Welcome spring and welcome to the fourth quarter for the 2014-2015 school year! The last quarter of the year contains many activities with regards to our fine arts, sports and club activities. I believe we have something scheduled nearly every night of this spring so I do encourage you to come out and support our Wolverines! Please see our calendar on our school webpage for announcements and updates regarding these events.

Springtime is a very busy time for our students, especially our Seniors. If you have a son or daughter preparing to graduate, please see the information regarding upcoming events for Seniors. Also, please note that our graduation this year is on Thursday, June 18, beginning at 8 AM. Seniors will need to be at school at 6:30 AM.

With regards to graduation, our tremendously supportive PTSO will be hosting an alcohol and drug free Grad Night Celebration Party for Seniors on Thursday, June 18, from 4 PM to 8 PM at the AV Symington Outdoor Aquatic Facility at Ida Lee Park. Currently the PTSO members are finalizing plans for the evening and they are seeking some additional support. If you can chaperone or are willing to provide a donation or prizes for this exciting evening, please contact Ms. Jennifer Harrington at ajisgrandma@att.net Seniors are working very hard to earn their diplomas – it is our hope that we can make this celebration outstanding for them!

Please note that Report Cards will be distributed on Wednesday, April 15th. Also, regarding spring and the warm weather which will soon be here to stay, we have reminded students of our dress code. Please take time to discuss appropriate school attire with your son/daughter.

Best wishes to everyone – we’re looking forward to a magnificent spring at Woodgrove!

Sincerely,

William S. Shipp  
Principal

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Monday, April 6th is a teacher workday.  
Students’ first day back after spring break is  
Tuesday, April 7th.
Most, if not all scholarship deadlines from the handbook, fall on or after April 8, 2015. Students are welcome in the Career Center if they need any assistance. The best times are during open lunch and FLEX blocks. FLEX passes are available to seniors who are applying for scholarships.

- County Wide Scholarship Applications
- Woodgrove High School Scholarship Applications

These helpful links can also be found on our Career Center’s website under the Scholarship Information link anytime.

Upcoming Events

Apprenticeship Night
Tuesday, April 21st, at 7:00 PM in the Heritage High School auditorium. This is an opportunity for both students (juniors and seniors) and parents to learn about entering careers right out of high school where students use their hands to deal with making, building, and repairing things. Learn about the cosmetology, electrical, plumbing, steamfitter, and sheet metal trades (including welding). Hear how students can create their own apprenticeship in one of over 200 trades, such as machinist.

Counselor Cafes

We have scheduled an informative opportunity for parents of 12th grade students:

Counselor Café (Mondays 4:00-7:00p) – The School Counseling Office will be open until 7:00pm on Monday nights (except on holidays and snow days). Counselors will be available to assist seniors and their families with any questions pertaining to the college application process. Please call for an appointment or just stop by.

Visit the Counseling webpage for more helpful resources.

Career Center Visits & Info

Visits this year will take place mainly during 6th Block Flex. Students must sign up for visits through Naviance. Those who are not on the list will not be permitted to attend. Attendees will receive a pass prior to the visit or can print their registration from Naviance to serve as a pass. Click here for a guide on how sign up for college visits through Naviance. Please visit Mrs. Sutphin in the Career Center with any questions.

4/14 at 10:45 am US Marine Corps Recruiter
4/17 at 12:00 pm US National Guard Recruiter
4/21 at 12:00 pm US Army Recruiter

Summer Residential Virginia Governor’s School VPA (Visual and Performing Arts)
Mid-April, 2015 – Students will receive letters concerning their status: invited or alternate/wait list Academic Programs
Mid-April, 2015 – Students will receive letters concerning their status: invited or alternate/wait list

For more information about the program click here.

Don’t wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students’ username and password should both be their 6-digit student ID number. Parent’s login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS School Counseling page or contact Rachel Sutphin at rachel.sutphin@lcps.org

It’s Never Too Early to Start Thinking About Scholarships

Visit the LCPS School Counseling webpage for up-to-date county wide scholarship postings.

- Community Foundation for Northern Virginia - Ashworth Grogan Scholarship – Deadline 4/1/15
- Naval Officers’ Spouses’ Club Scholarship – Deadline 4/1/15
- Dr. Juergen Reinhardt Scholarship – Deadline 4/1/15
- Northern Virginia B’nai B’rith Sports Scholarship – Deadline 4/11/15

Main Office: (540) 751-2600 · Guidance: (540) 751-2607 · Athletics: (540) 751-2610
School Counseling News

- **Loudoun Soccer Scholarship** – Deadline 4/13/15
- **Loudoun County Government Employee Advisory Committee** – Deadline 4/15/15
- **Loudoun County Farm Bureau Scholarship** – Deadline 4/15/15
- **Northern Virginia Kappa Achievement Scholarship** – Deadline 4/17/15
- **Washington Metropolitan Chapter Community Associations Institute Scholarship** – Deadline 4/30/15
- **FIDM National Scholarship** – Deadline 4/30/15
- **Green Pest Services Scholarship** – Deadline 4/30/15
- **Ira Dorsey Scholarship** – Deadline 5/1/15
- **Loudoun Valley Community Center Scholarship** – Deadline 5/1/15
- **Jeffrey C. Fowler Memorial Scholarship** – Deadline 5/6/15

**Interested in the Military?**

Take the **ASVAB (Armed Services Vocational Aptitude Battery)** a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

For more information please click [here](#).

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**Monthly Military Visit Schedule**

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**2014-2015 SAT/ACT Test Dates**

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<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
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<td>May 2</td>
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<td>June 6</td>
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Looking for SAT/ACT Prep Options?

**The Hunt Course** is offering small group and quick review classes in the Purcellville Baptist Church located at 601 Yaxley Drive. Visit [www.huntprograms.com](http://www.huntprograms.com) for more information today!

Free PSAT Cramps online: **Kaplan Test Prep** is providing free cram sessions for the PSAT. Students who attend will learn their 10 Top Score-Raising Strategies and review tips for time management during the test. For complete dates and times and to register, go to [www.kaptest.com/psatcram](http://www.kaptest.com/psatcram).

Leadership, Volunteer & Job Opportunities

For all job, internship and volunteer opportunities check out the board in the Career Center.

**Leadership in the Law Program**

The Thomas D. Horne Leadership in the Law Program is a unique opportunity for students to learn firsthand about the legal system. The program is designed to allow rising high school seniors to work with local judges, lawyers, law clerks and other professionals to learn about the law. The program runs from June 15-20, 2014. Applicants will be selected based on their application. Only 24 students will be chosen. Interested students must complete an application and postmark it by **April 13th**. Stop by the Career Center for an application today!

**Round Hill Aquatics Center**

We are excited to offer an excellent “first job” opportunity to high school age students. With our brand new facility, we are in recruitment mode in search of lifeguards to staff our year round operation. For more information please contact Eugenia Rovang at 703-727-4000 or via email at eugenia.marie.rovang@loudoun.gov.

**President’s Volunteer Service Award**

Loudoun Valley Community Center's Advisory Board is now qualified to certify and approve the President's Volunteer Service Award (PVSA) for our local students. Students who are eligible for this program...

Main Office: (540) 751-2600 · Guidance: (540) 751-2607 · Athletics: (540) 751-2610
School Counseling News

include Blue Ridge and Harmony Middle School students who have completed at least 50 hours of community service and Loudoun Valley and Woodgrove High School students who have completed at least 75 hours of community service between May 1, 2014 and April 30, 2015.

All volunteer hours must be submitted online or the completed forms turned into Mrs. Sutphin in the Career Center no later than Wednesday, May 6th in order to be eligible for an award. Stop by the Career Center for the Instructions for Students Applying for the President’s Volunteer Service Award and The Volunteer Record of Service form or if you have any questions.

Bridle Paths Equine Volunteers Needed

Bridle Paths seeks volunteers to join our team of dedicated staff, volunteers, and horses! The Bridle Paths program offers strength, support, and healing to individuals and families through safe, effective, and high-quality equine-assisted activities and therapies. We provide therapeutic horseback riding instruction and equine-assisted psychotherapy services to individuals and families faced with physical, cognitive, psychological, and emotional needs.

Volunteers are needed to act as horse leaders and side walkers and assist with grooming and tacking horses for lessons. Each volunteer receives training in the specifics of working with horses and riders in a therapeutic context, though horse experience is a welcome asset as well. The Bridle Paths facility includes both indoor and outdoor arenas and a round pen, as well as a climate-controlled viewing area. Additional information and downloadable volunteer forms are available on our website at www.bridlepathsva.org.

American University Kogod Summer Institute

American University will be hosting our first Kogod Summer Institute this coming August 2 - 7. We want to invite students who are rising juniors and seniors to join us in learning about the unique world of sports entrepreneurship and the entertainment industry in the Washington D.C. metro area.

Students will be learning from business professors and guest speakers, but also have the opportunity to network with professionals at site visits in DC. Some of these visits include; National Geographic Television, National Music Publishers Associates, Sound Exchange, Under Armour, Nationals Park, FedEx Field, ESPN, and a few more to be announced.

The KSI is going to be another step to a successful professional career for students. Our Kogod Center for Career Development will be working with students to learn the appropriate behavior for business situations, including networks. While our Center for Business Communication will hone their presentation and team work skills that will resonate in their high school studies and their future college careers.

I invite you to check out our website to learn more about the KSI. We expect this to be an exciting and successful week at Kogod! http://www.american.edu/kogod/ksi/index.cfm

Interested in Being a Mentor?

Check out the Mentor Program, a wonderful service club here at WHS. As a participant, students commit to helping an elementary student or a classroom teacher one morning a week prior to the beginning of the school day. Mentors may choose to be a classroom helper or work with an individual student as a tutor or role model. Many mentors choose to go to the school closest to their home or they enjoy volunteering in the elementary school they attended. Students may pick up an application in the Career Center from Mrs. Hayba. Once completed and signed by a parent, an interview is scheduled and then the student is placed and ready to begin. WHS students log their volunteer hours and enjoy this opportunity to give back, and some may even decide to become teachers!

2014-2015 Counselor Assignments

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<th>Underclassmen</th>
<th>Seniors</th>
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<tr>
<td>Ms. Astrid Willemsma</td>
<td>A-C A-Day</td>
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<td>Mr. Steven Cohen</td>
<td>D-G Dean-Har</td>
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<td>Mrs. Donna Kelly</td>
<td>H-Mc Has-Mc</td>
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<td>Mrs. Barbara Bell</td>
<td>Me-Sa Me-Sad</td>
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<td>Mrs. Katharine Warehime</td>
<td>Sc-Z Sc-Z</td>
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<td>Mrs. Geri Fiore</td>
<td>Director of School Counseling</td>
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<td>Ms. Teresa Holland</td>
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<td>Mrs. Stephanie Butler</td>
<td>Secretary</td>
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<td>Mrs. Stephanie Butler</td>
<td>Guidance Secretary</td>
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<td>Mrs. Rachel Sutphin</td>
<td>Career Center Assistant</td>
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Loudoun’s rank in the on-time graduation rate (95.2%) when compared to Fairfax County (92.9%), Prince William County (90.6%), Virginia Beach (88.5%) and Virginia as a whole (89.5%).

Increase in local funding for the School Board’s proposed budget. The FY16 budget would be $982.1 million compared to the current budget of $912 million.

Investment to maintain competitive salary and benefits package, including salary adjustments ($17.7 million) and group health insurance adjustments ($6.9 million).

Improvements included in the new budget, including reducing high school class size, expanding full-day kindergarten, restoring summer school and restoring middle school deans.

More students projected to attend LCPS schools in 2015-16 (75,755) than attended in 2008-2009 (57,009), 33 percent growth.

The gap between the LCPS contribution proposed by the County Administrator in accordance with guidance from the Board of Supervisors and the amount needed to fully fund the FY16 School Board Proposed Budget.
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<td>AP Eng.Lang/Comp(8AM) AP Statistics (12PM)</td>
<td>AP Comp.Govt. (8AM) AP World History (8AM) AP Macro Economics (12PM)</td>
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<td>AP Human Geo. (8AM) AP Microeconomics (8AM) AP Latin (12PM)</td>
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May 2015
SOL/AP Testing

3/16/15 tentative to change

HOLIDAY

Expedited Retakes

READING 11

SCIENCE

HISTORY

MATH
If you missed the Kaplan SAT Classroom Course this winter, do not dismay. Another session will begin in April! Sign up now to enroll for 10 sessions, beginning April 22 and running until June 3, 2015. Please call 1-800-527-8378 or visit kaptest.com/college and register with Woodgrove High School's class code: SAKF15149.

This program includes proven strategies to raise scores, instruction by expert teachers, 4 in-class tests, 6 additional timed online tests, easy to read score reports, and 50 hours of additional online instruction. Higher score guaranteed or your money back! See complete details on our WHS PTSO webpage.

This course is sponsored by the WHS PTSO.

Book pre-orders for this year's yearbook will end on April 30. If you'd like to purchase a yearbook, go to http://www.jostensyearbooks.com. The current price is $85. Books will be sold at distribution for $100.

Juniors will have a class meeting in the beginning of April to hear from Lifetouch about their senior portraits. The portraits are in May. Parents of juniors will receive a postcard in the mail with an appointment date and time for the photos, which are taken at the school. At the meeting, students will learn about sitting choices, props, etc. All students must get a photo from Lifetouch in order to be pictured in the yearbook.

The Woodgrove High School Fine Arts Gala -
Friday, May 8 at 7:00 pm

The Woodgrove Music and Arts Association would like to invite the Woodgrove community to an exciting evening of art and entertainment during the Woodgrove High School Fine Art Gala and Auction. This evening will spotlight the entire Fine Arts Department, featuring art displays, drama productions, and music performances throughout the night. Delicious desserts and refreshments will be served as supporters browse the many outstanding silent and live auction items making this a night to remember!

It may be April but March Madness continues this weekend with the Final Four in the NCAA tournament and it continues next week with the Final Four in the WHS Book Madness Tournament. The remaining books are Red Rising by Pierce Brown, We Were Liars by E. Lockhart, 100 Sideways Miles by Andrew Smith, and The Young Elites by Marie Lu.
Woodgrove Art Gala

Friday, May 8th
At 6:30 pm

Entertainment at 7pm
Choir · Theatre · Band
Silent Auction · Basket Raffle

Students’ Artwork On Display

All Family and Friends Are Invited To Attend
You are invited to THE 4th ANNUAL 

**SATURDAY SHARE AND SHOP**

**WHEN:** April 18\textsuperscript{th} from 9-noon  

**WHERE:** Woodgrove High School Cafeteria  

**HOW YOU CAN HELP:**  

- Donate clean, gently used clothes, shoes and formal wear.  
- Please sort and label the clothing by size/gender.  
- Donate household items and sports equipment, books, toys  

**DONATIONS**  

may be left at several cluster schools ONLY between Monday, April 13\textsuperscript{th} through Thursday April 17th  

**PARENT LIAISON CONTACTS:**  

Woodgrove High School & Lovettsville Elem: Pam Hayba  
Harmony Middle: Beth Richardson  
Ken Culbert Elem: Laurie Broglio  
Mountain View, Round Hill and Waterford Elem: Erin Bucci  
& Hillsboro Elem: Heidi Renner  
Douglass School: Rhonda Lough  

**HOW IT CAN HELP YOU:**  

- Come to Woodgrove on April 18\textsuperscript{th} to SHOP! All donated items will be displayed and available at NO CHARGE—

**EVERYTHING IS FREE !**

If you have questions or would like to help, please contact your school’s Parent Liaison (listed above) or Pam Hayba: pam.hayba@lcps.org
WOODGROVE HIGH SCHOOL’S
HISTORIC SPRINGHOUSE PRODUCTIONS PRESENTS:

Sweeney Todd
THE DEMON BARBER OF FLEET STREET

AND HE WILL HAVE HIS REVENGE

April 10th, 11th, 17th
& 18th at 7pm
April 12th at 2pm

TICKETS $10

*Presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI. 421 West 54th Street, New York, NY 10019
Phone: 212-541-4684 Fax: 212-397-4684 www.mtishows.com
EARN while you LEARN a specialized skill during a 3, 4, or 5-year apprenticeship program. NO DEBT!

Topics and Industries Include:
- Sheet Metal Workers
- Electrical Trades
- Plumbers and Gasfitters
- Steamfitters
- Cosmetologists
- Dispensing Opticians
- Virginia State Apprenticeship Programs (over 200 possible programs available)

Special Presentation by:
**MC Dean** an apprenticeship employer that hires high school graduates for their residential, commercial, and telecommunications programs. They design and build “Complex power, communications, security, life safety, and automation systems” WORLDWIDE.

Did you know that 53 of 100 high school grads do something other than graduate from college?

You can potentially earn $30k-$43k/yr out of high school and up to $94k within 5 years of graduating.
EXPLORING THE UNIVERSE AT WOODGROVE HIGH SCHOOL

Woodgrove High School, in cooperation with the WHS PTSO and Mr. Bob McMillen, Woodgrove's Astronomy instructor, is raising funds to purchase a Digitalis Portable Planetarium System. This full-featured portable planetarium will be available for use by all schools within the Woodgrove cluster of Loudoun County Public Schools.

Woodgrove High School is proud to be the only Loudoun County school to offer a course in Astronomy. Mr. McMillen is a seasoned instructor of Astronomy, Earth Science, Biology, and Physics with a combined 40 years of experience in the classroom as well as a planetarium director. During his 26 year tenure teaching in the Warren County School System, he successfully funded a portable planetarium for the Astronomy program, rocketing old lessons beyond the chalkboard and textbooks and into a real time visual program. This also offered his high school students the opportunity to instruct elementary classes with the planetarium, reinforcing their education by teaching it to others. Mr. McMillen later served as the director of the Hayfield Planetarium and Star Theatre at Hayfield Secondary in Fairfax, VA for 8 years, working toward the mission to promote an interest in Astronomy and an appreciation for the natural world as well as mathematics and sciences.

In an age where light pollution has dimmed our view of stars, the opportunity to observe and study the night sky is limited. The typical student in his or her backyard can only see the very brightest of the stars or planets and can be daunted by the ever increasing distance necessary to travel away from urban centers just to experience seeing the awe inspiring expanse of the Milky Way. And this is an unfortunate loss for a generation of future science, technology, and engineering students. Astronomy has been called a gateway science. It is accessible, drawing the interest of children and teens and inspiring them to explore other scientific fields in order to learn more about the universe and how it works. The Digitalis brings that first spark of inspiration and wonder right into the classroom.

Access to a planetarium system will benefit students of all grade levels. Beyond teaching students to identify objects in the night sky, teachers can augment their science curriculum with demonstrations of solar and lunar eclipses, the phases of the moon, Earth's orbit and the changing of the seasons, historical constellation patterns that were seen by past cultures, atmospheric effects, and a large library of images of deep space objects. The Digitalis can simulate the sky, planets, and satellites as they would be seen from any location on Earth at any time and can display the solar system over a two million year time range. An easy to use remote control allows the display to move forward or backward at various speeds and planetarium shows may be custom created. The inflatable dome can accommodate up to 25 adults or 40 children at a time and is the perfect size for a class. It is easily transportable, easy to use, and simple to setup and to deflate.

Please visit: [http://youtube/sv-SGb2dDy8](http://youtube/sv-SGb2dDy8) to see the Digitalis Portable Planetarium System in action.

If you wish to contribute to the project, the WHS PTSO is accepting donations online via PayPal at: [http://www.lcps.org/Page/150106](http://www.lcps.org/Page/150106)

The Woodgrove PTSO is a 501(c)(3) and donations are tax deductible to the extent allowed by law.
Allergies are the 6th leading cause of chronic illness in the U.S. with an annual cost in excess of $18 billion. More than 50 million Americans suffer from allergies each year.

Allergies are an overreaction of the immune system to substances that generally do not affect other individuals. These substances, or allergens, can cause sneezing, coughing, and itching. Allergic reactions range from merely bothersome to life-threatening. Some allergies are seasonal, like hay fever. Allergies have also been associated with chronic conditions like sinusitis and asthma.

**Who's at Risk?**

Anyone may have or develop an allergy - from a baby born with an allergy to cow's milk, to a child who gets poison ivy, to a senior citizen who develops hives after taking a new medication.

**Can It Be Prevented?**

Allergies can generally not be prevented but allergic reactions can be. Once a person knows they are allergic to a certain substance, they can avoid contact with the allergen. Strategies for doing this include being in an air-conditioned environment during peak hay-fever season, avoiding certain foods, and eliminating dust mites and animal dander from the home. They can also control the allergy by reducing or eliminating the symptoms. Strategies include taking medication to counteract reactions or minimize symptoms and being immunized with allergy injection therapy.

Anaphylaxis is the most severe allergic reaction. Symptoms include flush; tingling of the palms of the hands, soles of the feet or lips; light-headedness, and chest-tightness. If not treated, these can progress into seizures, cardiac arrhythmia, shock, and respiratory distress. Anaphylaxis can result in death. Food, latex, insect sting, and drug allergies can all result in anaphylaxis.

**Continued...**
The Bottom Line

- The most common allergic diseases include: hay fever, asthma, conjunctivitis, hives, eczema, dermatitis and sinusitis.
- Food allergies are most prevalent in young children and are frequently outgrown.
- Latex allergies are a reaction to the proteins in latex rubber, a substance used in gloves, condoms and other products.
- Bees, hornets, wasps, yellow jackets, and fire ants can cause insect sting allergies.
- Allergies to drugs, like penicillin, can affect any tissue or organ in the body.

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at:

540-571-2606 (clinic)

Stephanie Lovasz, RN
WOLVERINE SPORTS MEDICINE

Volume 5, Issue 8          April, 2015

Sports Injuries

Shoulder Dislocation

The shoulder is your body's most mobile joint. The joint is made up of a very large humeral head and a very small, shallow socket that can turn in many directions. This advantage also makes your shoulder joint susceptible to dislocation. All of the stability of the shoulder comes from soft tissue which includes: the glenoid labrum, the ligament capsule and rotator cuff muscles. Anything that forces the arm up and behind the body and stretches and tears these structures can produce a dislocation. Your shoulder can dislocate forward, backward or downward. By far, the most common type of dislocation is when your shoulder slips forward (anterior instability).

There's no mistaking a dislocation. The athlete will have the sensation of the shoulder being out of place and have a noticeable deformity and lack of mobility. There will also be immediate pain and swelling. Treatment for a dislocation is evaluation in the emergency room, including X-rays and usually medication to relax the muscles surrounding the shoulder before the shoulder is popped back into joint.

Typically, the athlete is placed in a sling for 3 weeks and does limited exercise to get the ligaments to heal and then progressive rehab to get range of motion and strength back. The time it takes to return to sports is usually around 2-3 months. Of course, as one as repeated dislocations, there's less trauma and less treatment.

Surgery is often times required after repeated dislocations to reconstruct the ligaments and help hold the joint in place. Sometimes the physician will do an MRI or an arthroscopic examination to determine if someone has completely torn the ligaments in the shoulder. This type of tear will determine whether the repair can be done arthroscopically or whether an incision will be required as well.
Nutrition

Plant Protein versus Dairy Protein

Where dairy proteins are considered “complete” because they contain all nine essential amino acids, most plant proteins (including beans and peas, seeds, nuts, vegetables and grains) are considered “incomplete” because they have lower branched chain amino acids levels compared to dairy.

Dairy and whey especially, is high in leucine compared to other proteins. Leucine is linked to increased muscle protein synthesis when consumed as part of a resistance training program. Plant proteins boast other amino acids as well. Take soy. Soy has different amino acids ratios than whey, including greater levels of glutamine and arginine. Glutamine, for example, may help prevent fatigue in athletes.

There are fast digesting proteins and slow digesting proteins. Which is more desirable for and athlete? It depends on the goal. Dairy proteins digests quickly and is more desirable for post-workout recovery. In contrast, plant proteins are slower to digest and therefore may be more beneficial when prolonged absorption is needed.

How do protein sources compare in muscle-building studies? When it comes to promoting muscle protein synthesis, dairy (whey) protein always beats plant (soy) protein in clinical studies. However, a continued move toward plant proteins has become a major trend in sports nutrition. Two key factors have driven this trend. One is the increasing numbers of vegetarian consumers. The second, the prices of protein from animal sources have been driven up.

Bottom line? With protein sources, the whole is often greater than the sum of its parts. Combinations of plant and dairy proteins are commonplace and often fill nutrient gaps of single protein sources.
Student Council News

The Student Council kicked off the spring season this March by hosting the annual Dodgeball Tournament during FLEX. Fifteen student based teams competed for the winning title in a single elimination bracket. The winning team was ‘The Investigators,’ which included seniors with a vest themed uniform. The Student Council was able to raise $1,285 for Habitat for Humanity from the event. Spirit Link sales ended shortly after the tournament. The SCA raised $161 from selling Spirit Links, which was used to purchase and to create fleece blankets for Project Linus. Blankets were assembled at the state wide convention later in the month.

The Woodgrove Student Council traveled to Williamsburg this March for the 89th Virginia Student Councils Association Convention. Student Councils from schools across the state came together to discuss current issues, share ideas, and learn about student leadership. Woodgrove’s Student Council was awarded the Achievement Award at convention for the fourth consecutive year. Junior Ryan Thomas was elected the title of VSCA President, and Woodgrove will now serve as the President School for the 2015-2016 school year.

Meanwhile back at school the Student Council helped lead the eighth grade welcome-expo. Eighth graders arrived at Woodgrove in the morning and were introduced to all of the sports offered by the athletics department. After the sports introduction, Student Council and Varsity Club members took groups of rising ninth graders around the school for a brief tour of the Woodgrove campus. After receiving cookies and Woodgrove shirts during their tours, the eighth graders participated in a Q&A session hosted by a panel of SCA members in order to address any final questions before departing home.

This April elections for Class Council positions will be taking place. A candidates meeting will be held in the auditorium immediately after Spring Break. Students should also look forward to an upcoming Spring Fever Spirit Week and Spring pep rally this upcoming April.
Woodgrove High School

As part of the continuing advancement of the program, the LCSO has teamed up with the Department of Mental Health, Substance Abuse, and Developmental Services to provide additional information on current trends that are related to mental health and technology. “The everyday users of these technological devices are becoming younger and younger and they are becoming exposed to things that are difficult for them to comprehend,” said Loudoun County Sheriff Mike Chapman. “These devices have allowed users to target our youth and victimize them not only physically but emotionally. It is important for parents to understand the dangers that are out there and how we as a community can protect our children,” added Sheriff Chapman.

Part I of the course, will be offered at LVHS on April 20, 2015 at 7:00 pm in the auditorium. It is called Mental Health and Today’s Teens: What Parents Need to Know, will look at cyber bullying, sexting, risk taking behaviors, technology based peer pressure and influence, pros and cons of technology and other relevant topics. This program will also have mental health professionals from the Department of Mental Health, Substance Abuse, and Developmental Services presenting on several topics including Internet Addiction. They will discuss this diagnosis and how this addiction impacts individuals and the often unseen psychological costs involved. This program will also go into practical approaches to negotiate the problems associated with Internet Addiction and other technology related issues and where parents can find helpful resources and services.

Part II of the course, will be offered at WHS on April 27, 2015 at 7:00 pm in the auditorium. It is called Technology Safety: What Parents Need to Know, will teach parents about the hazards that are faced each day by the youth who have made technological devices a must have part of their daily lives. This class will also provide parents advice on how to talk with their children about the dangers. Specific topics covered in this class will include Internet based technology trends, personal security, legal issues, new technology, gaming trends, crossover technology, influence and recruitment via technology, predator behavior and techniques, image sharing precautions, local statistics and cases, and findings from this year’s youth based initiative, Technology Safety for Teens.
On Thursday, June 18th, from 4:00-8:00 PM, AV Symington Aquatics Center in Ida Lee Park will welcome the Woodgrove High School graduating class of 2015!

The PTSO has reserved the entire water park for our seniors to enjoy an evening of live Hawaiian island entertainment, a full catered menu, and dance music provided by a professional DJ. Just attending will also enter you a chance for one of the great prizes being raffled off at the Luau! You could win a Blu-ray player, Kindle, Keurig, Kindle Fire, or other goodies!

Tickets will be available on line beginning May 1st or in person the last week of May/first week of June. Tickets are $10 in advance and $15 at the door for this exclusive, WHS Seniors Only, event. The permission form can be found here: http://www.lcps.org/Page/146675.

We would like to thank our sponsors to date:

- Harmony Middle School PTSO
- Kestler Financial
- Magnolias Restaurant
- Stoneleigh Golf Club
- Dr. Thomas Grisius, DDS
- Town of Hamilton
- Bob Caines, realtor
- Hillsboro United Methodist Church
- Dr. Gregory DiRenzo
- Virginia Coach Company
- Bluemont Citizen’s Association
Dear Western Loudoun Businesses, Organizations, Partners and Parents:

Woodgrove High School is looking eagerly ahead to the graduation of our fourth senior class on June 18, 2015. Statistically, it has long been proven that teen fatalities behind the wheel of an automobile peak during the period of time between prom and graduation. The Woodgrove PTSO is dedicated to providing a safe and sane outlet for the Class of 2015 to spend one last memorable evening together as Wolverines before they embark on even greater adventures. With your help, we hope an ever increasing number of our senior class population will participate in the AFTER GRADUATION CELEBRATION FOR THE CLASS OF 2015!

This year’s event will take place at the AV Symington outdoor aquatic facility in Leesburg, which is located at Ida Lee Park. The PTSO has rented the entire facility solely for the use of the Senior class as they celebrate the FINAL FOUR years. This is the first graduation class that has spent their entire high school career at Woodgrove! Please mark your calendars for June 18th from 4-8 pm. Tickets will be available online at the WHS PTSO website beginning in May 1st for $10 each or in person the last week of May and first week of June. Save some money and buy them in advance, plus get extra chances to win some super raffle prizes! A permission form is required and can also be found on our website.

We welcome sponsors for this event. Please consider making a tax-deductible monetary donation to our cause. We also welcome contributions in the form of services, gift certificates or prizes to give to our seniors for participating in this safe end of the year celebration. Please make your check payable to the “Woodgrove High School PTSO” and note in the memo that funds should be earmarked for after-grad night. Our tax ID number is 27-2800768. We gladly give recognition to our sponsors via our e-newsletter, website and social media sites.

Sincerely,

Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com
(540) 751-9025
36811 Allder School Road
Purcellville, VA 20132
The Woodgrove Weekly is your best tool for staying informed about everything that takes place within the Woodgrove Community.

The Woodgrove PTSO's weekly newsletter, the Woodgrove Weekly, will keep you up to date about school news and events as well as PTSO activities. The newsletter goes out by email every Monday, and you can sign up in only a minute by putting this address into your web browser:

http://tinyurl.com/woodgroveweekly

You do not have to join the PTSO in order to get the newsletter. This is a PTSO service for our whole school community. We will never share your contact information, and you can easily unsubscribe at any time.

The newsletter will come to you from this e-mail address:

WoodgroveHighSchoolPTSO@gmail.com

Remember to add this to your address book or trusted contacts so it doesn't end up in your spam or junk folder.

Look for this logo and follow Woodgrove High School on Facebook and on Twitter!
**Help Build on Our Success...Join the Woodgrove High School PTSO**

Parent Teacher Student Organization

JOIN ONLINE TODAY!! www.lcps.org/Page/69200

*Woodgrove PTSO: How we contribute to our school and Community:*
- Award academic scholarships to seniors and CAMPUS program graduates
- Fund teacher requests for equipment, curriculum, online instructional programs and support materials
- Fund extra-curricular club participation in regional competitions
- Sponsor staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

*With your support, we will continue to:*
- Help fulfill the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize, publicize and celebrate our school’s successes in all avenues.
- Publish the Woodgrove Weekley newsletter to keep you informed all WHS happenings (please “like” us on Facebook too!)
- Ask for your help and assistance in areas of need—our volunteers are very important to our school’s success.

Dues are only $25 a family or $10 for individuals and $5 for students and faculty.

<table>
<thead>
<tr>
<th>Members Name(s):</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>State: ZIP:</td>
</tr>
<tr>
<td>City:</td>
<td></td>
</tr>
<tr>
<td>Email:</td>
<td>(Required for Woodgrove Weekly Subscription, all addresses will remain strictly confidential)</td>
</tr>
<tr>
<td>Phone Nbr:</td>
<td>Amount Enclosed:</td>
</tr>
<tr>
<td>(Please return to WHS front office)</td>
<td>(Additional donations are welcome and are tax free)</td>
</tr>
</tbody>
</table>

**JOIN ONLINE TODAY!!**
www.lcps.org/Page/69200
Giant, Harris Teeter & Target
Reward Programs

Help Woodgrove earn money to supplement the school’s educational needs. The school is now registered with Giant’s A+ School Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter’s Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.

**Giant**
School ID 09152
Feel like you have already done this? Giant cards must be re-enrolled each year!

[https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=e1s1](https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=e1s1)

**Harris Teeter**
School code: 1613

[https://www.harristeeter.com/other/my_harris_teeter/login_page.aspx](https://www.harristeeter.com/other/my_harris_teeter/login_page.aspx)

**Target Reward Program**
School ID 152094
Target’s Take Charge of Education Program

Woodgrove High School is still participating in Target’s Take Charge of Education Program. Join now and help us raise money for our school.

Here’s how it works: visit [https://www-secure.target.com/redcard/tcoe/home](https://www-secure.target.com/redcard/tcoe/home) or call 1-800-316-6142 to designate our school. Woodgrove’s school ID is 152094. Use your REDcard(Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don’t have a REDcard? It’s easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school’s progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.

Thanks for your support!
Drivers Ed Available - No Waiting

Attention Juniors and Seniors who have not taken behind-the-wheel . . . . Why take it privately and pay more? We have immediate openings in the morning and afternoon. See Mrs. Holland in Guidance to sign up . . . No Wait!!

* * * 10th graders will be eligible after completing Module 5 in the classroom. You must have an A-B average to sign up after complete Module 5.
Starting Monday November 10, 2014, the menu in the Woodgrove Cafe’ will be changing. The Loudoun County School Nutrition Services is implementing these changes county wide. We ask for your patience during this transition period. The new menu will be available soon on the lcps.org website. If you or your parents have any questions, please feel free to contact Ms. Bartling, the Woodgrove Cafe’ Manager.

LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE

http://www.lcps.org/Page/68454
### REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

<table>
<thead>
<tr>
<th>Time</th>
<th>A Day Green Day</th>
<th>B Day Blue Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55-9:03</td>
<td>Homeroom</td>
<td>8:55-9:03</td>
</tr>
<tr>
<td>9:08-10:34</td>
<td>1st Period</td>
<td>9:08-10:34</td>
</tr>
<tr>
<td>12:10-2:12</td>
<td>3rd Period</td>
<td>12:10-2:12</td>
</tr>
<tr>
<td>Lunch</td>
<td></td>
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<tr>
<td>12:05-12:35</td>
<td>Shift I</td>
<td>12:05-12:35</td>
</tr>
<tr>
<td>12:37-1:07</td>
<td>Shift II</td>
<td>12:37-1:07</td>
</tr>
<tr>
<td>1:09-1:39</td>
<td>Shift III</td>
<td>1:09-1:39</td>
</tr>
<tr>
<td>1:41-2:12</td>
<td>Shift IV</td>
<td>1:41-2:12</td>
</tr>
<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
<td>2:17-3:43</td>
</tr>
</tbody>
</table>

### REGULAR A/B DAY SCHEDULE – Open Lunch

<table>
<thead>
<tr>
<th>Time</th>
<th>A Day Green Day</th>
<th>B Day Blue Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55 – 9:03</td>
<td>Homeroom</td>
<td>8:55-9:03</td>
</tr>
<tr>
<td>9:08-10:34</td>
<td>1st Period</td>
<td>9:08-10:34</td>
</tr>
<tr>
<td>12:05-12:43</td>
<td>Open Lunch 10,11,12 – release 12:03</td>
<td>12:05-12:43 10,11,12 – release 12:03</td>
</tr>
<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
<td>2:17-3:43</td>
</tr>
</tbody>
</table>
Dress and Grooming

Students are expected to dress appropriately.

Clothing which distracts others from learning or which endangers safety is unacceptable.

Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable. These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

Hats and headgear are not allowed unless approved by the administration for special occasions. It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.
ATTENTION: STUDENTS, PARENTS, FACULTY & STAFF

Loudoun County Public Schools’ Insurance Does Not Provide Coverage for Students’ and Employees’ Personal Property Brought to School.

Each year the LCPS Procurement/Risk Management Office receives claims where school students and employees have lost valuable personal property brought to school. Every type of personal property is subject to loss by accident, theft, or vandalism.

Examples of personal property include:

iPods, iPads, cell phones, cameras, tablets, lap top computers, etc.

The Worth Avenue Group has been providing insurance programs to thousands of students and staff across the country since 1971. Their personal property insurance plans have been utilized by many colleges and universities and have been made available to public school students, faculty, and staff nationwide.

Losses Covered: The plans cover loss or damage, occurring during the policy period, to personal property, which you own or have leased. See policy for items excluded from coverage. Coverage may be purchased on a “cash value or replacement cost” basis with a deductible as low as $50 per occurrence.

What about Coverage Under Your Homeowners Policy? If you have questions about your homeowner’s policy, ask your agent to go to the Worth Avenue Group website for more information and then to give you advice. These plans are typically primary to the homeowner’s coverage and can be used to cover high insurance deductibles.

For further information on this coverage please call 1-800-620-2885 or visit http://www.worthavegroup.com/ and read about the various available coverages.
Las Escuelas Públicas del Condado de Loudoun  
Servicios de Negocios y Financieros  
División de Administración de Riesgo  
21000 Education Court, Suite 301  
Ashburn, VA 20148  
(571) 252-1280** (571) 252-1432 fax

ATENCIÓN: PADRES Y ESTUDIANTES

El Seguro de las Escuelas Públicas del Condado de Loudoun No Cubre la Propiedad Personal de los Estudiantes Llevada a las Escuelas.

Cada año, las oficinas de adquisiciones y manejo de riesgos de LCPS reciben reclamos de estudiantes y empleados que han perdido propiedad personal de mucho valor en las escuelas. Ejemplos de propiedad personal incluyen iPods, iPads, teléfonos, cámaras de fotos, ordenadores portátiles. Cada tipo de propiedad personal está sujeta a pérdidas por accidente, robo ó vandalismo.

Worth Avenue Group esta proporcionando programas de seguros a miles de estudiantes en este país desde 1971. El plan de seguro de propiedad personal ha sido utilizado por muchas escuelas y universidades. Recientemente ha sido disponible para los estudiantes de las escuelas públicas a nivel nacional.

Cobertura de pérdidas: El Plan cubre pérdidas o daños a su propiedad personal, de la cual usted es dueño o alquilo, incluyendo materiales de valor en su poder, estas pérdidas deben ser durante el periodo vigente de la póliza. Verifique los artículos excluidos en su cobertura. El seguro podría ser comprado en base de "dinero en efectivo" o "a costo de reemplazo" de la propiedad personal y con un deducible tan bajo como $50 por caso.

Propiedad No Cubierta: Algunos ejemplos de propiedad no cubierta por el plan son:

- Coches (incluyendo los equipos estereofónicos de los coches), motocicletas, barcos, motores, aviones o partes; billetes de transportes u otros billetes; Dinero en efectivo o monedas, evidencias de deudas, cartas de crédito, documentos de pasaportes, notas o valores; lentes de contacto, dientes artificiales o miembros.

Y Qué Sobre la Cobertura Dentro de la Póliza de Seguros del Hogar? Si usted tiene preguntas acerca de lo que cubre su seguro del hogar, enséílele el folleto a su agente de seguros y pídale su consejo. Worth Avenue Group, esta cobertura es siempre primaria a lo que cubre su póliza de hogar y puede ser usada para cubrir altos deducibles de los seguros.

Para mas información sobre esta cobertura, por favor visite la página web:
http://www.worthavegroup.com/ 1-800-620-2885, y lea sobre el Plan de Propiedad Personal del Estudiante.
IMPORTANT INSURANCE NOTICE—READ CAREFULLY

Loudoun County Public Schools does not provide medical or accident insurance for students injured while participating in school activities.

Dear Parents and Students:

LCPS receives reports of students who are accidentally injured while participating in school activities, including some serious injuries that require costly medical attention. The Procurement/Risk Management Office routinely receives calls from parents whose children are accidentally injured while participating in school activities and have no insurance coverage or have bills over-and-above what their insurance will pay.

LCPS does not provide medical or accident insurance for students injured while participating in school activities. But we do provide voluntary purchase of student accident insurance through K&K Insurance.

The insurance provided by K&K Insurance offers optional plans of coverage provided on an “excess basis” for accidental injuries that may occur during school activities or even around the clock, depending on the benefit option you choose.

If you already have insurance coverage through another policy, the K&K Student Accident Plans pay benefits for those eligible expenses not paid by your primary insurance. If there is no other insurance available to you, the plans will provide coverage on a primary basis.

Your voluntary enrollment in one of these plans should be carefully considered. For further details and to enroll in the K&K Student Accident Insurance coverage please go online to this link: www.studentinsurance-kk.com or call 1-855-742-3135.
**ACCIDENT ONLY COVERAGE:** The Policy provides benefits for loss due to a covered Injury up to the Maximum Benefit of $25,000 for each Injury. Provided that treatment by a qualified, licensed Physician begins within 60 days from the date of Injury, benefits will be paid for Covered Medical Expenses incurred within 52 weeks from the date of Injury up to the Maximum Benefit per service as shown below.

**SCHEDULE OF BENEFITS:** Maximum Benefits Paid As Specified Below. Medically Necessary and Reasonable Charges are based on the 75th percentile.

<table>
<thead>
<tr>
<th>Compare and Choose</th>
<th>Low Option Accident Only</th>
<th>High Option Accident Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum Benefit:</td>
<td>$25,000 (For Each Injury)</td>
<td>$25,000 (For Each Injury)</td>
</tr>
<tr>
<td>Deductible:</td>
<td>$0</td>
<td>$0</td>
</tr>
</tbody>
</table>

**Inpatient**

<table>
<thead>
<tr>
<th>Room &amp; Board:</th>
<th>Up to $150 per day/ Semi-private room rate</th>
<th>80% of Reasonable Charges/ Semi-private room rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital Miscellaneous:</td>
<td>$600 maximum per day</td>
<td>$1,200 maximum per day</td>
</tr>
<tr>
<td>Registered Nurse:</td>
<td>75% of Reasonable Charges</td>
<td>100% of Reasonable Charges</td>
</tr>
<tr>
<td>Physician’s Visits:</td>
<td>$40 first day/$25 each subsequent day</td>
<td>$60 first day/$40 each subsequent day</td>
</tr>
</tbody>
</table>

**Outpatient**

| Day Surgery Miscellaneous: | $1,000 maximum | $1,200 maximum |
| Physician’s Visits: (Benefits are limited to one visit per day and do not apply when related to surgery or physiotherapy) | $40 first day/ $25 each subsequent day | $60 first day/ $40 each subsequent day |
| Outpatient Physical Therapy: (Benefits are limited to one visit per day) | $30 first day/ $20 each subsequent day/ 5 days maximum | $60 first day/ $40 each subsequent day/ 5 days maximum |
| Emergency Room Services: (Treatment must be rendered within 72 hours from the time of the injury) | $150 maximum | $300 maximum |
| X-Rays: | $200 maximum | $600 maximum |
| Diagnostic Imaging Services: | $300 maximum | $600 maximum |
| Laboratory: | $50 maximum | $300 maximum |
| Prescription Drugs: | $75 maximum | $200 maximum |
| Injections: | No Benefits | No Benefits |
| Orthopedic Braces & Appliances: | $75 maximum | $140 maximum |

**Inpatient and/or Outpatient**

| Surgeon’s Fees: (Specified surgery based on data provided by Ingenix, Inc.) (No more than one procedure through the same incision will be paid) | $1,000 maximum | $1,200 maximum |
| Anesthetist: | 20% of Surgery Allowance | 25% of Surgery Allowance |
| Assistant Surgeon: | 20% of Surgery Allowance | 25% of Surgery Allowance |
| Ambulance: | $300 maximum | $800 maximum |
| Consultant: | $200 maximum | $400 maximum |
| Dental Treatment due to Injury to Teeth: (For injury to sound, natural teeth only) | $10,000 maximum per policy term if extended dental option is purchased. $200 per tooth if extended dental option is not purchased. | $10,000 maximum per policy term if extended dental option is purchased. $500 per tooth if extended dental option is not purchased. |
| Replacement of Eye Glasses, Contact Lenses or Hearing Aids that are broken as a result of a Covered Injury: | 100% of Reasonable Charges | 100% of Reasonable Charges |
| Durable Medical Equipment: | No Benefits | No Benefits |
| Maternity: | No Benefits | No Benefits |
| Complication of Pregnancy: | No Benefits | No Benefits |

**Expenses for the following are not covered:** Prosthetic Devices, Mental and Nervous Disorders, Home Health Care, Injections.

This policy contains an excess provision. Benefits will not be paid under the Basic Accident Medical Expense for Covered Expenses to the extent that they are collectible under another Health Care Plan.

Details of these benefits may be found in the Master Policy on file at the School District. **NOTE:** This is a brief summary of the benefits and not a contract. A Master Policy has been provided to your school district that contains all of the provisions, limitations and exclusions and qualifications of the insurance benefits. The Master policy is the contract and will govern and control the payment of benefits.
Choose Your Coverage Plan:  One-Time Payment For Accident Coverage

Please Note - for Coverage Plans Listed Below

Coverage Effective Date: A person’s coverage takes effect at the later of the date his or her completed application and premium is received by the company or the effective date of the policy issued to his or her school or school district.

Coverage Termination Date: Coverage ends on the earlier of the date his or her coverage has been in force for twelve months or the first day of the next school year. All coverage ceases if the policyholder cancels the policy or when the person ceases to be eligible. Termination of coverage for any reason will not affect a claim which occurs before coverage ends.

Facts about the Policy

1. WHO IS ELIGIBLE: students of the policyholder who make the required premium contribution for the policy selected are eligible. Student status continues after graduation and between school years unless the person enrolls at a different school district.
2. The Master Policy on file with the school district is a non-renewable policy.
3. This is a limited benefit policy.
4. Coverage Effective Date: A person’s coverage takes effect at the later of the date his or her completed application and premium is received by the company or the effective date of the policy issued to his or her school or school district.
5. Coverage Termination Date: Coverage ends on the earlier of the date his or her coverage has been in force for twelve months or the first day of the next school year. All coverage ceases if the policyholder cancels the policy or when person ceases to be eligible. Termination of coverage for any reason will not affect a claim which occurs before coverage ends.
6. Late Enrollment: Coverage may be purchased at any time during the school year. There is no premium reduction for any individual who enrolls late in the year.
7. Cancellation: Coverage under the Policy will not be cancelled, and accordingly, premiums may not be refunded after acceptance by the Company. However, a pro-rata refund of premium shall be made in the event a Covered Person enters the Military Service.
8. Student Transfer: The policy continues to be in force anywhere in the world if the Covered Person should relocate prior to the expiration of coverage.

Enroll online at: www.StudentInsurance-kk.com or by mail using attached enrollment form.
1. Complete and detach the enrollment form.
2. Make check or money order payable to Nationwide Life Insurance Company. Do not send cash. The Company is not responsible for cash payments.
3. Write your child’s name on your check or money order.
4. Mail completed enrollment form with payment back to:
K&K Insurance Group,
P.O. Box 2338
Fort Wayne, IN 46801-2338

5. Your cancelled check, credit card billing, or money order stub will be your receipt and confirmation of payment.
6. Keep this brochure for future reference. Individual policies will not be sent to you.

Privacy Policy
We know that your privacy is important to you and we strive to protect the confidentiality of your nonpublic personal information. We do not disclose any nonpublic personal information about our customers or former customers to anyone except as permitted or required by law. We believe we maintain appropriate physical, electronic and procedural safeguards to ensure the security of your nonpublic personal information.

Administered by:
K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

<table>
<thead>
<tr>
<th>Accidents (Summer Only Coverage, Students Only)</th>
<th>Low</th>
<th>High</th>
<th>Low</th>
<th>High</th>
</tr>
</thead>
<tbody>
<tr>
<td>24-Hour Accident</td>
<td>$84</td>
<td>$124</td>
<td>$75</td>
<td>$115</td>
</tr>
<tr>
<td>At-School Accident</td>
<td>$27</td>
<td>$35</td>
<td>$18</td>
<td>$26</td>
</tr>
</tbody>
</table>

Extended Dental (Summer Only Coverage, Students Only)
Supplemental coverage extended to students with At-School, 24-Hour or Football Coverage – Limited to Covered Person’s policy effective dates and accident only coverage option selected. Replaces standard dental coverage with coverage of 80% of Reasonable Charges to a maximum limit of $10,000 per injury.

High School Football
Play or practice of regularly scheduled football. Consult your Athletic Department for enrollment instructions.

High School Football (Spring Only)
For new players who participate in spring training and not already insured under Football Coverage. Sports seasons are defined by your state high school athletic association.

High School Football and At-School Accident (Covers all athletics)

High School Football and 24-Hour Accident (Covers all athletics)
Policy Exclusions and Limitations for Accident Only Coverages

The following exclusions apply to any and all Benefits and any applicable Riders, unless otherwise specifically referenced. **We will not pay Benefits for:**

1. An Injury or Loss that is:
   a. caused by war or any act of war, declared or undeclared, whether civil or international, or any substantial armed conflict between organized forces of military nature (which does not include acts of terrorism);
   b. caused while the Insured is serving full-time active duty (more than 31 days) in any Armed Forces;
   c. caused by participating in a riot or violent disorder;
   d. the result of an insured’s taking part in committing or attempting to commit a felony, or engaging in any unlawful act or illegal occupation, or committing or provoking an unlawful act;
   e. the result of the insured being under the influence of any drug, narcotic, intoxicant or chemical (unless prescribed by a physician and taken according to the physician's instructions) as defined by the law of the jurisdiction in which the Accidental Injury occurred. Conviction is not necessary for determination of being “under the influence.”;
   f. intentionally self-inflicted, including suicide or attempt thereof, while sane or insane.

2. An Injury or Loss that is the result of travel or flight (including getting in or out, or on or off) in any aircraft except solely as a fare-paying passenger in a commercial aircraft, or as a passenger in a Policyholder chartered aircraft, provided such aircraft has a valid and current airworthiness certificate and is operated by a duly licensed or certified pilot, and while such aircraft is being used for the sole purpose of transportation and such travel is listed as a Covered Activity in the Schedule of Benefits.

3. Any Accident where the insured is the operator and does not possess a current and valid motor vehicle operator’s license (except in a Driver’s Education Program).

4. An Accident that occurs while: a. participating in any hazardous activities, including the sports of snowmobiles, ATV (all terrain or similar type wheeled vehicle), personal watercraft, sky diving, scuba diving, skin diving, hang gliding, cave exploration, bungee jumping, parachute jumping or mountain climbing;
   b. riding, driving, or testing a motorized vehicle used in a race or speed contest, sport, exhibition work or test driving. Motorized Vehicle for purposes of this provision means any self-propelled vehicle or conveyance, including but not limited to automobiles, trucks, motorcycles, ATV’s, snow mobiles, tractors, golf carts, motorized scooters, lawn mowers, heavy equipment used for excavating, boats, and personal watercraft. Motorized Vehicle does not include a Medically Necessary motorized wheelchair, unless such activity is specifically listed as a Covered Activity in the Schedule of Benefits.

5. Medical or surgical treatment, diagnostic or preventative care of any Sickness, except for treatment of pyogenic infection that results from an Accidental Injury or a bacterial infection that results from the Accidental ingestion of contaminated substances.

6. Any Heart or Circulatory Malfunction, whether or not known or diagnosed, except as may be otherwise covered under the Policy or unless the immediate cause of such malfunction is external trauma.

---

Additional exclusions for the Accident Medical Expense Benefit and any applicable Riders: **We will not pay Benefits for:**

1. Expenses incurred for services or treatment rendered by a Physician, Nurse or any other Provider who is:
   a. employed or retained by the Policyholder, or its subsidiaries or affiliates;
   b. the Insured, or the Insured’s Family Member.

2. Expenses incurred for charges which the insured would not have to pay if he/she did not have insurance or for which no charge is made.

3. Expenses incurred for chargers which are in excess of Reasonable Charges.

4. That part of medical expenses payable by any automobile insurance Policy without regard to fault.

5. Expenses incurred for any treatment that is considered to be experimental by the American Medical Association (AMA) or the American Dental Association (ADA).

6. Expenses incurred for the examination, prescription, purchase, or fitting of eyeglasses, contact lenses, or hearing aids, unless injury has caused impairment of sight or hearing or unless repair or replacement of existing eye glasses, contact lenses or hearing aids is necessary as a result of a covered injury.

7. Expenses incurred for new, or repair or replacement of, dentures, bridges, dental implants, dental bands or braces or other dental appliances, crowns, caps, inlays or onlays, fillings or any other treatment of the teeth or gums, except as a result of injury up to the Dental Maximum shown in the Schedule of Benefits, if applicable.

8. Expenses incurred for personal comfort or convenience items including, but not limited to, Hospital telephone charges, television rentals, or guest meals.

9. Expenses incurred for or in connection with Custodial Care, unless otherwise specified in the Schedule of Benefits.

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Accident Only Definitions:

**Injury** A bodily injury which is:

1. directly and independently caused by specific Accidental contact with another body or object;
2. a source of loss that is sustained while the Insured Person is covered under this Policy and while he or she is taking part in a Covered Activity.

For all Benefits, Injury includes Heart and Circulatory Malfunction, subject to the following conditions:

1. Malfunction must occur before age 65 while the Insured is taking part in a Covered Activity; and

2. The symptom(s) of such malfunction(s) is (are) first medically treated while the Policy is in force with respect to the Insured and within 48 hours of having taken part in a Covered Activity; and

3. Such Insured has not, within one year prior to the date of participation in the Covered Activity, been medically diagnosed with, or received any medication for, any myocardial infarction, angina pectoris, coronary thrombosis, hypertension, heart attack, or a cerebral vascular incident.

For the Accident Medical Expense Benefit, Injury also includes repetitive motion injuries resulting from participation in a Covered Activity. Repetitive motion injuries are injuries such as, but not limited to, strains, sprains, hernias, tennis elbow, tendinitis, bursitis, and muscle tears. The repetitive motion injury must be diagnosed by a physician and occur within 30 days of participation in a Covered Activity.

All Injuries sustained in one Accident, including all related conditions and recurrent symptoms of these Injuries will be considered as one Injury.

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Accidental Death & Specific Loss Benefits:

The Aggregate Limit is $500,000 and is the maximum amount payable for claims incurred for all Insureds under the Policy which are caused by any one Incident that occurs when the Policy is in force. If this limit is not sufficient to pay the total of all such Claims, then the Benefit payable to any one Insured will be determined in proportion to our total aggregate limit of liability. This Aggregate Limit of Liability applies only to Accidental Death and Specific Loss Benefits.

<table>
<thead>
<tr>
<th>Benefits</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life</td>
<td>$10,000</td>
</tr>
<tr>
<td>Both arms or both legs</td>
<td>$10,000</td>
</tr>
<tr>
<td>Both hands and both feet</td>
<td>$10,000</td>
</tr>
<tr>
<td>One arm and one leg</td>
<td>$10,000</td>
</tr>
<tr>
<td>One hand and one foot</td>
<td>$10,000</td>
</tr>
<tr>
<td>Either both hands or both feet</td>
<td>$10,000</td>
</tr>
<tr>
<td>Speech and hearing in both ears</td>
<td>$10,000</td>
</tr>
<tr>
<td>The sight of both eyes</td>
<td>$10,000</td>
</tr>
<tr>
<td>The sight of one eye and either one hand or one foot</td>
<td>$10,000</td>
</tr>
<tr>
<td>Either one hand or one foot</td>
<td>$7,500</td>
</tr>
<tr>
<td>Speech or hearing in both ears</td>
<td>$5,000</td>
</tr>
<tr>
<td>Sight of one eye</td>
<td>$5,000</td>
</tr>
<tr>
<td>Hearing in one ear</td>
<td>$2,500</td>
</tr>
<tr>
<td>Both the thumb and index finger of one hand</td>
<td>$2,500</td>
</tr>
</tbody>
</table>
## Student Insurance Plan Options — Check Your Selection:

<table>
<thead>
<tr>
<th>Accident Only Coverage Plans</th>
<th>Low Option</th>
<th>High Option</th>
</tr>
</thead>
<tbody>
<tr>
<td>24-HOUR, with Extended Dental</td>
<td>$84.00</td>
<td>$124.00</td>
</tr>
<tr>
<td>24-HOUR, without Extended Dental</td>
<td>$75.00</td>
<td>$115.00</td>
</tr>
<tr>
<td>24-HOUR, Summer Only, with Extended Dental</td>
<td>$28.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>24-HOUR, Summer Only, without Extended Dental</td>
<td>$19.00</td>
<td>$31.00</td>
</tr>
<tr>
<td>AT-SCHOOL, with Extended Dental</td>
<td>$27.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>AT-SCHOOL, without Extended Dental</td>
<td>$18.00</td>
<td>$26.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Full Year, with Extended Dental</td>
<td>$137.00</td>
<td>$209.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Full Year, without Extended Dental</td>
<td>$128.00</td>
<td>$200.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Spring Only, with Extended Dental</td>
<td>For New Players</td>
<td>$60.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL, Spring Only, without Extended Dental</td>
<td>For New Players</td>
<td>$51.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and AT SCHOOL, with Extended Dental</td>
<td>Covers all athletics</td>
<td>$164.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and AT SCHOOL, without Extended Dental</td>
<td>Covers all athletics</td>
<td>$146.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and 24-HOUR, with Extended Dental</td>
<td>Covers all athletics</td>
<td>$221.00</td>
</tr>
<tr>
<td>HIGH SCHOOL FOOTBALL and 24-HOUR, without Extended Dental</td>
<td>Covers all athletics</td>
<td>$203.00</td>
</tr>
</tbody>
</table>

**Enclose check for total payment payable to: Nationwide Life Insurance Company.** Checks, money orders, or credit cards accepted.

**DO NOT SEND CASH**

**TOTAL ENCLOSED:** $1846 (FL/KS/NE/VA_MB_ENG_03/14)

**Mail this completed form with payment back to: K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338**

---

### Enrollment Form (School Year 2014-2015)

**Student’s Last Name:**

**Student’s First Name:**

**Student’s Middle Name:**

**Date of Birth:**

**Street Address:**

**City:**

**State:**

**Zip:**

**Name of School District (required):**

**Name of School:**

**Grade Level:**

- [ ] Pre-K/Headstart
- [ ] Kindergarten/Elementary
- [ ] Middle School
- [ ] High School/Above

**Signature of Parent or Guardian:**

**Date:**

**Email Address:**

**Phone Number:**

---

### Student Insurance Plan Options — Check Your Selection:

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**Mail this completed form with payment back to: K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338**

---

### Complete this section only if you wish to pay with a Credit Card

**Full name as it appears on card**

**First Name:**

**Mi:**

**Last Name:**

**Billing Address (if different than above)**

**Street #**

**Address**

**Apt #**

**City:**

**State:**

**Zip:**

**Card Number:**

**Expiration Date:**

**Month:**

**Year:**

**Cardholder signature:**

**Company does not issue refunds nor accept responsibility for cash payments. (Rejection of check or credit card by bank for any reason, will invalidate insurance.)**
!!NOTICIA IMPORTANTE!!
Las Escuelas Públicas del Condado de Loudoun no disponen de seguro médico o de accidente para cubrir a los estudiantes cuando se accidentan en la escuela.

Estimados Padres/Guardianes Legales:

LCPS recibe reportes de estudiantes que accidentalmente se hieren cuando participan en actividades escolares, incluyendo algunas con heridas graves que requieren atención médica costosa. La oficina de adquisiciones y manejo de riesgos rutinariamente recibe llamadas de padres de quien sus hijos son accidentalmente heridos cuando participaban en actividades escolares y no tenían cobertura de seguro o tienen cobros por encima del valor de pago de su seguro.

LCPS no proporciona seguros de accidentes médicos para los estudiantes accidentados que han participado en actividades escolares. Pero, nosotros proveemos la opción de compra voluntaria de seguro para accidentes por medio de K&K seguros.

El seguro de accidentes por K&K ofrece planes opcionales de cobertura basado en “excesos” para heridas de accidente que puedan ocurrir durante actividades escolares o incluyendo a tiempo completo. Esto depende del plan elegido.

Si usted ya tiene seguro a través de otra poliza, estos planes de cobertura de accidente pagan beneficios no cubiertos por su otro seguro. Si no tiene ningún otro plan de seguro disponible, invirtiendo una mínima cantidad de dinero ahora en uno de estos planes le podría ahorrar considerables gastos más tarde si tuviese un accidente que requiriese atención médica.

Su registro voluntario en uno de estos planes debe de ser cuidadosamente considerado. Gracias y por favor llame si tiene alguna pregunta o inquietud.

WEBSITE: www.studentinsurance-kk.com or call 1-855-742-3135
COBERTURA SOLO PARA ACCIDENTES: La Póliza ofrece beneficios por pérdida debido a una Lesión cubierta hasta un Beneficio máximo de $25,000 por cada Lesión. Siempre que el tratamiento a cargo de un Médico calificado y matriculado comience en el término de 60 días a partir de la fecha de la Lesión, se pagarán beneficios por los Gastos médicos cubiertos incurridos dentro de las 52 semanas a partir de la fecha de la Lesión, hasta el Beneficio máximo por servicio según se muestra a continuación.

PROGRAMA DE BENEFICIOS: Los Beneficios máximos se pagan según lo especificado a continuación. Los Cargos razonables y necesarios por razones médicas están basados en el percentil 75.

<table>
<thead>
<tr>
<th>Compare y elija</th>
<th>Opción baja de Solo accidentes</th>
<th>Opción alta de Solo accidentes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beneficio máximo:</td>
<td>$25,000 (por cada lesión)</td>
<td>$25,000 (por cada lesión)</td>
</tr>
<tr>
<td>Deducible:</td>
<td>$0</td>
<td>$0</td>
</tr>
</tbody>
</table>

**Paciente hospitalizado**

| Habitación y comidas: | Hasta $150 por día/ tarifa de habitación semiprivada | 80% de los cargos razonables/ tarifa de habitación semiprivada |
| Varios del hospital: | $600 como máximo por día | $1,200 como máximo por día |
| Personal de enfermería registrado: | 75% de los cargos razonables | 100% de los cargos razonables |
| Consultas médicas: (Los beneficios se limitan a una consulta por día y no aplican cuando la consulta se relaciona con una cirugía) | $40 primer día/$25 cada día subsiguiente | $60 primer día/$40 cada día subsiguiente |

**Paciente ambulatorio**

| Procedimientos quirúrgicos ambulatorios varios: | $1,000 como máximo | $1,200 como máximo |
| Consultas médicas: (Los beneficios se limitan a una consulta por día y no aplican cuando la consulta se relaciona con una cirugía o fisioterapia) | $40 primer día/$25 cada día subsiguiente | $60 primer día/$40 cada día subsiguiente |
| Fisioterapia para pacientes ambulatorios: (Los beneficios se limitan a una consulta por día) | $30 primer día/$20 cada día subsiguiente/ máximo de 5 días | $60 primer día/$40 cada día subsiguiente/ máximo de 5 días |
| Servicios en la sala de emergencias: (El tratamiento se debe realizar en el término de 72 horas desde que se produce la lesión) | $150 como máximo | $300 como máximo |
| Radiografías: | $200 como máximo | $600 como máximo |
| Servicios de diagnóstico por imágenes: | $300 como máximo | $600 como máximo |
| Laboratorio: | $50 como máximo | $300 como máximo |
| Medicamentos recetados: | $75 como máximo | $200 como máximo |
| Inyecciones: | No hay beneficios | No hay beneficios |
| Aparatos y dispositivos ortopédicos: | $75 como máximo | $140 como máximo |
| **Paciente hospitalizado y/o paciente ambulatorio** |  |
| Honorarios del cirujano: (Cirugía especializada según datos suministrados por Ingenix, Inc.) (No se pagará más de un procedimiento a través de la misma incisión) | $1,000 como máximo | $1,200 como máximo |
| Anestesista: | 20% de la prestación por cirugía | 25% de la prestación por cirugía |
| Auxiliar quirúrgico: | 20% de la prestación por cirugía | 25% de la prestación por cirugía |
| Ambulancia: | $300 como máximo | $800 como máximo |
| Asesor: | $200 como máximo | $400 como máximo |
| **Tratamientos dentales debido a Lesiones en los dientes: (Para Lesiones en dientes naturales y en buen estado)** | Máximo de $10,000 por período de póliza si se adquiere la opción de ampliación de la cobertura odontológica. $200 por diente si no se adquiere la opción de ampliación de la cobertura odontológica. | Máximo de $10,000 por período de póliza si se adquiere la opción de ampliación de la cobertura odontológica. $500 por diente si no se adquiere la opción de ampliación de la cobertura odontológica. |
| Reemplazo de anteojos, lentes de contacto o audífonos que se rompen como consecuencia de una Lesión cubierta: | 100% de los cargos razonables | 100% de los cargos razonables |
| Equipos médicos duraderos: | No hay beneficios | No hay beneficios |
| Maternidad: | No hay beneficios | No hay beneficios |
| Complicación del embarazo: | No hay beneficios | No hay beneficios |

**No se cubren los gastos de los siguientes rubros**: Dispositivos protésicos, trastornos mentales y nerviosos, atención de la salud en el hogar, inyecciones.

Esta póliza contiene una disposición de exceso. No se pagarán beneficios en virtud de los Gastos médicos básicos por accidente por gastos cubiertos en la medida en que sean pagaderos en virtud de otro Plan de atención médica.

Los detalles de estos beneficios se pueden encontrar en la Póliza maestra archivada en el distrito escolar. **NOTA**: Este es un breve resumen de los beneficios y no es un contrato. Se le ha entregado al distrito escolar una Póliza maestra que contiene todas las disposiciones, limitaciones, exclusiones y calificaciones de los beneficios del seguro. La Póliza maestra es el contrato que regirá y controlará el pago de los beneficios.
Esta es una póliza de beneficios limitados. Se ha de entrada en vigencia de la póliza emitida a su escuela o distrito escolar, la fecha que sea posterior.

Fecha de entrada en vigencia de la cobertura: La cobertura de una persona entra en vigencia cuando la compañía recibe la solicitud completada y la prima, o en la fecha de entrada en vigencia de la póliza emitida a su escuela o distrito escolar, la fecha que sea posterior.

Accidente las 24 horas (alumnos y empleados)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
<td>84.00</td>
<td>Alta</td>
<td>124.00</td>
</tr>
<tr>
<td>Baja</td>
<td>78.00</td>
<td>Alta</td>
<td>115.00</td>
</tr>
</tbody>
</table>

Accidente las 24 horas (cobertura solo durante el verano, solo estudiantes)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
<td>28.00</td>
<td>Alta</td>
<td>40.00</td>
</tr>
<tr>
<td>Baja</td>
<td>19.00</td>
<td>Alta</td>
<td>31.00</td>
</tr>
</tbody>
</table>

Accidente en la escuela (alumnos y empleados)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
<td>27.00</td>
<td>Alta</td>
<td>35.00</td>
</tr>
<tr>
<td>Baja</td>
<td>18.00</td>
<td>Alta</td>
<td>26.00</td>
</tr>
</tbody>
</table>

Ampliación de la cobertura odontológica (solo accidentes)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
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<td>Baja</td>
<td>128.00</td>
<td>Alta</td>
<td>200.00</td>
</tr>
</tbody>
</table>

Preparatoria Fútbol americano

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
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</thead>
<tbody>
<tr>
<td>Baja</td>
<td>60.00</td>
<td>Alta</td>
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<tr>
<td>Baja</td>
<td>51.00</td>
<td>Alta</td>
<td>80.00</td>
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</tbody>
</table>

Preparatoria Fútbol americano (solo primavera)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
<td>164.00</td>
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<td>244.00</td>
</tr>
<tr>
<td>Baja</td>
<td>146.00</td>
<td>Alta</td>
<td>226.00</td>
</tr>
</tbody>
</table>

Preparatoria Fútbol americano y Accidentes en la escuela (Cubre todas las disciplinas atléticas)

<table>
<thead>
<tr>
<th>Opción</th>
<th>Prima $</th>
<th>Opción</th>
<th>Prima $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baja</td>
<td>221.00</td>
<td>Alta</td>
<td>333.00</td>
</tr>
<tr>
<td>Baja</td>
<td>203.00</td>
<td>Alta</td>
<td>315.00</td>
</tr>
</tbody>
</table>

Datos sobre la Póliza

1. ¿QUIÉNES REÚNEN LOS REQUISITOS? Son elegibles los alumnos del titular de la póliza que efectúen el aporte requerido en concepto de prima para la cobertura seleccionada. La condición de alumno se mantiene después de la graduación y entre los años escolares, a menos que la persona se inscriba en otro distrito escolar.

2. La Póliza maestra archivada en el distrito escolar contiene una póliza no renovable.

3. Esta es una póliza de beneficios limitados.

4. FECHA DE ENTRADA EN VIGENCIA DE LA COBERTURA: La cobertura de una persona entra en vigencia cuando la compañía recibe la solicitud completada y la prima, o en la fecha de entrada en vigencia de la póliza emitida a su escuela o distrito escolar, la fecha que sea posterior.

5. FECHA DE VENCIMIENTO DE LA COBERTURA: La cobertura finaliza cuando se cumplen doce meses de vigencia de la póliza o el primer día del año escolar siguiente, la fecha que sea anterior.

Se extinguirá toda la cobertura si el titular de la póliza cancela la póliza o cuando la persona deja de reunir los requisitos necesarios. La extinción de la cobertura por cualquier motivo no afectará a ninguna reclamación que tenga lugar antes de la finalización de la cobertura.

6. INSCRIPCIÓN TARDÍA: La cobertura se puede comprar en cualquier momento durante el año escolar. No habrá ninguna reducción de prima para ninguna persona que se inscriba más avanzado el año.

7. CANCELACIÓN: La Cobertura en virtud de la Póliza no se cancelará y, por consiguiente, las primas no se podrán reembolsar después de la aceptación por parte de la Compañía. Sin embargo, se reembolsarán en forma prorrateada las primas en caso de que una Persona cubierta ingrese en el Servicio Militar.

8. TRASLADO DEL ALUMNO: La póliza continúa vigente en cualquier parte del mundo si la Persona cubierta se muda antes del vencimiento de la cobertura.

Inscríbase por Internet en: www.StudentInsurance-kk.com o por correo mediante el formulario de inscripción adjunto.

1. Complete y recorte el formulario de inscripción.

2. Emite el cheque o el giro postal pagadero a Nationwide Life Insurance Company. No envíe dinero en efectivo. La Compañía no se hace responsable de los pagos en efectivo.

3. Escriba el nombre de su hijo en el cheque o giro postal.

4. Envíe por correo el formulario completado y el pago a:

   K&K Insurance Group, P.O. Box 2338
   Fort Wayne, IN 46801-2338

5. El cheque cancelado, la facturación de la tarjeta de crédito o el talón del giro postal serán su comprobante y la confirmación del pago.

6. Consérvelo este folleto para consultar en el futuro. No se le enviarán pólizas individuales.

Política de privacidad

Sabemos que su privacidad es importante para usted y nos esforzamos por proteger la confidencialidad de su información personal no pública. No revelamos ninguna información personal no pública sobre nuestros clientes o exclientes a nadie, excepto según lo permita o exija la ley. Consideramos que mantenemos las salvaguardias físicas, electrónicas y procedimentales apropiadas para garantizar la seguridad de su información personal no pública.

Administrado por:

K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

TARJETA DE SEGURO DEL ALUMNO

Nombre del alumno

Si se ha pagado la prima, el alumno, cuyo nombre aparece más arriba, ha sido asegurado en virtud de la Póliza emitida para:

Distribuidor:  

Cobertura solo para accidentes:  

EN LA ESCUELA: FÚTBOL AMERICANO. FÚTBOL AMERICANO (solo primavera)  

AMPLIACIÓN DE LA COBERTURA ODONTOLÓGICA  

Pagado con el cheque N.º Cantidad pagada: Fecha de pago:  

N.º de póliza

Suscrito por: Nationwide Life Insurance Company

Preguntas sobre las reclamaciones: K&K Insurance Group, Inc.

1712 Magnavox Way • Fort Wayne, IN 46801 • 800-237-2917
Una lesión física que:

a. sea causada por una guerra o cualquier acto de guerra, declarada o no declarada, sea civil o internacional, o cualquier conflicto armado importante entre fuerzas organizadas de naturaleza militar (lo que no incluye actos de terroristas);

b. sea causada mientras la Persona asegurada presta servicio activo a tiempo completo (máximo de 31 días) en cualquier rama de las Fuerzas Armadas;

c. sea causada por la participación en una revuelta o disturbio violento;

d. sea el resultado de la participación de la Persona asegurada en la perforación o intento de perforación de un delito grave, la intervención en cualquier acto ilícito u ocupación ilegal o la perforación o provocación de cualquier acto ilícito;

e. se produzca porque la Persona asegurada está bajo la influencia de drogas, narcótico, psicotrópico o sustancia química (a menos que se rece para un Médico y se lo utilice de acuerdo con las indicaciones del Médico) según lo definen las leyes de la jurisdicción en la que se produjo la Lesión accidental. No es necesario una condición para determinar si se está “bajo la influencia de…”;

f. se autoinflía intencionalmente, lo que incluye suicidio o intento de suicidio, en estado de sano juicio o no.

2. Una Lesión o Pérdida que ha resultado de un viaje o vuelo (que incluye entrar, salir, subir o bajar) en cualquier aeronave a excepción y exclusivamente como pasajero que paga su pasaje en un aerovía comercial, o como pasajero en una aeronave contratada por el Titular de la póliza, siempre que dicha aeronave tenga un certificado de aerovagavabilidad válido y vigente y sea operada por un piloto autorizado o con la debida licencia, y mientras dicha aeronave sea utilizada exclusivamente con fines de transporte y dicho viaje se consigne como una Actividad cubierta en el Programa de beneficios.

3. Todo Accidente donde la Persona asegurada sea el operador y no posea una licencia de operador de vehículo a motor válida y vigente (excepto en un Programa de formación de conductores).

4. Un Accidente que se produzca durante:
   a. la participación en cualquier actividad peligrosa, incluidos los deportes de vehículos de nieve, vehículos todo terreno (vehículos todo terreno o vehículos con ruedas similares), embarcaciones personales, paracaidismo acrobático, buceo, submarinismo, vuelo en ala delta, exploración de cuevas, salto elástico (bounce), lanzamiento en paracaidas o alpinismo;

5. El dedo pulgar y el índice de una mano $2,500

6. Ambos brazos o ambas piernas $10,000

6. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

7. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

8. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

9. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

10. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

11. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

12. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

13. Los Gastos incurridos por cualquier afección cubierta en el Programa de beneficios.

Para el Beneficio de gastos médicos por accidente, Lesión también incluye lesiones por movimientos repetitivos como consecuencia de la participación en una Actividad cubierta. Las lesiones por movimientos repetitivos incluyen, entre otras, esguinces, torceduras, hernias, codo de tenista, tendinitis, bursitis y desgarros musculares. La lesión por movimientos repetitivos debe ser diagnosticada por un Médico y se debe producir dentro de los 30 días de participar en una Actividad cubierta. Todas las Lesiones sufridas en un Accidente, incluyendo las relacionadas con las lesiones recurrentes de estas Lesiones, se considerarán una sola Lesión.

**Definiciones de Solo accidentes:**

**Lesión** Una lesión física que:

1. está directa o independientemente causada por un contacto accidental con otro cuerpo u objeto;

2. es una fuente de pérdida sufrida mientras la Persona asegurada está cubierta en el Programa de beneficios. Para todos los Beneficios, Lesión incluye Insuficiencia cardíaca y circulatoria, con sujeción a las siguientes condiciones:

   1. La Insuficiencia se debe presentar antes de los 65 años de edad mientras la Persona asegurada participa en una Actividad cubierta; y

   2. Un médico trata el o los síntomas de dicha insuficiencia en primera instancia mientras la Póliza está vigente con respecto a la Persona asegurada y en el término de 48 horas de haber participado en una Actividad cubierta; y

3. A dicha Persona asegurada, en el término de un año antes de la fecha de la participación en la Actividad cubierta, un médico no le ha diagnosticado, ni ha recibido tratamiento médico o quirúrgico, atención de diagnóstico o supervisión de un anestesista.

**Beneficios por Muerte accidental y pérdida específica:**

El Límite global es de $500,000 y es la cantidad máxima que se puede pagar por reclamaciones incurridas para todos los Asegurados en virtud de la Póliza que resulten de un Incidente cualquiera que se produzca cuando la Póliza se encuentra vigente. Si este límite no fuera suficiente para pagar el total de todas dichas Reclamaciones, el Beneficio que se debe pagar a cualquier Asegurado se determinará proporcionalmente a nuestro Límite global total de responsabilidad. Este Límite global de responsabilidad aplica únicamente a los Beneficios por Muerte accidental y Pérdida específica.
Inscríbase por Internet para un servicio más rápido en www.StudentInsurance-kk.com
o complete este formulario y envíelo por correo

Formulario de inscripción (Año escolar 2014-2015)

Apellido del alumno: _________________________________________________________________
Nombre del alumno: _______________________________________________________________
Segundo nombre del alumno: __________________________________ Fecha de nacimiento: ____________
Dirección: _______________________________________________________________________
Ciudad: __________________________ Estado: __________________________ Código postal: __________________________
Nombre del distrito escolar (obligatorio): ____________________________________________
Nombre de la escuela: _______________________________________________________________
Grado:  □ Prekinder/Preescolar    □ Kindergarten/Escuela primaria    □ Escuela secundaria    □ Preparatoria/Nivel más alto
Firma del padre/madre o tutor: ______________________________________________________
Fecha: __________________________ Dirección de correo electrónico: __________________________ Número de teléfono: __________________________

Opciones del Plan de seguro para estudiantes — Marque su elección:

<table>
<thead>
<tr>
<th>Planes de cobertura solo para accidentes</th>
<th>Opción baja</th>
<th>Opción alta</th>
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</thead>
<tbody>
<tr>
<td>24 HORAS, con ampliación de la cobertura odontológica</td>
<td>$84.00</td>
<td>$124.00</td>
</tr>
<tr>
<td>24 HORAS, con ampliación de la cobertura odontológica</td>
<td>$115.00</td>
<td></td>
</tr>
<tr>
<td>24 HORAS, Solo durante el verano, con ampliación de la cobertura odontológica</td>
<td>$28.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>24 HORAS, Solo durante el verano, sin ampliación de la cobertura odontológica</td>
<td>$19.00</td>
<td>$31.00</td>
</tr>
<tr>
<td>EN LA ESCUELA, con ampliación de la cobertura odontológica</td>
<td>$27.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>EN LA ESCUELA, sin ampliación de la cobertura odontológica</td>
<td>$18.00</td>
<td>$26.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Todo el año, con ampliación de la cobertura odontológica</td>
<td>$137.00</td>
<td>$209.00</td>
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<tr>
<td>Preparatoria FÚTBOL AMERICANO, Todo el año, sin ampliación de la cobertura odontológica</td>
<td>$128.00</td>
<td>$200.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Solo durante la primavera, con ampliación de la cobertura odontológica Para jugadores nuevos</td>
<td>$60.00</td>
<td>$89.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO, Solo durante la primavera, sin ampliación de la cobertura odontológica Para jugadores nuevos</td>
<td>$51.00</td>
<td>$80.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y EN LA ESCUELA, con ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$164.00</td>
<td>$244.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y EN LA ESCUELA, sin ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$146.00</td>
<td>$226.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y 24 HORAS, con ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$221.00</td>
<td>$333.00</td>
</tr>
<tr>
<td>Preparatoria FÚTBOL AMERICANO y 24 HORAS, sin ampliación de la cobertura odontológica Cubre todas las disciplinas atléticas</td>
<td>$203.00</td>
<td>$315.00</td>
</tr>
</tbody>
</table>

Adjuntar el cheque por el pago total pagadero a: Nationwide Life Insurance Company. Se aceptan cheques, giros postales o tarjetas de crédito. NO ENVÍE DINERO EN EFECTIVO
TOTAL ADJUNTO: __________________________

Adjuntar el cheque por el pago total pagadero a: K&K Insurance Group, P.O. Box 2338, Fort Wayne, IN 46801-2338

Complete esta sección únicamente si desea pagar con tarjeta de crédito

Nombre completo según figura en la tarjeta
Nombre: __________________________ Inicial del segundo nombre: __________________________ Apellido: __________________________
Dirección de facturación (si es distinta de la anterior)
N.° de calle __________________________ Dirección __________________________ N.° de apto. __________________________
Ciudad: __________________________ Estado: __________________________ Código postal: __________________________
Número de la tarjeta: __________________________ Fecha de vencimiento: Mes: ______ Año: ______
Firma del titular de la tarjeta:
La compañía no emite reembolsos ni acepta responsabilidad por los pagos en efectivo. (Si el banco por cualquier motivo rechaza un cheque o una tarjeta de crédito, el seguro quedará invalidado.)