

WOODGROVE HIGH SCHOOL

Principal's Message

JUNE 2014

Woodgrove High School

36811 Allder School Road Purcellville, VA 20132

Main Office: 540-751-2600

Attendance Office: 540-751-2602

Guidance Office: 540-751-2607

Athletic Office: 540-751-2610

Clinic: 540-751-2606

William S. Shipp Principal

Daryl Cummings Assistant Principal

Renee Dawson
Assistant Principal

Tim Panagos Assistant Principal

Geri FioreDirector of School Counseling

Rusty Lowery
Athletic Director

What an excellent year this has been at Woodgrove! The year certainly has been a success on many different levels. And Mother Nature certainly made it an interesting year as well! We had many students achieve great things both in and out of the classroom. It has indeed been a great year and with the end of school upon us, we will bid farewell to our seniors and to other students moving away. We wish everyone the very best.

Exams are being administered June 10 – June 13 and the schedule is included in this newsletter. Also, graduation is set for Tuesday, June 17, at 8 AM, in our stadium. Seniors must report to school by 6:30 AM. The PTSO is all set for the Seniors' Graduation Night Party. This party is for graduating Seniors only and it will be held at Woodgrove on June 17, beginning at 9 PM and will last until 2 AM. Tickets for this event will be sold at graduation. Information pertaining to the Graduation Night Party can be found in this newsletter on our school website or click on this link: http://www.lcps.org/Page/120908

As busy as we were this year, much of what we were able to accomplish was due to the dedication of our parents. We could not have asked for a more supportive parent group. Many parents introduced great ideas for consideration and the number of hours parents volunteered was inspiring – it was thousands of hours! In May, the Teacher Appreciation Week was outstanding and the PTSO's luncheon was wonderful! In addition, many thanks to the PTSO, WMAA and WAABC for organizing events for the school and coordinating volunteers. We could not do all we do without your assistance and help.

We extend immense gratitude to the leadership of these organizations for their remarkable service. Many thanks to the Presidents - Suzanne Kahler (PTSO), Joe Koester (WWABC) and Jeannie Cooper (WMAA) for their enthusiastic leadership over this past year.

Advance Placement and SOL testing is complete and we once again administered all SOL tests on-line this year. We want to offer many thanks to the students who have done their best on each and every test. Also, a tremendous thank you to the teachers and parents for helping to prepare our students for the tests. Many thanks to Ms. Geri Fiore, Counseling Director, Ms. Justine Jarvis, Testing Coordinator, and Mr. Keith Hicks, TRT, and the team of teachers and administrators who worked together to manage the testing – it is a significant undertaking. Also, please not that the upcoming exam schedule is included in this newsletter.

Continued...

Planning for the 2014-2015 school year is well underway. Students have selected courses for next year. Your student will be receiving a copy of the course choices they made for next year. Please review these choices and make any necessary changes by June 20, 2014.

We will continue to post any new school information on our website through the summer. Honor rolls and awards received by students at the awards assemblies will be posted. In addition, we will post the 2014-2015 bus schedules once we receive them from the Department of Transportation.

Next year we will continue our on-line newsletter. We will send the newsletter out electronically and it will continue to be accessible from our website. For those who may want a hard copy, please contact Ms. Lehua Korpacz at 540 751 2600.

This summer please remember to take time ensure your son or daughter focuses on academics over the summer. Three months of summer vacation is a long time and encouraging them during this time will help them be prepared for the transition back into school in September. School will begin on Tuesday, September 2. On Thursday, August 28, we will host our orientation - students will be able to come to Woodgrove and pick up their class schedules. The building will be open for a self-guided tour.

Also, I want to offer much appreciation to the faculty and staff for a great year. Their commitment to the students and Woodgrove community has a positive effect in many peoples lives everyday. The teachers and staff are truly dedicated and professional educators – it is a joy to work with them daily.

And lastly, as this year comes to a close, I am very proud of Woodgrove and I have no doubt that Woodgrove will continue to thrive and be a school where all of our students can be successful. May each of you have a safe and restful summer – I thank you, and I wish you all the very best.

Sincerely,

William S. Shipp

Principal



Loudoun County Public Schools

Department of Instruction

21000 Education Court Ashburn, VA 20148 Telephone: 571-252-1090 Fax: 571-252-1166

March 13, 2014

TO:

Secondary Principals

FROM:

Shirley L. Bazdar, Director of Career and Technical & Adult Education

Barbara P. Nichols, Director of Middle School Education

David A. Spage, Director of High School Education

Sharon D. Ackerman, Assistant Superintendent for Instruction

SUBJECT:

2013/14 SECOND SEMESTER EXAM SCHEDULE

The table below shows the schedule when grades are due, report cards are distributed and exams are administered for the remainder of the school year for all middle and high schools.

DATE	PERIODS
June 4, 2014	CS Monroe, B Day Exam
June 5, 2014	CS Monroe, A Day Exam
June 10, 2014	1 and 2
June 11, 2014	5 and 6
June 12, 2014	3 and 4
June 13, 2014	7 and 8
June 16 & 17, 2014	Records/Planning Days
June 16, 2014	Grades Due from Teachers
June 18, 2014	Report Cards Mailed Home

The table below shows the *high school* exam bell schedule:

Exam	9:00 a.m. – 11:00 a.m.		
Break	11:00 a.m. – 11:25 a.m.		
Exam	11:30 a.m. – 1:30 p.m.		
Dismissal	1:30 p.m.		

Students will not be released before 1:30 p.m. No individual arrangements are to be made. If you have any questions, please call your director.

BPN:slb



ARE YOU READY TO WALK ACROSS THAT STAGE? Ask yourself...

Did I purchase my cap and gown? REQUIRED

Visit <u>www.balfour.com</u>, type in Woodgrove High School, select graduation, click on Class of 2014 late order program at top right of screen

Order announcements to let everyone know? OPTIONAL

Visit www.balfour.com, type in Woodgrove High School, select graduation, click on Class of 2014 late order program at top right of screen

Are you planning on coming on the senior class trip? OPTIONAL

We are headed to Kings Dominion – May 27th! Please turn in your field trip permission form and money to Ms. Stevens by April 11. The cost for trip and transportation is \$70.00. Please make the check payable to Woodgrove High School.

CHECK IT OUT: Get the latest senior information

All updated information is posted on the senior class website. Visit the Woodgrove home page, select activities, choose senior class.

Click here to access the latest information on our site: http://www.lcps.org/Domain/11283

Sponsors,

Kelley Hines Emily Stevens Heidi McPhillips Kelley.hines@lcps.org Emily.stevens@lcps.org Heidi.mcphillips@lcps.org



From the PTSO President:

GRAD NIGHT 2014 - YOUR NIGHT, YOUR PARTY.

Once we get past the SOL's and the AP exams, it is time for graduation and time for a party! The end of the year is rapidly approaching...blink and you'll miss it! SENIORS AND SENIOR PARENTS: PREPARE FOR GRAD NIGHT 2014. This year's party will outshine last year's event, so don't miss out! The Immortals will be rocking the gym. We will have casino games in the cafeteria, a temporary tattoo artist, virtual reality games, grafitti wall, photo booth, roaming magicians, hair stylists, food &refreshments, great prizes and so much more! Mark your calendar for June 17th from 9 pm until 2 am. It is YOUR YEAR, YOUR PARTY. Permission forms are required. Tickets for this event are on sale online on the school website here: http://www.lcps.org/Page/120908 as are tickets for our VIP RAFFLE. We will also be selling tickets at the senior awards ceremony, and graduation day itself. If you want a hassle-free graduation event, then take a chance to win guaranteed parking and seating for up to 8 people indoors or out. Please visit this link for details: http://www.lcps.org/Page/126286 Deadline for VIP raffle entries is Wednesday, June 11th. The winner will be announced June 12th.

The WHS PTSO has a few openings on the Executive Board and Board of Directors for next year. It is a great way to support your student's school career and help support WHS staff initiatives to keep Woodgrove the best in the west. Please contact me if you are interested in finding out more. Rising 9th grade parents are certainly welcome as well!

Susanne Kahler WoodgrovePTSOPresident @gmail.com

2014-2014 WHS PTSO EXECUTIVE BOARD Susanne Kahler, President Phoebe Smith, 1st Vice President 2nd Vice President, Open Diane Bath, Secretary Treasurer: Open

BOARD OF DIRECTORS: Membership: Adrienne Lyne Fundraising: Sherri Zoldos Volunteer: Christy Hollar

Hospitality: Open Newsletter: Open

Webmaster and LEAP rep: Maura Walsh-Copeland

MSAAC Rep: Nichelle Watts-Riviera



Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com or (540) 751-9025
Woodgrove High School
Attn: Woodgrove PTSO
36811 Allder School Road
Purcellville, VA 20131





on graduation day for your family

RAIN OR SHINE?

Then enter our WHS VIP RAFFLE!

One family of up to 8 people will win seating in our VIP press box & 2 reserved parking spaces. Each chance is \$20.

Proceeds go towards Grad Night 2014

Details/Entry form: www.lcps.org/Page/126286

NAME		
ADDRESS		
CITY	STATE	ZIP
EMAIL		PHONE
	RAFFLE CHANCES AT \$20 EACH =	(TOTAL ENCLOSED)

PLEASE MAKE CHECK PAYABLE TO:
WOODGROVE HS PTSO
36811 ALLDER SCHOOL ROAD
PURCELLVILLE, VA 20132

Dear Western Loudoun Businesses, Organizations, Partners and Parents:

Woodgrove High School celebrated the graduation of the Class of 2013 with our first ever Graduation Night Celebration held on site at the school itself. Very soon it will be the Class of 2014's turn!

This year we hope to reach an even greater number of students. We are working together with Ultimate Amusement to provide a variety of entertainment options for the Class of 2014's last memorable night as "Wolverines." There will truly be something that will appeal to everyone! We will also be welcoming on stage the incredibly talented, student-driven band, The Immortals!

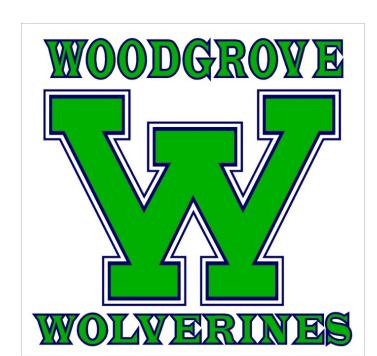
We need your help to make this evening a success. The end of the school year promises freedom, independence, and the onset of adulthood to our children. As most of you are aware, spring also marks statistically a season of the highest teen auto fatalities and alcohol-related car crashes. Our Western Loudoun community is so tightly knit that one solitary loss affects us all. The children that pass through these doors were, are or will soon be your children as well.

We are asking for your monetary help in our fundraising efforts. Contributions in the form of services or gift certificates to give to our seniors as prizes are also welcomed. Please give in whatever way you can for this important cause. All contributions are tax deductible. Please make your check payable to the "Woodgrove High School PTSO" and notate in the memo that funds should be earmarked for GNP. Our tax ID number is 27-2800768.

Thank you so much for your support.

Sincerely,

Susanne Kahler,
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com
(540) 751-9025



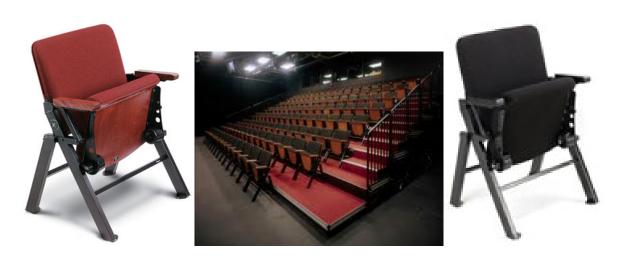
The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.



Woodgrove Beliefs:

- We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.
- We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.
- In order to be successful, we all must work, honor, and strive.

WOODGROVE THEATRE ARTS... WE'RE BUILDING OUR THEATRICAL LEGACY - TODAY



UPDATE! We've almost reached our 15 early-bird chair goal!

Make your donation and buy a piece of Woodgrove history.

Want to be the first to join Woodgrove's Theatre program's FIRSTS.

- ➤ Last year's highest attendance at a Theatrical performance. (Music Man)
- First Conference Championship (Conference 21 Champions 2013)
- First Theatrical show to compete at the regional level. (The Ugly Duckling)
- Awaiting confirmation that we are the First Loudoun Co. School to perform a mainstage show at the Virginia Thespian Society Conference.

What is the Project?

Completing the Black Box Theatre by adding Theatre seating.

How can I help?

Purchase one chair for the Black Box Theatre at a cost of \$150 for the first 15 chairs and \$200 per chair thereafter.

How will this benefit me?

Each donor, whether business or individual will receive recognition by way of a brass plaque, engraved with name/business name, attached to a chair in the Black Box Theatre.

How will this benefit Woodgrove?

> Students will have an additional performance venue that will be an intimate space in comparison to the size of the auditorium.

Contact: David Noland at david.noland@lcps.org

OPTIMĒ FACTUM

Woodgrove Latin Student Awards (2013-2014)

VJCL State Convention (November 2013)

Fine	e Arts	Ac	ademics
Robbi Berka (Latin 3)	4 th Place Ink	Hanna Devinney (AP Latin)	7 th Place Reading Comp. Poetry
Emily Haak (Latin 3)	7 th Place Children's Book	Ann Dunn (AP Latin)	8 th Place Reading Comp. Poetry
Jonathan Hess (Latin 4)	4 th Place Map	Ian Faletti (Latin 5)	10 th Place Latin Literature
Thomas White (Latin 3)	4 th Place Pencil	Andrew Leitner (Latin 1)	9 th Place Roman Life
Ann Dunn (AP Latin)	8 th Place Mosaic 7 th Place Sculpture	Erik Smetana (AP Latin)	4 th Place Roman History 10 th Place Ancient Geography
		Annie Williams (Latin 4)	9 th Place Derivatives

National Latin Exam (March 2014)

C-14 M-4-1	Cil M-J-I		T J
Gold Medal	Silver Medal	Magnā cum Laude	cum Laude
Sarah Snare (Latin 3)	Cameron Gillies (Latin 3)	Henry Carlson (Latin 3)	Alisha Barnes (Latin 3)
	Meaghan Harrington (Latin 2)	James Cromwell (Latin 3)	Madison Beebe (Latin 2)
	Jonathan Hess (Latin 4)	Dylan Culfogienis (Latin 4)	Jason Blevins (Latin 3)
	Nicole Stutt (Latin 3)	Stefania Dodd (Latin 3)	Dominic Bzura (Latin 4)
	Ryan Taylor (Latin 2)	Ken Dunne (Latin 5)	Nancy Etro (Latin 4)
		Kyle Edmonston (Latin 4)	John Grady (Latin 4)
		David Fletcher (Latin 4)	Matt Holdridge (Latin 3)
		Charis Fortunato (Latin 3)	Nancy Juan (Latin 4)
		Megan Gingerich (Latin 3)	Deanna Krauss (Latin 4)
		Emily Haak (Latin 3)	Allison Marrs (Latin 3)
		Jon Heinze (Latin 3)	Morgan Norwood (Latin 1)
		Andrew Smith (Latin 1)	Colin Pack (Latin 2)
		Cameron Smith (Latin 3)	Tyler Sikurinec (Latin 3)
		David Willburn (Latin 3)	Matt Ware (Latin 3)
		Annie Williams (Latin 4)	Joe Warndorf (Latin 3)
		Juliette Yeates (Latin 1)	Molly Warndorf (Latin 3)
		David Zhang (Latin 3)	Angela Yost (Latin 4)

Medusa Mythology Exam (March 2014)

Wichusa Wiythology Exam (Waren 2011)			
Silver Medal	Corōna Laurea	Corōna Olīvae	
Annie Williams (Latin 4)	Nicole Stutt (Latin 3) Rachel Prendergast (AP Latin)	Stefania Dodd (Latin 3) Nell Smith (Latin 2)	
	Michael White (Latin 5)	Minh-Tam Tran Le (Latin 4)	

Classical Association of Virginia: Latin Tournament (March 2014)

Advanced Prose Exam (Alpha Division) Honorable Mention	Caesar Exam (Alpha Division) Honorable Mention
Dylan Culfogienis (Latin 4) Annie Williams (Latin 4)	Rachel Burns (AP Latin) Shannon Song (AP Latin)

ATHLETIC NEWS / UPDATES

If you would like to be in the loop and receive the latest athletic news and updates, please email Mr. Lowery, Athletic Director, Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add you to the email distribution list.



CLINIC CORNER

Hello from your School Nurse!

The end of the school year is fast approaching. I will be sending you a letter if your child has any medication remaining in the clinic at the end of the school year. You will need to drop by the clinic to pick it up before school ends. Clinic hours are between 8:30am and 4:30pm daily. Students are not allowed to transport medication home. Medication that is not picked up by the last day of school, (June 13th) will be discarded as per LCPS.

If your child needs medication or health related care at school for the 2014-2015 school years, the appropriate LCPS Physician Order/Health Care Plans will be required. A NEW form is required for each school year. These forms need to be completed by you and your physician PRIOR to the start of school in August 2014. The completed form must be returned to the clinic of the LCPS your child will be attending by the first day of school. All schools in Loudoun County require that appropriate physicians forms be on file prior to dispensing medication or giving health related care at school. Please remember that all medicine must be brought to school by a parent/guardian. The medication must be in the original container with the appropriate label.

Physicians order forms for medication, severe allergy, asthma, diabetes and seizures are available in the WHS Clinic and on the LCPS web site on line at www.lcps.org. Click on the Parents" tab and the forms will be found under MEDICATION AT SCHOOL- FOR PARENTS. If your child has physicians, orders for the current 2013-2014 school year I will mail you a new form for the new school year.

If you call and request a copy of your child's physical or immunization record for summer camps, sports, etc., please give me at least a 24-hour notice. These records may not be faxed; they can only be copied and sent home with you or your child.

I am available to receive new physician orders/health care plans and medications when I return to work at the end of August. I will be attending meetings the first week that I'm back so it may be best to call the clinic before coming to school to insure I am able to meet with you.

It has been a pleasure to care for your child this past year. Have a healthy and enjoyable summer.

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at:

540-571-2606 (clinic)

Stephanie Lovasz, RN

PREVENTING TICK-BORNE DISEASES IN VIRGINIA







Spring and summer bring warm temperatures, just right for walking in the woods and other outdoor activities. Warm weather also means that ticks become more active and this can increase the risk of a tick-borne disease. The tick-borne diseases that occur most often in Virginia are Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis.

Lyme Disease

Lyme disease is caused by infection with a bacterium called Borrelia burgdorferi. The number of Lyme disease cases reported in Virginia has increased substantially in recent years.

The Tick

The blacklegged tick (*Ixodes scapularis*), formerly known as the deer tick, is the only carrier of Lyme disease in the Eastern U.S. The blacklegged tick's name comes from it being the only tick in the Eastern U.S. that bites humans and has legs that are black (or dark chocolate brown) in color.

Lyme disease transmission to humans usually occurs during the late spring and early summer when young (nymph stage) ticks are active and feeding. Tick nymphs normally feed on



EM Rash

small and medium sized animals, but will also feed on people.

These ticks typically become infected with the Lyme disease agent by feeding as larvae on certain rodent species.

In the fall, the nymphs become adults and infected nymphs become infected adults. Adult blacklegged ticks prefer to feed on deer. However, adult ticks will occasionally bite people on warm days of the fall and winter and can transmit Lyme disease at that time.

Transmission of Lyme disease by the nymph or adult ticks does not occur until the tick has been attached and feeding on a human or animal host for at least 36 hours.

The Symptoms

Between three days to several weeks after being bitten by an infected tick, 70-90% of people develop a circular or oval rash, called erythema migrans (or EM), at the site of the bite. To qualify as an EM, the rash must be at least two inches in diameter. That is because bites by some tick species can cause local inflammation and redness around the bite that could be mistaken for an EM. Unlike localized inflammation, an EM rash will increase in size and may become more than 12 inches across. As it enlarges, the area around the center of the rash clears, giving it a "bull's eye" appearance. The EM rash does not itch or hurt so if it is not seen, it may not be noticed. In addition to an EM rash, Lyme disease may cause headache, fever, muscle and joint aches, and a feeling of tiredness. If left untreated, Lyme disease may progress to affect the joints, nervous system, or heart several weeks to months after the tick bite. In a small percentage of infected people, late symptoms may occur months to years later and cause long-term nervous system problems or arthritis.

PREVENTING TICK-BORNE DISEASE IN VIRGINIA

Unfortunately, blacklegged tick nymphs are small (about the size of a pinhead), difficult to see, and cause no itch or irritation at the site of the bite, so many people are not aware they have been bitten. If you have been in an area that might contain ticks and you experience any symptoms of Lyme disease, contact your doctor.

The Treatment

When Lyme disease is detected early, its effects can be mild and easily treated with antibiotics. In the late stages, Lyme disease can be treated successfully with antibiotics, but recovery may take considerably longer.

Rocky Mountain Spotted Fever

Rocky Mountain spotted fever (RMSF) is caused by infection with a bacterium called *Rickettsia rickettsii*. The disease is characterized by a sudden onset of symptoms and can be fatal if not treated. Nearly all cases occur in the spring and summer months.

The Tick

In Virginia, the American dog tick (*Dermacentor variabilis*) is the species known to carry the agent of Rocky Mountain spotted fever. The tick needs to feed on a host/person for only about four hours to transmit the bacteria. Fortunately, less than 1% of American dog ticks carry the agent of RMSF.

The Symptoms

Symptoms of Rocky Mountain spotted fever begin 2-14 days after the tick bite, and may include fever, deep muscle pain, severe headache, chills, and upset stomach or vomiting. From the third to fifth day of illness a red, spotted rash may appear, beginning on the wrists and ankles. The rash spreads quickly to the palms of the hands and soles of the feet and then to the rest of the body. However, only about half of RMSF patients develop a rash.

The Treatment

Antibiotic treatment for RMSF is effective, and suspected RMSF should be treated as soon as possible based on symptoms and a history of tick exposure. The risk of death from RMSF increases by the fifth day of illness - but the rash often does not occur until that time. Therefore, do not wait for RMSF blood test results, or the appearance of a rash, before starting treatment. Treatment is important; almost one-third of those who do not get treated die from this disease.

Ehrlichiosis and Anaplasmosis

Although several diseases can be caused by bacteria in the *Ehrlichia* and *Anaplasma* genera, the most common in Virginia are human monocytic ehrlichiosis (HME) and human granulocytic anaplasmosis (HGA). HME is transmitted only by the lone star tick (*Amblyomma americanum*) and most commonly by bites from adult ticks. Lone star ticks are very common and are responsible for the most tick bites to people in Virginia. HGA is transmitted only by the blacklegged tick (most commonly by bites from nymphal stage ticks). The bacteria causing HME or HGA will not be transmitted unless the infected tick has been attached and feeding for at least 24 hours.

The Symptoms

Symptoms for both HME and HGA can include fever, headache, muscle pain, vomiting, and general discomfort. Illness can be severe - up to 3% of patients may die if not treated.

The Treatment

HME and HGA respond rapidly to treatment with antibiotics. Treatment should be based on symptoms (including platelet and liver enzyme tests) and history of tick exposure. Treatment should not be delayed while waiting for ehrlichiosis- or anaplasmosis-specific serology results.

Other Diseases

Ticks can transmit other diseases, such as tularemia (rabbit fever) and babesiosis. Neither of these illnesses is common in Virginia. Tularemia is a bacterial disease that has a sudden onset of fever and chills. Typically, an ulcer develops at the site of the tick bite and surrounding lymph nodes become enlarged. Tularemia is a serious illness and untreated cases may be fatal. Tularemia is most commonly associated with the American dog tick, but may also be transmitted by the lone star tick. Babesiosis is caused by a parasite that infects red blood cells. The babesiosis agent is transmitted only by infected black legged ticks. Symptoms include fever, chills, muscle aches, fatigue, and jaundice. Fatalities may occur in immunocompromised or splenectomized patients.

PREVENTIN G TICK-BORNE DISEASE IN VIRGINIA

Spotted rash on arm and hand of RMSF patient.



Prevention

Ticks do not jump or fly; they wait on the forest floor, leaf litter, or low vegetation and attach to the feet or shoes of people or legs of animals as they pass by. The ticks then crawl upward.

The following steps can reduce your risk of tickborne diseases:

- Avoid potential tick habitats such as tall grass and vegetation in shaded areas, forests, and along forest edges.
- Walk in the center of mowed trails to avoid brushing against vegetation.
- Keep grass cut and underbrush thinned in yards. If pesticides are used for tick control, follow directions carefully or hire a professional to apply the pesticide.
- Eliminate wood piles and objects that provide cover and nesting sites for small rodents around your property.
- Wear light-colored clothing so that ticks are easier to see and remove.
- Tuck pant legs into socks and boots, tuck shirts into pants, and wear long-sleeved shirts buttoned at the wrist.
- Conduct tick checks on yourself and your children every four to six hours while in tick habitat.
- Apply tick repellent to areas of the body and clothing that may come in contact with grass and brush. Repellents include those containing up to 50% DEET for adults or less than 30% for children. An aerosol repellent/insecticide containing 0.5% permethrin may be applied to shoes, socks, and other clothing, but should not be used on skin. Follow directions carefully and do not overuse. Some tick repellents can cause toxic or allergic reactions.
- Ask your veterinarian to recommend tick control methods for your pets. Animals can get Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis, but they do not transmit these diseases to humans.

Tick Removal

Because ticks do not transmit disease until they have been attached to the host for several hours or several days, it is very important to remove ticks as soon as they are found. The following is the best way to remove a tick:

- Grasp the tick with tweezers as close to the skin as possible and gently, but firmly, pull it straight out. Avoid any twisting or jerking motion that may break off the mouth parts in the skin. Mouth parts left in the wound may cause irritation or infection similar to a reaction from a splinter.
- If tweezers are not available, protect your fingers with

gloves, tissue, or a paper towel; do not touch the tick with bare fingers. Do not squeeze or rupture the tick's swollen abdomen. This may cause an infectious agent to contaminate the bite site and cause disease.

- After the tick has been removed, wash hands with soap and water. Apply a topical antiseptic to the bite site.
- You can dispose of the tick by drowning it in alcohol or flushing it down a drain or toilet. However, it may be useful to save the tick in alcohol for several weeks and have it identified by an expert in case you become ill. Knowing what kind of tick bit you might help your doctor diagnose the illness..
- Tick removal using nail polish, petroleum jelly, alcohol or a hot match is not safe. These methods could cause the tick to regurgitate an infectious agent into the site of the bite.

www.vdh.virginia.gov

April 2010



Giant, Food Lion, Harris Teeter & Target Reward Programs

Help Woodgrove earn money to supplement the school's educational needs. The school is now registered with Giant's A+ School Rewards Program, and Food Lion's Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter's Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.



Giant

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each year!

Giant



Food Lion

School ID 219558

For this program to work we need to have at least 25 people register!

Food Lion



Harris Teeter

School code: 1613 Harris Teeter



Target Reward Program

School ID 152094
Target's Take Charge of Education Program

Woodgrove High School is still participating in Target's Take Charge of Education Program. Join now and help us raise money for our school.

Here's how it works: visit https://www-secure.target.com/redcard/tcoe/home or call 1-800-316-6142 to designate our school. Woodgrove's school ID is 152094. Use your REDcard(Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school's progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.

Thanks for your support!



LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE

Woodgrove High School 2013 – 2014 Bell Schedules

REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

A Day Green Day		B Day Blue Day	
8:55-9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1st Period	9:08-10:34	5 th Period
10:39-12:05	2 nd Period	10:39-12:05	6 th Period/Flex* (10:39 – 11:20) (11:25 – 12:05)
12:10-2:12	3rd Period	12:10-2:12	7 th Period
Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12 2:17-3:43	Shift I Shift II Shift III Shift IV 4 th Period	Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12 2:17-3:43	Shift I Shift II Shift III Shift IV 8th Period

REGULAR A/B DAY SCHEDULE - Open Lunch

A Day Green Day		B Day Blue Day	
8:55 – 9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1st Period	9:08-10:34	5 th Period
10:39-12:05	2 nd Period	10:39-12:05	6 th Period/Flex* (10:38 – 11:20) – (11:25 – 12:05)
12:05-12:43	Open Lunch 10,11,12 – release 12:03	12:05-12:43 10,11,12 – release 12:03	Open Lunch
12:48-2:12	3rd Period	12:48-2:12	7 th Period
2:17-3:43	4th Period	2:17-3:43	8 th Period

PIMS Request Updates to Phone/Email Contact Info



The Parent Information Management System (PIMS) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child's record. When using PIMS you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It's as Easy as:







- Access the PIMS link from the LCPS Public Internet site. <u>www.lcps.orq</u>. From the LCPS home screen, click on the PIMS link on the right-side under "Quick Links".
- You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
- Once the request has been submitted, your child's school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child's First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child's record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience *in addition* to the emergency card.

ABSENTEE PROCESS

When a student is absent, parents need to call the Absentee Call Line at:

540-751-2602

For **EACH** day the child will be absent. **Students may not call themselves in absent, including students 18 years of age and older**. For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

- Student's name-spelling the last name
- Your relationship to the student
- Student's grade
- · Reason for absence

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under: Administration > Attendance

Please direct your attendance questions to Michelle Clark, Attendance Secretary 540-751-2600 or

michelle.clark@lcps.org

Dress and Grooming

Students are expected to dress appropriately.

Clothing which distracts others from learning or which endangers safety is unacceptable.

Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable. These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

Hats and headgear are not allowed unless approved by the administration for special occasions. It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.

