará y, por consiguiente, las primas no se podrán reembolsar después de la aceptación por parte de la Compañía. Sin embargo, se reembolsarán en forma prorrateada las primas en caso de que una Persona cubierta ingrese en el Servicio Militar.

8. **TRASLADO DEL ALUMNO:** La póliza continúa vigente en cualquier parte del mundo si la Persona cubierta se muda antes del vencimiento de la cobertura.

**Inscribase por Internet en:**


o por correo mediante el formulario de inscripción adjunto.

1. Complete y recorte el formulario de inscripción.

2. Emita el cheque o el giro postal pagadorno a Nationwide Life Insurance Company. No envíe dinero en efectivo. La Compañía no se hace responsable de los pagos en efectivo.

3. Escriba el nombre de su hijo en el cheque o giro postal.

4. Envíe por correo el formulario completado con el pago a:

   K&K Insurance Group,
   P.O. Box 2338
   Fort Wayne, IN 46801-2338

5. El cheque cancelado, la facturación de la tarjeta de crédito o el talón del giro postal serán su comprobante y la confirmación del pago.

6. Conserve este folleto para consultar en el futuro.

   No se les enviarán pólizas individuales.

**Política de privacidad**

Sabemos que su privacidad es importante para usted y nos esforzamos por proteger la confidencialidad de su información personal no pública. No revelamos ninguna información personal no pública sobre nuestros clientes o exclientes a nadie, excepto según lo permita o exija la ley. Consideramos que mantenemos las salvaguardas físicas, electrónicas y procedimentales apropiadas para garantizar la seguridad de su información personal no pública.

**Administrado por:**

K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

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**Recorte la tarjeta y conserve para sus registros**

**TARJETA DE SEGURO DEL ALUMNO**

<table>
<thead>
<tr>
<th>Nombre del alumno</th>
</tr>
</thead>
<tbody>
<tr>
<td>Si se ha pagado la prima, el alumno, cuyo nombre aparece más arriba, ha sido asegurado en virtud de la Póliza emitida para:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Distrito escolar:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cobertura solo para accidentes: 24 HORAS 24 HORAS (cobertura solo durante el verano)</td>
</tr>
<tr>
<td>EN LA ESCUELA  FÚTBOL AMERICANO  FUTBOL AMERICANO (solo primavera)</td>
</tr>
<tr>
<td>AMPLIACIÓN DE LA COBERTURA ODONTOLÓGICA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pagado con el cheque N.°</th>
<th>Cantidad pagada</th>
<th>Fecha de pago:</th>
</tr>
</thead>
<tbody>
<tr>
<td>N.° de póliza</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Susceptor por: Nationwide Life Insurance Company

Preguntas sobre las reclamaciones: K&K Insurance Group, Inc.

1712 Magnavox Way • Fort Wayne, IN 46801 • 800-237-2917
Las siguientes exclusiones aplican a todos los Beneficios y todas las Cláusulas adicionales pertinentes, a menos que se mencione explícitamente lo contrario. **No pagaremos Beneficios por:**

1. Una Lesión o Pérdida que:
   a. sea causada por una guerra o cualquier acto de guerra, declarada o no declarada, sea civil o internacional, o cualquier conflicto armado importante entre fuerzas organizadas de naturaleza militar (lo que no incluye actos de terrorismo);
   b. sea causada mientras la Persona asegurada presta servicio activo a tiempo completo (más de 31 días) en cualquier rama de las Fuerzas Armadas;
   c. sea causada por la participación en una revuelta o disturbio violento;
   d. sea el resultado de la participación de la Persona asegurada en la persecución o intento de perpetuación de un delito grave, la intervención en cualquier acto ilícito u ocupación ilegal o la perpetración o provocación de cualquier acto ilícito;
   e. se produzca porque la Persona asegurada está bajo la influencia de drogas, narcóticos, psicotrópicos o sustancia química (a menos que sea recetado por un Médico y se lo utilice de acuerdo con las indicaciones del Médico) según lo definen las leyes de la jurisdicción en la que se produjo la Lesión accidental. No es necesario una condena para determinar si se está “bajo la influencia de…”;
   f. se autoinfluya intencionalmente, lo que incluye suicidio o intento de suicidio, en estado de sano juicio o no.

2. Una Lesión o Pérdida que sea resultado de un viaje o vuelo (que incluye entrar, salir, subir o bajar) en cualquier aeronave excepto y exclusivamente como pasajero que paga su pasaje en una aeronave comercial, o como pasajero en una aeronave contratada por el Titular de la póliza, siempre que dicha aeronave tenga un certificado de aeronavegabilidad válido y vigente y sea operada por un piloto autorizado o con la debida licencia, y mientras dicha aeronave sea utilizada exclusivamente con fines de transporte y dicho viaje se consigne como una Actividad cubierta en el Programa de beneficios.

3. Todo Accidente donde la Persona asegurada sea el operador y no posea una licencia de operador de vehículo a motor válida y vigente (excepto en un Programa de formación de conductores).

4. Un Accidente que se produzca durante:
   a. la participación en cualquier actividad peligrosa, incluidos los deportes de vehículos de nieve, vehículos todo terreno (vehículos todo terreno o vehículos con ruedas similares), embarcaciones personales, paracaidismo acrobático, buceo, submarinismo, vuelo en ala delta, exploración de cuevas, salto elástico (bungee), lanzamiento en paracaidas o alpinismo;
   b. el viaje en, la conducción de o la prueba de un vehículo a motor utilizado en una carrera o competencia de velocidad, deporte, trabajo de exhibición o prueba de manejo. Para los fines de esta disposición, Vehículo a motor significa todo medio de transporte o vehículo autopropulsado, que incluye, entre otros, automóviles, camiones, motocicletas, vehículos todo terreno, motos de nieve, tractores, carros de golf, mototropines, cortadoras de césped, equipos pesados utilizados para excavar, baños y embarcaciones personales. El concepto Vehículo a motor no incluye una silla de ruedas motorizada necesaria por razones médicas, a menos que dicha actividad esté explícitamente consignada como una Actividad cubierta en el Programa de beneficios.

5. Tratamiento médico o quirúrgico, atención de diagnóstico o preventiva de cualquier Enfermedad, excepto el tratamiento de una infección púrpura que sea consecuencia de una Lesión accidental o una infección bacteriana resultado de la ingestión accidental de sustancias contaminadas.

6. Toda Insuficiencia cardíaca o circulatoria, sea conocida o no o esté diagnosticada o no, excepto según se cubra de otro modo en virtud de la Póliza o a menos que la causa inmediata de dicha insuficiencia sea un traumatismo externo.

**Definiciones de Solo accidentes:**

**Lesión** Una lesión física que:
1. está directa o independientemente causada por un contacto accidental con otro cuerpo u objeto;
2. es una fuente de pérdida sufrida mientras la Persona asegurada está cubierta en virtud de la Póliza y mientras esa persona participa en una Actividad cubierta.

Para todos los Beneficios, Lesión incluye Insuficiencia cardíaca y circulatoria, con sujeción a las siguientes condiciones:
1. La Insuficiencia se debe presentar antes de los 65 años de edad mientras la Persona asegurada participa en una Actividad cubierta; y
2. Un médico trata el o los síntomas de dicha insuficiencia en primera instancia mientras la Póliza está vigente con respecto a la Persona asegurada en el término de 48 horas de haber participado en una Actividad cubierta; y
3. A dicha Persona asegurada, en el término de un año antes de la fecha de la participación en la Actividad cubierta, un médico no le ha diagnosticado, ni ha recibido medicamentos para, infarto de miocardio, angina de pecho, trombosis coronaria, hipertensión, ataque cardíaco o incidente cerebrovascular.

Para el Beneficio de gastos médicos por accidente, Lesión también incluye Lesiones por movimientos repetitivos como consecuencia de la participación en una Actividad cubierta. Lesiones por movimientos repetitivos incluyen, entre otras, esguinces, torceduras, hernias, codo de tenista, tendinitis, burstitis y desgarros musculares. Lesión por movimientos repetitivos debe ser diagnosticada por un Médico y se debe producir dentro de los 30 días de participar en una Actividad cubierta.

**Beneficios por Muerte accidental y pérdida específica:**

El Límite global es de $500,000 y es la cantidad máxima que se puede pagar por reclamaciones incurridas para todos los Asegurados en virtud de la Póliza que resultan de un Incidente cualquiera que se produce cuando la Póliza se encuentra vigente. Si este límite no fuera suficiente para pagar el total de todas dichas Reclamaciones, el Beneficio que se debe pagar a cualquier Asegurado se determinará proporcionalmente a nuestro Límite global total de responsabilidad. Este Límite global de responsabilidad aplica únicamente a los Beneficios por Muerte accidental y Pérdida específica.

<table>
<thead>
<tr>
<th>Clase de Beneficio</th>
<th>Límite (En Dolares)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vida</td>
<td>$10,000</td>
</tr>
<tr>
<td>Ambos brazos u ambas piernas</td>
<td>$10,000</td>
</tr>
<tr>
<td>Ambos manos y ambos pies</td>
<td>$10,000</td>
</tr>
<tr>
<td>Un brazo y una pierna</td>
<td>$10,000</td>
</tr>
<tr>
<td>Una mano y un pie</td>
<td>$10,000</td>
</tr>
<tr>
<td>Ambos manos o ambos pies</td>
<td>$10,000</td>
</tr>
<tr>
<td>El habla y la audición en ambos oídos</td>
<td>$10,000</td>
</tr>
<tr>
<td>La visión de ambos ojos</td>
<td>$10,000</td>
</tr>
<tr>
<td>La visión de un ojo y una mano o un pie</td>
<td>$10,000</td>
</tr>
<tr>
<td>Un brazo o una pierna</td>
<td>$7,500</td>
</tr>
<tr>
<td>Una mano o un pie</td>
<td>$5,000</td>
</tr>
<tr>
<td>El habla o la audición en ambos oídos</td>
<td>$5,000</td>
</tr>
<tr>
<td>La visión de un ojo</td>
<td>$5,000</td>
</tr>
<tr>
<td>La audición de un oído</td>
<td>$2,500</td>
</tr>
<tr>
<td>El dedo pulgar y el índice de una mano</td>
<td>$2,500</td>
</tr>
</tbody>
</table>
Inscríbase por Internet para un servicio más rápido en www.StudentInsurance-kk.com 
or complete este formulario y envíelo por correo

Formulario de inscripción (Año escolar 2017-2018)

Apellido del alumno: ________________________________
Nombre del alumno: ________________________________
Segundo nombre del alumno: __________ Fecha de nacimiento: __________
Dirección: ______________________________________________________________________________
Ciudad: __________ Estado: __________ Código postal: __________
Nombre del distrito escolar (obligatorio): ________________________________
Nombre de la escuela: ________________________________

Grado: □ Prekinder/Preescolar □ Kindergarten/Escuela primaria □ Escuela secundaria □ Preparatoria/Nivel más alto
Firma del padre/madre o tutor: ________________________________
Fecha: __________ Dirección de correo electrónico: ________________________________ Número de teléfono: ________________________________

Opciones del Plan de seguro para estudiantes — Marque su elección:

<table>
<thead>
<tr>
<th>Planes de cobertura solo para accidentes</th>
<th>Opción baja</th>
<th>Opción alta</th>
</tr>
</thead>
<tbody>
<tr>
<td>24 HORAS, con ampliación de la cobertura odontológica</td>
<td>$86.00</td>
<td>$127.00</td>
</tr>
<tr>
<td>24 HORAS, sin ampliación de la cobertura odontológica</td>
<td>$77.00</td>
<td>$118.00</td>
</tr>
<tr>
<td>24 HORAS, Solo durante el verano, con ampliación de la cobertura odontológica</td>
<td>$29.00</td>
<td>$41.00</td>
</tr>
<tr>
<td>24 HORAS, Solo durante el verano, sin ampliación de la cobertura odontológica</td>
<td>$20.00</td>
<td>$32.00</td>
</tr>
<tr>
<td>EN LA ESCUELA, con ampliación de la cobertura odontológica</td>
<td>$28.00</td>
<td>$36.00</td>
</tr>
<tr>
<td>EN LA ESCUELA, sin ampliación de la cobertura odontológica</td>
<td>$19.00</td>
<td>$27.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Todo el año, con ampliación de la cobertura odontológica</td>
<td>$141.00</td>
<td>$215.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Todo el año, sin ampliación de la cobertura odontológica</td>
<td>$132.00</td>
<td>$206.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Solo durante la primavera, con ampliación de la cobertura odontológica Para jugadores nuevos</td>
<td>$62.00</td>
<td>$91.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Solo durante la primavera, sin ampliación de la cobertura odontológica Para jugadores nuevos</td>
<td>$53.00</td>
<td>$82.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y EN LA ESCUELA, con ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$169.00</td>
<td>$251.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y EN LA ESCUELA, sin ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$151.00</td>
<td>$233.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y 24 HORAS, con ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$227.00</td>
<td>$342.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y 24 HORAS, sin ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$209.00</td>
<td>$324.00</td>
</tr>
</tbody>
</table>

Adjuntar el cheque por el pago total pagadero a: Nationwide Life Insurance Company. Se aceptan cheques, giros postales o tarjetas de crédito. NO ENVÍE DINERO EN EFECTIVO
TOTAL ADJUNTO: $______________________________

Adjuntar el cheque por el pago total pagadero a: K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

Complete esta sección únicamente si desea pagar con tarjeta de crédito
Nombre completo según figura en la tarjeta: ________________________________
Nombre: ________________________________ Inicial del segundo nombre: __________ Apellido: ________________________________
Dirección de facturación (si es distinta de la anterior): ________________________________
N.° de calle: __________ Dirección: ________________________________ N.° de apto: __________
Ciudad: __________ Estado: __________ Código postal: __________
Número de la tarjeta: __________ Fecha de vencimiento: Mes: __________ Año: __________
Firma del titular de la tarjeta: ____________________________________________________________

La compañía no emite reembolsos ni acepta responsabilidad por los pagos en efectivo. (Si el banco por cualquier motivo rechaza un cheque o una tarjeta de crédito, el seguro quedará invalidado.)
Students are prohibited from possessing, distributing, selling, using, or being under the influence of drugs on school property or while under the control or supervision of school personnel.

Students who violate the Drug Policy may be expelled (removed from school for a minimum of one year – possibly permanently) and will be reported to law enforcement.

Students who need to take medication (prescription or non-prescription) must comply with the provisions of Policy §8-53, which is available on the LCPS Website (www.lcps.org).

Possession, sale, or distribution of drug paraphernalia or look-like/imitation drugs is also prohibited and punishable under the Drug Policy.

The LCPS Drug Policy is printed below and on the reverse side of this form. Please read the policy and discuss it with your child. If you have any questions, contact your school’s principal.

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Students – 2017-2018

STUDENT CONDUCT

§8-36  Drugs

A.  School Responsibilities

Schools are responsible for maintaining an atmosphere conducive to learning and for protecting students from illegal and harmful influences. Students have a responsibility to obey the laws and school rules and to be free from the influence of drugs while in school. All members of the school community are subject to the laws, and school personnel have the obligation to report suspected violations of laws to proper authorities.

B.  Student Responsibilities

Students are strictly prohibited from possessing, distributing, selling, using, or being under the influence of any drug (including anabolic steroids), any chemical substance that affects the brain or nervous system, or any substance represented to be or believed to be a drug or chemical substance that affects the brain or nervous system or from possession of any drug-related paraphernalia while on school property, under school authority, or at a school sponsored activity.

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§8-36  Drugs (continued)

Any student who brings, possesses, distributes, sells or uses:
   a) any drug (including anabolic steroid);
   b) a controlled substance or any imitation or look-alike drug or controlled substance;
   c) marijuana or imitation or look-alike marijuana;
   d) any chemical or other substance that affects the brain or nervous system; or
   e) any chemical or other substance represented to be or believed to be capable of affecting the brain or nervous system shall be expelled from school in accordance with Policy §8-28.

Notwithstanding the foregoing, given the facts of a particular case, special circumstances may exist indicating that other disciplinary action may be appropriate and may be recommended by the principal. The Superintendent or the Superintendent’s designee shall conduct a preliminary review of all cases under this policy to determine if disciplinary action other than expulsion is appropriate. If the Superintendent or the Superintendent’s designee determines that disciplinary action other than expulsion is appropriate, disciplinary action shall be taken in accordance with Policy §8-28 and the Administrative Regulations of this policy. If the Superintendent or the Superintendent’s designee determines that expulsion is appropriate, the School Board or a committee thereof shall review this determination and nonetheless may determine that based upon the facts of a particular case, special circumstances exist indicating that other disciplinary action is appropriate and may reverse or modify the determination of the Superintendent or the Superintendent’s designee. If the Superintendent or the Superintendent’s designee, or the School Board finds that special circumstances exist, recommended action shall include (1) a disciplinary assignment to the Substance Use Education Program as specified in the Administrative Regulations to this policy, and may also include (2) long-term suspension from school. This policy is applicable to students at all grade levels. Any suspension together with an assignment to the Substance Use Education Program under this policy may be appealed under Policy §2-27. A disciplinary assignment to the Substance Use Education Program under this policy is not a placement in an Alternative Education Program under Policy §8-40.

Students who are under the influence of drugs while under school authority, on a school bus, on school property, or at a school sponsored activity, and students who possess drug paraphernalia while under school authority, on a school bus, on school property, or at a school sponsored activity shall be subject to disciplinary action, which shall include (1) assignment to the Substance Use Education Program as specified in the Administrative Regulations to this policy, and may include (2) long-term suspension from school, or (3) referral to the School Board for expulsion in accordance with Policy §8-28.

All students who are required to attend the Substance Use Education Program as a result of a violation of Policy §8-28 shall be required to undergo evaluation for drug or alcohol Use by an appropriately licensed professional with expertise in substance Use treatment. If recommended by the evaluator and with the consent of the student’s parent/s, the student may be required to participate in a treatment program.

Students shall cooperate with school personnel who are investigating violations of the drug policy, including acceptance of school personnel's right to conduct reasonable searches of students’ personal belongings in accordance with Policy §8-2 of the policies. Failure of any student to permit such reasonable search will be considered in defiance of school authority and may result in involuntary transfer, long-term suspension, or expulsion from school.

Publications or other printed matter which advocate the use of illegal drugs or the Use of legal drugs, or which portray such use or abuse as socially acceptable behavior, or which advertise the sale of counterfeit or "look-alike” or “act-alike” drugs or drug-related paraphernalia are prohibited from sale or distribution on school property. Any student selling or distributing such matter on school property shall be subject to school discipline.

The provisions hereof which prohibit students from being under the influence of drugs shall not apply to any student who has taken medication (either prescription or non-prescription) in strict compliance with doctor’s orders or manufacturer’s recommended dosage and in accordance with Policy §8-53, where applicable.

Adopted: 3/9/71
Revised: 8/12/75, 6/10/80, 11/16/90, 6/22/93, 4/6/95, 6/10/97, 6/23/98, 9/14/99, 1/8/2002, 12/9/03, 9/26/06, 12/8/09
Current Revision: 3/22/11
ESCUELAS PÚBLICAS DEL CONDADO DE LOUDOUN (LCPS)
2017-2018
AVISO SOBRE DROGAS para ALUMNOS y PADRES

- Está prohibido que los alumnos posean, distribuyan, vendan o usen drogas; o estén bajo su influencia en las instalaciones escolares o mientras se encuentren bajo el control o la supervisión del personal escolar.

- Los alumnos que no acaten la Política sobre Drogas podrán ser expulsados (echados de la escuela por un mínimo de un año; y posiblemente en forma definitiva) y se informará del hecho a las fuerzas del orden público.

- Los alumnos que requieran medicación (recetada o no) deben cumplir con las disposiciones de la Política §8-53, disponible en el sitio web de LCPS (www.lcps.org).

- También está prohibida la posesión, venta o distribución de parafernalia para drogas, o de imitaciones de drogas u objetos que se asemejen a drogas. Esas actividades serán castigadas según la Política sobre Drogas.

- La Política sobre Drogas de LCPS está impresa debajo y en el reverso de este formulario. Por favor léala y converse sobre ella con sus hijos. Si tiene alguna pregunta, comuníquese con el Director de su escuela.

Alumnos – 2017-2018

CONDUCTA DE LOS ALUMNOS

§8-36 Drogas

A. Responsabilidades de las escuelas

Las escuelas son responsables de mantener un entorno que estimule el aprendizaje y proteger a los alumnos de influencias ilegales y peligrosas. Los alumnos tienen la responsabilidad de obedecer las leyes y los reglamentos escolares y de estar libres de la influencia de drogas mientras se encuentren en la escuela. Todos los integrantes de la comunidad escolar deben cumplir las leyes, y el personal de la escuela tiene la obligación de informar a las autoridades apropiadas cuando sospeche que se ha cometido una infracción.

B. Responsabilidades de los alumnos

Está estrictamente prohibido que, mientras se encuentren bajo la autoridad de la escuela, en las instalaciones escolares, o en una actividad patrocinada por la escuela, los alumnos posean, distribuyan, vendan, usen o se encuentren bajo la influencia de cualquier droga (incluso esteroides anabólicos); cualquier sustancia química que afecte al cerebro o al sistema nervioso; o cualquier sustancia que se represente como, o se crea que es, una droga o sustancia química que afecta al cerebro o al sistema nervioso. Queda asimismo prohibida la posesión de toda parafernalia relacionada con drogas en esas situaciones.

Todo estudiante que traslade, posea, distribuya, venda o use:

a) cualquier droga (incluidos esteroides anabólicos);

b) sustancias controladas o imitaciones de sustancias controladas o semejantes a drogas;

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§8-36 Drogas (continuación)
c) marihuana, imitaciones o sustancias de aspecto similar a la marihuana;
d) cualquier producto químico u otra sustancia que afecte al cerebro o al sistema nervioso; o
e) cualquier producto químico u otra sustancia que represente o se crea que es capaz de afectar al cerebro o al sistema nervioso

será expulsado de la escuela según la Política §8-28.

No obstante lo anterior, dados los hechos de un caso particular, pueden existir circunstancias especiales que indiquen otra acción disciplinaria como más apropiada por recomendación del director. El superintendente, o la persona designada por el superintendente, efectuará una revisión preliminar de todos los casos según esta Política, para determinar si es apropiada una acción disciplinaria alternativa a la expulsión. Si el superintendente, o la persona designada por el superintendente, determina que es apropiada una acción disciplinaria distinta de la expulsión, se llevará a cabo de acuerdo con la Política §8-28 y las Regulaciones Administrativas de esta Política. Si el superintendente, o la persona designada por el superintendente, determina que corresponde la expulsión, la Junta Escolar o un comité de la misma revisarán esa decisión y podrán dictar que, sobre la base de los hechos de un caso particular, existen circunstancias especiales que indican otra acción disciplinaria como más apropiada, y podrán revocar o modificar el veredicto del superintendente o de la persona designada por el superintendente. Si el superintendente, la persona designada por el superintendente, o la Junta Escolar encuentran que existen circunstancias especiales, la acción recomendada podrá incluir (1) la asignación como medida disciplinaria al Programa de Educación sobre Abuso de Sustancias Tóxicas (Substance Abuse Education Program) según se especifica en las Regulaciones Administrativas de esta política, e incluir (2) la suspensión por largo plazo de la escuela. Esta Política se aplica a los alumnos de todos los grados. Cualquier suspensión y asignación al Programa de Educación sobre Abuso de Sustancias Tóxicas como resultado de esta política podrá ser apelada según la Política §2-27. La asignación por sanción disciplinaria al Programa de Educación sobre Abuso de Sustancias Tóxicas según esta política no es una colocación en un Programa de Educación Alternativa según la Política 8-40.

Los alumnos que se encuentren bajo la influencia de drogas mientras estén bajo la autoridad de la escuela, en un autobús escolar, en las instalaciones de la escuela o en una actividad patrocinada por la escuela; y los alumnos que posean parafernalia relacionada con drogas mientras estén bajo la autoridad de la escuela, en un autobús escolar, en las instalaciones de la escuela o en una actividad patrocinada por la escuela, estarán sujetos a acción disciplinaria, que incluirá (1) la asignación al Programa de Educación sobre Abuso de Sustancias Tóxicas según se especifica en las Regulaciones Administrativas de esta política, y podrá incluir (2) la suspensión por largo plazo de la escuela, o (3) la derivación a la Junta Escolar para su expulsión de acuerdo con la Política §8-28.

Todos los alumnos que asistan al programa de educación sobre abuso de sustancias tóxicas por haber infringido esta política deberán someterse a una evaluación por uso de drogas o abuso de bebidas alcohólicas, administrada por un profesional matriculado con pericia en el tratamiento por abuso de sustancias. Si el evaluador lo recomienda, y con el consentimiento de sus padres, se podrá exigir al alumno que participe en un programa de tratamiento.

Los alumnos deberán cooperar con el personal de la escuela que esté investigando las infracciones de la política sobre drogas; esto incluye permitirle realizar inspecciones razonables de sus efectos personales, de acuerdo con la Política §8-2 de las políticas. Si un alumno se resiste a una inspección razonable, se lo considerará como un desafío a la autoridad de la escuela y podrá resultar en su transferencia involuntaria, su suspensión por largo plazo, o su expulsión de la escuela.

Se prohíbe la venta o distribución de publicaciones u otros materiales impresos que promuevan el uso de drogas ilegales o el abuso de drogas legales, o que promuevan esos usos o abusos como comportamientos socialmente aceptables, publiciten la venta de imitaciones de drogas, sustancias parecidas o que actúen en forma semejante a las drogas, o de parafernalia relacionada con drogas en las instalaciones de la escuela. Cualquier alumno que venda o distribuya ese tipo de material en las instalaciones de la escuela estará sujeto a sanciones disciplinarias.

Las disposiciones mencionadas que prohíben a los alumnos estar bajo la influencia de drogas no serán aplicables a quienes hayan tomado medicación (de venta libre o bajo receta) en estricto cumplimiento con las indicaciones de su médico o según las dosis recomendadas y de acuerdo con la Política §8-53 cuando resulte aplicable.
LOUDOUN COUNTY PUBLIC SCHOOLS (LCPS)  
2017-2018  

STUDENT and PARENT WEAPONS ALERT

- Students are prohibited from possessing any weapons, including fireworks, on school property or while under the authority or supervision of school personnel.

- Students who possess weapons may be expelled (removed from school for a minimum of one year – possibly permanently) and will be reported to law enforcement.

- The LCPS Weapons Policy is printed below and on the reverse side of this form. Please read the policy and discuss it with your child. If you have any questions, contact your school’s principal.

Students – 2017-2018

STUDENT CONDUCT

§8-32 Weapons

Possession or use of a weapon, loaded or unloaded, operable or inoperable, by a student while under the control or supervision of school system personnel, at a school-sponsored activity, or on school property is prohibited. This policy is applicable to students at all grade levels. The term "weapon" is intended to be construed broadly and includes any instrument or device which, by its design or use, is capable of causing injury, harm, or threat of injury or harm to the physical well-being of another person, as largely defined within both federal and state law. For the purposes of determining appropriate penalties for violations of this policy, “weapons” are classified as either Category A or Category B, except under specified circumstances.

A. Category A:

1. Firearms, starter guns or any weapon that is designed or can be readily converted to expel a projectile by action of an explosion. Examples of firearms would include any pistol, shotgun, rifle, or revolver;

2. Pneumatic guns, including a paintball gun, BB or pellet gun, or air rifle that use pneumatic pressure to expel a projectile; and

3. Explosive or incendiary devices, including those containing poison gas, acid or in the form of a grenade, rocket or bomb and any combination of parts either designed or intended for use in converting any device into any destructive device. “Destructive device” does not include any device that is not designed or redesigned for use as a weapon, or any device originally designed for use as a weapon and that is redesigned for use as a signaling, pyrotechnic, line-throwing, safety, or other similar device.

B. Category B:

1. Any knife or other instrument or device that has a blade designed to cut or a point designed to penetrate, including a dirk, Bowie knife, switchblade, folding knife, ballistic knife, or machete;

2. Any gun or device designed to expel a projectile by any non-pneumatic or non-explosive action, including those using trigger, battery power or tension action. Examples include slingshots, bows, nail guns and toy shooting devices;

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§8-32  **Weapons** (continued)

3. A stun weapon of any kind;

4. Any club, baton, stick, flailing or thrown instrument or other similar device designed for use as a weapon, such as a blackjack, spring stick, brass or metal knuckles, nunchahka (nun chuck or nunchaku), fighting chain, shurken, throwing star or oriental dart;

5. Any chemical or chemical compound, including pepper spray, that produces an adverse effect on the normal functions of the human body;

6. Any instrument or device that is actually used intentionally to injure, harm, endanger or induce fear in another person, including “toy” or “look-alike” weapons; and

7. Any instrument or device, not included in Category A, which has as one of its designed purposes to be used as a weapon to injure, harm, or endanger another person.

**C. Exceptions to Weapons Classifications:**

The following weapon or weapons may be exempted from those categorized above, depending on the appropriateness of their use and provided that such weapons are authorized by a school official:

1. Those that are specifically a part of the school’s curriculum or activities or any organization authorized by the school to conduct its programs;

2. Those tools, such as a knife, customarily used for food preparation or service and is being used for such purpose; or

3. Those used within the Junior Reserve Officers Training Corps (JROTC) program in conducting marksmanship training when such training is a normal element of such programs; such programs may include training in the use of pneumatic guns. Such marksmanship training shall occur only at a location or locations approved by the Division Superintendent.

**D. Penalties for Violation:**

1. Category A Weapons Violation: Any student who violates this policy with respect to a Category A weapon shall be automatically recommended for expulsion from Loudoun County Public Schools by the Principal and disciplined according to Policy §8-28. In accordance with that policy, however, the Principal may indicate special circumstances that may exist and therefore also recommend an alternative disciplinary action be considered. The Superintendent or the Superintendent’s designee shall determine if special circumstances exist and may determine that the recommended disciplinary action is appropriate, or if special circumstances are found not to exist, proceed with the expulsion recommendation in accordance with Policy §8-28.

2. Category B Weapons Violation: Any student who violates this policy with respect to a Category B weapon or any other terms of this policy may be subject to expulsion from Loudoun County Public Schools, or to such lesser disciplinary action, including long-term suspension, as may be deemed appropriate by the Superintendent or the Superintendent’s designee in accordance with Policy §8-28.

3. Safe Harbor Provision: The accidental or inadvertent possession of a weapon by a student, either brought onto or found on school property or at a school-sponsored activity shall not constitute a violation of this policy, provided the student immediately reports the same to a teacher or administrator upon discovery thereof by such student and before it is discovered or seen by a teacher, administrator or other school employee or by another student.

4. Reporting to Law Enforcement: Notwithstanding the foregoing, there may be a requirement to report such possession to law enforcement officials as provided in state law.

5. Right of Appeal: Certain disciplinary actions for violations of this policy are appealable to or must be formally determined by a Committee of the School Board as provided in Policy §8-28.

Legal Reference: Va. Code §§ 22.1-277.07, 18.2-308.1

Adopted: 5/10/83  
Revised: 9/8/92, 10/12/93, 6/23/98, 9/14/99, 2/8/00, 10/14/03, 2/26/08, 5/25/10, 10/28/14  
Current Revision: 07/01/16
Se prohíbe a los alumnos la posesión de cualquier tipo de armas en las instalaciones de la escuela o mientras estén bajo control o la supervisión del personal escolar.

Los alumnos con armas podrán ser expulsados (echados de la escuela por un mínimo de un año; y posiblemente, en forma definitiva) y se informará del hecho a las fuerzas del orden público.

La Política sobre Armas de LCPS está impresa debajo y en el reverso de este formulario. Por favor léala y converse sobre ella con sus hijos. Si tiene alguna pregunta, comuníquese con el director o el subdirector de su escuela.

Alumnos – 2017-2018

CONDUCTA DE LOS ALUMNOS

§8-32 Armas

Está prohibida la posesión o el uso de armas, cargadas o descargadas y en funcionamiento o no, por los alumnos mientras estén bajo el control o la supervisión del personal del sistema escolar, en una actividad patrocinada por la escuela o en las instalaciones escolares. Esta política se aplica a los alumnos de todos los grados. El término “arma” se interpreta en su sentido más amplio e incluye cualquier instrumento o dispositivo que, por su diseño o uso, sea capaz de causar lesión, daño o amenaza de lesión o daño al bienestar físico de otra persona, según se define en gran medida tanto en las leyes estatales como federales. A los efectos de determinar las sanciones adecuadas por infringir esta política, las “armas” se clasifican en las Categorías A o B, excepto en algunas circunstancias específicas.

A. Categoría A:
   1. Armas de fuego, pistolas de salva o cualquier arma diseñada para propulsar un proyectil mediante una explosión, o que pueda ser convertida fácilmente para ello. Entre los ejemplos de armas de fuego se encuentran las pistolas, escopetas, rifles y revólveres;
   2. Armas neumáticas, incluidas las de bolas de pintura (paintballs), de aire comprimido BB o balines (pellets), o rifles que usen presión neumática para expulsar proyectiles; y
   3. Dispositivos explosivos o incendiarios, incluidos los que contengan gas venenoso, ácido o funcionen como granadas, bombas o cohete, y cualquier combinación de piezas diseñadas para, o con la intención de, convertir cualquier dispositivo en destructivo. El término “dispositivo destructivo” no incluye dispositivos que no hayan sido diseñados o rediseñados para su uso como armas, ni dispositivos diseñados originalmente para su uso como armas y rediseñados para señalización, pirotecnia, lanzamiento de líneas, seguridad o similares.

B. Categoría B:
   1. Cualquier cuchillo u otro instrumento o dispositivo que tenga una hoja diseñada para cortar o una punta diseñada para penetrar, incluidos puñales, cuchillos Bowie, navajas de resorte, navajas plegables, cuchillos balísticos o machetes;
   2. Cualquier arma o dispositivo diseñado para lanzar proyectiles con métodos no neumáticos o no explosivos, incluidos los que usan gatillos, los alimentados a batería o por tensión. Algunos ejemplos son tirachinas o gomeras, arcos, pistolas de clavos y dispositivos de juguete que disparan.

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§8-32  **Armas** (continuación)

3. Cualquier arma para aturdir;
4. Cualquier garrote, bastón, palo, o elemento para agitar o lanzar diseñado para su uso como arma, como cachiporras, palos con resorte "spring sticks", manoplas de latón o de metal, "nunchahka", "nun chuck", "nunchako", cadena para pelear, "shuriken", estrellas ninja o dardos orientales;
5. Cualquier producto o compuesto químico, incluido el gas pimienta, que produzca un efecto adverso en las funciones normales del cuerpo humano;
6. Cualquier instrumento o dispositivo usado intencionalmente para causar lesión, daño, poner en peligro o inducir miedo en otra persona, incluso las armas de "juguete" o "imitaciones"; y
7. Cualquier instrumento o dispositivo no incluido en la Categoría A que haya sido diseñado para, entre otras cosas, ser usado como arma para causar lesión, daño o poner en peligro a otra persona.

C. **Excepciones a las clasificaciones de armas:**

Las siguientes armas pueden quedar exentas de las categorías anteriores según lo apropiado de su uso y siempre que hayan sido autorizadas por un funcionario escolar:

1. Las que específicamente formen parte de las actividades o el plan de estudios de la escuela o de una organización autorizada por la escuela para implementar sus programas;
2. Armas como, por ejemplo, cuchillos utilizados habitualmente para la preparación de alimentos o servicios gastronómicos y que sean utilizados para esos propósitos; o
3. Las utilizadas por el Cuerpo de Entrenamiento de Oficiales de Reserva [Junior Reserve Officers Training Corps (JROTC)] para realizar ejercicios de tiro cuando sean parte normal de esos programas; los programas podrán incluir entrenamiento en el uso de armas de aire comprimido. Ese entrenamiento de tiro sólo podrá realizarse en ubicaciones aprobadas por el Superintendente de la División.

D. **Sanciones por las infracciones:**

1. Violación de la política sobre armas categoría A: Cualquier estudiante que violare esta política con respecto a un arma categoría A será recomendado automáticamente para que se lo expulse de las Escuelas Públicas del Condado de Loudoun por el Director y disciplinado de conformidad con la Política §8-28. No obstante, de conformidad con la política mencionada, el director puede indicar que pueden existir circunstancias especiales y por lo tanto recomendar asimismo que se considere una acción disciplinaria alternativa. El Superintendente o la persona designada por el Superintendente determinará si existen circunstancias especiales y puede determinar que la acción disciplinaria recomendada es apropiada, o si se considera que no existen circunstancias especiales, proceder con la recomendación de expulsión de conformidad con la Política §8-28.
2. Infracciones con armas de la Categoría B: todo alumno que cometa una infracción relacionada con las armas de la Categoría B o cualquier otro de los términos de esta política puede ser expulsado de las Escuelas Públicas del Condado de Loudoun o recibir una sanción menor, incluida su suspensión a largo plazo, según lo considere adecuado el Superintendente o la persona por él designada, según la Política §8-28.
3. Disposiciones de protección legal: la posesión accidental o inadvertida de un arma por el alumno si la llevó a las instalaciones escolares o a una actividad patrocinada por la escuela, o la encontró en ella, no constituye una infracción de esta política siempre que el alumno lo informe inmediatamente a un docente o administrador al darse cuenta, y antes de que sea descubierta o vista por un docente, administrador, otro empleado de la escuela u otro alumno.
4. Informe a las fuerzas del orden: sin perjuicio de lo anterior, es posible que se deba informar la posesión a los funcionarios de las fuerzas del orden público según lo estipula la ley estatal.
5. Derecho de apelación: ciertas acciones disciplinarias por infracciones a esta política son apelables o deben ser determinadas formalmente por un Comité de la Junta Escolar, según lo determina la Política §8-28.

Referencia legal: Código de Virginia §§22.1-277.07, §18.2-308.1

Vigencia desde: 5/10/83
Revisado: 9/8/92, 10/12/93, 6/23/98, 9/14/99, 2/8/00, 10/14/03, 2/26/08, 5/25/10, 10/28/14
Revisión actual: 7/01/16